# **COMMUNITY LEAGUE NEWS SOUTH**

Serving the community leagues of Argyll, Hazeldean, Ritchie and Strathcona.



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### **Parking Issues**



If you are experiencing any parking issues related to non-resident visitors to our neighbourhood it is recommended you call 311 (or use the handy "Edmonton 311" app on your phone) to notify them of a problem. The problem might be related to parking in a prohibited zone, blocking access to your property, or parking on public parkland. A picture can also be posted through the 311 app, showing the problem.

A Bylaw Officer may respond to your complaint, but it is more likely they will respond to multiple complaints from the same area. If there is a large event being held in the area then reports of poor parking choices, or bad public behaviour, (such as alcohol consumption or littering) will bring officers to the event more quickly. The city's Bylaw Officers do monitor the number of concerns reported for many areas of the city and these reports will highlight our area as needing more patrols.

It is not recommended to call the Edmonton Police Service for parking issues. It's not their jurisdiction. However, if there appears to be an unsafe parking situation, physical violence or threat of violence, or damage to public or private property, then calling the Police complaint line (780.423.4567 -or- #377 on a mobile phone) is the best action to take (unless it is a critical emergency involving bodily harm; then

Argyll Community League continues to communicate the concerns of its residents to the City of Edmonton's Parking Services department but recognizes that we share this public space with the entire population as consequence of choosing to live in such a lovely part of the City. Our situation is not unique and will continue to be a concern for residents well into the future. A little history around Argyll's parking situation appears on the Issues page of our web site.

### **Strathcona Winterfest 2022**

The annual Winterfest is back on Sunday February 13th, 2:00 – 5:00 p.m., at the Strathcona Community League hall and grounds, 10139 - 87 Avenue. Join us for some warm food, hot chocolate, skating, horse-drawn sleigh rides, snow carving, outdoor games and above all, community camaraderie.

This year enter into The Ultimate Cookie Bake Off Championship. To enter into the bake off, visit https://strathconacommunity.ca

For more info, contact Farhana at social@ strathconacommunity.ca.

### Ritchie Community League celebrates 100 years

By Erin Fraser and Seghan MacDonald Centennial Committee Co-chairs

Summer 2022 marks the Ritchie Community League's one hundredth anniversary, a milestone that merits celebration!

To mark this anniversary, we are planning a year's worth of exciting projects, events and collaborations that celebrate stories and people throughout Ritchie's past while looking to the

Throughout the year, we hope to encourage community engagement through these various projects that explore Ritchie's history and culture. We want to foster connection through our neighbourhood's unique history and offerings while looking towards a future that celebrates inclusivity, diversity and community.

To kick off our Centennial Celebration, we are thrilled to share the first of these projects, our centennial podcast: A Little Bit Ritchie! Hosted by Ritchie resident Lydia Neufeld, A Little Bit Ritchie dives into the history of the league and the lands that make up the Ritchie community. We hope that the podcast challenges, inspires and reassesses notions of place, community and public space.

On the debut episode, we discuss the early settler history of Strathcona, Edmonton, including the namesake of our neighbourhood-Robert Ritchie-and many of his endeavours. We introduce the early food politics of the area,



which includes a discussion about Treaty 6 and the Home Farms Program. Then we touch on the evolution of South Edmonton, to Strathcona, to the City of Edmonton, followed by a look into the formation of Ritchie.

We want to thank our Centennial Coordinator Elyse Colville and Centennial Researcher Linnea Bell for their tireless effort in bringing this project together. We also want to thank Tierra Connor for designing our centennial logo. The project is supported by the City of Edmonton and Edmonton Heritage Council.

We have more planned throughout the year, so stay tuned, and we hope that you will join us in celebrating 100 years of the Ritchie Community League!

See inside for a podcast recap of Episode 1: "Somethin' About Beginnings."

### Move for Mental Health – Strathcona Edition

The Move for Mental Health challenge started February 6, but this time it's different. Strathcona Community League is not competing with other communities, we're competing to reach a collective goal. Download the Strava App to track your activity, get moving, and connect with club members! https://www.strava.com/clubs/StrathconaCommunity

Our goal is to reach 3,500 km and 24,000 cals in 8 weeks. Each week, we'll post a leaderboard and celebrate the club members with the highest numbers.

Physical activity can improve your mood, reduce stress and anxiety and improve your positive mental health. It's a fun club and hopefully motivates us to fit more movement in our day.

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# Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

# STRATHCONA CENTRE COMMUNITY LEAGUE EXECUTIVE & COMMITTEE CHAIRS

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president@strathconacommunity.ca

Past President Delianne Meenhorst

pastpresident@strathconacommunity.ca Sally Hammell

Vice-President

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Donna Fong Programs Chair

programs@strathconacommunity.ca

Farhana Nurani Social Chair

social@strathconacommunity.ca

Soccer Co-Chairs Jenn Costigan

Cheryl West-Hicks

soccer@strathconacommunity.ca

Civics Chair Derek Kaplan

civics2@strathconacommunity.ca

**Building and Grounds** Landon Schedler

grounds@strathconacommunity.ca

Green Initiatives Co-chairs Darcy Stevens

Jason Unger

green@strathconacommunity.ca

Community Garden Chair Daniel Auger

garden\_co@strathconacommunity.ca

Jeanie McDonnell Hall Use Committee

hall@strathconacommunity.ca

Community Diversity and Cheryl West-Hicks Inclusion diversity@strathconacommunity.ca

Gord Lacey safety@strathconacommunity.ca Community Wellness and

Board Development Maureen Duguay boarddev@strathconacommunity.ca

Community Hall Scott Wright

rentals@strathconacommunity.ca

780-439-1501

Website Manager Karen Rowswell

webmaster@strathconacommunity.ca

Information info@strathconacommunity.ca

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3 Community League website: www.strathconacommunity.ca

EFCL website: www.efcl.org

Community Leagues...where neighbours meet and great things happen!

