

COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of
Argyll, Hazeldean, Ritchie and Strathcona.



August/September 2020

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Cyclists from 18 leagues surpass 100,000 km goal

After challenging its neighbours to a bike-off in June, Ritchie beat them all, logging more than 20,000 km. But the biggest win was in blowing past a collective goal.

The Community League Bike Challenge began with a modest goal. Ask members to get on their bikes, keep track of their distance and see who could ride the farthest.

As an extra incentive, organizers in Ritchie thought to challenge members to reach 1,922 km, a number chosen for its significance as the year its community league was formed.

Friendly competition was introduced with an invite for Hazeldean and Strathcona leagues to participate. And from there it grew and grew.

By June 30, cyclists from 18 community leagues rode 121,688 kms.

"The fact that some people rode 600+ km in a week. That's unimaginable and that's probably the biggest shocker to me," says Dan Tyrkalo, Ritchie's director of events who laboriously tallied distances for weekly updates.

"All the leagues were very supportive of this event and want to bring it back for next year. They loved the idea of doing a group total achievement as well."



When 100,000 km was announced in Week 2 as the collective goal for the month, no one knew if it could be reached. In the rearview mirror, it's obvious organizers can aim for more next year.

And yes, the event will be back!

Even if COVID-19 social distancing restrictions, which sparked this event, are unnecessary in 2021, Ritchie plans to make the June Bike Challenge a city-wide tradition.

City of Edmonton Temporary Mandatory Face Coverings Bylaw

City of Edmonton City Council passed Bylaw 19408 to temporarily mandate the wearing of face coverings in all indoor public places and public vehicles, effective August 1, 2020. While the City is focusing on education and awareness, the bylaw can be enforced with a \$100.00 fine.

Link to General Public FAQ

https://www.edmonton.ca/programs_services/documents/Face-Covering-General-Public-FAQ.pdf

A face covering is a material or mask that covers a person's mouth, nose and chin to prevent the spread of respiratory droplets. Examples of Face coverings include:

A non-medical face mask

Cloth face coverings (like scarves and bandanas),

Face shields that wrap around the face and chin, fully covering mouth, nose and chin,

A medical-grade face mask

What this means for Community Leagues

All Staff, visitors and volunteers must wear face coverings when entering and engaging in indoor facilities of community leagues.

If the community league building is being accessed by staff only and no public will be present, masks are not required. If the league is hosting a public event, or if a league board meeting is open to the public, masks are required.

If you host a meeting or event outside you are not required to wear a face covering. It is recommended to wear a face covering if you are engaging in outdoor group activities (that are not sports or physical exercise activities) where two-meter physical distancing between cohorts cannot always be maintained.

Community leagues reserve the right to



monitor the event or activity to ensure that all Alberta Health Services, Government of Alberta, and City of Edmonton requirements, guidelines, and bylaws are followed. Renters must ensure that all participants accessing any indoor Community League spaces or facilities will be wearing face coverings, unless participants or the activity are listed as an exemption in the City of Edmonton Face Coverings bylaw. Failure to fully comply may result in the event being cancelled or shut down.

Individuals to community league spaces who don't comply or are caught not wearing a face covering would be the ones fined (not the Community League). The City of Edmonton is using an approach where they are opting for education and awareness before issuing a violation ticket, and will not refuse people from entering if they choose not to cover their face. However, community leagues have the right to refuse entry or shut down events if participants are not complying with the face-covering bylaw. Leagues are responsible for ensuring public health guidelines, precautions, and bylaws are upheld in their spaces.

The Edmonton Federation of Community Leagues continues to support community leagues with re-opening guidelines, updates and advice for dealing with challenges through online meetings with league representatives.

Hazeldean Chalk the Walk: Success!



Thanks to everyone who came out to our Chalk the Walk event in June. We had a wonderful time, and a great turnout! All of the art looked awesome. This may have to become an annual event for our community!



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Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: www.strathconacommunity.ca

EXECUTIVE & COMMITTEE CHAIRS

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Vice-President	Delianne Meenhorst vicepresident@strathconacommunity.ca
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Civics Chair	Derek Kaplan civics2@strathconacommunity.ca
Occupational & Safety Officer	Yixi Song safety@strathconacommunity.ca
Building and Grounds	Brian Moffat grounds@strathconacommunity.ca
Green Initiatives	Kasia Kaputa green@strathconacommunity.ca
Community Garden Chair	Daniel Auger garden_co@strathconacommunity.ca
Hall Use Committee	Jeanie McDonnell hall@strathconacommunity.ca
Community & Neighbourhood Liaison	Cheryl West-Hicks liaison@strathconacommunity.ca
Community Hall	Scott Wright rentals@strathconacommunity.ca 780-439-1501
Website Manager	Karen Rowsell webmaster@strathconacommunity.ca
Information	info@strathconacommunity.ca

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

Community League website: www.strathconacommunity.ca

EFCL website: www.efcl.org

Community Leagues...where neighbours meet and great things happen!

