COMMUNITY LEAGUE NEWS-WEST

Serving the community leagues of Aldergrove, Callingwood/Lymburn & LaPerle

June/July 2017

Published by Calder Publications. For advertising please call 780-434-9732 or email info@communityleaguenews.com

25th Kites Over Callingwood

This year CLCL's 25th Kites Over Callingwood Festival will be an extended event on Saturday, September 2. We will begin with a free pancake breakfast from 10 am to 11:30 am (while supplies last). This will be followed by the Kites Festival from noon to 5 pm. At the event we hope to have some new activities for the family to experience and be involved in plus we will have kite flying demonstrations several times throughout the event. There will be a short break as we get ready to have our Movie In the Park. The expected start time is 8:30 pm and once the movie is finished we will top off the evening with a fireworks display.

As always we are looking for volunteers to help us with the event. We are looking for volunteers to help with different aspects of the event as listed below. Volunteers will receive a T-shirt and a free meal! If you would like to assist us in making this a successful family event, please email us at callingwoodlymburn@hotmail.com.



Volunteers Needed!

Volunteer opportunities for planning the event (June - August):

- donation solicitation
- * help plan and organize activities and entertainment

Volunteer opportunities at the event on Saturday, September 2:

- * Setup, 8 10 am
- * Cook pancakes and cleanup, 9am 12pm
- * Drive the Kite Stunt/Demo Flying performer to/from hotel to festival (around noon and 5pm)
- * Supervise, 12 2:30pm or 2:30 5pm
- * Judge kites, 4 5pm
- * Cleanup and takedown after kites, 5 7pm
- * Cleanup after movie & fireworks











Meet our local heroes, the First Responders, and be inspired and enlightened at what Safety and Crime Prevention is all about.

With an entertaining Classic Car Show.



Sponsored in part by Re/Max Edmonton & Area Associates

July 22, 2017 11am-3.30pm La Perle Community League

18611 97A Ave



Featuring





















City of Edmonton Programs

A great tool for finding programs with the City of Edmonton is a Build Your Custom Program Guide with City of Edmonton programs, check it out here: http://www.myrecguide.ca/guide/program-guide.php

Don't want to commit to 8-12 weeks of a program? Why not find out more about Community Drop-In Programs check out:

http://www.edmonton.ca/activities parks recreation/drop-in-community-programs.aspx

There are also many summer camps available through the City of Edmonton including camps at various recreation centres, the zoo, arts centre, museums, Fort Edmonton, river valley, Muttart Conservatory and more!

Please see the City of Edmonton Summer Day Camp Guide for information.

www.edmonton.ca/activities parks recreation/documents/PDF/SummerDaycampsGuide.pdf

SUMMER SWIMS

for current Aldergrove Community League Membership holders!

Starting May 20th, swim for free at Fred Broadstock outdoor pool this summer:

Sunday - Wednesday 5 - 7 pm when you show your current Aldergrove Community League membership!

Get your Aldergrove Community League Membership today! ..

Memberships for \$35 and available at the community league office Mon - Wed 9 am - 3 pm OR at the Aldergrove IDA





ALDERGROVE

Aldergrove Community League 8535 - 182 Street, Phone: 780-481-1588 Fax: 780-489-6283 Aldergrove Daycare: 780-481-9153 E-mail: aldergro@telusplanet.net www.aldergroveonline.com Facebook: AldergroveCommunity Edmonton **OFFICE HOURS:** Monday - Wednesday 9 a.m. - 3 p.m. Thursday - Sunday Office Closed

Aldergrove Community League Executive

PRESIDENT Kathy Katzenback VICE PRESIDENT Laurél Hawkswell TREASURER Gary Adams BLDG. & GRDS. Aaron Clark SPORTS Damigu Djagbare MEMBERSHIP Brenda Kaczor PUBLICITY Laurel Hawkswell CASINO Nanci Cavill SOCIAL Kathy Katzenback NEIGHBORHOOD WATCH VACANT WEBSITE Susan Berezowsky CIVIC AFFAIRS Gary Adams Non-voting Positions: SOCCER Damigu Djagbare CHILDCARE DIRECTOR Lori Engman SECRETARY Connie Bowie

No good deed goes unnoticed -

Please consider giving a bit of your time.

Find out what's happening at our monthly meetings. Call 780-481-1588 for the next meeting date.



CANADA 150 COMMUNITY CARNIVAL

JULY 1, 2017 4:30 - 10:30 PM
Talmud Torah Sports Fields at 64 Ave & 176 St

Aldergrove Community League is going to be a part of a larger community celebration this Canada Day. Enjoy this great **FREE** event at the Talmud Torah Sports Fields at 64 Ave & 176 St.
- Inflatables - Story Telling - Face Painting - Henna - more fun activities

- Cake - BBQ - and more!

- FIREWORKS @ 10:20 pm

Carnival organized by MAC (Muslim Association of Canada) with several community leagues joining in and adding to the festivities.

CASINO VOLUNTEERS NEEDED

Friday, September 8 & Saturday, September 9, 2017

OUR BIGGEST FUNRAISER! We get a casino date once every two years and Aldergrove Community League depends on the funds. It is by far our best opportunity to raise funds for the league.

Day or evening shifts available. It's easy! You will be given clear instruction and guidance, recieve a free meal during your shift. As a thank you you will recieve a \$100. Volunteer Chit that can go towards a Aldergrove hall rental, Aldergrove daycare fees, Aldergrove sports & classes.

Sign up at: Volunteersignup.org/JDMQW
For questions about volunteering, or to sign up to help
email Nanci at: nancicavill@gmail.com or call 780-446-2382

THANK YOU!

A big thank you to the community league board members and their families for coming out on the evening of May 9th, to pick up litter in the community league/school park area and also at Primrose Park.

