

COMMUNITY LEAGUE NEWS SOUTH

Serving the community leagues of
Argyll, Hazeldean, Ritchie and Strathcona.



June/July 2022

Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com

Strathcona Spotlight on Green Initiatives

June Bike Challenge

It's Biking Season! The inter-league challenge coordinated by the Ritchie Community League is simple: ride the most kilometres in the month of June! May the league with the most active members get the glory!

Download the Strava app onto your mobile device and join the Strava club: Strathcona Community League June 2022 Bike Challenge. Record your progress between June 1 and June 30. You can also email your weekly mileage to Darcy at green@strathconacommunity.ca. Every individual count, so if you take your kids out on a ride, you can record

their kilometres too!

Thanks to Bike Edmonton and our volunteer mechanics on Bike Day (June 5). Edmonton Police Service registered bikes on Bike Index, an online service which can aid in the recovery of a stolen bike. To learn more about the Bike Index, visit

<https://www.edmontonpolice.ca/CrimePrevention/HomePropertySafety/ProtectYourProperty/BikeIndex>

Mill Creek Ravine Cleanup

Thanks to Darcy Stevens and Joscelyn Proby for coordinating this year's cleanup of Mill Creek Ravine North on May 28th. It was great

to see Edmonton-Strathcona MP Heather McPherson, former MP Linda Duncan, Strathcona Community League members, and other community residents who filled countless garbage bags with litter on and off the trails, and reported camps and hazardous litter to 311.

Community Big Bin Event

The annual Big Bin event will be held on Saturday, July 23rd, in the parking lot of the Strathcona Community League. Members may dispose of unwanted and household items that are too large for regular waste collection. For more information, contact green@strathconacommunity.ca

Community Yard Sale in Argyll

Saturday June 11, 9:00 AM - 3:00 PM

Last years' event was a huge success; reconnecting with neighbours, clearing out our houses, and eating popsicles, many folks said this should be an annual event. So here we go, again.

If you were thinking of having your own garage sale, or have some homemade wares to sell, let's do it



on one coordinated day to maximize everyone's time and effort. We'll

take care of the advertising. You set up your front yard sale on Saturday June 11. If you're not running your own sale, then you might get out and walk the neighbourhood to snag some goodies. We're plan to have some fun extras happening that day as well.

To add your address to the community yard sale map, please email: argyllsocial@gmail.com

Green Shack in Argyll this summer

Argyll, once again, will have a Green Shack at the playground for young people to have supervised play and coordinated activities during "office hours" of the shack staff. Argyll, and other community leagues, pays for this service so we hope it will be well attended again this year. The program time will be 10:30 AM - 1:30 PM weekdays. Bad weather may mean a shack closure early or all day.

Ritchie Green Shacks

Green Shack playground programs are back, starting July 4. At Ritchie Park, playground activities will be organized and supervised Monday to Friday, 10:30 a.m. to 1:30 p.m. An average minimum five participants per hour for the next two summers (2022 and 2023) is needed to keep the program in your community going forward.

JUNE 2022

COMMUNITY LEAGUE BIKE CHALLENGE

OUR LEAGUE WIDE CHALLENGE IS BACK

RECORD YOUR PROGRESS BETWEEN JUNE 1-30 2022

WHO WILL WIN?

JOIN OUR LEAGUE'S **STRAVA CLUB**
'RITCHIE UNITED'
OR EMAIL YOUR WEEKLY TOTALS*
KIDS COUNT TOO!

*MORE INFO, CONTACTS AND QUESTIONS:
ritchie-united@ritchie-league.com

RITCHIE COMMUNITY LEAGUE

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#220, 8723 - 82 Avenue

Edmonton, Alberta T6C 0Y9

Strathcona Centre News

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3

website: www.strathconacommunity.ca

STRATHCONA CENTRE COMMUNITY LEAGUE EXECUTIVE & COMMITTEE CHAIRS

President	Nathan Carroll president@strathconacommunity.ca
Past President	Delianne Meenhorst pastpresident@strathconacommunity.ca
Vice-President	Sally Hammell vicepresident@strathconacommunity.ca
Treasurer	John de Haan treasurer@strathconacommunity.ca
Secretary	Katie Krause secretary@strathconacommunity.ca
Membership	Bernie Roessler membership@strathconacommunity.ca
Communication Chair	VACANT communication@strathconacommunity.ca
Programs Chair	Donna Fong programs@strathconacommunity.ca
Social Chair	Farhana Nurani social@strathconacommunity.ca
Soccer Co-Chairs	Jenn Costigan Cheryl West-Hicks soccer@strathconacommunity.ca
Civics Chair	Derek Kaplan civics2@strathconacommunity.ca
Building and Grounds	Landon Schedler grounds@strathconacommunity.ca
Green Initiatives Co-chairs	Darcy Stevens Jason Unger green@strathconacommunity.ca
Community Garden Chair	Daniel Auger garden_co@strathconacommunity.ca
Hall Use Committee	Jeanie McDonnell hall@strathconacommunity.ca
Community Diversity and Inclusion	Cheryl West-Hicks diversity@strathconacommunity.ca
Community Wellness and Safety	Gord Lacey safety@strathconacommunity.ca
Board Development	Maureen Duguay boarddev@strathconacommunity.ca
Community Hall	Scott Wright rentals@strathconacommunity.ca 780-439-1501
Information	info@strathconacommunity.ca

Address: 10139 – 87 Avenue, Edmonton, Alberta T6E 2P3
Community League website: www.strathconacommunity.ca
EFCL website: www.efcl.org

Community Leagues...where neighbours meet and great things happen!

Board meetings (virtual until further notice) are held on the second Monday of each month, September to June, at 7:00 p.m. All community league members are welcome to attend. For more information, e-mail president@strathconacommunity.ca

The Strathcona Centre Community League is on Facebook <https://www.facebook.com/StrathconaCL/>. Follow on Twitter @StrathconaCL Instagram @strathconaleague

The copy deadline for the August-September 2022 issue of Community League News South is August 1, 2022. Please contact Donna Fong, Newsletter Editor, at 780-433-5702, or by e-mail at donnaafong@shaw.ca

Supporting Inclusion and Diversity in Strathcona

Thursday, June 16
7:00-9:00 p.m.