Board meetings are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at info@strathconacommunity.ca

The Strathcona Centre Community League is on Facebook. Follow us on Twitter @StrathconaCL

The copy deadline for the October-November 2020 issue of Community League News South is September 21, 2020. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donna.fong@shaw.ca

Needs Assessment Survey

The Strathcona Centre Community League (SCCL) will be conducting a needs assessment survey this September. The online survey will be open to league members and residents who live within the league's boundaries. Watch for a link to the survey on our website and e-newsletter in early September. A limited number of paper copies will be available.

Our league is proud of the long history of

volunteerism since its beginning as the South Side Community League in 1918. As our community continues to grow, we will be seeking your feedback to help us prioritize competing visions for the future of the Strathcona Community League. Through this survey, the SCCL will analyse which programs and amenities are used, desirable, and needed in our community.

Board Business

Although the league Board normally does not convene during the months of July and August, a virtual board meeting was held on July 6, 2020 to discuss two motions. The board approved the reopening of the league for some rentals and selected programming activities with the

understanding that public health guidelines will be followed for each activity or event being carried. The board also approved the appointment of Cheryl West-Hicks as the Community and Neighbourhood Engagement director for the remainder of the term of the position.

Community League Swim Program

Strathcona Community League members have free access to swimming at Bonnie Doon Leisure Centre, 8648 81 Street, on Sundays from 4.15pm to 5.15pm or from 5.15 to 6.15pm until August 30th.

To attend, you will need to:

Read the pre-visit information with the COVID-19 guidelines and what to bring

https://www.edmonton.ca/activities_parks_recreation/documents/Pre_Visit_Rec_Centre_Notification.pdf

Book your swim in advance. You can book up to two weeks in advance.

<https://movelearnplay.edmonton.ca/COE/public/category/browse/BDCLSTT>

Only a total of 40 members will be allowed. Please do not show up if you have not booked your swim in advance.

Pending confirmation from the City of Edmonton's Aquatic Bookings, the Strathcona Community League expects to offer the regular season of the Community Swim Program from September 12, 2020 to June 27, 2021 at the Bonnie Doon Leisure Centre on Saturdays, 5:00-7:00 pm. A valid community league membership is required for booking.

Community League Day

Community League Day is on Saturday, September 19, 2020. Things will look a little different this year. The Edmonton Federation of Community Leagues has invited all Community Leagues to register the events they will be

holding for Community League Day, whether online, in-person, or asynchronous. Events will be showcased on the EFCL website <https://efcl.org/>. The City's Face Coverings Bylaw will still be in effect during Community League Day.

Memberships

How to become a member:

ON-LINE: buy a membership online through <http://www.efcl.org/membership> (note: the EFCL charges a \$5 surcharge)

CHEQUE: You can mail or drop off a cheque to the Strathcona Community League at 10139 87 Avenue NW, Edmonton, AB T6E 2P3, enclosing a note advising that you want a membership. Include membership type (family, single, senior), names of adults in the household, home address and if desired, an email address. A membership card will be mailed or dropped off at your home.

E-TRANSFER: send an e-Transfer to payments@strathconacommunity.ca; in the

comments section of the e-Transfer list the names of adults in the household, home address and membership type (family, single, senior). A membership card will be e-mailed or dropped off at your home.

Memberships are \$20/family, \$15/single, \$5/senior.

If you have any questions, email membership@strathconacommunity.ca, or leave a voice message at the hall at 780-439-1501. The membership year coincides with the school year, so watch for our membership drive for 2020-21 in September. If the situation allows, we will come door-to-door. Alternatively, we will contact our members via email and social media.

SCCL Bike/Walk Scavenger Hunt - THANK YOU!

Thanks to all those who participated in the Strathcona Community League Bike/Walk scavenger hunt on Saturday, June 20th. We had 20 teams participating in the hunt throughout our neighbourhood and they all

did a fantastic job! A special thanks to Scott Wright for tabulating all of the team scores via text!

For upcoming social events, contact Nathan Carroll at social@strathconacommunity.ca

Community Safety

The Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website www.edmontonpolice.ca/reportacrimeonline

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and

Theft from Vehicle under \$5,000, and Theft under \$5000.

If you have difficulties while entering your report, please call the online reporting help line at 780-391-6001.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567 from a landline.

