

COMMUNITY VIEWS

Serving the community leagues of Twin Brooks & Yellowbird

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October/November 2018

City of Edmonton Compost Pilot Project

The City of Edmonton is looking into a curbside composting program. If you are interested in participating in a pilot project, call City Waste Management at 780-496-5698 to express your interest. If enough people speak up, they

may even consider our neighbourhood for a trial project.

This compost pilot project would involve sorting your household waste into not just garbage and recycling, but also compostable waste.



Forum Discussion on the Challenge of Racial Insults & Bullying



Twin Brooks Community League's Senior Innovation Fund (SIF) Program is a multi-cultural and multi-generational program, aiming at bridging culture and age gaps. We are working towards

Racial Harmony, Diversity and Integration.

We cordially invite you to our first forum on the challenge of racial insults & bullying towards members of visible minorities in Twin Brooks. Over the past few years, we noticed several cases of racial bullying and insults towards people in our community.

Time: Sunday, October 14, 2018, 2-5 p.m.
Address: Twin Brooks Community Hall, 11341-12 Ave NW (west of GPN School)
Purpose: To inform the public about incidents of racial insults & bullying, and raise awareness of Hate Crime. Through small group discussions, suggest future events & activities to foster harmony & integration in communities.

Come - speak up! *The only thing necessary for the triumph of evil is for good (wo)men to do nothing. - Edmund Burke.*
 Help to describe the challenge, map the solutions.

Panel speakers:

Richard Feehan
 Abe Silverman
 Mei Hung
 Freddie Challenger

Minister of Indigenous Relations, MLA (Edmonton Rutherford)
 Manager, Public Affairs, Alberta Region, B'nai Brith, Canada
 Vice President, Chinese Benevolent Association
 Edmonton Police, Hate Crime & Violent Extremism Unit
 Dr. Robert Agostinis, MD, FRCPC, Community Advocate

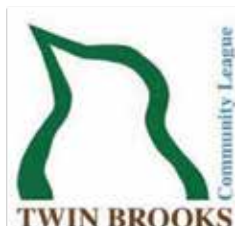
Guests:

Mike Lanteigne
 Thomas Dang
 Nathan Ip
 Amanda Harriman-Gojtan
 Zhimin Yin
 Tony Li
 Dr. Jay Sun
 Ning Zhou
 Zhigang Zhang
 Dr. Ivor Edwards

President of the Twin Brooks Community League
 MLA Edmonton SouthWest
 Trustee (Ward H), Edmonton Public School Board
 Sage Seniors Association
 Vice President, Edmonton Mandarin Immigrant Society
 President, Alberta Chinese Outdoor Adventure Club
 President, East China Immigrants Society of Edmonton
 President, Edmonton Tianjin Association
 President, Edmonton Jilin Association
 Twin Brooks resident

Email: irichardsco@hotmail.com; Phone: 780-989-5431; Text: 780-935-2410

<http://www.twinbrooks.ca/seniors.html>; SIF@twinbrooks.ca



Yellowbird's Famous Annual Pumpkin Patch Party



Friday October 26th
 At Yellowbird Community Center
 5:30pm - 8:00pm

JOIN US FOR A FUN FILLED FAMILY NIGHT!

Games, Cupcake Walk & More
 Hot Dogs & Pizza



Small cost for food and games.
 Tickets will be available at the door.

COME DRESSED IN YOUR HALLOWEEN COSTUME FOR A CHANCE TO WIN PRIZES



*** **VOLUNTEERS NEEDED** ***

Email if you are able to help with this fun event!
 Becca Yochim at social@yellowbirdcl.com

Kaskitayo Fire Station #20 Open House

Kaskitayo Fire Station #20 is hosting an open house on November 3 from noon to 4 p.m.! Come by the station (2303 105 St) to meet your community firefighters and a fire prevention officer, who can provide valuable fire safety tips for you and your family. This free, fun event is also a great opportunity to get a much closer look at the fire trucks!



