

# COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of  
Argyll, Hazeldean, Ritchie and Strathcona.



Dec 2020/Jan 2021

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## Argyll Christmas Decorating Contest

We all need a little holiday cheer this year, so we are running our first Argyll Christmas Decorating Contest.

There will be exciting prizes for each of the following:

- Grand Prize (\$80 to Italian Centre & \$20 to Kind Ice Cream)
  - 2nd Place Overall (\$50 to ACME Meats & \$25 to Doughnut Party)
  - 3rd Place Overall (\$50 to Italian Centre & \$25 to Duchess)
  - Most Original (\$25 to Kind Ice Cream & \$25 to Transcend)
  - Most Nostalgic (\$25 to Kind Ice Cream & \$25 to Transcend)
- To participate:

Decorate your home by December 11th.

Enter your house in the contest by pinning your home to the Argyll Christmas Contest Google

Map or email your address to [argyllsocial@gmail.com](mailto:argyllsocial@gmail.com).

Hang tight between December 12th-16th while our judging panel goes around the neighbourhood and creates a "short list" for each category.

Go to Argyll's Facebook page between December 17-20th to vote for your favorite homes. Check out the winner's announced via facebook & email on December 21st. Have fun decorating and enjoy our beautiful neighbourhood on some evening walks.

## Hazeldean lantern parade

The time has come again!! There will be two designed lanterns. The paper plates and triangle, please contact [craft.sale@hazeldean.org](mailto:craft.sale@hazeldean.org) to arrange pick up.

The instructions for the lanterns will be on

Facebook and the website. The parade will be Jan 16, 2021 there will not be an official event but please we encourage you take a social distanced walk with your family in the ravine any time after sunset.

## Front Yards in Bloom: Winterscapes

Edmonton's winter may be cold, but it can be fun and beautiful to decorate your yard using snow, ice, natural objects, decorations and lights!

The Front Yards in Bloom: Winterscapes photo contest will award prizes between Jan. 18 - Feb. 28, 2021, in three categories: winter gardens, art projects and playful designs.

You can create a winterscape in your front yard or next to a community hall, office/business building or school. For more information on how to submit your photos and when, email: [front.yards@edmonton.ca](mailto:front.yards@edmonton.ca).



## Move for Mental Health this winter

Ritchie challenges all community leagues to get folks in their neighbourhoods moving January through March to see if, together, we can log 250,000 km.

Sure, there'll be bragging rights for the league that logs more distance than others, but the real winners will be Edmontonians, whose mental health will get a boost from all that activity.

Each community that signs up will appoint someone to run the challenge for its league.

Ritchie will help you get started with how-to videos and an easy-to-use online reporting form.

To sign up your league e-mail: [events@ritchie-league.com](mailto:events@ritchie-league.com)

The dark days of winter are upon us, not to mention a second wave of COVID-19. Our mental health could take a beating. But not if

we rise to the challenge Ritchie has set for us!

Ritchie neighbours are invited to track their activities and pool their kilometres on Strava starting January 1. Download the Strava app and search for the club "Ritchie United" to join.

Ritchie members are asked to support mental wellness by making a donation to one of three charities: iHuman Youth Society, The Mustard Seed (Edmonton) or Momentum

Walk-in Counselling through CanadaHelps.org, an online donation platform.

Full details about the Move for Mental Health challenge are on the Ritchie website, which will be updated as the challenge continues: [www.ritchie-league.com](http://www.ritchie-league.com). See the Ritchie pages in this issue for pro tips on how to stay active this winter.

## Community League Plaza at Hawrelak Park

The Edmonton Federation of Community Leagues (EFCL) which represents 161 Community Leagues in Edmonton will be 100 years old on January 23, 2021. To celebrate this milestone, the EFCL has worked with the City of Edmonton since 2011 on a significant upgrade to W. Hawrelak Park to plan and develop the Community League Plaza. This magnificent plaza opened on October 3, 2021. The 100th Anniversary Project celebrates and recognizes the amazing contributions that Community Leagues and their volunteers have made to the quality of life in Edmonton.

The Community League Plaza is located nearest the south central side of Hawrelak Park. The plaza features a timeline wall of the

EFCL story, a map of community leagues, and a gas fireplace and overhead heaters (great for the winter). Along the stream are art installations and interpretive signs. The fireplace and heaters are operated by pressing buttons on the buttons located behind the timeline wall.