Programs

OUTDOOR FITNESS

Pound Fitness | Yoga | Zumba

The Strathcona Community League is pleased to continue outdoor fitness programs with the understanding that the instructors and participants will adhere to the Guidelines for Outdoor Fitness Classes. The COVID-19 Risk Mitigation outlines the practices and procedures for Access, Physical Distancing, Safety, Cleaning and disinfection, and Booking.

<https://www.alberta.ca/assets/documents/covid-19-relaunch-guidance-outdoor-fitness.pdf>

Registration is required by contacting the instructor prior to the session to collect the participant's name, phone number and email for the purposes of contact tracing and payment of fees. The instructor will provide a link to the COVID-19 Daily Health Check List for the registrant to complete in advance of each class. Anyone exhibiting COVID-19 symptoms must isolate at home and cannot participate in the outdoor classes.

Payments for classes and 2020-2021 community league membership (if needed) are to be made by e-transfer to the Strathcona Community League at payments@strathconacomunity.ca. Include a note advising the league of the name of the program. For membership payments, indicate the membership type (family \$20, single \$15 or senior \$5), names of adult(s) in the household, home address and an email address. A membership card will be mailed or dropped off at your home.

Participants are responsible for providing their own equipment and supplies (e.g. mats, props), water, and hand sanitizer. These items are not to be shared during the class. There will be no access to the league hall and washrooms.

POUND FITNESS with Melanie Kidder

Mondays

August July 13 – August 31, 2020 (no classes on Labour Day, September 7 and Thanksgiving Day, October 12)

6:30 – 7:30 p.m.

Target audience: Adults and teens over 16.

Location: Grassed large rink, Strathcona Community League, 10139 87 Avenue, Edmonton. No access to hall washrooms.

Fee: \$12.00 per class

Requirements: Valid Community League membership (any league). Bring a yoga mat to class. If you do not own Ripstix®, you can either borrow a set with a deposit of \$20 payable to the instructor or bring your own drumsticks.

Description: Pound Fitness is a cardio and strength class that is inspired by the energizing, infectious, sweat-dripping fun of playing the drums. Come make some NOISE with us! Participants report they improve their coordination and core strength. No previous fitness or drumming experience required. Participants can modify the moves as needed.

To register, contact Melanie Kidder at melstrand_5@hotmail.com or phone 780-722-7558.

YOGA with Kyla Fischer

Tuesdays: Until August 25, 2020

12 noon-1:15 pm Fridays: until August 28: classes; 9:30 – 10:45 am

Target audience: Adults and teens

Location: Grassed large rink, Strathcona Community League, 10139 87 Avenue, Edmonton. No access to hall and washrooms.

Fee: \$12.00 per class

Requirements: Valid Community League membership (any league). Bring a yoga mat to class.

Description: These holistic yoga classes are perfect for beginners as well as those with previous yoga experience. Yoga postures, breathwork and meditation will be taught to promote balance in the body, mind and spirit. Tyla Fischer lives in the Strathcona Community and has been practicing yoga for over 18 years. To register, please email Kyla Fischer at fischerk@telus.net or phone 780-430-0229. For new students, you must complete and sign an online waiver form from the instructor.

ZUMBA with Melanie Kidder

Wednesdays until October 28, 2020

6:30 p.m. – 7:30 p.m.

Target audience: Adults and teens over 16.

Location: Hard surface court (south), Strathcona Community League, 10139 87 Avenue, Edmonton. No access to hall washrooms.

Fee: \$12.00 per class

Requirement: Valid Community League membership (any league)

Description: Let the Music Move You! Using Latin and International rhythms these Zumba Fitness classes are fun, energetic and make you feel amazing. In a Zumba class, partici-

pants do what they can, making it perfect for people of all fitness levels. To register, please email Melanie Kidder at melstrand_5@hotmail.com or phone 780-722-7558.

EFCL Park Play Program

Monday-Thursday; 9:30-11:30 am

Until August 27. Strathcona Park, meet by the Green Shack Free

In an effort to give children and youth the opportunity to play and connect in their community league parks this summer, the Edmonton Federation of Community Leagues (EFCL) is providing Park Play programs at 12 locations city wide including Strathcona Community League.

The Park Play program is a drop-in program for children and youth from 8 -12 years old. Leaders will be running activities such as sports, games, arts and crafts. All activities will be planned and delivered with the safety and health of participants kept top of mind.



Piano Lessons in Hazeldean

Now accepting registrations for fall.