League hall

To celebrate both East-Asian writers and the LGBTQ+ community, the Strathcona Centre Community League (SCCL) is hosting a Book Club event with the YA award-winning title Patron Saints of Nothing by Randy Ribay. If you

have a teen/tween in your family, consider making this a family event.

Contact Cheryl West-Hicks, Director, at diversity@strathconacommunity.ca to join and borrow one of the 14 copies that SCCL Book Club has available. If you prefer to purchase your copy, Glass Bookshop <https://glassbookshop.com> offers a 15% discount with the code bookclub15.

League Programs

Fitness programs will continue until the end of June before a summer break. If you are interested in trying a single class, you may register and pay either by credit card or debit at the league website <https://strathconacommunity.ca>. Updates and new programs will be announced on the league website, social media, and members social list.

Flexibility, Mobility & Strength with Essentrics® with Lynn Bohuch

Mondays

June 6, 13, 20, 27

11:00 – 12 noon

2nd floor, Strathcona Community League hall
Single class (or multiples): \$15.00

Requirement: Valid Community League membership (any league).

This class is a full body workout that rapidly changes the shape of your body through a dynamic combination of strengthening & stretching. The technique develops lean, strong and flexible muscles with immediate changes to your posture. Perfect for men and women of all fitness levels, this program rebalances the body, prevents and treats injuries and unlocks tight joints. With enjoyable music, this no impact, equipment free workout leaves you feeling energized, youthful and healthy.

With a passion for all things 'health and fitness', Lynn Bohuch has 35+ years teaching group fitness including aqua fitness to participants both young and old. Lynn discovered the Essentrics® program in 2018 and knew right away she had found something outstanding. Within a short amount of time, she experienced impressive benefits as she studied Essentrics® (herself, suffering with osteoarthritis and spinal stenosis and residual effects of years of repetitive movements). Lynn was anxious to share it with others, especially older adults and her beloved seniors groups. Essentrics® is scientifically designed to benefit anyone at any age and any stage of life with strength, mobility, balance and full range of motion.

Lynn is a Certified Level 3 Essentrics® Instructor and also certified with AFLCA. She currently teaches for the City of Edmonton, County of Strathcona, private studios, private groups along with virtual classes. For more information, contact Lynn Bohuch at essentrics-workoutwithlynn@gmail.com

Gentle Yoga with Corinne McNally

June 6, 13, 20, 27

6:00 – 7:15 p.m.

2nd floor, Strathcona Community League hall
Single fee: \$15.00 per class

Requirements: Community league membership (any league). Bring your own yoga mat and props.

Register and pay online.

Description: Yoga is a holistic practice that can open and strengthen your body, revitalize your energy, and bring peace to your mind. Gentle Yoga and Hatha Flow are taught by Certified Yoga Instructor Corinne McNally. These classes are perfect for both beginners and seasoned practitioners, and are taught in a friendly and supportive environment. Corinne lives in Old Strathcona and has been teaching yoga for over 16 years. <https://www.lotusmoonyoga.ca> If you have any questions, contact instructor Corinne McNally at corinne@lotusmoonyoga.ca

Gentle Hatha Yoga with Laura Harvey

Tuesdays

June 7, 14, 21, 28

9:30 – 10:45 a.m.

Single class (or multiples): \$15.00

Requirements: Community league membership (any league). Bring your own yoga mat.

Register and pay online.

Join Certified Yoga Instructor Laura Harvey for Gentle Hatha Yoga. This class fuses a unique blend of sustained poses with dynamic flow, joyful exploration, and calming mindfulness meditation. Classes focus on releasing tension, connecting with the breath, developing strength, flexibility, bodily relaxation, and mental concentration. Mindfulness, and awareness of breath and body are integral parts of all classes. Ultimately, students experience 75 minutes of self care – a delicious way to relax and release!

Laura Harvey has been teaching yoga and mindfulness meditation since 2002. She completed her 200-hour teacher training at the International Sivananda Yoga Vedanta Centre. In addition to teaching studio classes, Laura offers private sessions for individuals and small groups. She also works with individuals as a Transformative Wellness Coach and a Mental Performance Coach for Athletes.

For more information, contact Laura at coachlharvey@gmail.com

Seeking Volunteers for Strathcona Playgroup

Strathcona Community League needs volunteers to help restart our playgroup in September. The playgroup provides a safe and happy environment for babies, children, and caregivers to meet, socialize and have fun. Consider

becoming a volunteer to help open and close the hall for the playgroup this fall. Days and times are under review for this programming refresh, so please contact Donna at programs@strathconacommunity.ca for details.

Outdoor Soccer

A total of 76 players registered for outdoor soccer (3 U5 mixed teams, 2 U7 mixed teams, 1 U9 boys team, 1 U9 girls team, U11 and up were transferred to other communities). Scott Wright, Hall Manager, and two volunteers did a great job of lining the soccer fields. All games

have a referee paid directly from Edmonton South East Soccer Association.

Three community members stepped up to organize Funball for 30 kids aged 2-3 years old. The popular program runs until June 15 in the league's rink area.

Sunny Strathcona: Solar PV System is up and running

The Strathcona Community League is pleased to announce that our 31kW solar array on our building is now producing electricity. As we enter summer, the League is looking forward to the clear days, where free photons provide the League with energy.

We want to celebrate with you and encourage everyone who is able to consider a micro-generation system on their building. Visit our website to track our solar production and to get insight about how much energy one can produce. At the time of writing (May 25), the panels had generated 10.73 MWh reflecting an offsetting of 7.89 tonnes of carbon. (The en-

vironmental benefit is "calculated by the Universal conversion ratio formula. They include; Gasoline Offset, Equivalent Trees Planted, Reduced Carbon dioxide.") The system was made possible by a grant through the Alberta Municipal Solar Program.