For more information about the 100th Anniversary Project and a list of government funders, corporate sponsors and donors, visit <https://efcl.org/initiatives/efcl-100th-anniversary-project/#overview>

The EFCL is encouraging community leagues to host a winter party (virtual event, open house or in-person, pandemic-permitting) on January 23rd to celebrate the EFCL's centennial. Watch for events at <https://efcl.org/>

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# Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: [www.strathconacommunity.ca](http://www.strathconacommunity.ca)

## EXECUTIVE & COMMITTEE CHAIRS

President	Delianne Meenhorst <a href="mailto:president@strathconacommunity.ca">president@strathconacommunity.ca</a>
Past President	Maureen Duguay <a href="mailto:pastpresident@strathconacommunity.ca">pastpresident@strathconacommunity.ca</a>
Vice-President	Nathan Carroll <a href="mailto:vicepresident@strathconacommunity.ca">vicepresident@strathconacommunity.ca</a>
Treasurer	John de Haan <a href="mailto:treasurer@strathconacommunity.ca">treasurer@strathconacommunity.ca</a>
Secretary	Jennifer Dube <a href="mailto:secretary@strathconacommunity.ca">secretary@strathconacommunity.ca</a>
Membership Co-Chairs	Sally Hammell Bernie Roessler <a href="mailto:membership@strathconacommunity.ca">membership@strathconacommunity.ca</a>
Communication Chair	Jenn Costigan <a href="mailto:communication@strathconacommunity.ca">communication@strathconacommunity.ca</a>
Programs Chair	Donna Fong <a href="mailto:programs@strathconacommunity.ca">programs@strathconacommunity.ca</a>
Social Chair	Nathan Carroll <a href="mailto:social@strathconacommunity.ca">social@strathconacommunity.ca</a>
Soccer Chair	Vacant <a href="mailto:soccer@strathconacommunity.ca">soccer@strathconacommunity.ca</a>
Civics Chair	Derek Kaplan <a href="mailto:civics2@strathconacommunity.ca">civics2@strathconacommunity.ca</a>
Building and Grounds	Brian Moffat <a href="mailto:grounds@strathconacommunity.ca">grounds@strathconacommunity.ca</a>
Green Initiatives	Kasia Kaputa <a href="mailto:green@strathconacommunity.ca">green@strathconacommunity.ca</a>
Community Garden Chair	Daniel Auger <a href="mailto:garden_co@strathconacommunity.ca">garden_co@strathconacommunity.ca</a>
Hall Use Committee	Jeanie McDonnell <a href="mailto:hall@strathconacommunity.ca">hall@strathconacommunity.ca</a>
Community & Neighbourhood Liaison	Cheryl West-Hicks <a href="mailto:liaison@strathconacommunity.ca">liaison@strathconacommunity.ca</a>
Community Hall	Scott Wright <a href="mailto:rentals@strathconacommunity.ca">rentals@strathconacommunity.ca</a> 780-439-1501
Website Manager	Karen Rowsell <a href="mailto:webmaster@strathconacommunity.ca">webmaster@strathconacommunity.ca</a>
Information	<a href="mailto:info@strathconacommunity.ca">info@strathconacommunity.ca</a>

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3  
Community League website: [www.strathconacommunity.ca](http://www.strathconacommunity.ca)  
EFCL website: [www.efcl.org](http://www.efcl.org)

Community Leagues...where neighbours meet and great things happen!

Board meetings (virtual until further notice) are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information phone 780-439-1501 or e-mail at [president@strathconacommunity.ca](mailto:president@strathconacommunity.ca)

The Strathcona Centre Community League is on Facebook. Follow us on Twitter @StrathconaCL

The copy deadline for the February-March 2021 issue of Community League News South is January 25, 2021. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at [donnafong@shaw.ca](mailto:donnafong@shaw.ca)

The board extends best wishes to all for a safe, active and healthy holiday season, and a happy new year!

## President's Message

By Delianne Meenhorst

President, SCCL

I would like to thank everyone for our virtual AGM on November 9th. It was quite a different meeting compared to previous years. Although the turnout of members was quite good, it was definitely less personal due to technology.

I am very pleased that we have three new members joining the board. A big welcome to Sally Hammell and Bernie Roessler as Membership Co-chairs and Jennifer Dube for the role of Secretary.

Next to new people joining, we also saw Jenn Costigan taking up the role of Communications Chair, Maureen Duguay changing to Past President and Nathan Carroll taking up the position of Vice-President in addition to

serving as Social Chair.

We are very pleased that SCCL will have such a solid board with almost all positions taken. Naturally it was also sad to say goodbye to the three valuable and experienced board members: Lois Hameister, Jeff Samsonow and Anya Manukyan.

Lois will stay closely involved with the Strathcona Community League while Anya and Jeff have moved to another community and organization, respectively. A big thank you to all three for their long-time contributions and support.

I realise the new board will start in quite a remarkable year and it may be difficult to meet them. Please do not hesitate to reach out to them if you have questions or just say "hello". Keep safe and healthy!

## Meet the SCCL Executive Team

The new President, Vice-President, and Secretary joins Treasurer John de Haan (a long-time resident of Strathcona and dedicated league volunteer) on the Executive Team.

### Delianne Meenhorst, President

Since 2016, Delianne has been involved with the Strathcona Community League as Communications Chair and the last year also as Vice-President. This year, she is pleased to be elected as President. Delianne says "I have big shoes to fill, but I am looking forward to work with an enthusiastic, energised and well-balanced board the coming year."

### Nathan Carroll, Vice-President

Nathan and his family have lived in Strathcona for four years and he is very excited to join the community league board! Nathan works as the Operations Manager for the Sarah McLachlan School of Music and enjoys spending his days facilitating free after-school music classes for the students that he and his team have the privilege to serve.