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Contact Audrey:

teacher.audrey.s@gmail.com
780.446.7130



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Fall Programs

The Strathcona Community League will follow the public health requirements for programs in the hall spaces including signage, physical distancing, sanitization of hard surfaces, access to hand sanitizers, and record keeping (list of participants and contact info). Registration and community league fees are to be paid by eTransfer to payments@strathconacomunity.ca to avoid the handling of cash and cheques. The hall and washroom will be sanitized after each class by the league cleaning staff.

MONDAY EVENING YOGA with Corinne

Dates TBA: Starting in September

6:00-7:15 pm

Community League membership required (any league). Bring your own yoga mat and props.

Contact Corinne McNally at corinnemcnally@gmail.com, 780-239-6164.

Website: www.lotusmoon-yoga.ca

Yoga is a holistic practice that can open & strengthen your body, revitalize your energy and bring peace to your mind. Hatha Flow & Yin styles of yoga are taught by certified yoga instructor Corinne McNally. These classes are perfect for both beginners and seasoned practitioners. **MOVE WITH EASE & JOY with Kim**

Kim will explore the possibility of a fall indoor program at the Strathcona Community League hall with the students who are currently participating through Zoom classes. Contact Kim Novotny at kim@novotny.ca

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Argyll News

President's Message

I would like to take this time to congratulate Bruce Robertson for being chosen to be our Facility Manager. He's been a part of the EJCA for some years and has shown initiative, dedication, and reasonableness in the short time he's been settling into the work. When next you are around the Centre, see if he's in and let him know who you are. Argyll Community League continues to maintain safety in our facility while allowing some activities; under strict guidelines set down by both Alberta Health Services and the City of Edmonton. Small group activities, following our rules, and tracking participation, and clean up protocols, have worked for us in the past few weeks which, we believe, will continue throughout the summer.

Community Activities, especially at this time, are the glue which lets us feel better about their lives. We are here to help people and families

maintain good mental health, physical activity, and reduce stress, while also providing services for home-bound people through our COVID response team. This is our main objective. We exist to provide hope to people and support for their own self-improvement (whether mental or physical or social). Our decisions rest on this foundation; whereby we do our level best to help members of both groups find a way through this crisis while feeling comfortable using our shared community space.

Our building has adequate and modern air automation and conditioning which does not "recirculate" air. I see our current situation as an opportunity for all user groups to become educated about how the building operates. I encourage groups to become more knowledgeable about how the air system works, and how to use

the control pads properly. Opening doors is not a solution because it allows unwelcome pests to set up house. Make an appointment with our new Facility Manager to learn how all this works. Bruce Robertson can take your call and make an appointment at 780.466.8166.

All our rooms are held vacant for a day between events. This allows cleaned surfaces and air to "settle". We trust all our groups to follow the rules. We are guided by the facts. We have worked hard not to be a spreader environment with our cautious opening in July. I have seen how dedicated groups are keeping things clean and orderly and I am proud of their efforts. Our management has done all it can to prepare the spaces for proper use, acquired supplies for protection and cleaning, and the boards of both Argyll and EJCA have made a good effort

to protect both our communities. We have prepared for continuing vigilance to keep things going as well as tracking how well things are going. We've worked to set up rules to operate by, and we can adjust them as we go along; if we find people are being lazy about them. I do not expect all this to be over before next spring so we have to learn to be comfortable with the level of risk control we have imposed and keep lines of communication open about issues which might arise. Bruce is staying at the forefront of any issues which emerge and will rely on all of us to support him in whatever ways we can. Keep your eye on your mailbox for any public events or programs scheduled between now and October.

*Most Sincerely,
Dave Trautman*



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Hazeldean News

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Treasurer	Lien Le Kavanagh	
Facilities	William Elgert	
Publicity	Rachel Sinn	communication@hazeldean.org
Memberships	Heather Chiponski	
Soccer	Alexis Parker	hazeldean@southweastsoccer.ca
Director at Large	Rineke Steenbergen	movies@hazeldean.org
Director at Large	Alys Caswell	
Hall Administrator	Dawn Banner	hazeldeanleague@shaw.ca
Social	Christine Drysdale	
Civics	Caleb Sinn	civics@hazeldean.org

Community League Swim

Swimming is back! We now have free swim at Bonnie Doon Pool on Sundays starting August 2, 2020 at designated times. Attendees must register online in order to attend and must have a current community league membership.

Memberships can be purchased at the Hazeldean Drug Mart or at the Dairy Queen on

99th street for 20.00 per family membership.

Please note that you CANNOT just show up as you will not be allowed in.