We look forward to looking for future opportunities to save money and mitigate climate emissions as a League, and we hope that our work inspires others to take steps to address climate change. If you are interested in how the system is working on a given day, we have a direct link to the hall's production at <https://strathconacommunity.ca/solar-production/>.

Urban Poling

Thanks to nine community members who joined instructor Melanie Kidder for the Strathcona Community League urban poling workshop and walk on May 15th.

Are you interested in starting a walking group in Strathcona? Please contact

Donna at programs@strathconacommunity.ca

Community League Swim Program

The Community Swim Program for Strathcona Community League members (free access) at Bonnie Doon Leisure Centre, 8648 81 Street, 5:00-7:00 pm, runs each Saturday

until June 25. For free admission, swimmers need to show their 2021-2022 SCCL Membership Card (digital membership on phone).

Summer Green Shack Program

July 4 - August 25

Monday-Friday

2:30 - 5:30 p.m.

Strathcona Community League

Next to the spray park

10139 87 Avenue

This FREE drop-in program is targeted for children aged 6-12, but all children accompanied by an adult are welcome to attend. Get active and

join in on games, sport, crafts, music, drama and special events with the City of Edmonton's Summer Green Shack Program. Program Leaders have completed a security clearance process, are trained in first aid, and are certified specialists in fun! Programming is still available on rainy days but may be cancelled during severe weather. For more information, please visit Edmonton.ca/Greenschacks or call 311.

How to become a member?

The SCCL is working hard to make our community a great place to live so please help us out by purchasing your membership. Please visit the website <https://strathconacommunity.ca/league/membership>

Memberships are also available online through the EFCL at <https://efcl.org/membership> (the EFCL charges a \$5 admin fee).

If you have any questions, email membership@strathconacommunity.ca, or leave a voice message at the hall at 780-439-1501.

More about a membership

A membership year starts September 1st and ends August 31, and is for those living within our boundaries. The cost is:

Family \$20 - A family is any group residing in one household, acting as a family unit, with a maximum of two votes per household.

Single \$15

Senior \$5 An individual of 65 years or older.

Student \$5

Benefits of a Membership:

Why be a SCCL member? There are many reasons:

A voice on issues in our community (transportation, zoning, housing, etc.)

A connection to news and events in the community (e-mail list, website, newsletter, Facebook, Twitter, Instagram)

Social events like Winterfest, BBQs, Music Fest, Trivia Night, pub nights

Free skating at our two top-notch rinks

Free access to Community Swim Program at Bonnie Doon Leisure Centre

Up to 20% discount at City of Edmonton Recreation facilities (e.g., Kinsmen Sports Centre)

Discount on tickets and tubing at the Edmonton Ski Club

Discounts on hall rental

Children's soccer and skating

Access to Programs such as Essentrics, Yoga, Art, and more

Free one-year Membership at the Edmonton Tool Library

10% discount Pressd Sandwich Shop at Sco-na Market (10377 78 Ave)

Be a community league member and help make our community a better place to live.

Civics and Planning Report

The Strathcona Community League maintains a database of building developments, planning and transportation issues, urban design projects, and community initiatives. Derek Kaplan is the chair of the League's Civics and Planning Committee. When the City sends notices to the League announcing appeals to the

Subdivision and Development Appeal Board (SDAB), or telling of rezoning applications, or outlining variances that are being requested by a property owner, the committee investigates. To learn more about issues and proposed development projects, please contact Derek at civics2@strathconacommunity.ca

Hall Rentals

Main Hall (\$150 - \$400)

Capacity 105

Seats 60 to 80 depending on table arrangement

Amenities include hardwood floors, balcony, stage, bar, full kitchen, dishes and cutlery, tables and chairs.

Lounge (\$75 - \$260)

Capacity 60

Seats 30-35 depending on table arrangement

Amenities include a bar, fireplace, piano, tables and chairs.

Concession/Small Meeting Room (\$20 - \$75)

Seats 8 to 10

Amenities include kitchen.

To check availability and for rate details, visit the website.

To make a booking or for more information contact Scott at rentals@strathconacommunity.ca or 780-439-1501.

A/V equipment available to rent. Community League members of at least 6 months receive a discount on rates.

Community Wellness and Safety

The Strathcona Community League created the new board position, Director of Community Wellness and Safety, in the fall of 2021. The Director is an advocate for those aspects that make our neighbourhood welcoming, secure and desirable to residents and visitors. This includes attention given to matters of crime prevention, but also extends to other aspects of neighbourhood wellness such as

accessibility, safety around roadways and care for our community's most vulnerable. The Director attends monthly meetings of the Old Strathcona Area Community Council including our league, the Edmonton Public Library, Edmonton Police Service, Old Strathcona Business Association, YESS, and others. Director Gord Lacey can be reached at safety@strathconacommunity.ca

Social Gatherings

Sign up for mailing list at the website <https://strathconacommunity.ca> to keep up-to-date for social events at the hall or in the community. For more information, contact Farhana Nurani, Social Director, at social@strathconacommunity.ca

Pub Nights are open to Strathcona Community League members and invited guests. Beer and wine available for purchase. Memberships

are available online at strathconacommunity.ca/membership or at the event (cash or credit/debit).

Friday, June 17th - Beer Tasting

8:00 p.m.

Lounge - upstairs, use south door

After the summer break, pub night will return in September. If you have any questions, contact Jeanie at hall@strathconacommunity.ca

Outdoor Pools

The outdoor pool season begins July 1st when Queen Elizabeth, Oliver, and Fred Broadstock outdoor pools and Borden Natural Swimming Pool will be open. Mill Creek Outdoor Pool will remain closed due to ongoing rehabilitation.

Visitors to outdoor pools are asked to book a time slot at Move Learn Play on the City of Edmonton's website <https://movelearnplay.edmonton.ca> to ensure they can access the pool when they arrive. Access to outdoor pools is free for youth 12 years and under.

Discounts on Hall Rentals

Rental deals - another benefit of membership! Did you know that members of at least 6 months are eligible for a discount on hall rentals? And we are now providing the option to pay with a credit card. In addition, we are implementing a special kids' birthday party rate of \$50 on Sunday afternoons. (Note that renters for any event must obtain third party



liability insurance.) Check out our rental info on our website, or call 780-439-1501.