A musician and songwriter, Nathan can be found creating music with many Edmonton artists as well as working in his home recording studio. He is excited, in his role on the board, to create spaces for neighbours to gather and participate in the life of our amazing community!

### Jennifer Dube, Secretary

Jennifer has lived in the Strathcona neighborhood for 15 years and resides on Saskatchewan Drive with a beautiful view. She retired from a 30-year career as a litigation paralegal in various law firms in Calgary and Edmonton. Jennifer is a dog owner and loves the Strathcona neighborhood. Her hobbies include making beaded jewelry, reading, and knitting. Jennifer volunteers with an organization called Suit Yourself that assist women entering or re-entering the workforce by creating with them a work appropriate wardrobe with donated, high-quality items. She is looking forward to service on the Executive team of the SCCL.

## SCCL Ice Rinks

The estimated opening date for the SCCL rinks is mid-December (dependent on weather).

Temporary Ice Rink Restrictions are in place based on Government of Alberta Restrictions. The current restrictions are in place until December 15, 2020. Continue to follow current public health guidelines including:

10 PEOPLE MAXIMUM on each rink (skaters should leave the rink after 30 minutes if others are waiting to skate).

Maintain physical distancing.

Only free-skate activities allowed (no hockey/shinny or organized sport) on SCCL rinks.

DO NOT enter the ice rink area if experiencing any COVID-19 symptoms.

Please bring a cell phone to scan the code to go to the Edmonton Community League

Contact Tracing Form.

Use hand sanitizer, wear a mask when you can and follow the League's ice rink rules.

The League building and washrooms are closed.

Both rinks will be available during these hours:

Monday 3:30 – 9:00 p.m.

Tuesday 3:30 – 9:00 p.m.

Wednesday 3:30 – 9:00 p.m.

Thursday 2:30 – 9:00 p.m.

Friday 3:30 – 9:00 p.m.

Saturday Noon – 9:00 p.m.

Sunday Noon – 9:00 p.m.

Usage of ice rink is at your own risk.

Skaters are welcome on the ice prior to stated times if ice maintenance is not in progress. Shoveling may be required.

The rinks will be closed when the temperature, including wind chill, is -23 C or colder.



## Winter Programs

As of November 13, 2020, the Strathcona Community League hall is closed until further notice in order to comply with public health orders. Several registered programs will resume in early January 2021, pending the lifting of restrictions for group indoor fitness classes.

The Strathcona Community League will follow the public health requirements for fitness and yoga programs in the hall including signage, physical distancing, sanitization of hard surfaces, access to hand sanitizers, and record keeping (list of participants and contact info). The hall and washroom will be sanitized before and after each class by the league cleaning staff. The playgroup, kids' art and craft classes will not be offered this winter. To keep informed about future programs and events, please subscribe to the email list on the website <https://strathconacommunity.ca/>

Program registration is required by contacting the instructor prior to the session to collect the participant's name, phone number and email for the purposes of contact tracing and payment of fees.

The instructor will provide a link to the COVID-19 Daily Health Check List for the registrant to complete in advance of each class. Anyone exhibiting COVID-19 symptoms must isolate at home and cannot participate in the class.

Payments for classes and 2020-2021 community league membership (if needed) are to be made by e-transfer to the Strathcona Community League at [payments@strathconacommunity.ca](mailto:payments@strathconacommunity.ca). Include a note advising the league of the name of the program.

Participants must wear a face mask/covering before entering and exiting the hall.

Participants are responsible for providing their own equipment and supplies (e.g. mats, props), water, and hand sanitizer. These items are not to be shared during the class.

Participants using the washroom must wash their hands thoroughly and spray down the touched surfaces with the approved sanitizer (on site) before leaving the washroom.

### **MONDAY EVENING YOGA with Corinne McNally**

January 4 - February 22; 6:00-7:15 p.m.

Target audience: Adults

Location: Strathcona Community League, 10139 87 Avenue, 2nd Floor hall.

Fee: \$84.00

Requirements: Valid Community League membership (any league). Bring your own yoga mat and props to class.

Description:

Instructor Corinne McNally lives in Old Strathcona and has been teaching for over 15 years. She is a member of the Yoga Association of Alberta and has experience in various styles of yoga including Restorative, Yin, Hatha, Ashtanga & Pre/Postnatal.

To register, please contact Corinne McNally at [corinnemcnally@gmail.com](mailto:corinnemcnally@gmail.com), 780-239-6164.

Website: [www.lotusmoonyoga.ca](http://www.lotusmoonyoga.ca)

### **POUND FITNESS with Melanie Kidder**

Mondays: January 4 - February 22;

8:00 - 9:00 p.m.

Fee: \$84.00

Target audience: Adults and teens over 16.

Location: Strathcona Community League, 10139 87 Avenue, 2nd Floor hall.

Requirements: Valid Community League membership (any league). Bring a yoga mat to class. If you do not own Ripstix®, you can either borrow a set with a deposit of \$20 payable to the instructor or bring your own drumsticks.

