

NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, McLeod, and Northmount

July 2020



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Kilkenny Outdoor Soccer Update

ENZSA are anticipating a start date for this as July 6th. However, Soccer will be very different this year. ENZSA will start the season with Modified Games.

Although the details on this still have to be officially released by Alberta Soccer we can anticipate it to mirror the Alberta Government Phase 2 approach. This approach allows for games between teams so as long as they are part of the same Cohort group. This means that teams will be playing 1 or 2 other teams only during the dura-

tion of this phase, scores will not be kept. ENZSA end game is to have the season Return to Soccer (regular competitions and training) – no date at this time (Stage 3)

We want to thank all our members for being so great through these unprecedented times and sticking with us as we try to navigate these new realities.

If you have any questions please feel free to email Amber – soccer@kilkenny.ab.ca
Have A Great Summer
Amber
Kilkenny Soccer

Zumba at Evansdale Hall

Have you ever tried Zumba? It is a heart-pumping, fun, International and Latin music-infused dance workout. No dance experience necessary - all you need bring is your energy, towel, water bottle and a big smile.

Date: starting in July

Time: 7:00 PM – 8:00 PM (Wednesday evenings)

Cost: \$100 for 10 classes or \$15/drop-in

Registration Contact: namskram@yahoo.com

To ensure the safety of everyone participating in Zumba classes at the Hall, we

Evansdale Residents Volunteering to Keep the Community Clean

For a few hours every Wednesday, residents David Jakoubek and Stephen Tasse from Evansdale meet up at the Community League and split up – tools and garbage bags in hand – working together to pick up litter from the surrounding area. The result of their volunteer collaboration is a clean, litter-free public domain for our community to enjoy!

Volunteer efforts like David and Stephen's provides a great opportunity to beautify our community's common area. It is amazing how just a couple of concerned community members can work together to improve the look and the feel of the whole community.

will follow the Guidance for Sports, Physical Activity and Recreation – Stage 2 by Government of Alberta. We will take appropriate measures to



community.

With summer upon us, we are spending more time outdoors this year particularly more than previous ones due to Covid-19 pandemic. Let us all contribute by making conscientious efforts to clean up after ourselves – small actions can make a big impact!

reduce risk of exposure and transmission. We will ensure a minimum distance of 3 metres is maintained in all directions of each participant.

Outdoor/ Online Karate at McLeod



Last week, the province announced that we have moved to Stage 2; that's great news as martial arts are included in the activities that can be restarted with provincial guidelines gatherings and sports activities in place. However, as we would be heading outdoors at the end of June, we're starting our outdoor training early.

The Youth/ Family class still runs Tues-Thurs from 6-7 pm (starting this week, we'll be running this class on Zoom as well, until further notice). The adult class runs from 7-8 pm. Our outdoor schedule, including Google pin drops for class locations and secure Zoom link, is posted to our Facebook page.



book class.

Tuesday class venue is TBC.

Wednesdays are held in the park space behind Capilano Hall.

Thursdays are held in Rundle Park.

Our classes will remain free of charge over the spring and summer; however, students joining us outside must acquire a Karate Alberta membership. No experience needed and new members always welcome– all you need is a desire to learn and work hard. Questions – feel free to contact Renshi Jamie Hanlon at kaizen.dojo@shaw.ca or 780-619-3136.

Upcoming Events in the Northeast

July

Tue/Wed/Thu – 6pm to 7pm: Kids Karate

Tue/Wed/Thu – 7pm to 8pm: Adult Karate

Mon/Wed/Thu – Dance Classes

Location Addresses:

Centrepointhe Church – 5940 159 Avenue

Clareview Rec Centre – 3804 139 Avenue

Evansdale Hall – 14811 95A Street

G Edmund Kelly Spray Park – 15005 79 Street

Heritage Hall – 7406 139 Avenue

Kilkenny Hall – 14910 72 Street

Kingsway Legion – 14339 50 Street

Lago Lindo Hall – 17123 95 Street

Little Mountain Cemetery – 16025 54 Street

Londonderry EPL – in Londonderry Mall

Londonderry Hall – 14224 74 Street

McConachie EPL – 16607 50 Street

McLeod Hall – 14715 59 Street

North Edm Seniors Asscn (NESA) – 7524 139 Avenue

Northmount Hall – 9208 140 Avenue

Ozerna Park – 7010 158 Avenue

Steele Heights Baptist Church – 5812 149 Avenue

Steele Heights Hall – 5825 140 Avenue

Yoga and Hapkido will be Back!