Check our more info and registration details at:

<https://movelearnplay.edmonton.ca/COE/public/category/browse/JPCLSTT>

Upcoming Events

Keep an eye out for information about an outdoor event happening towards the end of summer. This event is made possible by the support of Park's People, who support

groups across the country who organize events in Canada's urban parks. The event is still being confirmed, and details will be posted on our website and Facebook page!

Our Hall is OPEN for Rentals!

We are once again accepting rentals for the Hazeldean Community Hall. This is a great venue for all of your event needs! All rentals will oper-

ate in alignment with the most current COVID-19 regulations and bylaws. Interested? Please email Dawn at: hazeldeanleague@shaw.ca.

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Stay In Touch!



Phone: 780-439-0847

Email: hazeldeanleague@shaw.ca

Website: www.hazeldean.org

Facebook: www.facebook.com/Hazeldean-Community

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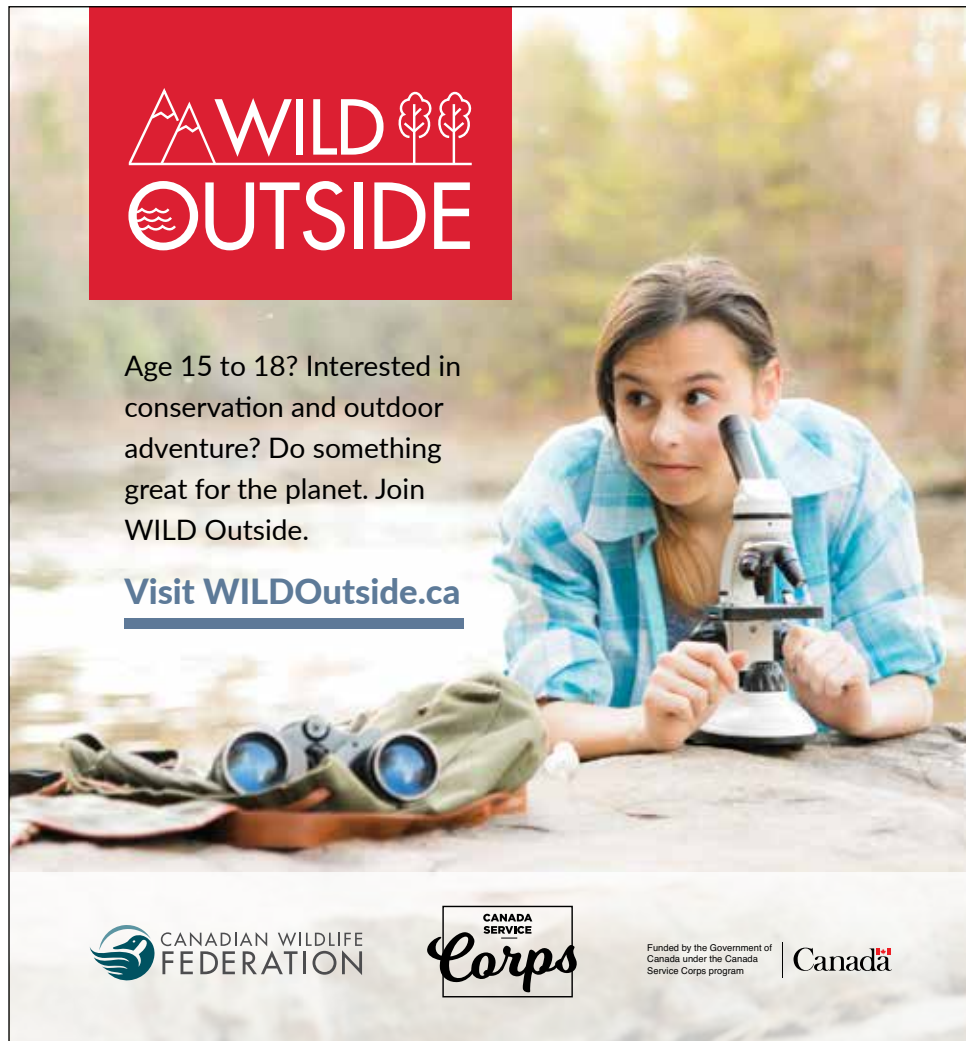
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*Essentials package includes professional staff and services, removal of remains from place of death, refrigeration (if required), transportation of remains to crematorium, crematorium fee, cardboard cremation container, temporary urn, and access to the Compassion Helpline. Price does not include any additional merchandise or services, such as delivery of cremated remains or upgraded urns. Price may vary based on selections.
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Ritchie News

EXECUTIVE & COMMITTEE CHAIRS

Join Ritchie's board

Ritchie's Annual General Meeting will be held August 20, in-person at Ritchie Hall. Doors open 6:30 p.m.; meeting begins 7 p.m. Or you can attend via Zoom. For details, contact: secretary@ritchie-league.com