COMMUNITY LEAGUE DAY BIG BIN & DANCE

Saturday, September 16, 2017 at Aldergrove Community League

BIG BIN 9 am - 4 pm

With a current Aldergrove Community League membership, you can dump your junk in our Big Bins! Regular Big Bin rules apply. \$35. memberships available for purchase on site.

DANCE 7 - 11 pm

FREE event for Aldergrove Community residents! D.J. dance party, snacks, refreshments, firepit and evening fireworks! Children must be supervised.

Changes to party details may occur.



ZUMBA TUESDAYS, 6:30 - 7:30 pm Contact Leah at 780 - 472 - 6238 to register.

HATHA YOGA with Audrey

WEDNESDAYS, 6:30 - 7:30 pm

Contact Connie at 780 - 481-1588 to register or for questions.

FREE STYLE YOGA with Krista

THURSDAYS, 6:30 - 7:30 pm

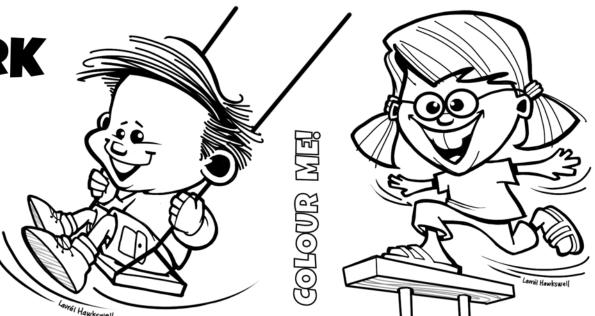
Beginners welcome! Please contact Krista for session details at: krista@kpoweryoga.com

FREE SWIMMING See front page for info.

PRIMROSE PARK PLAYGROUND REBUILD

Primrose Park is located in Aldergrove at 189 Street between 85 Ave and 188 Street.

There is progress on the Primrose Park Rebuild! A committee has been set up! We still welcome your help. If you have interest in lending a hand, contact Aaron at primroseparkrebuild@gmail.com



The needs assessments are out and are a vital part to

rebuilding the park. We urge everyone to fill one out and return it as soon as possible. Needs assessments were mailed out and are also available to download from our website www.aldergroveonline.com You can also complete and online version at: http://Goo.gl/TnG9ez

For further information and updates, you can also like the Primrose Park Rebuild on Facebook at www.facebook.com/primroseparkrebuild

PARTY IN THE PARK FUNDRAISER August 19, 2017 Time: TBA

Come to Primrose Park to enjoy a BBQ, support the Primrose Park Rebuild and take part in fun family activities. Time for the event will be posted closer to the event, on neighbourhood signs, on the Aldergrove Community League website and on the Facebook page: Primrose park Rebuild

ALDERGROVE HALL RENTALS

CONTACT CONNIE for more info at 780-481-1588 www.aldergroveonline.com

We have a recently renovated kitchen and new hall flooring! We've also painted and put up new sound board coverings. It's the perfect space for your event! We have a meeting room, board room, half hall rentals, full hall rentals with kitchen (200 person maximum capacity), with week night or weekend times available.

OUT OF SCHOOL CARE SPOTS AVAILABLE

CONTACT LORI for more info at 780-481-9153

Aldergrove Community League's not-for-profit daycare is a great environment for kids! Need a hand? ... We have day care spots available full time, part time, casual or drop ins

ALDERGROVE COMMUNITY INFO

On Facebook: Aldergrove Community League Aldergrove Website: www.aldergroveonline.com Edmonton Police Service:

Go online to "EPS" and under the sidebar "Contact EPS" you will find "EPS Mobile App". This mobile phone app may be good for a variety of community based information.

Lorne Dach, MLA **Edmonton-McClung** We want to know what priorities you would like your MLA to focus on in your community. Please contact our office to tell us your thoughts and concerns. Our constituency office staff are also available to help you with contacting provincial government departments, programs and services. We look forward to talking with you! Contact Our Office #301, 6650 - 177 Street Edmonton, AB T5T 4J5 780.408.1860 edmonton.mcclung@assembly.ab.ca

Bicycle Safety



* Adapted from the City of Edmonton "Cycling Laws and Safety" webpage.

Here are some reminders about the rules for bicycling in Edmonton. Let's all help keep our community safe for cyclists and others sharing the road!

Cyclists MUST HAVE the following equipment based on provincial and municipal regulations:

- Helmet, if under the age of 18. This includes children in trailers. Adults are encouraged to wear a helmet.
- Bell or horn
- Brake
- White headlamp, red tail lamp and red rear reflector, when cycling at night

Only bicycles with wheels less than 50 cm (children's bikes) are permitted on sidewalks unless signage says otherwise. So:

- People riding bikes have the right to be on the road. If you are driving a motor vehicle, please watch out for cyclists!
- If you are an adult cyclist with the skills to handle a bike in traffic, legally you should be cycling on the road. The City of Edmonton's "Cycling on Sidewalks" bulletin says that cycling on sidewalks is unsafe because they are full of obstacles (pedestrians, strollers, benches, sign posts etc) and because a high percentage of car-bike collisions happen at intersections when the cyclist is coming off

Cyclists on special shared-use sidewalks should give right-of-way to pedestrians, give audible warning of your approach, and be careful when re-entering roadways.

Cyclists have the same rights and responsibilities as motor vehicle drivers and must obey all rules of the road. In Edmonton, cyclists do not need a license, but they can be ticketed for breaking traffic laws.





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T ogether

Dr. S√etlana Pa√lenko Ward 5 - City of Edmonton

Phone: 587-974-3455

www.SvetlanaPavlenko.ca

October 16, 2017



Solution to Sunken & Uneven Concrete!