Yellowbird Gift and Craft Fair

Treat yourself and find that perfect gift!
 November 17th
 10am - 4pm
 Yellowbird Hall



TWIN BROOKS Community League

CHECK OUT ALL THE LATEST NEWS
AND INFO ON OUR COMMUNITY AT
TWINBROOKS.CA

Community Corner

What happened to the rest of summer? It seems like the August was it! It ended so abruptly :(:(I was excited to learn that the City of Edmonton was going to keep the Queen Elizabeth Pool open till September 22, 2018. I was going to get to enjoy a few more outdoor swimming days with hopes of a hot September. I went to work the morning of September 22, 2018 and I thought to myself as I was walking from my car, in a jacket, sweater, and long pants, and snow on the ground, thinking, "I wonder what they are doing to shut down the pool today?, it must be closed". I can't remember one nice swimming day in September. Thanks City of Edmonton, let's try again next year. It's a great option to beat the heat and feel like summer is never going to end. I am grateful even though it was not enjoyed as originally intended. Make it free again next summer pleaseeeee!!!! Reminds me of when I was a kid. No one paid to go to the pool. Swimming was inclusive. You didn't need money, just time to enjoy the sun and water and just have fun. Today is October 2, 2018 and all we can talk about is the 15cm of snow Calgary graciously received. Sorry friends and family in Calgary, hope everyone is safe! Today as I go into work, I think to myself, "I'm glad I'm here in Edmonton. Slightly cool - 5C to start the day but warming up to +5C and the sun is shining." Glad I'm here right now and not in Calgary. Winter is coming like it or not. Let's hope for a mild October and a great weather day for the witches and goblins on Halloween night!

With school back in full swing and busy family schedules I don't know about you, but it is always a very overwhelming time for me. Oh My Goodness is all I can think. As a dual working family, I always think, how are we going to manage all the activities and the busy schedules of our kids. Strategic planning, coordinating schedules and activities, it's a full on logistics plan. Are you looking for efficiencies like I am? I'm going to have to call a friend, I need support, that has to be a part of the plan, I don't think it matters what size your family is. It takes a village and it is okay to ask for help.

Which brings me to a very hot topic in the neighbourhood right now. Break ins, THEFT is on the rise! I wonder if it is? I think the City must have statistics for that. Is your neighbourhood safe? Thank you to all the residents who have shared their experiences and asked that I share with the community, so that everyone is aware. The communication is not meant to scare the community, I think it is a wake up call, and we need to watch out for ourselves and our neighbours. Maybe you have not formerly met your neighbour but you know them to see them, you are fa-



miliar with their activity. Most of us know what is happening on our street, the comings and goings. If you notice something suspicious and you know that John is away for the weekend and no one is going to be staying at the house but you see people going in and out that should be a red light. Wait a minute.... I'm going to keep an eye on things and if needed I will do something. If you have a concern and witness something suspicious, keep yourself safe and report it to the police. It doesn't have to be an emergency but it needs to be noted and put in some kind of queuing system depending on the nature of the call. It's time to get to know your neighbours if you don't already. We just have to watch out for each other.

That is exactly what we did back on September 10, 2018 at our Annual Fall Fest and Beer Gardens! It was a rocking good time! The weather was chilly but the rain stayed away and with the sun shining it

turned out to be a great day! When the night fell and music pumping, well.... What happens at the Community Center stays at the Community Center. hahahahahahahah It was a good time had by all that attended. Thanks to Shauna, Monika and Charlene!!! You ladies were the hostess with the mostesses. You did a great job and we appreciate all of you and all that you do! :)