All Ritchie Community League members, who are also residents in the neighbourhood, are eligible to stand for election and to vote. Consider bringing your voice and enthusiasm for our neighbourhood to the board for 2020-2021. Last year, the board was composed of the following directorships:

President

Connect with Ritchie Community League

7727 98 Street | Edmonton, AB | T6E 5C9
| 780-433-7137 | inquiries@ritchie-league.com

The land on which we live, work and play is Treaty 6 territory and a traditional meeting ground for many Indigenous groups. Today, it remains home to Cree, Blackfoot, Saulteaux, Métis and other Indigenous peoples. The Ritchie Community League acknowledges that we are all beneficiaries of this peace and friendship treaty.

BOARD

Ritchie's 2020-2021 board of directors

Vice-president

Treasurer

Secretary

Casino & Fundraising

Civics

Communications

Community Engagement

Events

Facilities

Green Initiatives

Hall Revitalization

Membership & Volunteers

Programs

Soccer Director

Rink

Two directors-at-large

will be announced on the league's website and social media following elections at the Annual General Meeting Aug. 20. Regular board meetings are the first Thursday of each month at 7 p.m.

Website: www.ritchie-league.com

Facebook: facebook.com/WelcometoRitchie

Twitter: @RitchieYeg

Instagram: [ritchie_league](https://instagram.com/ritchie_league)

Newsletter: Keri Walmsley (newsletter@ritchie-league.com)

Interim Hall Manager: Dee Armstrong (inquiries@ritchie-league.com)

COVID-19: seniors' perspective

Even though many people have been spending some time away from home and with folks beyond their housemates since businesses began re-opening in May and June, opportunities for seniors to do so safely remain limited. Members of Ritchie's Bridge Club and the SCONA Seniors, who met regularly at Ritchie Hall pre-pandemic, remain isolated from each other.

Says Rose-Marie McCarthy of the Bridge Club: "We have lost a few and so many are not well and ALL are mourning NO bridge. Some are playing via computer but it is not the same.

We all miss our many friends and the social life of the Bridge Club.

"I get calls and emails asking if there is any chance of opening, and my reply is that if someone can figure out how to sterilize the cards and keep players six feet apart, they would become a millionaire."

As for the most elderly seniors, those who used to meet for lunches and group birthday parties organized by SCONA Seniors, all have avoided contracting the virus, but at a cost, says Cathy McLean, the group's executive director.

"The isolation has been pretty hard on them. SCONA has managed to maintain contact with everyone and offer additional isolation-breaking support to many. We are hearing though, the urgency everyone is experiencing in wanting SCONA to re-open!"

Self-isolation is still a thing!

Summer's here; people are out and about. Life almost feels normal at times. But the COVID-19 virus is still circulating and Albertans are legally required to isolate in three scenarios:

14 days if returning from travel outside of Canada

14 days if you are a close contact of someone with a confirmed case of COVID-19

10 days if you have COVID symptoms. Even if those symptoms resolve on their own, you are legally required to remain in isolation the

full 10 days OR until a COVID test comes back negative.

If you find yourself in one of these situations, reach out for the help you need to break the chain of transmission. There are neighbours willing to run your errands so you don't have to be out in the community putting others at risk.

Call the league: 780-433-7137

E-mail: inquiries@ritchie-league.com

Join the private Facebook group Ritchie Community Assistance.

Indoor soccer taking registrations

Registration for indoor soccer is planned to open Aug. 21. The Edmonton Minor Soccer Association (EMSA) plans to organize a full season of competitive, city-wide, divisional games, guided by Canada Soccer and Alberta Soccer in conjunction with Alberta Health Services. EMSA and the Edmonton Soccer Facilities Association

(owner of the three indoor soccer centers) will collaborate to decide the competition structure that will allow indoor soccer to resume in a safe and healthy manner. Outdoor soccer throughout the summer saw 65 kids sporting Ritchie's blue and yellow colours. Teams were able to form in-region only cohorts of up to 50 players.

Construction on school site makes up for lost time

Well into the third summer of construction on and around École Joseph Moreau (site of the old Ritchie School), neighbours are weary of the dust and noise. But rain, rain and more rain in July put work behind schedule by one month. To make up lost time, work continues through weekends in hopes of meeting these revised milestones:

Aug. 20: sidewalk complete

Aug. 24: landscaping complete

École Joseph Moreau is for French-speaking Catholic students in Grades 7 - 9. Students are scheduled to begin classes there, for the first time, Aug. 31.