Join Us B4 and After School at Bonnie Doon Out of School Care , Bilingual Center



Enroll for January school start

Healthy snacks provided morning and afternoon.

Staff Level 1 and Level 2.

Caring and knowledgeable staff with over 25 years' experience.

Program Plan based on Child Directed Interest.

Subsidy Available

Ages 6-12
Open 7:00 am to 5:30 pm



8817- 92 Street Tel: 780-440-0048



Heather McPherson

Member of Parliament
Edmonton Strathcona

Contact my constituency office for assistance with:

- Employment Insurance
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- Canada Revenue Agency
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- Canada Student Loans
- Celebratory Messages

780-495-8404

heather.mcpherson@parl.gc.ca

10045 81 Avenue T6E 1W7



www.heathermcpherson.ndp.ca

Follow on



Emergency
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Heat Related Illness



EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors);
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating;
- The patient is usually cold and damp to the touch and the skin may appear pale, or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal;
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels;
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment;
- Remove excess, or tight fitting clothing, and allow them to rest in a cool environment;
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink;
- If you are concerned, seek medical attention.

Prevention

- Stay well-hydrated by drinking plenty of water, at all times;
- Be aware that excessive alcohol consumption will promote dehydration;
- Always wear a broad brimmed hat to keep the sun off your face and neck;
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11am-3pm, even on cloudy days.

www.albertahealthservices.ca

COMPOST SALE!



3 for \$25 / 5 for \$40 ^{+GST}

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cleanitgreenit.net

Monday - Saturday 9-5:

Space Off Whyte - 10047-80 Ave

Friday - Saturday 9-5:

Edmonton Academy - 810 Saddleback Rd NW

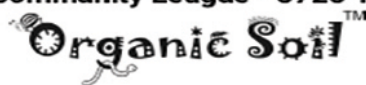
Sherwood Park - 201 Festival Way

St. Albert Community Hall - 17 Perron St

Callingwood Square - 6741 177 St NW

Duggan Community League - 3728 106 St NW

Bulk
Available
Online!



Community League Wellness Program



By becoming a member of your Community League, you have demonstrated your commitment to your community. To honour your commitment and support your families' health and well-being, the Edmonton Federation of Community Leagues has teamed up with the City of Edmonton to form the Community League Wellness Program. Current Community League members receive admission incentives to enjoy the City's world-class sports and recreation facilities.

Present your valid Edmonton Community League membership card, showing expiry date (payment receipts will not be accepted) at any one of the City of Edmonton's sports and fitness facilities. Choose from the following Community League Wellness Products:

Annual Pass* - 20% discount on Adult, Family, Child, and Youth/Senior Annual Passes

Multi Admission Pass* - 15% discount on our already discounted multi admission pass (5+ visits)

Continuous Monthly Pass - 20% discount off an on-going monthly membership pass using our convenient Pre-Authorized Debit Program.

Community league members who purchase one of the above passes will be issued a photo access card to be swiped at each admission.

* Applies to new purchases only.

Facilities and amenities include swimming pools, whirlpools, fitness studios, cardio areas, weight rooms, racquetball, squash, badminton and tennis courts, indoor running tracks, gymnasiums, cafeterias and pro shops. Hours of operation are from 5:30 a.m. to midnight (hours vary according to facility). For more information, please call 311 or visit <http://www.edmonton.ca/wellness>

Argyll News

Possible Parking Changes in Argyll

New signage has been installed at the turn from 88 Street to 69 Avenue to keep it clear of parking to improve safety. New parking restrictions were also added near the playground crosswalk on 88 Street. It's an improvement to be sure, but Argyll Community League continues to communicate the concerns of its residents to the City's Parking Services department while recognizing we share this public space with everyone in the city as a consequence of choosing to live in such a lovely part of the city.

In mid-May a small group of homeowners visited homes across the Wester portion of the neighbourhood seeking support for an initiative they are driving. They hope to convince the traffic department to allow for resident-only parking along 88 Street during the Summer months on the East side (where the houses are) and still allow parking for sport activities on the

West side. It is hoped the restriction will help move some cars farther North into the available parking at the Velodrome. As well they recognize the impact on homes adjacent to 88 Street and along 69 Avenue where cars may move farther into the neighbourhood seeking a space. Residents on the affected streets would qualify for a pair of parking "placards" for their vehicles as well as for regular visitors. This would be a seasonal restriction expected to be from May to October. It might also have a time-related restriction for just daytime activities (as there is no use of the park in late evenings or night hours). They are attempting to address a long-standing complaint regarding reckless driving, improper parking, and overall lowering of safety for both pedestrians and emergency vehicle access. We expect to hear back from the Traffic control people very soon about whether they accept the request.

Argyll Neighbourhood Babysitting

Argyll now has a babysitting "registry". Qualified local teens are ready to babysit kids within the neighbourhood. We are pleased to offer this service as a way for families & teens to connect. We are not responsible for match-making or interviewing.

A list of our qualified sitters can be acquired by sending an e-mail to: argyllsocial@gmail.com with your home address and e-mail address. If you know of any other sitters seeking work, please e-mail their contact information so they could be added to the list.

Argyll Community Centre

We are happy to announce a resumption of full programming in the Community Centre. We thank you for your understanding and patience while we were protecting everyone. Anyone enrolled in our programs will find some cau-

tions while some new recommendations have replaced all previous mandated restrictions. We truly want to gather together safely as we go into Summer. A resumption of our summer events schedule is still being worked out.