I want to take a moment to say thanks to Monika our Social Director for the TBCL. Monika is retiring from her position. Monika, on behalf of the TBCL Board of Directors I just want to say thank you, thank you for your time, thank you for your service, thank you for the great events, thank you for the laughs, thank you for the memories, and thank you for being the difference and change you wanted to see. We will miss you and wish you and your family the very best in your future endeavours. Monika you know where the party's at.... Which brings



me to my closing thought, our upcoming Annual TBCL AGM. It's on October 15, from 7-9pm, come meet us, see our books, I mean our financials, wow!!! Our Treasurer Irma is amazing!!! Her position is up for renewal, she has my vote if she chooses to stay. If you are amazing, have great ideas, and want to contribute to the development of the community, have time to donate, there may be an opportunity for you. No experience necessary but a passion for change, collaboration, and people. Charlene, I nominate you for Social Director and Christy for Programs!!! Come out, get involved, renew your membership, so that your vote counts! We'll have them there for sale, Memberships that is. It's never too late to get involved. See you at the AGM!!! Keep reading the Community Views to find out more, what's happening in Twin Brooks!

Natasha Mitrovic
TBCL Communication Director
communications@twinbrooks.ca

New Swim Location

Twin Brooks is happy to announce, starting September 8th, Community League swims will be taking place at the Terwillegar Recreation Center on Saturdays from 5:00 pm to 7:00 pm! Come early to guarantee your spot to swim!

Please note: This is a shared facility with members of the recreation center and community leagues having access to the aquatics area. Only half of the total occupancy is reserved for community league swim patrons. Once the allotted capacity of community league patrons has been reached, no more community league patrons will be allowed in regardless if it is your designated swim time.

Benefits of a community league membership...

- Free swimming for TBCL members at the Terwillegar Recreation Center every Saturday from 5:00 pm - 7:00 pm.
- Use of the tennis courts at Yellowbird Community League
- Skating at our outdoor rink behind GPN School
- Free Fall Community BBQ (Early Sept) & Free Winter Carnival (Jan/Feb)
- Youth Programs
- Sports Programs
- Summer Playground Program
- Garden Group
- 55+ Group
- Discount on Community League Wellness Program

Twin Brooks Community League Memberships

Family: \$50.00

Singles/Seniors/Single Parent Families: \$35.00

If you have further questions regarding memberships, feel free to contact:
membership@twinbrooks.ca

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Stephen Lewis Foundation. Hosted by The GANG
www.edmgrandmothers.org www.stephenlewisfoundation.org

Twin Brooks Casino Dates Announced



Friday March 22, 2019
Saturday March 23, 2019

Save the date we will be looking for casino volunteers. Want to guarantee your spot? Please reach out to Jamie Popowich Twin Brooks Casino Coordinator at jpopowich13@gmail.com.

Memberships

It's October and did you know that your Community League Membership is expired? Yes, your membership is only valid till August 31, 2018. Time to renew! You can renew your membership by contacting Kelly our Membership Director at memberships@twinbrooks.ca or on line at www.twinbrooks.ca. Memberships are \$50.00 for a family, \$35.00 for singles and seniors. Membership has its benefits! Don't delay get it today, so that you can enjoy free family swims at the Terwillegar Rec Center. That's new, that's exciting :)



Fall 2018

September 10 -
December 14

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Thursdays 820pm 30 min Stretch

Fridays 9am HIIT (kids welcome)

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register: iamfitnessyeg.com/classes
phone: 780.966.1837

S I F Updates



Ida and the SIF team have been very busy with programming and planning events and activities for everyone to enjoy, not just seniors but all generations. This coming month a very special SIF talk is taking place at the Community Centre. On Sunday October 14, 2018, from 2-5pm there is a discussion taking place as we start the conversation as a Community about diversity and inclusion and what happens when we make others feel bad because of their background and cultural beliefs and rituals. Ida has been working diligently to assemble a group of community leaders and residents. This is an event that is open to all and we welcome and want to hear everyone's voice and perspective, together making a difference in the community we live in. We look forward to meeting you there!

AGM



Twin Brooks Community League Annual
General Meeting
Monday October 15, 2018
7-9 pm

Twin Brooks Community League Center
Open to everyone in Twin Brooks.

Board Openings

Vice President -
Treasurer -
Programs Director -
Membership Director -
Social Director - Appointed Position
Volunteer Director -

Light refreshments will be served, we encourage attendance and participation from all community members. If you need a sitter to be able to attend please reach out to communications@twinbrooks.ca and arrangements can be made so that childcare is not a barrier. See you there.

