COMMUNITY LEAGUE NEWS-WEST

Serving the community leagues of Aldergrove and LaPerle.

Apr/May 2015

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ALDERGROVE COMMUNITY LEAGUE SOCCER SEASON Outdoor soccer season is here. Well, once the fields dry up enough that is! Many Aldergrove residents are looking forward to getting out in the fresh air and cheering their kids on during

We want this to be a positive experience for all and that includes the

outdoor soccer season.

referees. We urge you to keep in mind that they are doing their best. Treat them with respect. Abuse by onlookers is the leading cause for budding referees to decide that it's just not worth it and quiting. It's simple: a referee shortage may result in there being no community soccer.



Mark your calendars for La Perle's Town Hall Meeting (AGM)

April 19th, 2015, 7:00 PM La Perle Hall

All community members are welcome to attend!

Make a difference in YOUR community!

To have a vote you must have a current La Perle Community League membership (Memberships will be available for purchase)

Items on agenda include:

- Approval of \$12,000 to cover expenses for major events (eg. Community League Day)
- Future of La Perle Skating Rinks
- Approval of \$12,000 for a security camera system to increase safety and reduce crime around the community hall
- Approval of up to \$27,000 for new HVAC system
- Approval to purchase new Round Tables and chairs for the community hall



Art by Laurél Hawkswell



DERGROVE

Aldergrove Community League 8535 - 182 Street, Phone: 780-481-1588 Fax: 780-489-6283 Aldergrove Daycare: 780-481-9153 E-mail: aldergro@telusplanet.net www.aldergroveonline.com Facebook: AldergroveCommunity Edmonton OFFICE HOURS: Monday - Wednesday 9 a.m. - 3 p.m. Thursday - Sunday Office Closed

Aldergrove Community League Executive

PRESIDENT Kathy Katzenback VICE PRESIDENT Laurél Hawkswell TREASURER Steve Colquhoun BLDG. & GRDS..... Aaron Clark SPORTS Damigu Djagbare MEMBERSHIP Brenda Kaczor PUBLICITY Laurel Hawkswell CASINO Nanci Cavill SOCIAL Kathy Katzenback NEIGHBORHOOD WATCH VACANT WEBSITE Susan Berezowsky

CIVIC AFFAIRS Gary Adams Non-voting Positions:

..... Damigu Djagbare CHILDCARE DIRECTOR Lori Engman SECRETARY Connie Bowie

No good deed goes unnoticed -

Please consider giving a bit of your time.

Find out what's happening at our monthly meetings. Call 780-481-1588 for the next meeting date.

In Memory of Maron Daubert

e would like to recognize the passing of longtime community league volunteer, Sharon Daubert. Volunteering for our community for over 20 years, Sharon's brilliant smile and Laughter will definitely be missed.



Aldergrove Community League

ZUMBA TUESDAYS, 6:30 - 7:30 p.m.

Contact Leah @ 780-472-6238 to register.

Stretch, strengthen, relax, enjoy . . .

HATHA YOGA

with Audrey

WEDNESDAYS, 6:30 - 7:30 p.m. Contact Connie @ 780-481-1588 to register.

FREE STYLE YOGA

with Krista **Beginners Welcome!** THURSDAYS, 6:30 - 7:30 p.m. Contact Krista @ 780-758-9642



Are you looking for Volunteer Hours for your Leadership Program? Volunteering in your community is a great way to do it! Please contact Connie at the community league office at 780-481-1588 if you'd like do some good close to home, in your own community!

Aldergrove Community League

SUNDAYS, 4 - 6 p.m.

FREE swiming at Jasper Place Pool when you show a current community league membership card.

CHECK JASPER PLACE POOL WEBSITE TO CONFIRM DATES & TIMES



COMMUNITY LEAGUE MEMBERSHIPS

Purchase memberships at Aldergrove Community IDA or at the League office during office hours (see Aldergrove header info). Receive skate tags for community skating (closest one is in Belmead). Use it to access the free swim at Jasper Place (see above info) You must have a current membership to register for soccer or basketball. Memberships support Aldergrove Community League, strengthening the community.

*Membership changes may occur.

ALDERGROVE COMMUNITY LEAGUE President's Message

Spring has sprung, or has it? As I am writing this message, the snow is falling again.

Our Family Day celebrations were lots of fun this year. Each year, it seems more people come out to join in the fun. Thank you to everyone who volunteered and made our Family Day celebrations a success! Check out a few of our photos in this newsletter from the day's activities.

Outdoor soccer registrations are complete and our teams are waiting for the season to start.