The executive is working with the instructors about setting up a relaunch plan for classes to begin again. Keep up to date by visiting our Facebook Group. If you have any questions about these programs, please email the instructors.

Hapkido - sidplamondon@outlook.com



outlook.com

Yoga - YogiDuo@outlook.com

McLeod Dance Program Pre-Registration

The McLeod Dance Program is taking pre-registration for our 2020/2021 program! Don't miss your chance to join this amazing dance family! We offer classes in Ballet, Hip-Hop, Jazz, Lyrical, Mini-Movers, Modern, Tap, Stretch/Technique, Adult Hip-Hop, Adult Jazz, Adult Lyrical & Adult Tap! We would love to have you join our expanding dance program! We run

our classes on Mondays, Wednesdays, and Thursdays once a week depending on the style of dance you choose. We offer competitive classes as well as recreational classes to fit all levels of dancers! If you'd like more information on our affordable dance program, or, to save your spot, please e-mail dance@mcleod-communityleague.ca or call Amy at 780-893-5151.

Evansdale Community League News

Serving: Evansdale – Belle Rive – Eaux Claires



Evansdale Community League Board & Committees

Address: 9111 - 150 Avenue, Hall Phone 457-0948

Mailing address: Box 71023 Northwood Mall Post Office, Edmonton, Alberta T5E 6J8

E-mail address: www.evansdale.ca

Jeff Muiselaar	President	780-478-1759	president@evansdale.ca
Shawna Walsh	Past President	780-237-2169	pastpresident@evansdale.ca
David Dodge	Director of Sustainability	780-478-6162	sustainability@evansdale.ca
Vacant	Soccer Director		soccer@evansdale.ca
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Sue Harris	Credits	780-473-8796	credits@evansdale.ca
Jenilee Caterina	Secretary	780-984-3298	secretary@evansdale.ca
Elaine Sarac	Membership Director	780-476-7442	membership@evansdale.ca
Todd Sharkey	Hockey Director	780-238-3910	hockey@evansdale.ca
Shawna Walsh	Bingo Director		bingomanager@evansdale.ca
Jeff Muiselaar	Programs/Sport Explorerz Director	780-478-1759	programs@evansdale.ca
Jim Ragsdale	Director at large		
Yi Louise Liu	Newsletter & Social Media	780-952-0580	newsletter@evansdale.ca
Jeff Muiselaar	Area 17 Representative	780-478-1759	pastpresident@evansdale.ca
Shannon Moses	Belle Rive/Park Sign Volunteers		signs@evansdale.ca
Jim Young	Evansdale Sign Volunteer		signs@evansdale.ca
N/A	Eaux Claires Playground	780-641-6171	ecbr@evansdale.ca
Terri	Hall Rentals	780-478-4444	hallrentals@evansdale.ca
N/A	Skating Rink	780-478-2577	
Cassandra Rijavec	Club Coordinator, Boys & Girls Club/Big Brothers Big Sisters	780-822-2560	Cassandra.Rijavec@bgcbigs.ca

Community League Memberships

Get your membership anytime! Membership makes you part of an amazing community of people who care about and help look after our community. Get free community swims, discounts on community programs, discounts on Edmonton City wellness programs and hall rentals,

and enjoy skating in the winter!

\$25 family
\$10 single
\$10 seniors
\$15 single parent
\$15 couple with no children
Contact Elaine Sarac at membership@evansdale.ca or 780-476-

7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine by phone.

If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org

COVID-19 UPDATE FROM NEZ SPORTS COUNCIL

COVID-19 UPDATE FROM NEZ HOCKEY – May 12, 2020

COVID-19 has brought many challenges to our sports communities. As we continue to work through the challenges and required social distancing we want to look forward and prepare for a 2020-2021 hockey season that we hope will happen.

This week we are seeing some of the restrictions and closures change and end but at this time we really have no idea what will happen in September. Will our children be back to school? Will minor sports programs be allowed to operate?

Northeast Zone Hockey together with the Braves, Eagles and Northstars will open online hockey registration as soon as it is available through Hockey Canada. This will likely happen in early June. We will not be taking online payments at that time. We do not want to be in a position that we accept registration fees only to have to refund them at a later date. We want to avoid the considerable costs associated with online payments and refunds.

