

COMMUNITY VIEWS

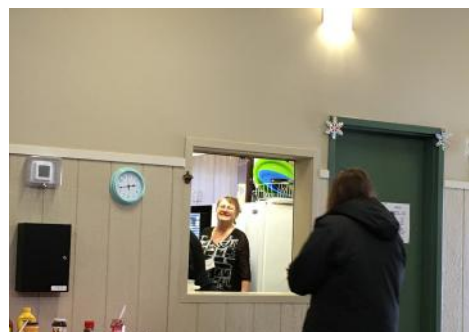
Serving the community leagues of Twin Brooks & Yellowbird



April/May 2020

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Message from Ann Johnson — Twin Brooks Social Director



Twin Brooks Winter Festival was a great time! No better day than with big fluffy snowflakes and S'mores roasting over the fire. The sleigh rides, as always, was a big hit with young and old singing as the horses stepped to the music. When not enjoying the horses, the fire pit was busy roasting Bannock, Bannock dogs and S'mores.

Those trying the Bannock dogs for the first time said they were the best, so much so they went back for seconds. The maple taffy was a nice sweet treat to end a good day of fun, laughter and music making. Kids were invited up to learn to play the spoons and dance. The smiles on the faces of those enjoying the music

said it all.

A huge thank you to our volunteers who helped make this event a success. Like the snowman making, snow art and painting and snowshoe race track.

Thank you to our Board Members for helping Irma, Alice, Sandra, Ann and our President Mike, as well as family members who stepped up to help.

Due to the COVID 19 Pandemic future events will be postponed until further notice. Wishing everyone a safe and healthy Spring!

Ann Johnson
Social Director
Twin Brooks Community League

Online Resources: Benefits Available to Albertans

Apply for Canada Emergency Response Benefit (CERB) with CRA:

<https://www.canada.ca/en/revenue-agency/services/benefits/apply-for-cerb-with-cra>

html

Emergency Isolation Support:

<https://emergencyisolationsupport.alberta.ca/login/>

COVID-19 Web Page Responds to Seniors' Needs

In an effort to support seniors during the COVID-19 pandemic, the Edmonton Seniors Coordinating Council has developed a COVID-19 resource web page, which will be maintained and updated regularly in the com-

ing weeks. This page includes updates from seniors' organizations and information to support seniors and their families during this challenging time.

<https://www.seniorscouncil.net/covid-19>

The Yellowbird board of directors would like to wish our community comfort and peace during these challenging times. All of our programming is currently suspended. We will post updates regarding the Herb Pot Make and Take Event, the Community Wide Garage Sale, and other springtime community events on www.yellowbirdcl.com and the Yellowbird Community League Facebook page. Stay safe and take care of each other!

New online tool to help determine need for COVID testing

CALGARY — Alberta Health Services (AHS) has developed a simple online assessment tool to help people decide whether they need to be tested for COVID-19.

Available at ahs.ca/covid, this tool asks questions about symptoms and takes users through steps to help determine whether they should call Health Link at 811 for testing.

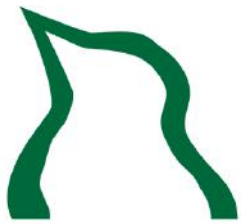
If you have symptoms such as fever, cough and difficulty breathing, and have travelled outside Canada, or have been exposed to someone who has COVID-19, stay home and call Health Link at 811. If you are not seriously ill, do not go to a physician's office, a health-care facility or a lab without consulting with Health Link first. Call 911, if you are seriously ill and need immediate medical attention and inform them you may have COVID-19. If you aren't sure, visit the online tool at ahs.ca/covid

or go to alberta.ca/covid19 for more information.

"We all want to stop the spread of COVID-19. Identifying and isolating people infected with COVID-19 is a critical way to help stop the spread," says Tyler Shandro, Alberta's Minister of Health. "This tool will help you decide whether you need a swab to determine if you have COVID-19, without leaving your home, which can help us further contain the spread."

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.

Source: Alberta Health Services (www.albertahealthservices.ca)



TWIN BROOKS Community League

CHECK OUT ALL THE LATEST NEWS
AND INFO ON OUR COMMUNITY AT
TWINBROOKS.CA

Community Corner

I reached out to the Calder Publications to ask if we were going to have a spring edition of the Community Views and when they said yes, I thought what is that going to look like? The Community Views connects residents not only to their communities but to one another and it's a platform to talk about everything as it relates to the community.

I just thought about what am I going to report? What am I going to share? Schools

have been closed indefinitely, programs have been cancelled, recreation facilities closed. Kids hockey playoffs cancelled, tournaments cancelled, the library, one of my personal favourites closed, and the list, well it just keeps going on.

Like many of you, I am trying to come to grips with the "New Normal". Which makes me think of a meme: what is normal?

This is fantastic because that's exactly

right. Normal is just a setting on the dryer. I don't think we know right now what the blessings are in all of this uncertainty. Unprecedented times — that's a hard word to say, and what does it exactly mean? We just don't know.