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HY 30 AT JUNIOR IGH SCHOOLS?

As of September 5, 2017, school zones are in effect around elementary and junior high schools throughout Edmonton. Motorists are required to slow down to 30 km/h between 8 a.m. and 4:30 p.m. (08:00 - 16:30) on school days where school zone signs are posted.

WHY IS IT IMPORTANT TO SLOW DOWN?

The lower speed limit protects our most vulnerable road users: our children.









∠□□□ EDMONTON

08:00 - 16:30 SCHOOL DAYS

edmonton.ca/visionzero

VISION ZERO EDMONTON: zero traffic fatalities and serious injuries





Callingwood/Lymburn Community League

18740-72 Avenue Edmonton AB T5T 5E9 Website: www.callingwoodlymburn.com Email: callingwoodlymburn@hotmaill.com

Callingwood-Lymburn Community Bingos



Volunteer to help out at bingo! Meet people in your community, and enjoy a free meal. It's simple and fun, and lets you get to know your neighbours.

Bingos are important fundraisers that help support the community league's programs and events. Volunteers receive a "chit" which can be redeemed for various programs.

Volunteers are always welcome, especially for afternoon shifts.

Upcoming Bingo Dates:

Afternoon 11am to 3:30pm Friday August 25, 2017 Evening 5pm to 9:30pm/**11:30pm Saturday June 24, 2017 Friday July 21, 2017 Wednesday August 16, 2017

Interested in volunteering?

Contact our bingo chairs: Terry Courtney 780-487-8421 / terrycourtney@hotmail.com Andre Derock 780-709-1385 / Andre_Derock@yahoo.com

ock@yahoo.com Kathy Kammermayer 780-481-2695 /

kkamm77@gmail.com

Thank you for volunteering!!

CLCL Hall Rentals



CLCL offers two great locations to host your event.

- Birthday Parties
- Wedding Receptions
- Corporate Events
- Baby Showers
- Family Gatherings

Rates:

- \$40.00/hr
- 25% discount for CLCL members

Hall 1 – Callingwood Recreation Centre Meeting Room:

- Capacity for 35 people
- Tables and chairs
- Hall:
- Capacity for 80 people
- Kitchen with Fridge and Stove
- Tables and Chairs

Hall 2 – Callingwood-Lymburn Community Hall

Amenities include:

- Capacity for up to 75 people; 900 sq. ft.
- Kitchen w/fridge, stove, microwave, fully equipped
- Tables and chairs
- Access to Skating Rink
- Skating Rink available for rent for private functions

Note: Some restrictions may apply. Renter will be required to provide cash deposit, proof of insurance and liquor license may be applicable.

For more information or to book a hall rental contact:

Hall 1: Deanna Logan 780-486-4022

badkcatlogan@hotmail.com

Hall 2: Lisa Madsen 780-444-0235 madsen@telusplanet.net

Callingwood-Lymburn Community Playschool

At our playschool, our kids live, love, laugh and learn!



As of May 28, we still have afternoon spots available in our 3 & 4 year old playschool program for 2017/2018!

For more information, please visit our website http://callingwoodlymburnplayschool.com. For questions or to register your child, please contact Monique Hampson at info@callingwoodlymburnplayschool.com.

The Callingwood-Lymburn Community Playschool is a parent co-operative program offered by the Callingwood-Lymburn Community League. We are located within Lymburn Elementary School at 18710 – 72nd Avenue.

Our school has adopted the Learn Thru Play philosophy, believing that helping children to use their imagination fosters wonderful daily opportunities for learning. The purpose of the playschool is to provide enriching pre-school experiences for children from the ages of 3 to 5 years old.

Children who are turning 3 between September and October 31 can participate in our 3 year old program! The child must be potty trained, and must attend with their parent/guardian until the child turns 3 years of age.

Edmonton 311 App

The City of Edmonton has provided an app for smartphones.

With the 311 app Edmonton residents are able to report: potholes, damaged sidewalks, damaged trees, litter and graffiti.

This user-friendly app lets you upload photos of the structure or property you are concerned with, as well as add an exact location with its GPS map.

An officer will investigate your complaint within 4 business days.

Callingwood-Lymburn Community League Membership Benefits

Callingwood-Lymburn Community League memberships are available for \$35 for a family and \$20 for an individual adult. Individual and family memberships are valid 1 year from September 1st (current year) to August 31st (following year).

With your membership the following is available:

- Free public swimming (times subject to change) Jamie Platz YMCA: Sundays 5:00 pm to 7:00 pm
- 25% discount off the rental of the meeting room or the hall at the Callingwood Recreation Centre
- Free playgroup program for preschool children (birth to 6 years) Tuesday mornings upstairs at Callingwood Recreation Centre
- Free admission to the Jamie Platz YMCA multi-purpose room. Children 5 years and under require parental supervision

Tuesday: 6:00 pm to 9:00 pm Thursday: 11:30 am to 2:00 pm Saturday & Sunday:

All day from 7:00 am to 9:00 pm

- 20% discount on annual or monthly passes or 15% discount on multi admission passes at City of Edmonton's Recreation facilities. The following programs are available with your membership at an additional cost:
- AKF Karate: Both a children and adult program is offered through the community league. This "Wado Style" program runs from mid-September to April.
- Soccer: Both an indoor and outdoor soccer program is run with the Edmonton Minor Soccer Association and the Edmonton West Zone Soccer Association. This program is available for girls and boys ages 5 to 18.
- Playschool: A parent co-op "learn-thruplay" program taught by qualified teachers is available for 3 and 4 year olds during the week at Lymburn School. Classes run morning and afternoon Tues/Thurs and Mon/Wed/Fri. Visit the playschool website at callingwoodlymburnplayschool.com. Business Discounts:
- 15% discount at Happy Camel (6404-177 St)
- 10% discount at Princess Florence Handbags and More (16412-100 Ave)
- 25% discount off all public courses at University of Alberta Technology Training Centre (www.ttc.ualberta.ca)
- 15% discount off programs offered by Mommy Connections – West Edmonton (www.mommyconnections.ca/Edmontonwest)
- \$5 off a \$50 purchase at M&M Meat Shops (Callingwood 6655-178 St)
- •25% off tickets at Jubilations Dinner Theatre • Discount off enrollment fees at Curves Edmonton West 17728-95 Ave (780-484-4234)