Description: Pound Fitness is a cardio and strength class that is inspired by the energizing, infectious, sweat-dripping fun of playing the drums.

To register, contact Melanie Kidder at [melstrand\\_5@hotmail.com](mailto:melstrand_5@hotmail.com) or phone 780-722-7558.

### **YOGA with Kyla Fischer**

Tuesdays January 5 - February 23, (8 weeks)

Thursdays January 7 - February 25, 2021 (8 weeks)

9:30 - 10:45 a.m.

Fee: \$96 for 1/week, \$176 for 2 classes/week

Target audience: Adults and teens

Location: Strathcona Community League, 10139 87 Avenue, 2nd Floor hall.

Requirements: Valid Community League membership (any league). Bring a yoga mat to class.

Description: These holistic yoga classes are perfect for beginners as well as those with previous yoga experience.

Kyla Fischer lives in the Strathcona Community and has been practicing yoga for over 18 years.

To register, please email Kyla Fischer at [fischerk@telus.net](mailto:fischerk@telus.net) or phone 780-430-0229. For new students, you must complete and sign an online waiver form from the instructor.

### **ZUMBA with Melanie Kidder**

Wednesdays: January 6 - February 24;

6:30 - 7:30 p.m.

Fee: \$96.00

Target audience: Adults and teens over 16.

Location: Strathcona Community League, 10139 87 Avenue, 2nd Floor hall

Requirement: Valid Community League membership (any league)

Description: Let the Music Move You! Using Latin and International rhythms these Zumba Fitness classes are fun, energetic and make you feel amazing. Melanie Kidder lives in Old Strathcona and has been teaching Zumba Fitness for eight years.

To register, please email Melanie Kidder at [melstrand\\_5@hotmail.com](mailto:melstrand_5@hotmail.com) or phone 780-722-7558.

### **URBAN POLE WALKS with Delianne Meenhorst**

Thursdays; 6:30 - 7:30 p.m.

Cost: Free

Requirement: Community League membership required (any league).

Description:

Join walk leader, Delianne Meenhorst, outside the league hall, 10139 87 Avenue. Please wear a face mask/covering to the meeting place. The online COVID-19 Daily Health Checklist will be administered prior to the walk.

All fitness levels are welcome. Walks are between 60-75 minutes. Several sets of poles are available on loan or bring your own. For more information, call or text Delianne at 587-986-7832.

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How to become a member?

The SCCL is working hard to make our community a great place to live so please help us out by purchasing your membership one of the following ways:

E-TRANSFER: send an e-Transfer to payments@strathconacommunity.ca. If we don't have your details from last years' membership, also send an email to the payments address with the name(s) of adults in the household, your address and phone number. A receipt and membership card will be e-mailed to you.

ON-LINE (credit card): buy a membership online through <http://www.efcl.org/membership> (note: the EFCL charges a \$5 surcharge)

CHEQUE: You can mail or drop off a cheque to the Community League at 10139 87 Ave NW, Edmonton, AB T6E 2P3, enclosing a note advising that you want a membership. Include membership type (family, single, senior), names of adults in the household, home address and if desired email address. A receipt and membership card will be emailed to you.



If you have any questions, email membership@strathconacommunity.ca, or leave a voice message at the hall at 780-439-1501.

The cost is:

Family \$20

Single \$15

Senior \$5 An individual of 65 years or older.

Civics and Planning Report

The Strathcona Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. Derek Kaplan is the chair of the League's Civics and Planning Committee. When the City sends notices to the League announcing appeals to the

Subdivision and Development Appeal Board (SDAB), or telling of rezoning applications, or outlining variances that are being requested by a property owner, the committee investigates. To learn more about issues and proposed development projects, please contact Derek at civics2@strathconacommunity.ca

River Valley Walk with Dr. Dwayne Donald

By Cheryl West-Hicks, Community and Neighbourhood Engagement

Late this fall, in partnership with the King Edward Elementary Parent Advisory Council, SCCL hosted two River Valley Walks with Dr. Dwayne Donald. This was a chance for our community members to get out together in a safe way and learn some Indigenous history of the land we're on. Member Shannon Berg

remarked "He is a great story teller and we learned while being entertained. I highly recommend the November walk if there is still space."

Turned out both walks were sold out in days and had healthy waiting lists. We were so pleased with the overwhelming interest and hope that we can host another such event in the spring.

Thanks to Edmonton Arts Council

By Nathan Carroll, Social Chair

The only Social event in October was a Halloween Day Parade that made its way through our neighbourhood. This event was put on by the Edmonton Arts Council (EAC) as a part of their Festival in A Box" project. The Ambassador Colour Guard joined the festivities, involving a number of our local families, and

all-in-all was a success - particularly punctuating a day that was otherwise somewhat compromised for many because of COVID.

Thanks to Bob Rasko from EAC for his coordination of the event as well as to Scott Wright, Hall Manager, for helping me sort through some hall-related logistics for the parade crew.

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# Argyll News

## Argyll Community Centre is closed

All indoor activities at the hall have been suspended. Appointments will be required to enter the building.

All regular programming has been suspended until December 15, and perhaps further.