Events Committee looking for help

The Events group are looking for new faces to join in organizing and operating these major events as a normal course of handing along the reigns to people with new ideas and a willingness to serve the community. Fundraising is not a significant concern for these open air events but having many hands to make things happen, as well as fresh ideas, are primary

reasons for volunteering. Volunteers are how things get done around Argyll. New faces and fresh ideas make it possible for our events to be successful. Talk to one of our current volunteers about how to become involved. Or you can contact the Events group through our Facebook page or by e-mail: argyllsocial@gmail.com

Outside rentals

After discussions with our major tenant, the EJCA, there has been an agreement on what restrictions may remain with regard to community groups, athletic and martial arts programming, as well as with regard to people wishing to rent our facilities. New fees have been

approved, along with changes to the rental contracts and our insurance. We hope these new opportunities will restore some of our lost income. Unless a new health concern emerges we expect to see a return to normal levels of facility demand through the summer months.

Argyll Online

As always, our Facebook Page and Web Site have the most current information. Check-in weekly to see what's changed. Send us things you think the community might be interested in. A Calendar section has been added to the web site which allows residents to know what rooms and times might be found for your

event. The Calendar shows open days and weekends. Look for it the next time you visit our site.

Our web site address is: www.argyllcl.ab.ca
If you wish to be added to our EVENTS e-mail distribution list get your name into argyllsocial@gmail.com.

Important Notice

To Property Owners in the City of Edmonton

2022 property tax notices have been mailed to property owners.

Your property tax notice includes:

- + **Municipal taxes**, which help pay for civic services like police, fire rescue, public transit and road maintenance.
- + **Education taxes**, which go directly to the Government of Alberta to fund education.

If you have not received your notice in the mail, contact the City of Edmonton by phone at 311 or view your notice online at MyProperty.edmonton.ca.

Taxes Due by June 30

Property taxes are due in full by June 30, 2022 if you are not enrolled in the monthly payment plan. A five per cent penalty on any outstanding 2022 amounts will be charged to your account on July 1, with further penalties later in the year. Property taxes cannot be appealed.

Payment Options

- + Property tax bills can be paid at most financial institutions, by telephone/online banking, and by mail.
- + The City also offers a monthly payment plan. Please contact 311 or sign up at edmonton.ca/taxes.

Did your taxes go up or down? Find out more about how your property taxes are calculated and how your property assessment compares to overall assessment changes at edmonton.ca/taxes.

You can also view your property tax notices online at MyProperty.edmonton.ca. Sign up for your MyProperty account using the unique access code found on your tax notice.

For more information, call 311 or visit edmonton.ca/taxes.

Edmonton

Community Safety Data Portal

The Edmonton Police Service (EPS) recently launched a new information sharing platform designed to increase transparency, facilitate community engagement, and support the safety of citizens and the city. The Community Safety Data Portal offers access to comprehensive data including crime statistics and trends occurring in Edmonton. Visit <https://communitysafetydataportal.edmontonpolice.ca>



Leisure Access Program



The City of Edmonton is accepting applications for the expanded Leisure Access Program for low-income Edmontonians to access recreational facilities and the Ride Transit Program. Income thresholds and the application form are available at https://www.edmonton.ca/programs_services/leisure-access-program

ca/programs_services/leisure-access-program


New Permanent Residents and refugees living in Canada less than one year, and Ukrainian nationals arriving on or after February 24, 2022 are also eligible to apply.

*New look, same
reliable legal advice.*



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Authorized Registry Agent

HOURS OF OPERATION

MONDAY TO FRIDAY
8:30am to 7:00pm

SATURDAY
9:00am to 5:00pm


SUNDAY
12:00pm to 4:00 pm
(Closed the second Sunday of every Month)

OPEN 7 DAYS A WEEK AT
STRATHCONA REGISTRY

WWW.STRATHCONAREGISTRY.COM
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Ritchie News

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Director-at-large: Jenet Dooley
Director-at-large: Calla Knudson
Director-at-large: Ian McKellar
Director-at-large: Eric Timmer
MONTHLY MEETINGS
Board meetings are 7 p.m. on the first Thursday of every month. They will be held in-person as health restrictions allow, via Zoom otherwise. AGM coming soon.
Newsletter: Keri Walmsley (newsletter@ritchie-league.com)
Hall Manager: Jaclyn Segal (inquiries@ritchie-league.com)
Website: www.ritchie-league.com
Facebook: facebook.com/WelcometoRitchie
Twitter: @RitchieYeg
Instagram: ritchie_league

Bike 'friendly' underway

June is bike month and the chase is on for bragging rights as Edmonton's most active community.

Ritchie Community League challenges other groups to ride, ride, ride. Pedal for your health. Pedal to pool your distance with neighbours. Pedal to bring glory to your neighbourhood.

Here's how it works:

Each participating group tracks its members' kilometres travelled and reports them to RCL weekly.

In Ritchie, you can join the Ritchie United Club on Strava or track your rides some other way

and e-mail your distance to ritchie-united@ritchie-league.com. (Remember that a three-km ride with your five kids should be reported as: 6 riders x 3 km = 18 km!)

Participating groups include: Argyll, Bonnie Doon, Forest Terrace Heights, Grovenor, Lendrum, Ottewell, Strathcona, Strathearn and West Jasper/Sherwood community leagues, the Peace Avenue Bike Club and, RCL's arch-nemesis, Hazeldean Community League.

The Bike Challenge continues until June 30. Check current standings online: ritchie-league.com/bike-results

Public Market returns to Ritchie

Tuesdays, June 7 - September 27
3:30 - 7:30 p.m.

You spoke. Ritchie Community League listened and welcomes The Public Market in Ritchie back for a second year. Our online survey in April showed overwhelming support for this partnership: the league rents out its parking lot, and The Market runs the show.

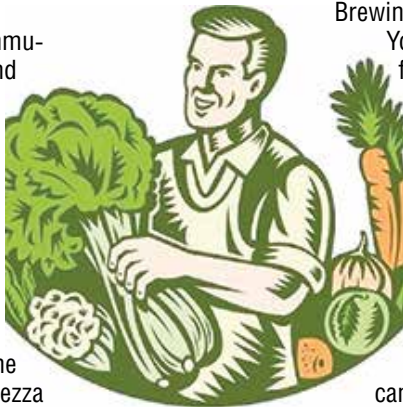
New vendors like The Woodruff Café Sweet Mezza Cafe and Calla Lace join favourites from last year like Sheeba Indian Street

Feed, Roots of Colombia Coffee and Omen Brewing.