Board meetings (virtual until further notice) are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information, e-mail president@strathconacommunity.ca

The Strathcona Centre Community League is on Facebook https://www.facebook.com/StrathconaCL/. Follow on Twitter @StrathconaCL Instagram @strathconaleague
The copy deadline for the February-March 2022 issue of Community League News South is

January 24, 2022. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by email at donnafong@shaw.ca

The board extends best wishes to all for a safe, active, and healthy holiday season, and a happy new year!

**Youth Hockey**The Strathcona Community League is pleased to offer rink time for youth hockey each Tuesday until the ice melts (weather permitting), 6:15-7:15 p.m. Learn some skills and play a game or two. Community league membership, helmet, skates, and stick are required. Only two households are allowed in the hall at a time so dress warm. We will have the firepit going so even if you are not playing, feel free to hang out and drink hot chocolate.

### SCCL Nights at Edmonton Ski Club

The Strathcona Centre Community League (SCCL) is partnering with the Edmonton Ski Club to support Edmonton's Food Bank.

Every Tuesday in February, SCCL members can bring an item to the Edmonton Ski Club, 9613 96 Avenue, and receive 15% off Tubing Tickets. Please go to https://www.edmontonskiclub.com/tubing

to pre-purchase your Tubing Tickets. Use PromoCode FOODBANK15.

Then don't forget to bring your donation to

We are also partnering on Lift Tickets and Full Rentals! Bring an item for the Food Bank to the Hill and receive 15% off!! Visit https://www. edmontonskiclub.com/tickets-passes to prepurchase:

Lift Tickets - PromoCode SCCLL15, include your Membership number in the Add a Note section.

Rentals – PromoCode SCCLR15, include your Membership number in the Add a Note section.

\*Excludes Carpet Tickets and any Lessons or Lesson Rental purchases

And even if you don't ski, you can still support the Food Bank by bringing donations to our Hall, 10139 87 Avenue, during the month of February.

Donations will be accepted during Youth Hockey (Tuesdays at 6:15 pm) and during all Hall Hours (4:00 – 8:00 p.m., subject to weather conditions).

### Strathcona Rink Schedule

### **SMALL RINK SKATING**

Mon to Fri 3:30-9:00 p.m. (Starts at 2:30 p.m. on Thursdays) Sat and Sun Noon to 9:00 p.m.

Noon-9:00 p.m.

### **HOCKEY RINK**

Hockey parent/children Mon, Wed 3:30-7:00 p.m. Tues 3:30-6:30 p.m. Thurs 2:30-7:30 p.m. Sat, Sun Noon-4:00 p.m.

**Fun Skate** 

(No sticks/pucks) Fri 3:30-5:30 p.m.

**Adult hockey** 

Mon, Wed, Sat, Sun 7:00-9:00 p.m.

**New! Youth hockey** Started February 1 Tues 6:15-7:15 p.m.

Open skate (sticks/puck OK)

Tues, Thurs 7:30-9:00 p.m. Fri 7:00-9:00 p.m.

Sat, Sun 4:00-7:00 p.m.

Hours are subject to change due to weather conditions and required maintenance.

Skaters are welcome on the ice prior to opening times if ice maintenance is not in progress. Shoveling may be required.

The building is open 4:00-8:00 p.m. Only two households are allowed inside at one time.

The rink will be closed when the temperature, including wind chill, is -23° C or colder.

A community league membership is required for skating.

Check here http://strathconacommunity.ca/ league/membership for membership information. For those skaters outside the community, a \$5/time or \$20/seasonal rink pass is required. The lights will be on from dusk to 9:00 p.m.

### **Hall Rentals**

The Strathcona Community League building is available to rent, subject to COVID-19 restrictions and the requirements of the Restrictions Exemption Program.

Main Hall (\$150 - \$400)

Capacity 105

Seats 60 to 80 depending on table arrange-

Amenities include hardwood floors, balcony, stage, bar, full kitchen, dishes and cutlery, tables and chairs.

Lounge (\$75 - \$260)

Capacity 60

Seats 30-35 depending on table arrangement

Amenities include a bar, fireplace, piano, tables and chairs.

Concession/Small Meeting Room (\$20 - \$75) Seats 8 to 10

Amenities include kitchen.

To check availability and for rate details, visit https://strathconacommunity.ca/facilities/hallrentals/

To make a booking or for more information contact Scott at rentals@strathconacommunity.ca or 780-439-1501.

A/V equipment available to rent. Community League members of at least 6 months receive a discount on rates.

Community Wellness and Safety
The Strathcona Community League created

the new board position, Director of Community Wellness and Safety, in the fall of 2021. The Director is an advocate for those aspects that make our neighbourhood welcoming, secure and desirable to residents and visitors. This includes attention given to matters of crime prevention, but also extends to other aspects of neighbourhood wellness such as accessibility, safety around roadways and care for our community's most vulnerable. Gord Lacey was elected for a



two-year term at the AGM of November 8th. He will be organizing a community walk (TBA) with Councillor Michael Janz. Gord can reached at safety@strathconacommunity.ca

**League Programs** 

The Strathcona Centre Community League (SCCL), located at 10139 – 87 Ave., Edmonton AB, has been operating as an in-scope facility under the Province of Alberta's Restrictions Exemption Program (REP) since September 20, 2021. Anyone (ages 12 years and over) entering the facility must provide proof of vaccination or proof of medical exemption until further notice. In addition to the provincial requirements anyone entering the facility must complete a waiver. The League appreciates your cooperation as we are doing our best to keep everyone safe and our hall open for programs, events, and activities.