We have never been here before. We do not have a map, we do not have previous experience to leverage, but we have a lot of leaders taking really big measures to take care of us locally, provincially and nationally.

Then we have the most important leaders and that is each of you. Leading the way for your families, supporting your friends and reaching out to those in need in the community.

I want to mention Susana Szabo, a community resident who brought the Hidden Garden back to life last year with the help of many volunteers and the City of Edmonton Parks Program.

She is so invested in her community and others and she reached out to the Twin Brooks Community League and said, "I want to help" Residents stepping up in such an

uncertain time are neighbourhood heroes. Thank you Susana and please reach out, there is no shame in raising your hand and saying I need help!

Our community President Mike Lanteigne shares he is ready, well, and able to help. The SIF group is already working with Seniors to get them much needed essentials. The only way through this is together and there is such force and strength behind that. Face it as it comes!

#thebattleof2020. Stay safe, stay healthy and remember that when you are walking in the community, that we are in this together and while social distancing is our "New Normal" for the foreseeable future, we can still say hello or wave from a distance. Be patient, be kind, and above all know that you are not alone! Stay healthy everyone and continue to do your part. Our call to action is "To stop the spread and limit the transmission" – Dr. Deena Hinshaw

Kindest Regards,
Natasha Mitrovic
Twin Brooks Community League

Message from Ida Richards the SIF Group



COVID-19 Coronavirus

SIF would like permission to send the info and other offers of help, like that from Dr. Ivor Edwards, to provide rides to grocery stores etc to seniors, to SIF's team of young volunteers. Called the "Y.E.A" team headed by Eddie Li, Andy Xia, Albert Wu, Tony Jiao (pls see cc line) They will receive, collate, analyse, & archive the names, contact info, tasks described of all the COVID-19 volunteers, and make the above info available/usable by SIF and the target-population of Seniors and anyone else in need because of COVID-19.

They have been using Google docX and forms in collaboration w/ Mrs. Maggie Wang and daughter Cathy Rong. Kathy Carey, Gongchen Li, Yumin Chen, Ida Richards & other SIF volunteers will start the admin-planning process. Other volunteers from SIF's 26 member-volunteer roster will be asked to join.

SIF would also at this time, single out for recognition, Mrs. Tan Lim, Sobey's at Heritage Village Mall, for putting in action the buying of groceries for a shut-in senior. She is buying /delivering groceries for seniors who have reached out. If you are in need of help please reach out!

Ida Richards
TBCL-SIF agent --
780-989-5431



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Message From The President

To our members of the Senior's Innovation Fund, and senior residents of Twin Brooks,

My hope is that our community members are staying safe and healthy during these challenging times as the world strives to "flatten the curve" of the COVID-19 transmission.

I know that it could be a stressful and anxious time for many, as we adjust to new routines, rules, and patterns of living.

Should any of our seniors in our fabulous community need assistance with grocery purchases, errands for household items or prescriptions, or if you wish to talk, I am available to help.

I am healthy, COVID-19 negative, willing,

and able to help you through these trying times.

Please send an email to me, or call anytime.

Let's do our best to keep our spirits up, focus on what is joyful in our day, and help each other maintain a healthy mindset.

Stay safe and well. Together, we will be ok.

Sincerely,

-Mike

Mike Lanteigne, G.G.XII., C.R.C.
President

Twin Brooks Community League

President@twinbrooks.ca

Direct: 780-909-0337

www.twinbrooks.ca

Message from Twin Brooks — Community Resident Susana Szabo

Hello and good morning to you,
I hope my letter is finding you in good health and in great spirits as always.

My husband and I have time and resources available to help those who are in need in these interesting times... the question is whom and how. I was thinking that I reach out to you who might have a better network of communication, an organized system in place we could use at this time for reaching out to the community and offer assistance, help in sensible, safe and organized/ coordinated ways.

Eg..meals. transportation, providing edu-

cational resources about practices of breaking the chain of infection ... practical hows and whys...or just being someone who listens, these are just ideas... and I'm not even sure that it is needed.