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Community Views Oct/Nov 2018

Connect with your community at www.communityleagueneews.com

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Healthy Halloween

Halloween is a time that children get excited about dressing up as their favourite character and stocking up on candy. Below are some tips to make your Halloween festivities healthier for your family and others.

For your family:

- Work out a plan with your children and discuss how to enjoy their candy and decide what they can do with the extra. Use your best judgment based on their personality and eating habits.
- Limit the amount of candy your children collect by limiting the number of houses they visit, or the amount of time they spend Trick-or-Treating.
- Always keep safety in mind. Only keep items that are unopened and in their original packaging.
- Trade candy for non-food items like bouncy balls and pencils.
- Know how much candy was collected and store it out of sight. Having candy visible makes it more likely that you or your children will eat it.
- Use Halloween candy for craft projects.

For others:

- Hand out stickers or Halloween themed pencils.
- Offer healthier food options like small bags of flavoured rice cakes or pretzels, boxes of lower sugar cereal, pre-packaged cheese sticks, higher fibre granola bars, or bottles of water.
- Avoid bringing leftover candy to school.

You and your family can enjoy a healthy Halloween! Continue healthy eating and active living habits during the Halloween season.
For more ideas on healthy eating please visit: www.healthyeatingstartshere.ca.

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| Memberships: Cheryl Fix | |
| memberships@yellowbirdcl.com | |
| Communications: | Emily Weisbrot |
| editor@yellowbirdcl.com | |

Yellowbird Yoga

Thursdays
7:00pm - 8:15pm

Class designed for beginners through more advanced. Commitment is only \$75.00 for 6 classes. Contact Ruth at 780-237-6730 or ruthe.sjoberg@gmail.com for info and to register.

Free Community Swim for Members

Every Sunday at William Lutzky YMCA from 3-5 pm. Show your community league membership card at the door. Free access to YMCA indoor playground from 3-5 pm on Sundays.

Garden Update



Spring came late and winter came early - it felt like a short growing season but the garden still flourished and produced. We provided a potato harvest to the food bank, and the Keheewin kindergarten students enjoyed planting and harvesting their plot. I hope you had a chance to visit our Sharing Garden, where anybody is welcome to pick herbs, flowers, or fruits and vegetables grown there!

Thank you to all our terrific gardeners, who tend not just their own plots, but also the Sharing Garden, the Kinder Garden, the Food Bank garden, and the pathway weeds and care for the newly planted fruit trees around the garden. A big thank you also to the Scouts, who put in hours of watering throughout the summer for us. This garden is a beautiful space because of all of you!

Hall Rental

YECL offers a bright window lit hall with an adjoining kitchen, bar and outdoor patio. Folding chairs and 5-ft circular tables are available for use.

10710 - 19 Avenue NW

Friday, Saturday, Sunday

Non-members \$500 per day/\$75 per hour

Members \$450 per day/\$60 per hour

Deposit: same as fee

A multi-purpose room or furnished board room may be rented separately for smaller groups. Please call Connie at 780-438-1318 or email office@yellowbirdcl.com for more information.

YECL Board Contacts

| | |
|------------------------------------------|------------------------------------------------------------------------------------|
| President: Heather Pearson | president@yellowbirdcl.com |
| Vice President, Executive: Julie West | vicepresident@yellowbirdcl.com |
| Vice President, Operations: Shawn Hudson | buildings@yellowbirdcl.com |
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For full board listing, see our website: yellowbirdcl.com

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Parents and Tots Playgroup

This fun cooperative-run morning happens on:
Tuesdays, 9:00am-11:00am
at Yellowbird Hall

Join us for socializing, play, a snack for the little ones and chocolate for the Moms, Dads, or Caregivers! There is a small fee of \$2.50 per child required and your current Community League Membership. This is a co-operative run playgroup with all attending pitching in for a fun and smooth operating program.

Hope to see you there!



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