FOR A MEMBERSHIP email jessicasaesthetics@gmail.com or visit our website at www.callingwoodlymburn.com

CLCL Big Bin Event

CLCL will be holding our 2nd annual Big Bin Event for our members on Sunday, August 20 from 9 am to 3 pm at the Lymburn School parking lot. A valid membership must be shown to use the bins and can be purchased on site at the event.

Acceptable items:

• Couches, chairs, mattresses and other household furniture items too large for curbside pickup

Non-acceptable items:

- · Commercial waste
- Household appliances
- Computers, televisions and other household electronics. Please take these items to an Eco Station where they are accepted at no cost.



· Household hazardous waste like paint, oil. Please take these items to an Eco Station where they are accepted at no cost.

Green Shack at Lymburn Park

The City of Edmonton's Green Shack Summer Program will be running at Lymburn Park in the mornings from July 4 to August 24 (10:30am-1:30pm, Monday-Friday).

This FREE program is for children ages 6 - 12 years old (children under 6 are welcome but must be supervised by a parent or guardian).

You'll find a list of upcoming activities posted on the side of the Green Shack each week.

Visit the City of Edmonton's website for more details about the program.



Welcome to another issue of CLCL President Message:

It's so nice to see all the CLCL families out on the soccer pitches and baseball diamonds. While the players enjoy running the bases or chasing soccer balls (or butterflies in some cases) and re-connecting with friends and teammates, parents also re-connect and catch up on news as they stand on the sidelines. CLCL has one of the most successful soccer programs in the entire west end and a lot of the credit goes to our NEW Soccer Director, Kevin Kraglund! Though new to the position, his hard work has kept the program alive, with the retirement of Vic Brown.

This past membership year, Jessica Rochlitz has revived our playgroup program on Tuesday mornings. If you have young children, 6 and under, come join her. It's not just playtime for them; Jessica has fun crafts for the children to do too! Playgroup will hold its last session on Tuesday June 13. It will break for the summer and restart some time in September. A big thanks to Jessica for her hard work!

We've got some upcoming events so.... Save these Dates

CLCL Big Bin Event

CLCL will be holding our 2nd annual Big Bin Event for our members on Sunday, August 20th from 9 am to 3 pm. A valid membership must be shown to use the bins and can be purchased on site at the event. For more details including acceptable items, see our Big Bin article.

25th Kites Over Callingwood

This year CLCL's 25th Kites Over Callingwood Festival will be an extended event on Saturday, September 2. Please see our Kites article for more details.

FAREWELL

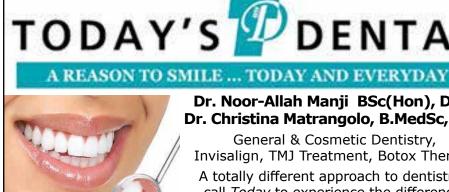
With all the talk of Kites Over Callingwood it is time to say farewell and thank you to Sharon Brown, who has organized the event for many, many years. Without her hard work, commitment and determination this event would not be what it is today. We wish Sharon and Vic the best in their retirement years.

In these newsletter pages, you will come across many events and happenings that create and support our vibrant community. Perhaps you want to engage in making an impact for yourself, your family and your neighbours? In September, at our Annual General Meeting, you can become actively involved in our community by committing your skills and expertise to our Community League Board, through an elected position or by expressing interest in initiatives you'd like to be involved in. We have vacant board positions, Vice President, Member at Large, Programs Director, Civics Director and with the retirement of Sharon Brown, Kites Over Callingwood Director, to fill. Please take the summer to think about becoming involved and making our community an even better place to live in.

I hope to see lots of community members out to these upcoming events and also hope everyone enjoys the rest of the soccer and baseball season and has a wonderful summer!

Erin Harrigan CLCL President





Dr. Noor-Allah Manji BSc(Hon), DMD Dr. Christina Matrangolo, B.MedSc, DDS

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Outdoor Soccer

I love what Eduardo Galeano – a Uruguayan journalist, writer, and novelist who died in April 2015 – was quoted to have said about soccer: "I'm attracted to soccer's capacity for beauty. When well played, the game is a dance with a ball."

Despite a delayed start due to weather, CLCL's outdoor soccer season has truly been a beautiful dance. Amongst the many dancers are not only the players themselves, but the many devoted volunteers who have helped to make this season such a success. On both the frontlines and behind-the-scenes, our volunteers have ensured that our children have been gifted with a positive and fun-filled opportunity not only to kick balls around a field, but to build long-lasting friendships. And of all our volunteers, it's our coaches and team officials who deserve a special note of thanks.

Though we did have significant struggles finding coaching support for some of our teams, our community's true colours continue to shine as many parents and other community members have stepped forward. And for this I am personally and profoundly grateful – for without coaches, CLCL wouldn't have been able to be 17 teams strong, with full rosters. Indeed, our CLCL Soccer Program is alive and well!