The Strathcona Community League is pleased to offer the following indoor programs subject to the requirements of the Province of Alberta's Restrictions Exemption Program. Please register and pay at the league website. http:// strathconacommunity.ca/adult-programs

Updates and any new programs will be announced on the league website, social media, and members social list. If you have any questions, please contact Donna at programs@ strathconacommunity.ca.

### Flexibility, Mobility & Strength with Essentrics®

March 14 - April 25

6 classes

No class on Easter Monday, April 18

11:00 a.m. - 12 noon

2nd floor, Strathcona Community League hall

Full session: \$74.00

Single class fee: \$15.00 per class

Requirement: Valid Community League membership (any league).

Register and pay online https://strathconacommunity.ca/essentrics

Description: Essentrics is a fully body workout that rapidly tones and shapes your muscles through a dynamic combination of stretching and strengthening. The technique develops lean, strong and flexible muscles with immediate improvements to your posture and range of motion. Perfect for men and women of all fitness levels, this program rebalances the body, prevents and treats injuries and unlocks tight joints. With enjoyable music, this no impact, equipment free workout leaves you feeling energized, youthful and healthy.

Meaghan Hipkin is a Level 4 certified Essentrics instructor, retired athlete and artistic swimming coach who has been teaching since 2017. She is passionate about fitness and health and loves to witness the rewarding changes that the focused, effective mobility work of Essentrics creates within her students bodies. She enjoys working with individuals of all ages and endeavours to ensure that her students understand both the 'whys' and the 'hows' of every movement and series within this program.

For more information, contact Lynn Bohuch at essentricsworkoutswithlynn@gmail.com.

Gentle and Hatha Yoga with Corinne McNally

**Gentle Yoga** 

Mondays, March 7 – April 25

6 classes

No class on March 14 and Easter Monday, April 18

6:00 - 7:15 p.m.

2nd floor, Strathcona Community League hall

Full session: \$74.00

Single fee: \$15.00 per class

Hatha Flow Yoga

Thursdays, March 3 - April 28

8 classes

No class on March 10

9:30 – 10:45 a.m.

2nd floor, Strathcona Community League hall Full session: \$99.00

Single fee: \$15.00 per class Both classes: \$156.00

Requirement: Community League membership required (any league). Bring your own yoga mat and props.

Register and pay online: https://strathconacommunity.ca/gentle-yoga-and-hatha-yoga

Description: Yoga is a holistic practice that can open and strengthen your body, revitalize your energy, and bring peace to your mind. Gentle Yoga and Hatha Flow are taught by Certified Yoga Instructor Corinne McNally. These classes are perfect for both beginners and seasoned practitioners, and are taught in a friendly and supportive environment. Corinne lives in Old Strathcona and has been teaching yoga for over 16 years. https://www.lotusmoonyoga.ca If you have any questions, contact instructor Corinne McNally at corinne@lotusmoonyoga. ca, and copy programs@strathconacommu-

### nity.ca **Gentle Yoga**

Winter Session I continuing Mondays until February 25

6:00 - 7:15 p.m.

2nd floor, Strathcona Community League hall Single fee: \$15.00 per class

**Hatha Flow Yoga** 

Fall Session II continuing Thursdays until February 28

9:30 – 10:45 a.m.

2nd floor, Strathcona Community League hall Single fee: \$15.00 per class

Requirement: Community League membership required (any league). Bring your own yoga mat and props. To check for availability, contact Corinne McNally at corinne@lotusmoonyoga.ca

Register for single classes online: https:// strathconacommunity.ca/gentle-yoga-andhatha-yoga

### **Gentle Hatha Yoga with Laura Harvey**

Tuesdays, March 1 – April 12

7 classes

9:30 - 10:45 a.m.

2nd Floor, Strathcona Community League Hall Full session: \$87.00

Single (or multiples): \$15.00 per class

Requirements: Community league membership (any league). Bring your own yoga mat.

With a fusion of gentle hatha yoga, joyful exploration, and calming mindfulness meditation we will share a morning each week in a safe space. Give yourself a renewing shot of peace, clarity and body-release that will follow you throughout your week.

Register and pay online: https://strathconacommunity.ca/yoga-meditation

For more information regarding Laura's classes: https://www.insightfulconnection. com/yoga-meditation

Certified Yoga Instructor Laura Harvey has been teaching restorative, reflective and insightful yoga since 2002. In addition, Laura owns Insightful Connection (Mental Health Practitioner/Meditation Facilitator) and Inspired Mental Performance (guiding athletes to discover their full potential).

insightfulconnection.com

inspiredmentalperformance.com

### Paint Night, Anyone?

The Strathcona Community League would like to gauge interest for an Adult Paint Night event (TBD late spring) in the hall. Please email Donna at programs@strathconacommunity.ca We will collaborate with Start Me Up Music & Art to offer a 2-hour acrylic painting night by a local artist. All materials and painting equipment will be supplied. Laugh, paint, and take home your own piece of art. The cost will be \$40 per person.

### How to become a member?

The SCCL is working hard to make our community a great place to live so please help us out by purchasing your membership. Please visit the website https://strathconacommunity. ca/league/membership

Memberships are also available online through the EFCL at https://efcl.org/membership

(the EFCL charges a \$5 admin fee).

If you have any questions, email membership@strathconacommunity.ca, or leave a voice message at the hall at 780-439-1501.

### More about a membership

A membership year starts September 1st and ends August 31, and is for those living within our boundaries. The cost is:

Family \$20 – A family is any group residing in one household, acting as a family unit, with a maximum of two votes per household.