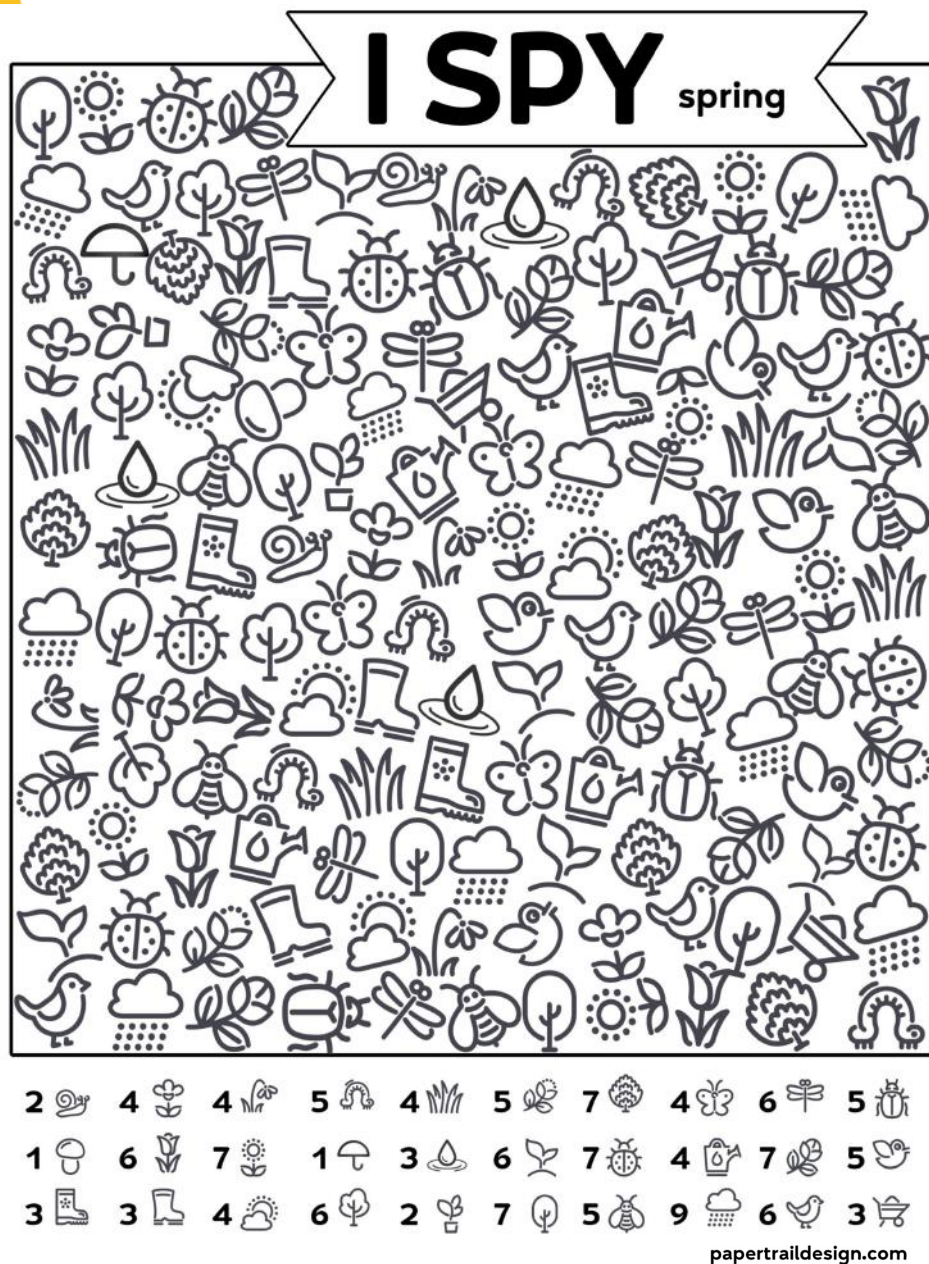
I just thought there is no harm in asking, and if our community needs help we could reach out through the TBCL network.

Thank you for your consideration and if you think it makes sense and there is any benefit in giving it a thought please let me know.

My cell phone number is 1-416-844-1406.

With the greatest appreciation, Susana Szabo





Can I still sell my house during the COVID-19 pandemic?

Many aspects of real estate transactions like meetings, property viewings, and open houses require interacting with numerous people. As we are facing a global health issue, knowing your risks and options is essential.

Real estate related services have been deemed essential by the Government of Alberta, so there is a chance that your real estate professional will still be hard at work.

Visit the COVID-19 page on the Government of Alberta website for daily updates and the most current information to help you assess your personal risk. Then, discuss your concerns with your real estate professionals, so you can work cooperatively on any precautions or adjustments needed to keep yourself and others healthy.

With physical distancing, it is important to

minimize visits to your home in order to minimize the risk of infection for you and others. Options for you and your real estate professional to consider:

- using video to create a virtual viewing opportunity in lieu of having an open house, or to limit viewings to serious buyers
- screening potential buyers before scheduling viewings—ask about their health and recent status to determine the risk they pose to you
- placing conditions on viewings, such as the need wear masks and gloves.
- creating a plan for disinfecting your home after each viewing

If the risk to you and your family is significant, you may consider suspending or ending your listing agreement, or postponing it to a time when there is less health risk. If you



choose to pull your property from the market, make sure all amendments, including agreements to relist at a later date, are put in writing.

Remember real estate transactions involve interacting with multiple regulated professionals. It is important to discuss any concerns, options, and preventative safety measures with every professional.

Make sure any waivers or contract clauses related to COVID-19 are reviewed by your real estate lawyer before agreeing to them and signing off.

RECA's COVID-19 consumer portal—COVID-19 for Real Estate Consumers—provides detailed information, including information for real estate buyers. This information will continue to be updated as the COVID-19 situation in Alberta evolves.

You've got questions. He's got answers.

Charles Stevenson is the Registrar at the Real Estate Council of Alberta. Charles knows that buying and selling a home can be confusing, but it doesn't have to be. "Ask Charles" is a question and answer column for consumers about buying and selling property in Alberta.

If you have a new question for Charles, please email askcharles@reca.ca.



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