We will be having a Green Shack program again this summer for half days. This is a free City of Edmonton leader run, free program for children 6 - 12 years old.

Our next community league event is the Big Bin Event and Dance in September. This is your chance to get rid of unwanted items and to join with your neighbours for an evening of food and a dance. Hope to see everyone there.

With the coming of spring, please remember that our children will be enjoying the great outdoor areas of our community. Please drive slowly through our community and make our neighbourhood a safe place for our children to play.

- Kathy Katzenback Aldergrove Community League President

Thank You Volunteers!

Community league events would not be able to happen if it weren't for our great community volunteers. If you were at our Family Day Event, we hope you said thank you to the following volunteers:

Brenda Kaczor, Jeremy Kaczor, Shelley Cox, Lori Engman, Connie Bowie, Keivyan Hesselhurst, Rosehi, Phil Hawkswell, Keaton Hawkswell, Steve Colguhoun, Aaron Clark and Kathy Katzenback.



Aldergrove Community League

HALL RENTALS

PERFECT FOR YOUR NEXT PARTY OR GATHERING

Aldergrove Community League has:

- A meeting room
- A newly renovated boardroom with a kitchen,
- Half hall rentals
- Full hall rental with kitchen (200 person maximum capacity)
- Weeknight or weekend rentals available.

Check out our website at www.aldergroveonline.com or call Connie at 780-481-1588 for details.



Primrose December Pharmacy

Now Selling Atoma Products





780-487-7270 or 780-481-0330 8462 - 182 Street

> Store Hours: Monday - Friday: 9-9 Saturday: 9-7 Sundays & Holidays 11-6

- FREE Prescription Delivery
 - Community League Memberships
- FAX service Photocopies
 - Postage Stamps
- FREE Blood Pressure Checks
- •10% Seniors Discount Everyday
 - •Compliance Packaging Available
- Locally Owned and Operated

Your professional pharmacists are Lorraine & Jackie







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La Perle News

La Perle Community Hall Rental Information 18611 97A Avenue Phone: 780 486-4426 Email: laperle@laperle-community.ca

www.laperle-community.ca

Seating for 150 people Wheel Chair Accessible

Full Kitchen (Fridge, Stove, Microwave and ample counter space)

Lockable Bar Area – Freezer, Stand up cooler and Coffee maker

Outside Patio, Playground, skating rinks, baseball diamonds, soccer fields and basketball nets

Pre-paid cleaning service available for a fee (\$175.00) and availability

LaPerle Community League provides cleaning products and equipment as needed

Not Provided: Dishes, cooking utensils, Linens, Decorations, Sound System, Projector or Screen

THE USE OF GLITTER/SPARKLES/CONFETTI OR OPEN FLAME CANDLES ARE NOT PERMITTED IN THE HALL

- All renters need to be over the age of 25, and provide Gov't Issued ID and valid credit card as well as a current Community Membership from within the City of Edmonton
- All rentals subject to a CASHABLE \$550.00 Damage Deposit with the exception of the Skate Shack
- To secure a rental the Damage Deposit must be received at time of booking (cash/cheque only). All cheques will be cashed at that time.
- In order to serve alcohol during an event at La Perle Community League Hall you will need
- 1) A valid liquor license and
- 2) Third party liability insurance that names La Perle Community League as an "additionally Insured" party in the amount of \$2 million. Proof of above must be shown prior to rental and obtaining keys. To receive La Perle Member prices you must hold both a 2014 - 2015 and 2013- 2014 Membership

ALL RENTAL PAPERWORK MUST BE IN THE SAME PERSON'S NAME.

WEEKEND DAY RATES:

9:00 am - 1:00 am FRIDAY / SATURDAY / SUNDAY

Main Hall / Kitchen / Bar Area /

La Perle Community Members \$350.00 / day Other Community Members \$450.00 / day

To set up the evening before please add \$50.00 (based on availability)

WEEKEND / WEDDING PACKAGES

From Friday 3:00 pm to Sunday 12:00 Noon La Perle Members \$550.00 Other Commu-

nity Members \$750.00 Mandatory Third Party Liability Insurance Required

WEEK DAY / NIGHT RENTAL (3 hour minimum)

MON – THURS La Perle Member Rate \$40.00/hour Other Community Members \$50.00/hour

FRI / SAT / SUN La Perle Member rate: 50.00/hour Other Community Members \$65.00/hour

Please contact us to inquire about Special Pricing for regular user groups

NO SPORTING ACTIVITES ARE AL-LOWED IN THE HALL (EG SPORT BALL/FLOOR HOCKEY ETC)

SKATE SHACK (Washrooms, fountain) La Perle Members: \$15.00 / hour Other Community Members: \$25.00 / hour Damage Deposit \$200.00

La Perle Community League reserves the right to rent only to those that meet or exceed the rental requirements. The La Perle Community League also reserves the right to cancel any function that is deemed inappropriate or harmful to community members and does not meet all contractual obligations.