Single \$15

Senior \$5 An individual of 65 years or older. Student \$5

### Benefits of a Membership:

Why be a SCCL member? There are many reasons:

### Social Gatherings

Sign up for mailing list at the website https:// strathconacommunity.ca to keep up-to-date for social events at the hall or in the community. Pub nights are typically the third Friday of the month. Please check the calendar on

A voice on issues in our community (transportation, zoning, housing, etc.)

A connection to news and events in the community (e-mail list, website, newsletter, Facebook, Twitter, Instagram)

Social events like Winterfest, BBQs, Music Fest, Trivia Night, pub nights

Free skating at our two top-notch rinks

Free access to Community Swim Program at Bonnie Doon Leisure Centre

Up to 20% discount at City of Edmonton Recreation facilities (e.g., Kinsmen Sports Centre) Discount on tickets and tubing at the Edmonton Ski Club

### Discounts on hall rental

Children's soccer and skating

Access to Programs such as Essentrics, Yoga, and more

Free one-year Membership at the Edmonton **Tool Library** 

10% discount Pressd Sandwich Shop at Scona Market (10377 78 Ave)

Be a community league member and help make our community a better place to live.

the website to see whether if the pub night is proceeding. Any event is subject to cancellation due to the COVID-19 situation. For more information, contact Farhana Nurani, Social Director, at social@strathconacommunity.ca

Community League Swim Program



The Community Swim Program for Strathcona Community League members (free access) at Bonnie Doon Leisure Centre, 8648 81 Street, 5:00-7:00 pm, runs each Saturday until June 25. For free admission, swimmers need to show their 2021-2022 SCCL Membership Card (digital membership on phone). For info regarding the City of Edmonton Recreation and Pools entrance requirements, visit https:// www.edmonton.ca/activities-parks-recreation Please arrive early to allow time for staff to check documentation.

### **Civics and Planning Report**

The Strathcona Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. Derek Kaplan is the chair of the League's Civics and Planning Committee. When the City sends notices to the League announcing appeals to the Subdivision and Development Appeal Board (SDAB), or telling of rezoning applications, or outlining variances that are being requested by a property owner, the committee investigates. To learn more about issues and proposed development projects, please contact Derek at civics2@strathconacommunity.ca

### Free Outdoor River Valley Recreation

The City of Edmonton is offering free familyoriented programs at Victoria Park, Hawrelak Park, and Rundle Park during weekends in February and March. Join recreation leaders for a skate and hot chocolate and try one of the winter activities such as snow forts, snowshoeing or kick sledding.

### Fridays, 6:00-9:00 p.m

Saturdays and Sundays, 2:00-8:00 p.m.

### Victoria Park

Location: Site 4 Behind the Pavilion at the Skate Oval

**Hawrelak Park** 

Location: Site 5, between the Paddle boat rental Center and the Main Pavilion

Silver Skate Festival:1-5pm Snowshoes, Fort Building & Warming fire, Feb 12 & 13, Feb 19-21 (Family Day)

### **Rundle Park**

Location: Just outside the Family Centre, 2903 113 Avenue, on the North East corner of the Building.

Check the schedule here:

https://www.edmonton.ca/activities\_parks\_ recreation/courses-programs/river-valley-rec-



### **Edmonton Police Service**



The Edmonton Police Service (EPS) highly encourage citizens to report all suspicious activities and crimes as crime statistics will allow EPS to better allocate policing resources.

Citizens can report certain crimes online at the EPS website edmontonpolice. ca/reportacrimeonline

Reportable crimes include Damage/Mischief to Property, Damage/Mischief to Vehicle, Lost Property, Theft under \$5000, and Theft from Vehicle under \$5,000, and Theft under

\$5000.

If you have questions while entering your report, please call the online reporting help line at 780-391-6001. Please note that this number is only available from 6 a.m. to 7 p.m.

For other types of crimes, call 9-1-1 for an emergency or a crime in progress. For non-emergencies, please visit a police station, enter #377 from a mobile device or call 780-423-4567.

### **EPS Mobile App**

Access everything for the Edmonton Police Service in just a single app on your mobile device. And more!

Download for your iOS or Android device.

Stay connected: Easy access to EPS Facebook, Twit-YouTube, Instagram, and Pinterest accounts. Stay informed: Direct route to EPS media releases, alerts, and crime files.

Stay safe: Report a crime online, locate the station nearest you, and get through the stress of a collision with our handy collision



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# Argyll News

### Argyll Neighbourhood Babysitting

Argyll now has a babysitting "registry". Qualified local teens are ready to babysit kids within the neighbourhood. We are pleased to offer this service as a way for families & teens to connect. We are not responsible for matchmaking or interviewing.

A list of our qualified sitters can be acquired by sending an e-mail to: argyllsocial@gmail. com with your home address and e-mail address. If you know of any other sitters seeking work, please e-mail their contact information so they could be added to the list.

### Skating Rink

We have a snowbank rink again this winter. With proper weather conditions casual skating for families will be available through spring of 2022. Alberta Health restrictions allow 20-26 people to skate at the same time. There are no indoor restroom facilities available. Our rink is maintained by a small group of dedicated

volunteers and we hope you will help protect it from misuse or damage. Snow and debris from playing on the banks leaved behind a hazard for future skaters when the debris freezes into lumps which can trip a child.

Active games or hockey sticks are not permitted. Night skating is not allowed.

### **Argyll Community Centre**

Appointments are still required to enter the building. Our facility manager can be contacted if you have any questions at 780.466.8166 where you can leave a message.

We hope to be able to announce a resumption of full programming in the spring. We thank you for your understanding and patience and hope you are continuing to be safe.