Our facility manager can be contacted if you have any questions at 780.466.8166 where you can leave a message.

We hope to be able to announce a resumption of programming in the new year. Until then we hope you are patient and being safe.

## Skating Rink

We hope to make progress installing a snowbank rink again for this winter season. With proper weather conditions a rink will be made and casual skating for families will be available through spring of 2021.

Alberta Health restrictions require us to only allow 10-12 people to skate at the same time. We will not have any indoor facilities available for families. Information will be on

display at the rink for answering your questions or reporting issues with the ice or safety concerns.

The rink is maintained by volunteers and we hope you will work to protect it from damage or misuse out of respect for the time dedicated to this community effort. Active games or hockey sticks are not permitted. Night skating is not allowed.

## EJCA Web Site

Our community partners, the Edmonton Japanese Community Association unveiled their new web site on November 15.

You can find all sorts of useful information

about their activities, festival events, programming, and clubs by visiting their newly redesigned site. It's also mobile friendly. [www.ejca.org](http://www.ejca.org)



**Ben Henderson**

Councillor, Ward 8

**Contact me on city issues**

**[ben.henderson@edmonton.ca](mailto:ben.henderson@edmonton.ca) | 496-8146**



**Heather McPherson**

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FOR 2021 AGES 1-6. MEALS & SNACKS PROVIDED.

[WWW.CURIUSLEARNERS.CA](http://WWW.CURIUSLEARNERS.CA)

## Argyll Online

As always, our web site has the most current information. Check-in weekly to see what's changed.

Send us things you think the community would be interested in.

A new section has been added to the web site which features announcements and news

about the Committee work various residents are involved in. Look for it the next time you visit our site.

Our web site address is: [www.argyllcl.ab.ca](http://www.argyllcl.ab.ca)

If you wish to be added to our EVENTS e-mail distribution list get your name into argyll.social@gmail.com.

# Hazeldean News

## Hazeldean Board of Directors

<b>Interim President</b>	Ryan Godfrey	president@hazeldean.org
<b>Secretary</b>	Maggie Smith	secretary@hazeldean.org
<b>Treasurer</b>	Christine Drysdale	treasurer@hazeldean.org
<b>Facilities</b>	William Elgert	
<b>Publicity</b>	Amanda Toews	communication@hazeldean.org
<b>Memberships</b>	Heather Chiponski	
<b>Soccer</b>	Alexis Parker	hazeldean@southweastsoccer.ca
<b>Director at Large</b>	Rineke Steenbergen	movies@hazeldean.org
<b>Director at Large</b>	Alys Caswell	
<b>Hall Administrator</b>	Dawn Banner	hazeldeanleague@shaw.ca
<b>Social</b>	Rineke Steenbergen	Social@hazeldean.org
<b>Civics</b>	Caleb Sinn	civics@hazeldean.org

## Okinawan Style Karate with Sensei Bill Elgert

Home to traditional Meibukan Goju Karate Edmonton, Sensei Bill Elgert provides instruction to children from 6 years old to adult in this Okinawan style martial art. The benefits to participants include increased respect for self and others, improved ability to focus, camaraderie, physical fitness, improved self-esteem, and confidence. For children, this provides a healthy environment to run, play, share, and laugh while expending some of that excess energy they all seem to possess in learning a new art form.

Sensei Elgert holds a 2nd degree black belt and has received training under the International Meibukan Goju Karate Association. This Okinawan style karate shares the traditional teachings of Master Chojun Miyagi's Okinawa Goju-Ryu Karate-Do.

Classes take place Monday and Wednesday. For more information, please contact Bill at 780-438-3179 or via email at edmontongoju@hotmail.com FEE: Varies. Contact Bill for more information.

## SKATING!

With the always changing times the rink will be set up to the public. There will be a limited amount of people who can be on the rink. There unfortunately won't be access to washrooms or the back hall to put on skates. Stay warm!



## Our Hall is OPEN for Rentals



We are once again accepting rentals for the Hazeldean Community Hall.

This is a great venue for all of your event needs! All rentals will operate in alignment with the most current COVID-19 regulations and bylaws. Interested? Please email Dawn at: hazeldeanleague@shaw.ca.

## Community league walking program

Urban poling finding fitness, friends and fun!

Why starting a walking program is beneficial:

- Improves your physical and psychological health.

- Get to know others in the community.

- Familiarize yourself with resources in the community.

- Reduces crime by residents being visible on the street.

For more information contact Kim Mah at Kim.mah@efcl.org

## Hazeldean community playgroup

Playground runs at the hall Thursday's from 9-1130! Come enjoy a warm cup of coffee while the kids run their morning energy off! No admission fee required.

Stay In Touch!

Phone: 780-439-0847

Email: hazeldeanleague@shaw.ca

Website: www.hazeldean.org

Facebook: www.facebook.com/Hazeldean-Community

Twitter: @hazeldeanyeg

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Community League Memberships available  
at Hazeldean Drug Store and the Dairy Queen  
on 70th avenue and 99th Street. \$10 for single  
memberships or \$20 for a family.