"Once the pandemic has subsided and we are back to 'normal,' [we] will definitely organize a viewing with the RCL," says Marc Potvin, the school's director.

Hall re-opening plans

Ritchie Hall is typically used 70 times per month by 21 different groups. If the hall had a revolving door, it would be spinning constantly...and you can imagine how tricky it would be to keep things disinfected.

Throughout the summer, Ritchie's board of directors has worked to develop new operating procedures that comply with Alberta Public Health guidelines and restrictions, as well as City of Edmonton bylaws.

There is still work to be done. A slow and phased re-opening is likely to start in September. Getting the new protocols right so everyone can stay safe is the goal, so we beg for your patience. Just a little bit longer!

Now familiar requirements will apply to everyone entering the hall, once it opens:

sanitize hands when entering,

stay two metres (six feet) apart from individuals NOT in your personal cohort,

wear a mask,

refrain from entering if feeling unwell, if you've been in contact with someone who is being tested for COVID-19 or if you have travelled outside Canada in the last 14 days.

Guidelines specific to Ritchie Hall may include:

only one group in the hall at a time, using the large hall only, with a maximum capacity of 45 people.

no access to the kitchen, office, coat room, small hall or storage rooms.

restricted access to use of tables and chairs, with strict cleaning protocols to follow.

no equipment to be shared among participants of any gathering.

hall users will be invited to discuss how they can resume their activities within Ritchie's new rules of operations once cleaning protocols and supplies are in place. Priority will be given first to programs, then to long-term, ongoing renters, and eventually to one-off private rentals by members.

Ritchie Community League is striving to fulfill its mandate of bringing people together. Doing so now will require public health thoughtfulness and leadership, and the cooperation of members congregating at the hall to keep each other safe.

Community League Day...all month long!

The third Saturday in September is traditionally when, city-wide, neighbours get together to celebrate their corners of Edmonton, renew their league memberships for another year (it runs September to August) and mix and mingle, en masse. The last bit is a no go this year, so Ritchie plans to help us

celebrate throughout the month of September. Details were still being worked out, but may involve a scavenger hunt, outdoor performances and food trucks. Sales of memberships and Ritchie-branded masks have also been mentioned. Watch the league website and social media for details.

Fall dance classes for kids

Isabelle Rousseau, instructor extraordinaire for Ritchie's dance classes for kids (preschoolers to teens), connected with her students online this spring and summer. Now she's working out details for a new fall session. Keep an eye on the league's website and social media for updates as they come available.



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COVID-19: a doctor's perspective

Patty Belda is a doctor, a mother of three, and a member of the Ritchie Community League. When the pandemic began in March, we asked for her perspective. She's just now come up for air long enough to answer a few questions.

HOW HAVE THE PAST FEW MONTHS GONE FOR YOU AND YOUR COLLEAGUES AT WORK?

March was a whirlwind of change.

Challenge 1: New routines

The hospital and outpatient clinics had to quickly adapt to the risk of more COVID-19 infections and develop protocols to keep staff and patients safe. As a family doctor working in clinic and hospital, the daily routine became vastly different. The family practice moved to mostly virtual except for urgent visits. When we arrived at work, we attended a pre-screening area where we were asked questions about recent travel, health status and received temperature checks. We then proceeded to our clinic to change into scrubs and start our day.

Challenge 2: Information overload

Every day we received new information which required constant change in our routine. We attended multiple Zoom meetings and tried to keep up with the flood of information coming from local, provincial, Canadian and international sources. I'll have to say that my anchor was (Alberta's Chief Medical Officer of Health) Dr. Deena Hinshaw's daily evidence-based updates and her calm, clear communication.

Challenge 3: PPE

We started to see a decrease in availability of personal protective equipment and then have the replacement products arrive with strong odours and incorrect fit. We worked with our teams to find solutions.

Challenge 4: Emotional strain

After work, we changed back into our regular clothes, sanitized everything we could, came home, and before touching anyone, we showered and changed again, and only then, lots of hugs and kisses for all. It has been a very stressful time. It's difficult to not see our patients in clinic. It's difficult to see the stress on our society as we are unable to touch each other, shake hands, hug. It's difficult not to see our family and see how our kids miss their grandparents. It has been a challenging time.

Challenge 5: Imposition of new contract

The biggest challenge of all during this pandemic is that on March 31 our provincial government dissolved our negotiated physician contract. This has caused an unbelievable amount of stress on myself and my colleagues. Talks between our representative body the Alberta Medical Association ended and the option to proceed to arbitration was not granted. The new unilateral contract made changes with significant impact on primary care, which provides the foundation to our health care system.