Regrettably, we needed to turn many away who inquired about registration by the end of April as our teams were formed and full. Please do ensure that you mark your calendars for February 2018 when registration will open once again for the outdoor season. I'd also encourage you to watch for more information in future newsletters, school handouts, road signage, etc. Also stay tuned for information about the indoor soccer season starting in the Fall. If you'd like more information about soccer, please either visit www.emsawest.com or email me at clclsoccer@telus.net. So enjoy the dance everyone!

Kevin Kraglund CLCL Soccer Coordinator









. Perle New

La Perle Community Hall Rental Information

2017 La Perle Community Hall Rental Information

18611 97A Avenue Phone: 780 486-4426 Email: laperle@laperle-community.ca For photos please visit our website: www. laperle-community.ca

La Perle Community Hall is the perfect location to host a family gathering, wedding reception, family reunion, company meeting or a holiday party for your family and friends. Our facility is equipped to hold events up to 150 people and is Wheel Chair Accessible and is equipped with handicapped bathroom facilities. Amenities include a large kitchen with one stove, microwave, full fridge, new counter tops, large deep sink and ample counter space as well as a Lockable Bar Area equipped with a deep freeze, stand up cooler and industrial coffee maker. For seating choices we offer 29 rectangle tables (6' x 2.5') and 12 5' round tables as well as 150 black folding chairs. Adjacent to the Community hall is an Outside Patio, Playground, baseball diamonds, soccer fields, basketball nets and tobogganing hill. The Community Hall offers competitive rates for rentals. Community members may rent the hall for a discounted price, but must hold two consecutive years of membership.

LaPerle Community League provides all cleaning products and equipment as needed Not Provided: Dishes, cooking utensils, Linens, Decorations, Sound System, Projector or Screen

Weekday rental (3 hour minimum) Monday to Thursday & Sunday morning or Afternoon La Perle Member Rate \$45.00/ hour Non-members \$55.00 / hour

Friday, Saturday or Sunday One Day Rental 8:00 am - 2:00 am

La Perle Community Members \$450.00 Non-member rate \$550.00 / day

To set up the evening before (3 hour max) please add \$50.00 (based on availability)

Full Weekend / Wedding Packages From Friday 12:00 pm to Sunday 12:00 Noon La Perle Members \$650.00 Other Community Members \$775.00

SKATE SHACK (Can also be used as a meeting room)

(Washrooms, fountain)

La Perle Members: \$20.00 / hour members: \$30.00 / hour Damage Deposit \$250.00

Insurance: *All renters must obtain Liability Insurance for their functions that name La Perle Community League as additionally insured.

You can purchase this insurance from Foster Park Brokers by following this link. https:// www.fpb.ca/Home

*All renters who will be serving alcohol must obtain a Liquor License, which can be purchased at any liquor store.

*La Perle Community League will require copies of insurance

Pre-paid cleaning service available for a fee (\$175.00) and availability

THE USE OF GLITTER/SPARKLES/ CONFETTI, FOG MACHINES OR OPEN FLAME CANDLES ARE NOT PERMIT-TED IN THE HALL.

To maintain our soundboards and floors no sporting activities are permitted in the facility. (sport ball / floor hockey etc)

All renters need to be over the age of 25, and provide Gov't Issued ID and valid credit card as well as a current Community Membership from within the City of Edmonton

All rentals subject to a CASHABLE \$550.00 Damage Deposit with the exception of the Skate Shack \$250.00

To secure a rental the Damage Deposit must be received at time of booking (cash/chq

** La Perle Community League reserves the right to rent only to those that meet or exceed the rental requirements. The La Perle Community League also reserves the right to cancel any function that is deemed inappropriate or harmful to community members and does not meet all contractual obligations.

*Rates are subject to change without notice.



La Perle Community League Casino

When: Oct 02 & 03 / 2017 Where: WEM Palace Casino Please Consider Volunteering

Call or Email Barb to Volunteer or for more info:

(780) 489-1766 tyelsi@telus.net

CASINO FUNDS HELP TO KEEP OUR HALL RUNNING AND PROVIDE PRO-GRAMS & COMMUNITY EVENTS.

La Perle Community League 18611 97A Ave Edmonton, AB T5T 4C1 Email: laperle@laperle-community.ca Website: www.laperle-community.ca

Phone: 780 486-4426 Fax: 780 481-1726 Facility Manager: Cathy Johannesson

2017 - 2018 EXECUTIVE:		
President	Trevor Eliott	780 909-3477
Vice President	Denis Ricard	780 489-4485
Treasurer	Ken Grovet	780 483-1293
Secretary	"insert your name here"	
COMMITTEES:		
Casino Director	Barb Brazel	780 489-1766
Communications Director (NEWSLETTER)	Barb Badry	780 486-4426
Crime Prevention Director	Ken Kirsch	780 263-5103
Events Director	"insert your name here"	
Membership Director	"insert your name here"	
Sign Update	Rachel Johnson	
Soccer Coordinator	Cathy Johannesson	
Social Director	"insert your name here"	
Website Director	Andre Blanchard	
Director at Large	Amanda Percy	
Director at Large	Robin Brazel	
Community Recreation Coordinator	Una Bryce	780 944-7593
La Perle Community Playschool (Located in La Perle Elementary School) Room 14, 18715 97A Avenue www.laperleplayschool.com	President: Amanda Percy	1 866 927 6020 780 484-1767

Because YOU'RE THE TYPE TO SAVE A LIFE...

Did you know that every 60 seconds someone in Canada needs blood?

Canadian Blood Services needs to recruit approximately 14,000 NEW donors each year in Alberta to continue to meet hospital NEEDS in the province.

2017 Clinics at La Perle Community League All clinics run from 9:00 am – 2:00 pm

Saturday, June 17th Wednesday June 21st 3:30 - 7:30 Saturday, September 30th Saturday, December 30th

Call 1 888 2 DONATE (1 888 236-6283) TO BOOK AN APPOINTMENT OR VISIT www.blood.ca

Walk in's are welcome.