### **Building repairs completed**

The extensive rebuilding of the storage area at the rear of the hall, along with renovations to the Lounge behind the kitchen area, has been completed. One or two smaller jobs are still to be done with regard to the loading doors, as well as the security system, but all the major

work has been inspected and approved for occupancy. It's been a long summer of rebuilding but we are very pleased with the quality of work and the budget was only slightly exceeded as a result of some discoveries when demolishing the previous walls.



### New Signage approved



As part of the continuing efforts to make our neighbourhood more attractive and functional (led by our volunteer John Henoch) the new design for signs within Argyll Streets has been accepted by the City of Edmonton. Although some of the requests we made to them were changed and adjusted to new rules and realities, we didn't previously know about, we've been approved to have new signs installed this spring.

During our efforts to get input from residents regarding our proposed designs a question arose about whether this affects homeowner taxes (much like the sidewalk improvements some years ago) and I can say it will not. This undertaking is paid for directly from our Casino revenue and shared with the City of Edmonton who provide the manufacturing and installation

Our design is on display at the hall (mounted in the front window doorway).

### **Argyll Online**

As always, our Facebook Page and Web Site have the most current information. Check-in weekly to see what's changed. Send us things you think the community might be interested in. A Calendar section has been added to the web site which allows residents and board members to know what available rooms and times might be found for meetings and for resi-

dents considering a rental can see what open days and weekends are showing. Look for it the next time you visit our site.

Our web site address is: www.argyllcl.ab.ca If you wish to be added to our EVENTS e-mail distribution list get your name into argyll.social@gmail.com.



# Estate Income Tax Preparation & Planning

Estate Tax Returns frequently have optional returns and credits which may result in substantial tax savings.

With numerous years of experience specializing in Estate and Personal Income Tax returns, Lorn Stanners, CPA, CMA, can guide you through the process and lend his expertise in the following areas: Business Succession Planning, Trust and Estate Taxation, Estate Plans, Deceased Taxpayers Tax Filings, Post Mortem Tax and Estate Planning.



Contact Information: Lorn Stanners, CPA, CMA Email: lorn@yateswhitaker.ca Phone: 780,413,7211

#300, 10328 81 Ave NW Edmonton, AB T6E 1X2 P 780.413.7211 F 780.413.7226

### Three Estate Tax Fallacies

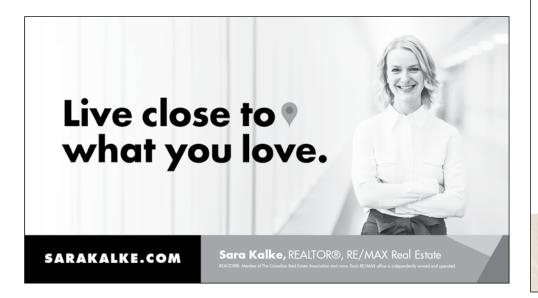
Canada does not have death, estate, inheritance or gift taxes.

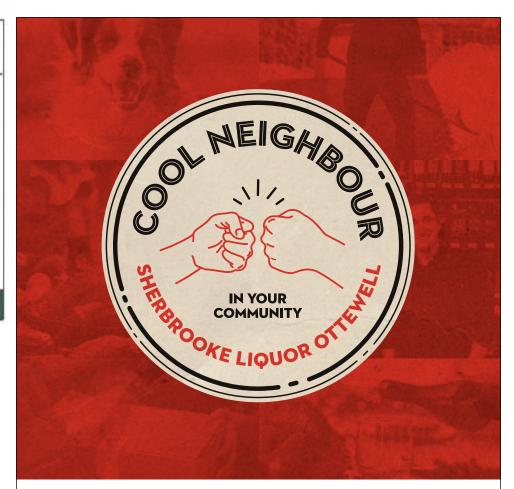
- 1. On death, Canada Revenue Agency deems all of your assets were sold, at fair market value, immediately prior to death. Any taxable assets are included, as if sold, on your final tax return.
- 2. If you have a surviving spouse or common-law partner, your assets may be rolled over to them, income tax deferred. Some assets qualify for special elections reducing or eliminating income taxes including: Exemptions for **Principal Residences and Capital Gains** for qualified small business, farms or fishing property.

3. Beneficiaries do not pay taxes on assets inherited. Taxes are paid by the estate.

Capital gains are not taxed at 50%, rather 50% of the actual capital gain which is added to taxable income. E.g., capital gain of \$100,000 only \$50,000 is added to your income. The income tax is based on your personal graduated income tax rates.

For a free copy of an Executor's Guide, outlining what to do and expect email Lorn.Stanners@YatesWhitaker.ca





### PRO TIPS FOR BEING A

# NEIGHBOUR



1. Introduce yourself! If you can't name your neighbours, you've got some work to do. Knowing who you live next to is a great way to build a strong community.



2. Go past the line. Being a cool neighbour means shovelling an extra few feet past your property line. It shows that you're open to getting neighbourly.



3. Find out your neighbour's favourite beverage. That way, you can stock up at Sherbrooke before inviting them over



4. Host a backyard fire. A family-friendly backyard fire is a great way to connect with your neighbours no matter the time of year. BYOWeiner.



5. Knowing your four-legged neighbours by name is a great neighbour flex. You can even bring them an owner-approved treat-it's the leashed you could do!



6. Show off your neighbourly spirit by offering to keep an eye out for packages and bring in the mail when your next-door pal is away on holiday.