WHAT'S YOUR VIEW OF HOW RITCHIE HAS RESPONDED TO THE CRISIS?

layed the shift until next year.

- Ward boundary changes were approved in June. New names are now being chosen. They'll be announced in September.

- Open parking was approved in June. If you build a house or a new business, you decide how much parking to provide, or none at all.

Civics update

In previous issues, we told you that city council was considering changes to residential speed limits, electoral ward boundaries and parking requirements for new developments.

- Speed limits on residential roads will be reduced to 40 km/h. This was to have been rolled out this summer, but budget pressure has de-

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It was great to once again see our community pull together and help each other. The business that donated the motorhome so a Ritchie member could self-isolate from his family and hearing about [Ritchie resident] Martin Kerr's street concerts was uplifting. Initiatives such as the Ritchie Assistance Facebook page to connect people who need help, and other outreach to those who are not online helps keep us bonded.

WHAT'S YOUR PERSPECTIVE OF HOW THINGS ARE UNFOLDING NOW?

I am taking things day by day. We will see how the COVID-19 infection rates change as we open up and relax restrictions and then adjust accordingly. Working with an unknown future is a reality. One silver lining is that the pandemic has in some ways brought us closer together as colleagues at work and in our communities.

DO YOU HAVE A MESSAGE FOR YOUR NEIGHBOURS?

In Dr. Bonnie Henry's words (BC's provincial health officer): Be kind. Be calm. Be safe.

Did you know?

English may be the most common language spoken in Ritchie households, according to the 2016 municipal census, but there's also (in descending order of frequency) French, German, Spanish, Cantonese, Arabic, Ukra-

nian, Mandarin, Tagalog, Punjabi and North American Indigenous.

This is just one insight citizens can bring to light by mining public records and open source databases.

HAZELDEAN - SOUTHWOODS VILLAGE UPDATE

New Projects

Planning work continues on the proposed active adult 4 story rental apartment, Terra Court South, immediately south of the existing Southwoods Court North.

And on The Mews, our future 6 story adult rental project with underground parking.

Construction late in 2021 is anticipated.

Zoning Application

The zoning application is to amend the current DC2 apartment zoning on Southwoods North to RA7 and RA8 apartment zoning of 4 and 6 stories respectively.

The north east corner of 96th St and 66th Ave, at the 4-way stop, is being converted to CNC to permit the modification of the existing town homes to commercial purposes for the benefit of Hazeldean and Southwoods Village residents.

The Public Hearing is scheduled for September 21st, 2020.

Chelsey Jersack of Situate Planning is

handling this rezoning and is available to answer any questions that you may have, to the best of her ability.

For more info, visit:
www.situateinc.ca
or call 780-974-4956

Christenson Health Services introduces Custom Supportive Living in Southwoods Court North

Site Based Home Care

Christenson Health Services (CHS) is introducing Custom Supportive Living (CSL) to the Residents of Southwoods Court North. Our hope is to incrementally grow Site Based Home Care to 24 hour on site, on call service.

For more info, visit:
www.cdlhomes.com
Or contact Faith Gwinji at
Faithg@cdlhomes.com
780-394-8233

Housing for Health

The pilot projects for Southwoods Village and Whitecourt Village by Housing for Health to improve public health and aging in place continues under the leadership of Dr. Karen Lee.

For more info, visit:
www.HousingforHealth.com or
contact Hui Ren at hren1@ualberta.ca

Southwoods Court North

Southwoods Court North (SCN) has a handful of units still available for immediate occupancy.

Lynne Christenson continues to manage SCN with the assistance of husband Tony and our live on-site staff including daily meals by Andy and Aissah.

For more info, contact Lynne at
LynneC@cdlhomes.com
780-975-2509

Southwoods Village North - Town Homes

Diane Tancsics continues to manage our Christenson Equities Ltd.

townhouse and redevelopment site north of 66th Avenue to 68th Ave between 94th St and 96th St.

State of the art TELUS fibre optic and TELUS Optic TV will be installed into all 160 existing town homes starting in August of this year. Southwoods Court North is already served by Telus Optic.

Southwoods Village South - Town Homes

Christenson Equities Ltd. is happy to welcome Right at Home Housing Society to Hazeldean and to Southwoods Village as the new purchaser and owner/operator of the 76 town homes south of 66th Ave between 94th St and 96th St.

Right at Homes is a very credible, respected local owner/operator of affordable family town homes in North Glenora and Millbourne, and is great supporter of strong communities.

Long time Edmonton firm, Ayre and Oxford, will be their property managers.

For more info, visit:
www.RightatHomeHousing.com