We do encourage everyone to get registered so we can plan the season. Hope to see you all at a hockey rink in September.

Evansdale Hall Rental Information

Hall capacity follows Gathering Restrictions from Stage 2 of Alberta's Relaunch Strategy published by Government of Alberta

\$50/hr meeting
\$350/day Mon-Thur, \$350 damage deposit
\$450/day Fri/Sat/Sun, \$400 damage deposit
All weekend \$650, \$600 damage deposit
Dishes \$100
BBQ \$75

Sports Building capacity follows Gathering Restrictions from Stage 2 of Alberta's Relaunch Strategy published by Government of Alberta

\$25/hr meeting
\$35/hr function
\$125/day, \$100 damage
Weekend \$350, \$300 damage deposit

References may be requested. Discounts available for community members of one year or more. Contact Terri at 780-478-4444 or hallrentals@evansdale.ca.

Evansdale Residents Write Letters on Home for Heroes Project

Letter 1: Homes for Heroes Tiny Village for Homeless Veterans

As you may have heard, the rezoning of the parcel of land in Evansdale was approved by a vote of eleven to one.

Included with the notice of the Public Hearing, which was mailed to the required residents, was an invitation for residents to submit written comments if they were not going to make a presentation virtually. Three community members made a virtual presentation. Unfortunately, comments received in writing were not read at the Public Hearing. These written comments were apparently attached to the City of Edmonton Agenda. It was disappointing that these written presentations were not read out loud by our Councillor. In my opinion, his civic duty is to bring all views to the forefront as he represents ALL citizens in Ward 3, even if these views are not consistent with his.

Virtual speakers were given five minutes to make their presentation. The writer feels that the same consideration should have been given

to those who were not able to make their presentation virtually by reading their comments. So basically, the invitation to submit written comments, in my opinion, was just a way to appease the residents, who in turn believe they could voice an opinion whereas they weren't really heard.

In the last paragraph of the article published in the June 11 Edition of the Edmonton Journal, written by Dylan Short, "Dziadyk said the proposal did receive some criticism from residents living in the area, but he mentioned he believed those mostly stemmed from the fear of the unknown." There was no "fear of the unknown". The 114 residents who opposed the rezoning believed the site chosen for this project was not the best choice and that our veterans deserved better.

In conclusion, I find it very frustrating and disappointing that written comments were not read out loud at the Public Hearing, and there was no mention of the 114 residents who opposed the rezoning of this parcel of land. One of the reasons is its location and proximity to a ma-

ior roadway - 153 Avenue and 94A Street, which sees 21,767 vehicles per day using this avenue (based on 2016 City of Edmonton statistics).

Thank you to the volunteers who delivered notices of the Public Hearing to almost 200 Evansdale residents and thank you to the three community residents who sat in front of their computers all afternoon waiting to make their virtual presentation.

Pat S

Letter 2: Public Hearing of June 9, 2020 for Rezoning of Land for Homes for Heroes Tiny Village

To clarify my position – I am, and have always been, in favor of the project to house our vulnerable military veterans. However, I was, and still am, not in favor of the LOCATION. Anybody in attendance of public meetings will confirm my stand as of recorded in public record.

When the opportunity came to speak at the Public Hearing, I was happy to submit my comments to all the Councillors, the Mayor, and our

MLA. I naively believed that my comments would be read and taken into consideration prior to the hearing.

I was mistaken.

The first group of people to speak at the Hearing were in favor:

Dave Howard of the H4H Foundation

Chris Nielsen, our MLA

Various members of the military
Private citizen from Cherry Grove

While they were all in favor of the project; I couldn't tell you if they were in favour of the LOCATION. Dave Howard told us that he chose the location because it was AVAILABLE, not because it ticked all his requirements. All the other speakers talked about the Project and the benefits of housing of our vulnerable veterans. And again, everyone agreed that the project was solid but that was not the issue up for discussion.

The next speakers were against the LAND USE:

France K.; Brendon L, Maxine P, Mohammed

(We were not aware of how many residents submitted comments online as they were not recognized by anyone)

Every one of the speakers against the LAND USE spoke about why this location was inappropriate for the project. We understood that the purpose of the Public Hearing was to give us the opportunity to talk about why we felt the LAND USE was wrong. Apparently, that was not the case. In the end, Councillor Henderson said that he had not heard enough compelling evidence against the choice of land. Thank you to Councillor Caterina for asking pertinent questions.