You'll also be able to connect face to face with RCL board members at our tent to get information about league events and activities, subscribe to the Ritchie Crew or buy a membership and some swag.

Follow market news on Facebook at The Public Market in Ritchie.

All questions or concerns can be directed to Patrick Moffat at 780-913-2586 or by e-mail to moffatmarket@gmail.com.



MEMBERSHIPS (September to August)

Family: \$25
Individual: \$15
Associate: \$15 (non Ritchie resident)
Seniors: by donation
Online at:
Efcl.org
ritchie-league.com/rcl-support

In-person at:
RCL events
Ritchie Foods (9606 76 Ave.)
The Public Market in Ritchie (Tuesdays June to September)
Via e-mail:
volunteers@ritchie-league.com

Connect with Ritchie Community League

7727 98 Street | Edmonton, AB | T6E 5C9 | 780-433-7137 | inquiries@ritchie-league.com

The land on which we live, work and play as the Ritchie Community League is stolen land.

Throughout 2022, RCL's centennial year, the league commits to learning more about its history in order to adapt the following land acknowledgement that it has been using up until this point:

The Ritchie Community League respectfully acknowledges that the land on which we gather is Treaty 6 territory and Metis Nation of Alberta Region 4. This land has been a traditional meeting ground for many Indigenous peoples. The territory on which Ritchie now stands has provided a travelling route and a home to the Cree, Blackfoot, Saulteaux, Métis and other Indigenous peoples.

Pickleballers! Pick up your paddles

Pickleball returns to Ritchie Park Tuesdays at 11 a.m. and Thursdays at 5 p.m., weather permitting. It's free, but we ask that you have a Ritchie Community League membership (or membership in your own community if you don't live here). We have nets and a couple of

paddles for those that want to learn the game. Bring water and wear proper footwear. We do a pop-up game usually on Saturdays, but it's not a regular time, so if you see us playing, feel free to join in. E-mail tara.roy@shaw.ca if you have any questions.

Help wanted

The RCL board is short two key volunteers heading into summer: an events director and a programs director. Ritchie is known for being a happening place!

These two volunteers make sure of it. Of course, they don't do it all alone; the board

and other volunteers help make things run smoothly. And this summer, the league will have a summer student as well. E-mail president@ritchie-league or call 780-433-7137 if you know some enthusiastic organizers, especially if you fit the bill.

Crew getting new swag

You might start noticing some new RCL gear on the streets featuring the league's centennial logo. Caps went out to Ritchie Crew subscribers in April. Patches will be delivered in June and new T-shirts in August. These perks are our way of saying "Thanks" for your monthly financial support of the league. There are other perks as well, depending on the level of support to which you subscribe (a league membership is part of every subscription). All the details are on our website under "Join Ritchie Crew" or call the hall 780-433-7137. Individual items are also on sale on our online store.



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Mill Creek's history

To celebrate Ritchie Community League's centennial, we're producing a podcast series: A Little Bit Ritchie! All episodes released so far can be found on our website www.ritchie-league.com or you can subscribe to it on your favourite podcatcher. This project is supported by the Edmonton Heritage Council and the City of Edmonton. What follows is an abridged version of Episode 4: A Portrait of Mill Creek Ravine. This episode relies heavily on the work of Haeden Stewart and his PhD dissertation, "In The Shadow of Industry: The Lively Decay of Mill Creek Ravine."

The landform we know as Mill Creek Ravine formed approximately 10,000 years ago, as a glacial lake slowly drained into Hudson Bay. Early maps of the Beaver Hills directly east of Edmonton, including one drawn by Chief Papaschase in 1886, show how Mill Creek, then known as Bird's Creek, trickled water from the Hills into the North Saskatchewan River.

Then, the creek hosted colonies of beaver, whose rugged lodges tempered the current, creating conditions for diverse fish, birds and reptiles to flourish. On its shores, white spruce, birch and aspen dotted the steep slopes, allowing saskatoons, raspberries and wild rose bushes to thrive where large mammals like bison couldn't forage. This isn't the Mill Creek Ravine we all know and love.

Settlers saw wood, water and coal that would become the backbone of industry, turbocharging colonization while leaving the ravine's ecology polluted and forever changed. The Bird Flour Mill was one of the first industries established to use the creek's waters. The project of local M&S businessman William Bird, it closed three years after it opened due to unpredictable water levels, but its name lives on in Mill Creek.

In 1880, the Government of Canada designated a 64-square-kilometre area in modern central Edmonton as the Papaschase Cree Reserve, which the Mill Creek Ravine bisected. In fact, archeological findings and the 1867 Peace Hill Treaty between Cree (including Papaschase) and Blackfoot nations are evidence the entire region was inhabited long before fur traders ushered in colonial powers. European settlers, however, never approved of the reserve and immediately began pushing the government to put their interests ahead of local inhabitants' believing the latter did not "properly" use the natural

resources abundant in the ravine.

In 1886, the Canadian government coerced the Papaschase off of their land and relocated many to the Enoch reserve, about 30 kilometres west. It then sold off the land in one of the largest and first industrial projects in Western Canada. By 1902, a rail line was complete hauling supplies in and out of the ravine. A coal mine, brick factory and lumber mill took up shop. By 1905, the ravine housed four meat-packing plants, and the capital city became the centre for meat-processing and Alberta's farming industry. Livestock from across the province was carted in to be slaughtered, processed and packaged, the bones, blood, hair and sinew dumped in the ravine. Despite the economic boom of the early 1900s, the Papaschase realized none of it.

Some of Mill Creek's major industries did not make a go of it for long. In 1911, one packing plant shut its doors. Another in 1913. The brick factory went out of business in 1914; the lumber mill in 1916, the coal mine in 1921. Eventually, only the Gainers meat packing operation remained. Locals scavenged brick and metal from the abandoned structures, while what remained—blood, clinker (burnt coal) and heavy metals—seeped into the earth.