Zumba at La Perle

ZUMBA® and PARTY YOURSELF INTO SHAPE WITH LEAH AND TERESA! This Latin-inspired, easy-to-follow, calorieburning, dance-fitness party is the most fun you can have exercising. Come join the party! Open to men and women ages 16+.

Classes located at La Perle Community League 18611- 97A Ave Thursday evenings from 6:30 -7:30pm. Contact Leah for information, class fees or to sign up at 780-910-7657



Are you a fair-weather scooper?

We all know we should pick up our dog's poop, but it's very easy to forget a bag or look the other way especially when no one else is around.

Don't be that kind of dog owner. Make a point of scooping your dog's poop every single time they go on public property. Carry a few bags with you so you're always prepared to pick up after your dog. It's also important to regularly clean up pet waste on your own property.

Neglecting to pick up after your dog could mean that someone else picks it up ... on their shoes. Far more seriously, it could expose people and other pets to bacteria, viruses and parasites in your pet's waste. You could also end up with a \$100 fine.

There's no denying that scooping up poop is an unpleasant job, but it's a responsibility that comes with owning your dog and a small price to pay for the joys of owning a furry friend.

Help keep the pathways around the league poop free. Please remember that all dogs on parkland must be on a leash. La Perle rinks are not considered an off leash park; please refrain from using them for your dogs.



Community League Memberships

Community Memberships are \$35.00 for a family membership or \$20.00 for a Senior or single ADULT membership.

Please make cheques payable to the La Perle Community League.

Memberships are valid from September 1st – August 31st of the next year

Drop off this form and payment in the secured mailbox at the front of the hall located at 18611 97A Avenue Questions, please contact the office ~ 780-486-4426 or our Membership Director, Barb Brazel 780-489-1766 Membership cards and skate tags will be delivered or mailed.

DATE		
DATE:		
Adult #1:	Adult #2:	
Address:	Postal Code:	
Phone:	Email:	
Childrens Names: DOB M/F		
1	4	
2	5	
3	6	
Membership Type: Family Senior Adult Single	Skate Tags?	
Can we contact you if we need volunteers? Yes No		
Would you like to receive news from your League via email? Yes No		
What are your families interests? (eg. Soccer, Swimming, Playschool, Skating, Fitness) If our rinks were to open this season would you use them?		
Please feel free to comment below:		
rease reer free to comment octow.		



La Perle Community Playschool:

"The Stepping Stones of Early Learning"

Registration for the 2017-2018 School Year has already begun!

Class options include:

- 3 Year AM (Tuesdays & Thursdays 9:00-11:00am)
- 3 Year PM (Tuesdays & Thursdays 1:00-3:00pm)
- 4 Year AM (Mondays, Wednesdays, Fridays 9:00-11:15am)
- 4 Year PM (Mondays, Wednesdays, Fridays 12:45-3:00pm)

Check our website, contact our Registrar, or follow us on Facebook for further details: laperleplayschool.com 1-866-927-6020

After contacting our Registrar, you may attend our Registration Night at LaPerle Community Hall: Tuesday, August 22

Highlights of the Program include:

- "Learn Through Play" philosophy Kindergarten readiness skill development
- A non-profit parent-cooperative, allowing each family to play a crucial role in their child's education
- Fun, developmentally appropriate themes to enhance learning
- Child-centered, holistic approach to management, teaching, and learning Over 35 years combined teacher
- experience

Subsidy is available for eligible families

CPR Classes at La Perle

All La Perle Community League Members receive 50% off of our CPR and AED training courses, Membership number required.

Upcoming courses

Sunday, July 2nd 8 am - 12 pmSunday, July 16th 8 am - 12 pmSunday, October 22nd 8am – 12 pm Sunday, November 26th 8am – 12 pm

Life-Rescue is an Edmonton based medical training company, owned and operated by active Medical First Responders. We ourselves are residents of the community, and being so we would like to offer all La Perle Community League Members 50% off of our CPR and AED training courses.

The importance of being trained in CPR and AED usage

- 5% survival rate If someone is having a heart attack and is not given correct medical attention.
- 80% survival rate If an AED is used correctly within 1 minute of the heart
- 10% decrease is survival rate per minute medical attention is not given – The importance of correct medical training is essential to maximize a patient's survival rate Who should consider taking a CPR/AED course?
- Parents with children
- Adults whose parents are now seniors, and may be living with them
- Anyone considering a career in front-line services

Anyone who is responsible for others – Ex. Babysitter, Coach of a Team, etc

Anyone who wants to learn what to do if there is a medical emergency

What we offer

- "Heart & Stroke Basic Life Support (BLS) Provider (C) & HeartSaver (C)"
- This course includes:
- CPR for adults, children and infants
- 1 and 2 rescuer CPR o
- **AED** training
- Choking in adults, children and 0 infants
- How to use basic airway devices pocket mask and the Bag-Valve mask
- Red Cross Standard First Aid, Emergency First Aid and CPR/AED (C)
- Same content as Heart & Stroke o HeartSaver (C)
- Also includes wound care, spinal care, bone/joint injuries and environmental emergencies

Additional courses can be planned at any time, based on demand

Please contact Cathy @ La Perle Community League 780-486-4426 or Jesse Bowdige (contact information below) for inquiries or to enroll

Jesse Bowdige, BBA Life-Rescue - Operating Partner JBowdige@Life-Rescue.ca (780) 965-2351 Edmonton, Alberta, Canada Website: www.Life-Rescue.ca



Free Swimming

Show your 2016 – 2017 La Perle Community Family Membership and enjoy Free Swimming at Jamie Platz Family YMCA every Sunday from 5 – 7pm!