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# Ritchie News

Connect with Ritchie Community League
7727 98 Street | Edmonton, AB | 76E 5C9 | 780-433-7137 | inquiries@ritchie-league.com The land on which we live, work and play as the Ritchie Community League is stolen land. Throughout 2022, RCL's centennial year, the league commits to learning more about its history in order to adapt the land acknowledgement it has been using up until this point:

The Ritchie Community League respectfully acknowledges that the land on which we gather is Treaty 6 territory and Metis Nation of Alberta Region 4. This land has been a traditional meeting ground for many Indigenous peoples. The territory on which Ritchie now stands has provided a travelling route and a home to the Cree, Blackfoot, Saulteaux, Més and other Indigenous peoples.

### **BOARD**

President: Avnish Nanda (president@ritchie-league.com)

Vice-president: Maureen Ö'Neil (vice-president@ritchie-league.com)

Secretary: Erin Fraser (secretary@ritchie-league.com) Treasurer: Nigel Greenways (treasurer@ritchie-league.com)

Casino & Fundraising Director: David Woo

Civics Director: Seghan MacDonald (civics@ritchie-league.com)

Communications Director: dallas Bartel (communications@ritchie-league.com)

Community Engagement Directors: Kyle Kasawski (community-engagement@ritchie-

league.com)

Events Director: Jenny Albers (events@ritchie-league.com)

Facilities Director: Ed Retzer

Green Initiatives Director: Ash Davidson (environment@ritchie-league.com) Hall Revitalization Director: Jeff Ollis (hall-revitalization@ritchie-league.com)

Membership & Volunteer Director: Brent Constantine (volunteers@ritchie-league.com)

Past President: Cecilia Oteiza Ayres (past-president@ritchie-league.com) Programs Director: Dee Godbout (programs@ritchie-league.com)

Rink Director: Leonard Wampler

Soccer Director: INSERT YOUR NAME HERE

Director-at-large: Jenet Dooley Director-at-large: Calla Knudson Director-at-large: Ian McKellar Director-at-large: Eric Timmer Director-at-large: Peter Willetts

### MONTHLY MEETINGS

Board meetings are 7 p.m. on the first Thursday of every month. They will be held inperson as health restrictions allow, via Zoom otherwise. The AGM is typically held in May.

Newsletter: Keri Walmsley (newsletter@ritchie-league.com) Hall Manager: Jaclyn Segal (inquiries@ritchie-league.com)

Website: www.ritchie-league.com

Facebook: facebook.com/WelcometoRitchie

Twitter: @RitchieYeg Instagram: ritchie\_league

### Ritchie's reconciliation work

Ritchie Community League has, in recent years, acknowledged that the land on which we live is Treaty 6 territory and Metis Nation of Alberta Region 4, without reflecting closely on what this statement really means. Now, in its centennial year, the league commits to doing just that...and adapting our land acknowledgement with what we learn.

This process will play out in our A Little Bit

Ritchie podcast, with its focus on Ritchie's history. But other work will inform it as well. Join us on this journey to explore what the land means to our community and how the league may create a future that assists in undoing the processes of colonization. Contact Seghan to join the land acknowledgement committee. It meets every second Thursday. E-mail: civics@ritchie-league. com or call the hall at 780-433-7137.

### A lit'l bit of Ritchie to own

Show your Ritchie pride with an enamel pin of our original logo. Only \$12 each. Available on our online store at www.ritchie-league.com or call the hall 780-433-7137.

### Rally to the rink

Deep freeze. Spring thaw. Snow. Rain. Repeat. It's not easy keeping our rink operational. But thanks to volunteers Len and Andy our patch of purpose-built ice is providing a much-needed space for fun and fitness through these dark winter, COVID-filled months.

Thanks guys!

Len and Andy can always use a hand after a snowfall. Even a relatively modest accumulation takes hours of shovelling. We'll put the call out for help on social media...or just head over after a snow.

### No Ritchie soccer?

It's a real possibility!

Registration for outdoor soccer has already begun, but without a soccer director on the league board, players from Ritchie will be placed on teams from beyond our neighbourhood.

A knowledge of soccer is incidental to the role, which primarily involves liaising with the Edmonton Minor Soccer Association, assigning registered players and volunteer coaches to teams (U5 - U19), signing in and out equipment and our new-in-2019 jerseys, and ensuring playing fields are lined before games.

If you can help with one or all of the duties listed above, contact Avnish, RCL president: president@ritchie-league.com or call the hall at 780-433-7137.

Teams are determined in April with play set to begin May 1.

Register for soccer online at https://emsasoutheast.com/coachref/outdoor-season-information or call EMSA Southeast at 780-469-

### Ritchie Crew Discount card getting a refresh

If you are a Ritchie Crew subscriber, you know the value of the Ritchie Discount card.

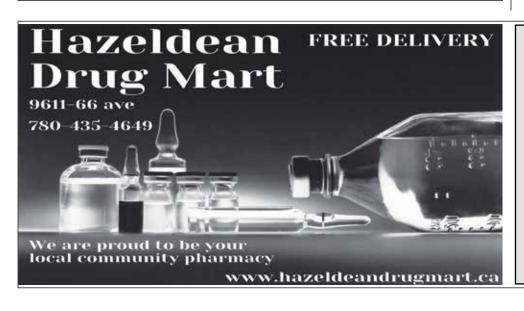
Businesses like ACME Meat Market, Kind Ice Cream, Longroof Brewing Co. and many more will reward your support-local ethos with special pricing even though the date on the card is, well, dated. (We'll be getting you "2022" stickers to update them soon!)

If you don't have a Ritchie Discount card, you can get one by upgrading your Ritchie mem-

bership to a Ritchie Crew subscription for a little as \$7/month. A subscription is an innovative way to contribute monthly to the league's essential programs.

Each tier offers special something or two, like a Craft Beer of the Month or a free hall rental. All include the Discount Card as well as next year's league membership.

Subscribe online at www.ritchie-league.com or call the hall at 780-433-7137.