**Hazeldean FUNctional Fitness:** Come join  
us for a fun, full body workout at Hazeldean  
Community Hall. Program is on Tuesdays  
and Thursdays at 6 pm and 7 pm Contact Jen  
at onthegofitness@shaw.ca to register and for  
more information regarding procedure with  
COVID 19.

**Community suggestions:**

As a community member your opinion mat-  
ters. If you have any suggestions or ideas  
about future events that you would like to see  
the community league host or if you have any  
suggestions or observations about how things  
happen in the community please let us know.  
You can email hazeldeanleague@shaw.ca.

**Community safety**

Our community engagement team has been replaced by a community liaison officer by the name of Mischa Semler. She is our SE representative. Her email is mischa.semmler@edmontonpolice.ca she will be able to answer all your questions and concerns.

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**Are you locked up and secure for the night?**

Join the #9PMRoutine today and take an active role in crime prevention in your neighbourhood and community. The #9PMRoutine is a campaign used by police agencies across North America to remind citizens to protect themselves and their property.

**What Do I Need to Do?**

There are simple steps you can take to help prevent crime in your neighbourhood. Every night at 9 PM:

- Remove valuables from your vehicle and ensure it's locked, windows are closed, and if possible, your vehicle's parked in a garage.
- Close all garage windows and lock any garage doors, especially those leading into your house.
- Keep your vehicle registration and insurance documents secure. The documents can be used to commit other crimes.
- Check and lock all house doors and shut all windows.
- Turn on an exterior light.
- Close and lock your fence gate.
- Lock your shed.
- Put away bikes and toys in your yard.
- Park in the garage instead of the street, if possible.

**Why is the routine important?**

The #9PMRoutine helps prevent crimes of opportunity. Criminals are looking for unlocked vehicles or houses where they can easily steal property. Property crimes such as vehicle thefts, break and enters to homes and businesses, and thefts from parked vehicles are the most common crimes in Edmonton. By removing valuables from vehicles and locking cars and homes, you remove those easy opportunities for criminals to commit crimes and steal your property.

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**12 Holiday Shopping Safety Tips  
for the 12 Days of Christmas**

1. Be alert and aware! It's easy to be distracted by the crowds, selecting the right gift or being preoccupied with holiday activities.
2. Keep watch of your personal belongings at all times - don't leave your purse un-attended
3. Shop in familiar places: Shop at stores and locations you frequent
4. Recognize that there is safety in numbers. Shop with friends and relatives in-  
stead of going alone.
5. Place any valuables in the trunk before you go shopping. Criminals are in the  
parking lots watching what you put in your car. If you must store your purchases in  
your car, make sure they're in the trunk and that your trunk opener inside your car  
is deactivated
6. Do not be distracted when walking to your vehicle (talking on phone, texting,  
tweeting) and watch out for loiterers near your vehicle.
7. Park in a well-lit, well-trafficked area of the parking lot at stores and malls.
8. Have your keys in your free hand well before approaching the car. Lock the  
door immediately after getting in.
9. Avoid carrying large amounts of cash; pay with a debit or credit card whenever  
possible.
10. Watch out for friendly strangers. They may ask a question or offer to assist  
you with your bags to distract you or put you in a compromising situation.
11. Shop on-line with care: Only share your credit card and payment information  
online on trusted websites.
12. After opening gifts, don't advertise to criminals of your big ticket item with your  
trash. Tear down and cut up product boxes into small pieces to fit into garbage  
and recycling cans.

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# Ritchie News

## Ritchie Community League

7727 98 Street | Edmonton, AB | T6E 5C9 | 780-433-7137 | [inquiries@ritchie-league.com](mailto:inquiries@ritchie-league.com)

The land on which we live, work and play is Treaty 6 territory and a traditional meeting ground for many Indigenous groups. Today, it remains home to Cree, Blackfoot, Saulteaux, Métis and other Indigenous peoples. The Ritchie Community League acknowledges that we are all beneficiaries of this peace and friendship treaty.

### BOARD

President: Avnish Nanda ([president@ritchie-league.com](mailto:president@ritchie-league.com))

Vice-president: Peter Willetts ([vice-president@ritchie-league.com](mailto:vice-president@ritchie-league.com))

Treasurer: Ehab Zeidan ([treasurer@ritchie-league.com](mailto:treasurer@ritchie-league.com))

Secretary: Maureen O'Neil ([secretary@ritchie-league.com](mailto:secretary@ritchie-league.com))

Casino & Fundraising Director: David Woo

Civics Director: Allan Bolstad

Communications Director: dallas Bartel ([communications@ritchie-league.com](mailto:communications@ritchie-league.com))

Community Engagement Directors: Seghan MacDonald ([community-engagement@ritchie-league.com](mailto:community-engagement@ritchie-league.com))

Events Director: Dan Tyrkalo ([events@ritchie-league.com](mailto:events@ritchie-league.com))

[ritchie-league.com](mailto:ritchie-league.com))

Facilities Director: Ed Retzer

Green Initiatives Director: Kyle Kasawski ([environment@ritchie-league.com](mailto:environment@ritchie-league.com))