According to Stewart, Mill Creek Ravine remains "one of the most polluted parks in Edmonton, containing the most polluted urban creek in the province." The soil, once healthy, now failed to support the species that used to depend on it. Balsam poplar and caragana, an invasive species, replaced much of the white spruce.

The introduction of caragana is a case study of colonization. Prized for its hardiness in northern climates, it was brought to Edmonton in 1901 and endorsed by the Experimental Farm System for its suitability to "create a more desirable ecosystem for settlers," according to Stewart. It spread from homesteads and gardens to Mill Creek Ravine. In time, this mix of vegetation was seen as the natural order of things and prized as such.

Indeed, even as some settlers saw Mill Creek as a repository of natural resources to be exploited in the early 20th century, others valued it for its wild aesthetic. In 1907, Edmonton and Strathcona recruited planner Frederick Todd for advice on urban park planning. He recommended a parks system with "magnificent



scenic drives" which would include Blackmud Creek, Mill Creek, the river valley slopes to the west, and the area between the river and today's Saskatchewan Drive. In his opinion, industry and wilderness needed to exist together to make the city a modern 20th-century marvel.

After the discovery of oil near Leduc in 1947, boom times again exerted pressure on these "wild" areas. The Metropolitan Edmonton Transportation Study (METS) of 1963 proposed The Downtown Freeway Loop: a network of four- to six-lane freeways circling the downtown core, connecting to outer neighbourhoods and beyond with freeways through five ravines, including Mill Creek. The Mill Creek Freeway—also called the South East Freeway—was to have ascended the western edge of the ravine and run under the Whyte Avenue bridge, snake east over the ravine, and divert south towards 91 Street. Work began on a series of overpasses near the river that would feed its traffic onto the Low Level Bridge and a new bridge, the James MacDonald.

The city faced intense pushback from environmentally concerned citizens, who came together to oppose destruction of what they saw as "natural" spaces, even though the Mill Creek Ravine had been irreparably altered by earlier industrial development.

Carolyn Nutter and her husband, whose home sat in the way of the Mill Creek Freeway, petitioned the city to recognize the vitality and importance of the ravine for recreation and as a natural wildlife sanctuary, garnering the support of 72 of 75 homes in the area. In addition to individuals, formal groups formed in opposition to METS. The Save Our Parks Association (SOPA) was primarily concerned with the Freeway's ecological impact but also argued for park space for children's development. In the early 1970s, the University of Alberta's Department of Extension took up the anti-freeway cause, and a student anti-pollution group, Save Tomorrow Oppose Pollution (STOP), joined the protest.



By now the James MacDonald Bridge was built and the cost to complete the entire Downtown Freeway Loop had risen to \$750 million dollars in 1972 from \$133 million in 1963. It is partially due to the consistent activism of individuals and groups like SOPA and STOP, and the high cost of the freeway system that, on May 26, 1972, Edmonton city council voted to scrap METS.

STOP didn't stop advocating for Mill Creek Ravine, however. Its core anti-pollution focus viewed the ravine as a natural environment in desperate need of a clean up. In 1973, STOP joined forces with local organizations and community leagues to create Mill Creek Build A Park which pushed to turn the ravine into an official city park where residents could appreciate nature, children could play, and both could learn more about the outdoors and the area's industrial history.

The city had grander ideas of what a "park" should be and, without giving notice to nearby residents, began to demolish trees in the ravine in 1975 until Nutter and her neighbours, along with their children, blocked the bulldozer's path.

Arguments between citizens and the city continued for several years, with Build a Park meeting in Ritchie Hall to refine its strategy. By the late 70s, the city agreed to install only pathways, bridges and picnic areas, but otherwise preserve the natural feel of the ravine.

While settlers' perceptions of the ravine changed over time, there's been little thought given to its original inhabitants and what it meant and means to them. Papaschase descendants live all over Alberta. While many of these individuals were offered treaty status through reserves including the Enoch Reserve, others were not. In 1973, some filed a claim through the Enoch First Nation to the Indian Claims Commission (ICC) declaring that the 1888 surrender of the Papaschase Reserve was invalid. That claim was dismissed in 1975 with the ICC asserting that those making the claim did not officially represent the interests of the Papaschase. A separate collective of unaffiliated descendants organized a land claim in 1974. It too was also unsuccessful.

Thereafter, two distinct associations formed from the Papaschase descendants. The Papastayo First Nation Association of Alberta, whose members were broadly not recognized as having official status and belonging to a designated band. The second group—the Interim Papaschase Committee—consisted mainly of Papaschase descendants who were recognized as holding status through various Nations. In 1999, the two combined and elected nine councillors and a band chief, the first since Papaschase himself.

The fight for compensation for the Papaschase Reserve has been ongoing. In 2008, the Supreme Court rejected a Papaschase Band claim to those reserve lands. At that time, the lands were valued at \$2.5 billion dollars.

A Little Bit Ritchie! is brought to you by the RCL Centennial Celebration Committee. Erin Fraser and Seghan MacDonald chair the committee. Our primary researcher is Linnea Bell. Elyse Colville wrote these episodes. Keri Walmsley provides the abridged versions. Tierra Connor created our logo.

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Ask Charles



I've just been elected to my condo board. How do I know which responsibilities fall under the condo corporation, the condo board, and the condo manager?

Making sense of the different bodies responsible for overseeing a condominium complex's day-to-day operations can be a bit overwhelming at first. Hopefully, I can help clear up some of the confusion.

Condo Corporations

The condominium corporation is made up of, and represents, all unit owners of that condo complex. So, if you own a unit in the condo complex, you are a part of the condo corporation. It is a legal entity that has all the rights and responsibilities of any other legal entity (i.e., individual or business).

In Alberta, the Condominium Property Act governs the operations of condo corporations and sets out responsibilities related to managing the common property, preparing the annual budget, collecting fees, holding insurance, and enforcing the corporation's bylaws and rules. The Condominium Property Act also sets out the requirement that all duties of the condo corporation be carried out by an elected board of directors (i.e., the condo board).

The Condo Board

As with other elected entities, the condo board represents and acts on behalf of the individuals that elected it. In this case, the individuals that make up the condo corporation.