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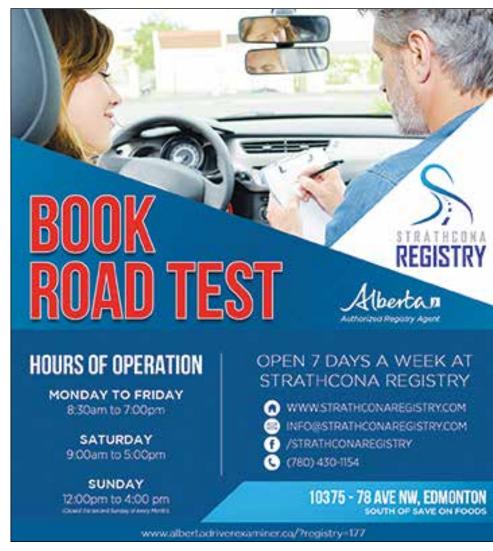
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### Podcast recap, Episode 1:

A Little Bit Ritchie: 'Somethin' About Begin-

(What follows is an abridged version of the transcript. The full text is available on our website at www.ritchie-league.com. You can also listen to the podcast and find detailed show notes and references. Subscribe to the podcast on your favourite podcatcher and don't forget to rate and review!)



Photo caption: Ritchie family in Perth, Ontario, 1889, before moving to Strathcona in 1892. Image courtesy of David McDonald

Robert Ritchie

Our neighbourhood's namesake arrived from Ontario in 1892 with his wife and seven children, settling onto a large estate on Saskatch-

A year later, he opened Ritchie Flour Mill using cutting edge technology: steel rollers instead of stone wheels, producing flour that made bread "better than Ogilvie's best," according to the Edmonton Bulletin. The mill was declared a

Heather

**McPherson** 

**Member of Parliament** 

**Edmonton Strathcona** 

provincial historic resource in 1979.

Ritchie wore many hats besides businessman. He was treasurer of Strathcona Radial Tramway Company, a shareholder in the North West Oil and Gas Company and a member of the Strathcona Board of Trade, which pushed for the High-Level Railway in the early 1910s.

He was also deeply involved in local politics, serving as a trustee on the Strathcona School Board, justice of the peace, alderman and mayor of Strathcona (1900-1).

His legacy includes the Chapman Bros. building on Whyte Avenue which now houses Famoso. Another registered historic resource, it has been restored to its original 1907 architecture and colour.

Ritchie died in 1932 and is buried in Mount Pleasant Cemetery, once called "Ritchie Cemetery." He had purchased the land for this purpose at the Papaschase Reserve Auction for \$4.05/acre.



Photo caption: Ritchie flour mill, 1912. Courtesy of the University of Calgary.

Food politics

Ritchie Mill was a small cog in a much larger system of colonial control of Indigenous peo-

In the 1870s, the bison herds that had provided the Indigenous peoples of the plains with all the necessities of life collapsed due to disease, depleted habitat and gross over-hunting from settlers.

Chief Wikaskokiseyin (or Sweetgrass) saw his peoples' hardship and signed Treaty 6 in 1876 to prevent his community from starving.

And so flour and other measures were provided, but only to those Nations who would sign treaties.

Then the Dominion government established the Home Farm Program in 1879, using Ontario farmers to teach Natives on reserves. It was abandoned in 1884 when these model eastern farmers could not produce enough food to support themselves let alone the people around them.

During this time, in the summer of 1881, people living on reserves were forbidden by the Department of Indian Affairs to purchase, barter or trade for any food products grown elsewhere in an attempt to encourage local in-

Coinciding with the start of the Home Farm Program was another initiative: the establishment of a cattle industry. Livestock brought more disease and competition for grazing land to the dwindling bison herds. By 1888, the traditional resource of the Indigneous was gone and famine continued, even on governmentassisted reserves.



Photo caption: Immigration hall, ca. 1915-1918. Courtesy of the University of Calgary.

School at the centre

How and when our neighbourhood adopted Robert Ritchie's name for itself is undiscovered, but here's what we do know:

In 1906, three named subdivisions of the Town of Strathcona encompassed much of the modern neighbourhood of Ritchie: Richmond Park, Irvine and Brackman Ker

Over time, Richmond Park absorbed the other two. Its Immigration Hall on 80th Avenue and 100th Street made it a hub for German settlers such that by 1911, German-speaking residents made up one-fifth of the area's population.

That same year, more than 1,200 students enrolled in public school—almost a 40 per cent increase from the year before.

A new school was needed and in 1913 Ritchie School opened at 9750-74 Avenue, quickly becoming a reference point for the area, now part of Edmonton (Strathcona and Edmonton amalgamated in 1912).

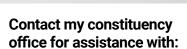
During the First World War, potatoes were grown in the school's playing fields, and William Schmidt, the school's first janitor who spent his nights stoking the coal fire to keep the massive 3-story brick structure warm, was forced to resign due to his German ancestry.

By 2008, only 89 students were enrolled and the Edmonton Public School Board voted to close the by-now extensively renovated and added-to structure.

The Francophone School Board renamed it éole Joseph Moreau and filled its halls from 2009 until 2020, while a new replacement school was built next to it. Old Ritchie was demolished in May 2020.

(A Little Bit Ritchie is brought to you by Erin Fraser, Seghan MacDonald, Linnea Bell, Lydia Neufeld and Elyse Colville with the support of the Edmonton Heritage Council and the City of Edmonton.

In Episode 2, coming soon, we talk about the people and the events that made the neighbourhood what it is today, and the role and formation of community leagues.)