Hall Revitalization Director: Jeff Ollis ([hall-revitalization@ritchie-league.com](mailto:hall-revitalization@ritchie-league.com))

Membership & Volunteer Director: Erin Frazer ([volunteers@ritchie-league.com](mailto:volunteers@ritchie-league.com))

Programs Director: Dee Godbout ([programs@ritchie-league.com](mailto:programs@ritchie-league.com))

Soccer Director: Kane Dozorec ([soccer@ritchie-league.com](mailto:soccer@ritchie-league.com))

Rink Director: Leonard Wampler

Director-at-large: Dan Munch

Director-at-large: Nigel Greenways

### MONTHLY MEETINGS

Board meetings are 7 p.m. on the first Thursday of every month. They will be held in-person when health restrictions allow, via Zoom otherwise.

Newsletter: Keri Walmsley ([newsletter@ritchie-league.com](mailto:newsletter@ritchie-league.com))

Hall Manager: Kara Fenske ([inquiries@ritchie-league.com](mailto:inquiries@ritchie-league.com))

Website: [www.ritchie-league.com](http://www.ritchie-league.com)

Facebook: [facebook.com/WelcometoRitchie](https://facebook.com/WelcometoRitchie)

Twitter: @RitchieYeg

Instagram: [ritchie\\_league](https://instagram.com/ritchie_league)

## How YOU can support the homeless in Ritchie

If you would like to welcome our neighbours in the temporary shelter, The Mustard Seed has several suggested donations:

Pre-packaged sandwiches for lunch (must be prepared in an Alberta Health-approved kitchen)

Care packages/treats for the shelter staff members to prevent burnout

Tablets for use in the shelter

A backpack stuffed with essential toiletries and hygiene items, socks and underwear, toques and mitts, bus tickets and a blanket.

A travel mug filled with foot and hand warm-

ers, bus tickets and socks.

\$5 - \$10 gift cards for coffee shops like Tim Hortons and McDonald's.

Gently used household goods and clothing for resale in the Seed's thrift store (proceeds support the employment program)

Money to directly support its programs.

Please do not donate food items, anything with alcohol (hand sanitizer, mouthwash, cologne) or watches.

All donations are collected at the Seed's warehouse at 10568 114 Street NW, where items are quarantined before being put to use.

## Who to call, when

### 2 - 1 - 1 (24-hr Edmonton Crisis Diversion)

If you are concerned about someone's well-being (whether or not they seem to be intoxicated), 211 is your primary tool. Of all city emergency response services, this is the most oriented towards reducing harm, with direct goals such as immediate relief and care, and helping people get to a warm spot. The program is designed to reduce the need for expensive medical, judicial and police interventions.

### 3 - 1 - 1 (Safe Needle Disposal)

Report sharps through the 311 app or phone

311.

If the needle is on public property, Capital City Cleanup will coordinate pickup and disposal. If the needle is on private property, 311 will provide you with information to pick up and dispose of the needle safely.

### 9 - 1 - 1 Emergencies ONLY

If you encounter someone having a medical emergency (non-responsive, seizing, etc) call 911 and ask for an ambulance. Await instructions.

Call 911 for crimes in progress.

## Hall closed...again

After a brief return to Ritchie Hall in October, RCL Bridge, RCL Yoga and in-person RCL Dance classes have been suspended until the new year. The league is committed to keeping each other and the wider community safe by following public health guidelines.



## RCL Danse for Kids

Contact Isabelle for dates of the next online RCL Danse for Kids classes. There are sessions for 4 - 5-year olds and 6 - 9 year olds. She's been teaching online classes since March and has it down to a fine art!

E-mail [irousseau.moveandbremoved@gmail.com](mailto:irousseau.moveandbremoved@gmail.com)

## RCL Book Club



Contact Erin to join the RCL Book Club. It discussed Molly of the Mall: Literary Lass and Purveyor of Fine Footwear by Heidi Jacobs in October and Son of a Trickster by Eden Robinson earlier this month. The next title will be announced shortly.

E-mail [eefraser@ualberta.ca](mailto:eefraser@ualberta.ca)

## RCL Youth Group

Contact Emilea to join a Monday evening meeting of the RCL Youth Group online. It's open to youth 10 - 15 who live in Ritchie and want to play games over Zoom.

E-mail: [ebartelritchie@gmail.com](mailto:ebartelritchie@gmail.com) or ask to join our private Facebook group.

## Constituency Office

Suite 101 10328 - 81 Avenue NW  
Edmonton, AB T6E 1X2

(780) 414-0702

[edmonton.strathcona@assembly.ab.ca](mailto:edmonton.strathcona@assembly.ab.ca)

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## Last goodbye to long-serving volunteer

Alvina Fuchs passed away Oct. 19. She, along with husband Bernie, have been involved with the Ritchie community for many years. She devoted countless volunteer hours helping with casinos and other events. Our condolences go out to her family.