Members will need to sign in by showing their current Community League Membership card.

You will also have access to the Toddler Zone (up to 5 years of age) and the Family Room (ages 5 & up) to enjoy Air Hockey, Foose ball, Ping Pong, Traverse climbing wall, Piano.... on Saturday and Sunday from 8 AM - 8 PM, Tuesdays from 6-9 PM



Soccer News!

Indoor Soccer Registration (Online ONLY)

EMSA West will be accepting Online Registration and Payment for the 2017 Indoor Soccer Season beginning in July.

-Payment Accepted online: Visa, Master Card, all other forms of payment will need to be brought into their office. Note: Kidsport/ Jumpstart applications, please contact their office. 780 451-6453

Please visit EMSA West soccer website for further details.

www.emsawest.com

*** YOU MUST purchase your NEW 2017 - 2018 Community League Membership PRIOR to registering. Your 2016 memberships are not valid for the program that begins in October

Memberships can be purchased at www.efcl. org or during office hours at La Perle Community League Hall

New La Perle Community Memberships will be available anytime after June15th at La Perle.

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4 Year AM (Mondays, Wednesdays, Fridays 9:00-11:15am)

4 Year PM (Mondays, Wednesdays, Fridays 12:45-3:00pm)

Please spread the word!

Check our website, contact our Registrar, or follow us on Facebook for further details: laperleplayschool.com 1-866-927-6020

Highlights of the Program include:

- "Learn Through Play" philosophy
- Kindergarten readiness skill development
- A non-profit parent-cooperative, allowing each family to play a crucial role in their child's education
- Fun, developmentally appropriate themes to enhance learning
- Subsidy is available for eligible families

Membership Perks

If you live between 179 Street to 190 Street bordering between 95 Avenue and 99 A Avenue then you are a La Perle resident.

Memberships are valid from September 1st to August 31st of the following year and offers you the following:

- · Free Swimming at Jamie Platz Family YMCA, 7121 178 Street on Sunday's from 5 7 PM. Members will need to sign in by showing their current Community League Membership card. You will also have access to the Toddler Zone (up to 5 years of age) and the Family Room (ages 5 & up) to enjoy Air Hockey, Foose ball, Ping Pong, Traverse climbing wall, Piano.... on Saturday and Sunday from 8 AM 8 PM, Tuesdays from 6 9 PM
- · A \$10.00 Gift Certificate to Famoso Pizza at West Edmonton Mall location Expires July 31, 2017
- $\cdot\,$ Jubilations Dinner Theatre 25% OFF the regular adult ticket price
- · Discounted prices at "Curves" Terra Losa location
- · 50% off Life Rescue CPR classes at the hall
- · Allows La Perle post-secondary students to apply for Today's Dental Scholarship, must live within La Perle Boundaries

- · Free skating at any of the open community outdoor rinks in the Edmonton Area. Skate tags required.
- · Free ice skating at Callingwood Recreation Centre. Call 311 for dates and times.
- · Allows you to have a vote at our Annual Town Hall Meeting
- · Allows you to register for Indoor and Outdoor Soccer, Basketball and La Perle Playschool
- · Member rates on La Perle Hall rentals (must have held a membership from the previous year as well)
- · Reduced rates for La Perle sponsored classes.
- · Green Shack at the La Perle Playground during the months of July and August a joint venture with the City of Edmonton
- Yearly Community League Day Big Bin Event, Fireworks presentation and more!
 Mark your calendar for September 16, 2017!
 February Outdoor Family Event (based on
- having a Social or Event Director)

 · Stars & Cars Classic Car Show Meet
 our local heroes, the First Responders Free

 Petting Zoon, Hot Air Balloon, Bouncy
 Castle Sponsored in part by Re/Max July

22, 2017 11:00 – 3:30 pm at La Perle Community League.

· Access to the Community League Wellness Program, which provides admission discounts to City-operated Sport and Recreation Facilities. Show your league membership card at any one of the City of Edmonton's Sports and Fitness Facilities and you can get 10% off adult or a family annual pass, Continuous monthly Pass or Multi-Admission

Passes

Do you know of a business or group that would like to contribute to our membership perks?

We'd love to hear from them!

All Community Events require volunteers. Please contact the office if interested Open Volunteer Positions:

Communications Director (Newsletter) / Events Director (Community League Day) / Social Director (Dances / Programs)

Drop in and give Zumba a try! Thursdays 6:30 – 7:30 Call Leah for info or to register! 780 910-7657

~Life-Rescue CPR courses (50% C/L member discount) Please contact the office to register. www.Life-Rescue.ca

La Perle needs input from the next generation of young families in the Community.

If we don't know what you want – how can we deliver?

Remember: Just because your children have grown, are not playing youth sports anymore, this is still YOUR community

Let's try and make it the best for all ages young, old and those in between!

New to the area and want information? Stop into the hall and let's have a chat!

Message From Your President

It seemed to take forever, but spring is finally here! 2017 has not been without excitement either with the Oilers finally ending an 11-year playoff drought. Those boys made our city proud and should provide several more seasons of playoff action. Around our community, the excitement continues as the designs for the new Lewis Farms Recreation Centre were unveiled which will include a large aquatic centre, three gymnasiums, ice rinks plus many more amenities along with a library and district park. For more information on the new Lewis Farms Recreation Centre plans, visit the La Perle FaceBook page. Spring is also the time for our annual town hall meeting. Thank you to all the members who attended the meeting on April 23rd and contributed to a great discussion. After much discussion, the community has made the difficult decision to close the rinks indefinitely. The rinks have become very expensive to continue running and inclement weather continues to reduce the number of days the rinks are operational. La Perle executive are currently in discussion with Belmead executive to determine how we may be better able to share costs and benefits of programs and services, including their rink. The La Perle board is currently discussing what may be done with the rinks now that they have been closed. The board welcomes any suggestions our members may have.