*Rates are subject to change without notice.



Wake up in a unique summer classroom at

Mountain Adventure School

- Two-week summer programs for high school students.
- Earn school credits and certifications toward a career in camp leadership and guiding.
- Full 14 day summer camp includes lake and whitewater canoeing, rock climbing and rappelling, back country biking, hiking and wilderness living in an extended river expedition.

Sessions starting in June, July and August

SIGN UP TODAY!

TO REGISTER NOW OR FOR MORE INFORMATION CONTACT US:

Progressive Academy www.progressiveacademy.ca/mas 780-455-8344











La Perle Community League Executive 2015		
18611 97A Ave Edmonton AB T5T 4C1		780 486-4426
Email: laperle@laperle-community.ca	Fax	780 481-1726
Website: www.laperle-community.ca	Andre Blanchard	780 486-4426
Facility Manager: Office Hours: Mon/Thurs/Fri 8:45 - 11:15 AM	Cathy Johannesson	780 486-4426
Sign Update	Francois Tousignant	
Hall Custodian	Sheila Resener	
EXECUTIVE:		
President	Trevor Eliott	780 909-3477
Vice President	Todd Opatril	780 487-5452
Treasurer	Ken Grovet	780 483-1293
Secretary	Christine Bergstrom	780 752-9050
COMMITTEES:		
Casino Director	Barb Brazel	780 489-1766
Communications Director	Stephanie Jones	780 439-3521
Crime Prevention Director	Ken Kirsch	780 263-5103
Membership Director	Sujitha Sugunan	780 484-9963
Naturescape Director	Melissa Urusky	780 484-4171
Program Director	Krystina Hick	587-521-8467
Social Director	Lori Dykhuizen	780 983-5156
Soccer Coordinator Email: laperle@laperle-community.ca	Cathy Johannesson	780 486-4426
Community Recreation Coordinator	Una Bryce	780 944-7593
La Perle Community Playschool (located in La Perle Elementary School) 18715 97A Avenue	Candace Campbell (Registrar) Email: candyh@shaw.ca Jennifer Kirsch (President) Julie Rumer (Vice)	1 866 927 6020 780 443-2398 780-263-7614

THANK YOU TO ALL OUR VOLUNTEERS!

Because you're the type to save a life....

Did you know that every 60 seconds someone in Canada needs blood?

Canadian Blood Services needs to recruit approximately 14,000 NEW donors each year in Alberta to continue to meet hospital needs in the province

2015 – 2016 Clinics at La Perle Community League

Saturday, August 1, 2015 9:00 am – 1:00 pm Saturday, January 2, 2016 9:00 am – 1:00 pm

Call 1 888 2 DONATE (1 888 236-6283) To book an appointment.

Canadian Blood Services It's in you to give www.blood.ca

President's Message

Spring is finally here and our community with soon be in full bloom. Many exciting things are coming to La Perle this year!

2015 has started on a high note as all four of the La Perle indoor soccer teams (U14 Boys, U14 Girls, U10 Girls, U10 Boys) have represented our community well. The U10 Boys and Girls and the U14 Girls went on to compete in City Finals where the U10 Boys and U14 Girls won Gold, while the U10 Girls won Bronze. The U14 girls went then went on to compete in Inter-cities and finished with a Bronze medal! The U14Boys and Girls as well as the U10 Boys participated in the Slush Cup Tournament at the end of February where the U10 Boys and the U14 Boys finished with Gold Medals! Congratulations to all our teams for your success! Good luck to all our teams participating in the outdoor season this year as well.

The Naturescape program is off to another ground-breaking year, starting with the bottle drive on March 21. We would like to thank the entire community for their generous support for the program! Melissa Urusky and her team collected an outstanding amount of bottles which will be extremely useful as they work on the next stage of their project in 2015! In conjunction with the bottle drive, we also ran games & activities for kids, held a hotdog BBQ, and showed Monsters U. We had over 50 people attend this very successful event. Look for this annual event again in March 2016!

Congratulations to Janae Kowalchuk, our 2014/15 recipient of the \$500 Dr. Manji scholarship awarded annually, for the past 27 years, to a member of our community who is attending post-secondary studies and significantly contributes to the La Perle Community League.