## Self-isolating? Help is near

As COVID-19 case counts fluctuate, odds are you or someone you know will need to self-isolate, either as a confirmed case or as a close contact of one. If that's you and you need help with errands outside your home while you are in quarantine, let us know. The league maintains a list of members who have volunteered to help out. Call 780-433-7137. Search for Ritchie Community Assistance. A COVID-19 Hub on the league's website has links to additional resources to help navigate the pandemic.

## Healthy Workshop Plan

Dr. Karen Lee is teaming up with Ritchie Community League in the new year to host a Healthy Community Workshop as part of her Housing for Health Project at the University of

Alberta. She is Associate Professor of Preventive Medicine at the Department of Medicine.

Together we'll explore how the neighbourhood shapes our health and the health of our families and brainstorm ideas for building a

connected, active and healthier community. We plan to find at least one new idea to bring to life in Ritchie! When the date's been set, you'll be the first to know! In the meantime, find out more about Dr. Lee and her work:

E-mail: HforH@ualberta.ca  
http://www.drkarenlee.com/  
https://www.penguinrandomhouse.ca/books/258495/fit-cities-by-dr-karen-lee/9780385685320

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## League endorses temporary homeless shelter

By the RCL Board of Directors

Ritchie Community League (RCL) supports The Mustard Seed's new temporary, 24/7 homeless shelter that opened in our community on Nov. 2.

Further, RCL provided submissions in favour of the temporary shelter at the Subdivision and Development Appeal Board hearing on Nov. 26 that was to review the development permit issued to The Mustard Seed to establish and operate the facility. A decision was expected by Dec. 10.

### Homelessness in Ritchie

Edmonton is in the midst of a homelessness crisis. More than 2,000 Edmontonians do not have access to safe and secure housing. With COVID-19 infection rates rising and winter progressing, many street-involved Edmontonians face the real risk of harm if this crisis is not addressed immediately.

In Ritchie, the effects of this crisis can be seen with the crowds seeking shelter each night at the Trinity Lutheran Church or the encampments scattered throughout the Mill Creek Ravine. There is not enough shelter space to house those in need forcing many into desperate situations to find adequate shelter.

One solution proposed by the City of Edmonton was the establishment of a temporary, 24/7 shelter at the site of the CESSCO plant in Ritchie where 125 street-involved Edmontonians can access shelter and supports daily. The facility is operated by The Mustard Seed, a faith-based non-profit organization working to eliminate homelessness and reduce poverty. The Mustard Seed has a track-record of supporting street-involved individuals, including in Ritchie, where it operates the Strathcona Neighbour Centre.

### Residents' reactions varied

Neither RCL nor Ritchie residents were consulted in advance of the decision to establish the temporary shelter, which will be in operation until the end of March 2021. As community residents began to learn about the decision, RCL received an influx of telephone calls, e-mails and social media messages raising a variety of different views over the proposed temporary shelter.

Many Ritchie residents expressed reservations over the possible impact a temporary shelter would have in the community, specifically around the potential of an increase in crime or impacts on the schools and playgrounds that are adjacent to where the shelter is located.

Some community members were concerned about the rudimentary provisions that were being offered to those accessing the temporary shelter's services and whether users would be able to easily find the shelter and receive the social and health supports they need.

A large number of Ritchie residents responded to the news by asking how they could help: offering donations, signing up to volunteer and organizing clothing drives for those accessing the shelter's services.

While the responses have been varied, there has been widespread recognition that a temporary shelter is needed on the south side of Edmonton this winter for those who do not have access to housing.

City and shelter response to concerns

In addition, both the City of Edmonton and The Mustard Seed have provided assurances that community concerns will be addressed. This includes concerns over the potential or perceived increase in crime, ensuring that those who access the shelter's services are fully supported by being able to receive 24/7 assistance and programming, and doing a better job of informing and consulting Ritchie residents as things proceed.

Among the objectives that informs RCL's work is ensuring that the league is "responsive to the individual and collective needs of its people by servicing our community through advocacy, activities, programs and support resulting in a safe and vibrant community for all."

There is no doubt that the homelessness crisis has impacted Ritchie, its members and broader community, which includes those accessing The Mustard Seed's services and programming.

At this unique moment in time, RCL considers it to be important to come together as a community to help those most vulnerable.

For this reason, RCL supports the temporary shelter, which is a short-term initiative to address the homelessness crisis that is gripping Edmonton. Without the temporary shelter, individuals in need will have nowhere else to go and remain in ravine encampments and on the streets, facing significant risks to their health as the pandemic and winter progress.

### Next steps

However, RCL wishes to establish an ongoing relationship with the City of Edmonton and The Mustard Seed to ensure that there is an open-line of communication between all stakeholders.



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It is clear that there needs to be better communication between the parties regarding this initiative and that community residents should be informed of what is transpiring in their neighbourhood.

Over the next weeks and months, RCL will work with The Mustard Seed to determine ways for our community to best support and help those accessing the temporary shelter.

Please continue to check our website and social media feeds to learn more about what we have in store and what you can do to help.

RCL hosted an online town hall meeting Nov. 10, prior to taking a position on the issue, in order to bring all parties together in conversation about the shelter. A recording of this meeting is available on the league's website.

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