So, the condo corporation is synonymous with all unit owners in the complex and is responsible for the business of the corporation. And the condo board is elected by the condo corporation to carry out the business on its behalf.

Still with me? Okay, so this is where a condo manager may come into the equation.

Condo Managers

It takes a lot of work to manage a condo complex and many volunteers on the condo board, understandably, don't have the time. While the condo board can choose to self-manage the complex, they also have the choice to hire a condominium manager to oversee the day-to-day tasks.

The tasks that the condo manager is ultimately responsible for will be determined by the contract or written service agreement between the condo corporation and the condo management brokerage. These agreements usually expire annually, to be renewed and

renegotiated and voted on by the corporation at the Annual General Meeting (AGM). As a new director on your condo board, it's important to review and understand the current written service agreement.

Your condo board should also be aware that as of December 1st, 2021, condo management companies (brokerages) and individual condo managers must hold a licence with RECA. Check to see if your condo manager is licensed using the Find a Licensee tool on reca.ca.

You've got questions. He's got answers.

Charles Stevenson is the Registrar at the Real Estate Council of Alberta. Buying, selling, and managing real estate in Alberta can be confusing, but it doesn't have to be.

If you have a new question for Charles, please email askcharles@reca.ca.



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Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate.

(*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

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Rachel Notley

MLA, Edmonton-Strathcona



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Shout out to KIND

Throughout our centennial year, RCL is proud to highlight partnerships with local businesses.

Kind Ice Cream gets our attention in June for its haskap ice cream, a limited edition offering developed for us to celebrate our 100th birthday. (Haskap is an edible blue honeysuckle, native to Canada, with a blueberry-like appearance and sweet tangy flavour.)

Kind Ice Cream opened in 2019, right here in

Ritchie, and quickly became the go-to meeting spot for families and friends looking for a quality sweet treat. Its ice creams are crafted in small batches with exceptional ingredients and creativity, and served with a commitment to reduce waste. In three years, Kind has achieved its aim to create, not one, but two, community-based shops where all are welcome. It opened a second location in Highlands last summer.

Apply now for a garden box

The West Ritchie Garden Association is now accepting applications for its garden boxes. Fill out the form on the Ritchie website at www.ritchie-league.com.

If selected, you will be expected to use and maintain your bed, as well as complete some small monthly tasks for the garden. There is a small fee for annual use of the garden plots. This will fund basic maintenance, such as repairs, garbage bags, tool replacement etc.

Ritchie Community League members will receive a discounted rate. If you are unable to pay the fee but would benefit from a garden plot, please contact us. A priority-based selection process will allocate 27 beds to people who have little opportunity to garden and those who need the produce most. The other nine beds will be allotted through lottery. For more information, e-mail: environment@ritchie-league.com or follow us on Instagram: @westritchiecg.

Borrow tools free

Put off that fix-it project no longer! RCL is a sponsor of the Edmonton Tool Library. As such, RCL members can borrow up to eight items at a time from the library's collection of hundreds of items, all free. The Library's collection is online: www.edmontontoolibrary.ca.

Its office is open twice a week for pickup and return:

Bellevue Community Hall (North Entrance)
7308 112 Avenue NW

Saturday: 11 a.m. - 3 p.m., Wednesday: 6 p.m. - 8 p.m.

RCL Book Club

Meets online every two months to discuss new Canadian writing.

E-mail host Erin at eefraser@ualberta.ca for the next title and meeting details.

RCL Bridge

Every Friday

Doors open at 11 a.m. Games start at noon.

Cost: \$3.

Contact Stella 780-504-3972; sbgal@shaw.ca or Dawn 780-705-8950.

RCL Fit for Life

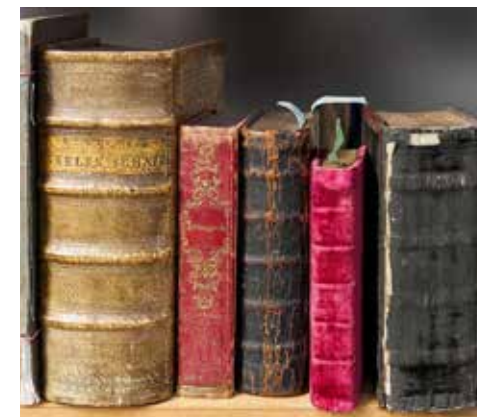
Fit for Life is low-impact exercise for every body set to a playlist of oldies.

Meets Mondays 10 - 11 a.m.

E-mail Barb for more information: brhealthy@shaw.ca or call the hall at 780-433-7137.

Community swim

If you have a current RCL membership (August 2021/22), you have free access to the



Commonwealth Recreation Centre (including pool) and Eastglen Leisure Centre Saturdays* 3 - 5 p.m.

Sundays 1 - 3 p.m.

*June 18: cancelled at Eastglen only

GÜD Box now delivers to you

The GÜD Box has been bringing affordable produce to Ritchie for much of the past year, but now it delivers to your home. Gone are the days of trekking to Ritchie Hall to pick up your order. Order online by 4 p.m., any day of the week, and your box will be delivered the next day. Set up a subscription frequency to suit your needs and reordering will be automated too. You can now also top up a standard GÜD Box of seasonal staples with extra fruits and vegetables.

What's not changing are A) savings up to 35 per cent on the produce provided compared

to buying it in the store, and B) a \$5 donation back to the league for every order you place. Delivery is free for the first month; \$5.99 thereafter. Boxes are \$35 on their own; \$30 with a subscription.

GÜD Boxes provide affordable produce curated by a local Edmonton company. The exact contents change with the season, but always feature staples such as carrots, apples, potatoes and onions.

Order or subscribe online at thegudbox.ca/ritchie

Danse Poussette

Ritchie's own Isabelle Rousseau is teaching a new dance class on Wednesdays. Danse Poussette is for new moms and their stroller-bound babes, but incorporates dance choreography.

Classes are held outdoors by Ritchie Hall (weather permitting) and are taught in French. Registration is online through L'Association la Girandole d'Edmonton. Drop-ins are welcome.



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