We will be hosting a Town Hall meeting at the hall on Sunday, April 19 at 7pm. One of the major decision items will be the future of our skating rinks. The cost to maintain and operate the rinks continues to escalate each year and the number of members who utilize the rinks remains low. The Board is considering redirecting funding to other programming that would better serve our community. We will also deliver the annual reports and hold the annual election for all Executive positions, including the vacated Vice President role. Coffee and treats will be served.

We will be looking for a community representative(s) to carry the La Perle flag in the July 17th K-Days parade along with other communities from across Edmonton. Nominate an individual or a group (e.g. soccer team) to carry our flag by sending the name of the individual and reason why you're nominating them to laperle.community@icloud. com. Also, make sure to circle July 26th on your calendars! This will be the date of our 2nd annual K-Days Classic Car Show at the La Perle Shopping Centre. To register your car or find out more information about our event, check out the webpage at www. kdaysccars.com.

Edmonton spring and summer are so short, so let's make sure we make the most of them!

Trevor Eliott

President – La Perle Community





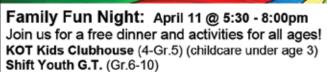
Burn 500 to 1000 Calories
Without Even Noticing It
- it's That Much Fun!!

Leah & Teresa offer 3 Zumba® classes per week at LaPerle Community League

Tuesday Mornings 9:30 to 10:30 a.m. Thursday Mornings 9:30 to 10:30 a.m. Thursday Evenings 6:30 to 7:30 p.m.

Call now to register 780-910-7657!

15641—96 Ave, Edmonton (People's Church Building) (780)481-2942



Mother's Day Tea—May 9 @ 2:00 - 4:00pm Ladies, come be pampered with a special afternoon of refreshments and entertainment while your children participate in children's activities!

Need a ride? Call our hotline (780)481-2942 ext:1 Coming June 13—Kids On Track Family Picnic

LEADERS IN TRAINING EXPERIENCE

Leadership Development Youth completing Gr. 6 & up Now taking registrations. lites@kidsontrack.org

SHIFT YOUTH:

Fridays 7:00-9:00 pm Check the calendar on our website for events. youth@kidsontrack.org

For more info visit www.kidsontrack.org

LaPerle Playschool 18715-97A Ave



Afternoon Spots still available for the 2015-2016 school year Waitlist maintained for Morning Program Spots

3 Year Program: Tuesdays & Thursdays

9:00-11:00am OR 1:00-3:00pm

*child must be toilet trained

*offers a staggered start for children who turn 3 from October-December 2014

4 Year Program: Monday/Wednesday/Friday

9:00-11:15am OR 12:45-3:00pm

Our Teachers have a combined 25 years of experience at this playschool!

LaPerle Community Playschool offers:

Affordable fees

Parent Helper days

Many Themes throughout school year which offers variety to the classroom Field Trips for 4 year old classes

Crafts to facilitate fine motor, visual perception and sensory skills

Free Play to facilitate social skills

Circle Time to facilitate attention

Gym Time to facilitate gross motor skills

For more Information please contact our Registrar at 1-866-927-6020 www.laperleplayschool.com







THE BENEFITS OF A LA PERLE COMMUNITY MEMBERSHIP

MEMBERSHIPS ARE VALID FROM SEPTEMBER 1ST – AUGUST 31ST OF THE NEXT YEAR

- Free Swimming at Jasper Place Pool on Sunday's from 4-6 PM September June Remember to bring your membership card with you as they now scan the back of your card
- Free skating at Callingwood Recreation Centre. Call 311 for dates and times
- Free skating at any community outdoor rinks in the Edmonton Area (Green Skate tags required)
- Allows you to register for Indoor and Outdoor Soccer, Basketball and La Perle Playschool
- Allows you to have a vote at our Town Hall Meetings
- Reduced rates on La Perle Hall rentals (must have held a membership from the previous year as well)
- Reduced rates on La Perle Sponsored Community League events / classes
- Green Shack at the La Perle Playground during the months of July and August a joint venture with the City of Edmonton
- Yearly Community League Day (September) Big Bin Event, Fireworks presentation and more! Mark your calendar for September 19, 2015 for this year's event!
- February Outdoor Family Event!
- Movie Night in the Spring
- Access to the Community League Wellness Program, which provides admission discounts to City-operated Sport and Recreation Facilities. Show your league membership card at any one of the City of Edmonton's Sports and Fitness Facilities and you can get 10% off adult or a family annual pass, Continuous monthly Pass or Multi-Admission Passes
- All Community Events require volunteers. Please contact the office if interested
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Upcoming Community Events

Town Hall Meeting (AGM)

La Perle Community Hall - 18611 97A Avenue

- Sunday, April 19, 2015 at 7:00 PM
- Everyone welcome to attend!