Spring is also an exciting time for the new Naturescape program. Volunteers will be needed to help with the watering and caring of the project over the summer. Those interested may contact Director Melissa Urusky. We kindly request that pet owners please keep their pets away from the project so that we can preserve the hard work the community continues to invest in this project. We also encourage participation in the Front Yards in Bloom and Balconies in Bloom programs. Please check the website for more information: https://www.edmonton.ca/programs_services/landscaping_gardening/front-yards-in-bloom.aspx

The Green Shack program will once again operate this summer Mondays through Fridays 2:30pm to 6:00pm and Fridays 1:30pm to 5:30pm. The Belmead Green Shack program will be operating 10:00am to 1:30pm.

Good luck to all our soccer teams competing this year! Thank you to all the coaches and volunteers who make these seasons happen. Casinos are the top fundraiser for our community. Please contact Barb Brazel to volunteer for the La Perle casino at the Palace on October 2nd & 3rd.

Have a great summer! See you July 22nd for the Stars and Cars Safety Fair and Classic Car Show at LaPerle Community. Please see the advertisement for more information.

Trevor Eliott President

City of Edmonton Big Bin Events

Big Bin Events allow residents to dispose of household items too large for regular collection at no charge.

Materials Accepted

- · Couches, chairs, mattresses, and other household furniture items too large for curbside pickup
- · Fridges, freezers, washers, dryers and other large household appliances (will be recycled)
- · Computers, televisions and other household electronics (will be recycled)

Materials Not Accepted

- · Commercial Waste
- · Household Hazardous Waste please take to an Eco Station. They will be accepted at no cost.

Reusable Items

Reuse Centre items will be accepted. Check our list of acceptable items. If you have items that are in good condition and can be reused, you can donate them.

Our online Reuse Directory provides a list of charities and businesses that can reuse many gently used household items.

2017 Big Bin Events Twelve Big Bin weekend events are held in various locations throughout the city. All events run from 9 am-5 pm.

Date	Location	Address
June 10 & 11	Woodcroft	13915 – 115 Avenue
June 17 & 18	Commonwealth Stadium	112 Avenue & 90 Street
June 24 & 25	Callingwood	17740 – 69 Avenue
Aug 19 & 20	Jasper Place	9200 – 163 Street
Aug 26 & 27	Clareview Recreation Centre	3804 – 139 Avenue
Sept 9 & 10	Terwillegar Recreation Centre	2051 Leger Road
Sept 16 & 17	SW District Yard	6609 Gateway Blvd
Sept 23 & 24	Commonwealth Stadium	112 Avenue & 90 Street

Did you know?

The 2016 Big Bin Events had 11,186 visitors and accepted 1,796 tonnes of material.





KOT Summer Day Camps for Grades K-6:

Low cost day camps with daily excursions starting July 3rd, details online.

Locations: West Edmonton Schools & Community Leagues

KOT Youth Day Trips & Outdoor Adventures Shift Out of Boredom & try some new activities! -biking, wall climbing, frisbee golf, geo-caching, & MORE!

Register Now!

Stop by our office or register online TODAY! Questions? Contact us @ 780-481-2942.

KOT Family Picnic June 10 @ 11am-2pm Enjoy a free afternoon of food, fun & games for all!

Location:

Britannia/Youngstown Community League 15927 - 105 Avenue

Need a ride? Call our hotline (780-481-2942 ext:1)

For more info visit www.kidsontrack.org

2017 COMMUNITY EVENTS AT THE MARKETPLACE AT CALLINGWOOD



Open Sundays 10-3 & Wednesdays 12-5 in the covered courtyard next to Safeway.



FREE drop-in fitness classes with Jamie Platz YMCA instructors at Callingwood Farmers' Market, Wednesdays at 1pm. Fun for all ages and fitness levels. Kids and seniors friendly.

June 7, 21	Circuit Training
June 14, 28	•
July 5, 19	Circuit Training
July 12	Zumba
July 26	Yogg for Seniors

Aug 2, 16, 30	Circuit Training
Aug 9	Zumba
Aug. 23	Yoga for Seniors
Sept 6, 20	Circuit Training
Sept 13	Zumba



Saturday, June 17, 1-4 pm

Bring the kids to meet their favourite princesses and superheroes! There'll be photo opps, bouncy castles, DJ'd dance party, circus performances, crafts and much more! Plus hop on a horse drawn carriage ride around the parking lot. Event located in the covered courtyard next to Safeway.



Bring the kids to enjoy fun, free & interactive activities each month.

June 14, 12-5pm A
July 12, 12-5pm P
Aug. 16, 12-5pm E
Sep. 13,1-2:30pm E

Adventure Bus (12-3), Bouncy Castle & Book Swap at Callingwood Farmers' Market
Primrose Family Centre crafts, Bouncy Castle & Bunnies at Callingwood Farmers' Market
Edmonton Public Library Songs & Storytime & Bouncy Castle at Callingwood Farmers' Market
Edmonton Zoo animal encounter & more, Callingwood Professional Centre Lobby (6650-177 St.)



Inviting all car owners and enthusiasts to meetup in The Marketplace at Callingwood parking lot to show off your wheels or admire your dream machines. We'll have free coffee, snacks and prize for fan favourite at each event. No entry fee, everyone is welcome!

June 23, July 7 & 21, Aug. 4 & 18 @ 6:30-8:30pm

•• Meet up in parking lot area near TD Canada Trust. ••
•• Cancelled if weather is inclement. ••

6655-178 Street callingwoodmarketplace.com





11



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