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### Ritchie Güd Box dates

I love the fresh veggies the Ge Box delivers every second week to Ritchie Hall. Each time I've remembered to place my order, I've been impressed by the amount I get for what I have spent, and I have no trouble using what's provided. The trouble is, I forget! I forget to order in time or I forget to pick up in time. Clearly, I can-

not have enough calendar entries, sticky notes, strings on fingers, electronic notifications... If you are like me, here's one more reminder:

Order by noon Mondays: Feb. 7, Feb. 21, March 7. March 21, April 4

Pickup 2 - 7 p.m. Mondays: Feb 14, Feb. 28, March 14, March 28, April 11

Garden plans sprout Starting in March, the West Ritchie Community Garden will be accepting applications for garden boxes.

Folks can follow us on Instagram @wes-

tritchiecg for more updates or join the garden e-mail list by contacting Ash, RCL environment director. E-mail: environment@ritchie-league. com or call the hall at 780-433-7137.

### **Board adds three directors**

Welcome Jenny Albers, Eric Timmer and Calla Knudson. Each has volunteered to serve on the RCL board to make our neighbourhood a more

welcoming place for all who call it home. Jenny takes on the role of event director, while Eric and Calla will serve as directors at large.

### RCL Book Club

Meets every two months (online) to discuss new Canadian writing. The most recent title is Gutter Child by Jael Richardson E-mail host Erin at eefraser@ualberta.ca for the next title and meeting details.



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### RCL Dance

Kids Danse: Sunday mornings until March 20: classes for ages 3 - 5, ages 6 - 8 or ages 9 - 12. Parent - Child Dance: Wednesday mornings until April 20. No classes Feb. 2 & 16 and March 2 & 16.

Costs range from \$9.5 per class if you sign up for the full session to \$15 per class for dropin. Pre-registration required for all participants. E-mail Isabelle: irousseau.moveandbemoved@ gmail.com or call the hall at 780-433-7137.



### Thanks ACME Meats for 100 years of service

Throughout our centennial year, we will highlight community partners.

This month, we want to express our support for ACME Meat Market, a high-quality butchery with an emphasis on personalized service, compliments of the Meyer family!

The Meyers are committed to providing us with premium, local meats from dry-aged steak to sausage to free-range chicken from their location in Ritchie Market.

Members of the Ritchie Crew subscription service receive 10 per cent off.

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### **RCL Fit for Life**

Fit for Life is low-impact exercise for every body set to a playlist of oldies. Meets Mondays 10 - 11 a.m. E-mail Barb for more information: brhealthy@shaw.ca or call the hall at 780-433-7137.

### **Community swim**

If you have a current RCL membership (August 2021/22), you have free access to the Commonwealth Recreation Centre, including the pool on Saturdays 1 - 3 p.m. and Sundays

City of Edmonton COVID precautions require everyone 12 and over to provide a QR code proof of vaccination, or proof of negative PCR

test; masks are mandatory indoors (except in the pool); food and drink is restricted to designated areas (but water/sports drinks can be consumed in areas of physical activity for hy-

# Flying Canoë needs your help

Flying Canoé/olant / Pimihé waskwayéis is an outdoor winter celebration of Francophone, Mé tis and Indigenous cultures in our very own Mill Creek Ravine March 1 - 5.

Volunteers are critical to its success and there are many roles to play, including helping with the Canoe Races, which return to Edmonton Ski Club this year! Learn more on the festival

website: www.flyingcanoevolant.ca or leave a message for a callback from Festival Volunteer Coordinator Zinnya at 780-463-1144.

Volunteers must provide proof of full vaccination. Adults and youth 12 -17 are welcome to help out.

### RCL Bridge

**Every Friday** 

Doors open at 11 a.m. Games start at noon. Cost: \$3.

Contact Stella 780-504-3972; sbgal@shaw.ca or Dawn 780-705-8950.

COVID protocols: proof of vaccination, masks, frequent hand sanitizing. No food or drink.

### Casino set for June

We have a casino this year!

We'll be raising much needed money for our essential programs and a new hall June 14 and 15 at the Argyll Casino.

Save the date. Dave, our RCL casino and fundraising director, will be signing up volunteers

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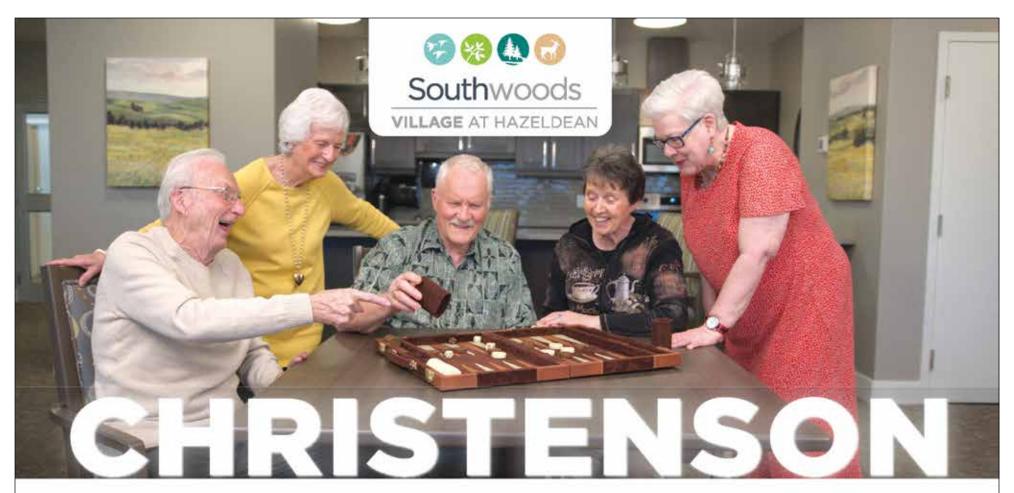
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