Lewis Farms Rec Centre Design Open House

Winterburn School - 9527 Winterburn Rd
• Thursday, April 23, 2015, 4:00 - 8:00 PM
This is the first opportunity to discuss the planning of the new facility with City officials

Free Drop-In Bike Safety Program

La Perle Community Hall - 18611 - 97A Avenue

• Saturday, June 13, 2015, 1:00 - 4:00 PM

Program will take place on the tarmac beside the hall.
Children 5yrs old and younger require a parent or guardian to attend. The program may cancel due to inclement weather.

Blood Donor Clinics

La Perle Community Hall - 18611 97A Avenue

- Saturday, August 1, 2015, 9:00 AM 1:00 PM
- Saturday, January 2, 2016, 9:00 AM 1:00 PM
- Saturday, February 27, 2016, 9:00 AM 1:00 PM
 To set up an appointment call 1 888 2 DONATE (1 888 236 6283) www.blood.ca

www.laperle-community.ca

Community League Memberships

Community Memberships are \$35.00 for a family membership or \$20.00 for a Senior or single membership. Please make cheques payable to the **La Perle Community League**.

Drop off this form and payment in the secured mailbox at the front of the hall located at 18611 97A Avenue

If you have any questions please contact Cathy at the Hall $\sim 780\text{-}486\text{-}4426$ or our Membership Director, Sujitha Sugunan at 780 484-9963

Membership cards/passes & skate tags will be delivered or mailed. Please note that WEM passes are only given with Family Memberships and the last day for distribution is December 18, 2014. Passes expire in February.

Date						
Adult #1						
Adult #2	Last Name,	First Name				
		First Name				
Address						
Postal Cod	de					
Res. Ph			Cell:			
Email						
Children's	Names				Y/M/D	M/F
			•			
						
Members	hip Type:	Family	Sin	igle	Senio	or
May we co	ontact you	if we need	voluntee	e rs? Yes	No)
May we se	end you ne	ws by emai	l? Yes _	No		

Thank you for supporting YOUR community!

Fruits of Sherbrooke

We are a not for profit group here in Edmonton.

If you have fruits growing in your yard that you do not need, give us a call and we will come to get them. For more information contact us at 780-244-0129 or www.fruitsofsherbrooke.ca

Thank you.

HOW ARE MARTHA AND HENRY'S KIDS DOING THESE DAYS?

Decades ago, former Premier Ralph Klein introduced us to Martha and Henry - the average Albertan couple.

How are their kids doing?

The kids are worried. Not just about dignity for their parents, but also the lack of schools and affordable child care spaces.

You can count on the Alberta Liberal Opposition to ask the tough questions.

Let us know how you are doing. Phone 780.427.2292, through our website at www.liberalopposition.com, or e-mail liberal.correspondence@assembly.ab.ca.

















SUNDAYS 10-3 WEDNESDAYS 2-6

Open May 3 to October 11, 2015. Rain or shine in the covered courtyard at The Marketplace at Callingwood!

6655-178 Street www.callingwoodfarmersmarket.com



@callingwoodfarmersmarket









Edmonton 311 App

Report your concerns on the go!

With the free Edmonton 311 app, you can use your smartphone to easily notify the city of:

- Potholes
- Damaged sidewalks
 - Damaged trees
- Litter
- Groffi

Help keep Edmonton great! Be the eyes and ears on the streets!

Send a photo with your request and use your smartphone's GPS function to pin point an issue's location.

By doing this, you're helping us to better assess, prioritize and determine the corrective action based on severity, location, and other factors.

Note: The 311 mobile app is one more way for you to report your concerns to the city.

Download 311 App

Search for "Edmonton 311" on: Google Play & iTunes App Store

For more information: Online Contact 311 Online

Telephone

In Edmonton: 311

Outside Edmonton: 780-442-5311

TTY 780-944-5555 Email 311@edmonton.ca

Are you a fair-weather scooper?

We all know we should pick up our dog's poop, but it's very easy to forget a bag or look the other way especially when no one else is around.

Don't be that kind of dog owner. Make a point of scooping your dog's poop every single time they go on public property. Carry a few bags with you so you're always prepared to pick up after your dog. It's also important to regularly clean up pet waste on your own property.

Neglecting to pick up after your dog could mean that someone else picks it up ... on their shoes. Far more seriously, it could expose people and other pets to bacteria, viruses and parasites in your pet's waste. You could also end up with a \$100 fine.

There's no denying that scooping up poop is an unpleasant job, but it's a responsibility that comes with owning your dog and a small price to pay for the joys of owning a furry friend.