Our Councillor, Jon Dziadyk, has stated he thinks the dissenters have a fear of the unknown. I take exception to this comment. I believe he would need to know us a lot better than he does before making that sort of comment.

We, as a community, have always maintained that this project needs to come alive, but not at this location.

Maxine Piche

www.communityleagueneews.com

A Letter from Evansdale's Hockey Director

Letter: An Update from Evansdale's Hockey Director

Hello Everyone,

I hope you are all staying safe and healthy during this difficult time. I am hopeful and optimistic that there will be a hockey season. Please keep an eye for updates on the NEZ Sports Council website <http://nez-sports.com/covid-19-update-from-nez-sports-council/>

Please see COVID-19 UPDATE FROM NEZ SPORTS COUNCIL for the latest NEZ update. In the meantime, enjoy lots of family time and some BBQs as the weather warms up! All the best!

Regards, *Todd Sharkey*

Hockey Director

Evansdale Community League

Visit Our Website and Facebook Page

Get the latest information, our most recent newsletter, contact information and lots of other great stuff! Also get involved, join us on Facebook!

Website: www.evansdale.ca

Facebook Page: www.facebook.com/evansdalecommunityleague

City announces first phase of recreation facility reopenings



June 18, 2020

The City is opening a select number of recreation facilities and arenas with modified offerings starting in July. There will be necessary and significant changes to how the public will use the facilities and the overall operations. Changes will be in place to ensure all public health guidelines are followed, including physical distancing, gathering restrictions, hand hygiene, and staying home if you are experiencing COVID-19 symptoms.

The following facilities will reopen:

Arenas - opening between July 2 and July 13

- Kenilworth Arena (July 2)
- Clareview Twin Arena (July 2)
- Londonderry Arena (July 2)
- Callingwood Twin Arena (July 2)

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- Mill Woods Twin Arena (July 2)
- Castle Downs Twin Arena (July 6)

- Russ Barnes Arena (July 7)
- The Meadows Twin Arena (July 13)

New bookings for summer ice/concrete rentals in eight reopening arenas can resume starting July 2. Bookings already made for July, in those facilities, will proceed. Arenas are available only for bookings. Public skating and shinny hockey will not be offered.

Fitness Centres/Fitness Studios, Gyms/Fieldhouses - opening beginning July 6

- Clareview Community Recreation Centre

ation Centre

- Commonwealth Community Recreation Centre

- Terwillegar Community Recreation Centre

- The Meadows Community Recreation Centre

- Kinsmen Sports Centre (Reopening date in July to be determined)

Access to fitness centres, fitness studios, gyms and courts for select sports and fieldhouses will be available. Outdoor Fitness Programs are currently offered, and information will be available at edmonton.ca/outdoorfitness as of June 19.

Running Tracks inside facilities and Indoor Playgrounds will not be

available. Child Minding and indoor instructor/leader-led drop-in classes will not be offered at this time.

People who wish to use the facility will need to book a time online through movelearnplay.edmonton.ca. The date when bookings will be accepted online will be announced soon. People without computer access or a device can call 311 to book.

Aquatic Centres - opening July 20
* These are the only facilities with aquatics amenities reopening

- Clareview Community Recreation Centre
- Jasper Place Leisure Centre
- Bonnie Doon Leisure Centre
- Kinsmen Sports Centre (Partial

reopening date in July to be determined)

Aquatic centres will be restricted to modified lane swimming, aquafit classes, swimming lessons, public swim and rentals.

User Group rental opportunities will be available in arenas, gyms/fieldhouses and studios.

As Edmontonians return to City facilities, they will see and experience a number of differences including limits to how many people can be in a facility. Signage will be in place to help people know what they must do when they come into the facilities.

More information will be provided in the coming days and weeks.



Kilkenny Community League News

Beat the summer heat with seven spray parks reopening



The City of Edmonton will begin reopening 25 spray parks across the city for Edmonton's small splashers.

The first seven spray parks will be opened over the weekend at:

- Callingwood
 - Castle Downs
 - G. Edmunds Kelly
 - Glengarry
 - Jackie Parker
 - Kinsmen
 - South Terwillegar Park
- The remaining 18 spray parks will open in the next

two weeks. As the specifics or more reopenings are determined, this additional information, as well as hours of operation, will be available on edmonton.ca/waterplay.

Reopened spray park locations will be cleaned bi-weekly. Peace Officers will continue to patrol reopened public amenities to ensure public health orders are followed.

In addition to public health guidelines, the City is reminding users to stay home if

they are experiencing symptoms of COVID-19, and be courteous with the length of your stay so that other small splashers can enjoy the park too.

When used safely, these parks provide an opportunity for local, outdoor, easily accessible fun for children. Thank you for your cooperation in adhering to physical distancing requirements and safe use of public spaces.

For more information: edmonton.ca/waterplay

Kilkenny Community League General Meetings

Become a part of your community and get involved! Meet-

ings are held the second Tuesday every month (excluding July &

Aug.) from 7:00pm – 9:00pm in the Meeting of Kilkenny Hall.

Do you have a special content you would like to see??

Do you or someone you have content that you would like in the North East Voice? We would like to hear from

you!!

Feel free to send in a picture and the appropriate information and we will include it in

the next newsletter!! Please send it to Lindsay, Kilkenny Publicity Director at publicity@kilkenny.ab.ca.

Kilkenny Community League Memberships

Memberships are sold in person during the spring (March) and fall (September) sports registration dates (please bring proof of address [utility bill or drivers license]). However memberships are sold year round through the Edmonton Federation of Community Leagues (EFCL) website. Membership types and rates are listed there.

Benefits of membership include:

Free community league swim at:

Londonderry Fitness & Leisure Centre, located at 14528-66 Street NW, every Sunday from 4:15 pm – 5:45

pm.

Grand Trunk Fitness

& Leisure Centre, located at 13025-

112 Street NW,

every Sunday

from 4:15 pm

– 5:45 pm and

Fridays 7:15

pm – 9:15 pm.

10% dis-

counted Annual,

Multi Admission,

or Continuous Monthly

passes to ANY City of Edmon-

ton Recreation Centre.

Free outdoor skating at

ANY Community League rink

(ensure you have current

skate tags).

Free indoor skating at Lon-

donderry Fitness &

Leisure Centre, lo-

cated at 14528-

66 Street NW,

every Sun-

day from

4:00 pm –

5:00 pm.

Voting

rights at the

Kilkenny An-

nual General

Meeting (AGM) held

in November.

Please come out and sup-

port your community!

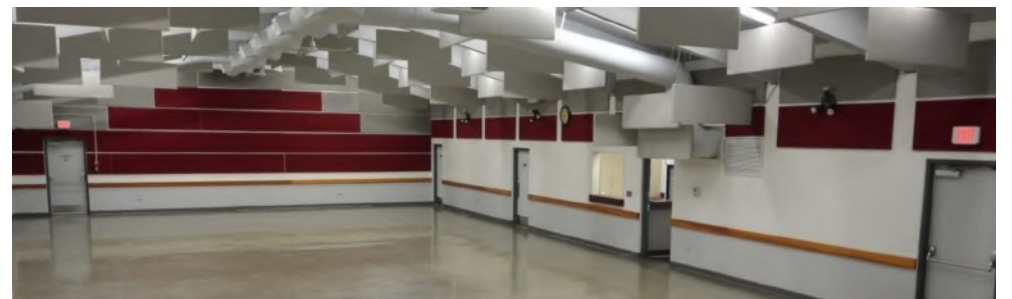
If you have any other ques-

tions, please email Member-

ship@kilkenny.ab.ca



Hall Rentals



The Kilkenny Hall is available for rental!! It is the perfect space for your special event, meetings, weddings and any other social event. Please go to <http://www.kilkenny.ab.ca/facilities/view> to

have a look and click on "Book Facility" to...you guessed it... book the facility! The website will also show you when the hall is available. Feel free to call 780-478-2481 to leave a message

for bookings as well.

Discounts available for those who hold a consecutive membership for a minimum two years with Kilkenny Community League.

Times	Auditorium	Meeting Room	Both
Weekdays / Weeknights	\$200	\$100	N/A
Fridays (after 5 pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sundays	\$400	\$100	\$500
Two Day Wedding & Gift Opening (Sat – Sun)	\$750	\$100	\$850
Full Weekend (Fri @ 5pm – Sun @ 6pm)	N/A	N/A	\$1000
Hourly Rate (4 hour min.)	\$50	\$25	N/A

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*conditions may apply



McLeod Community League News

McLeod Community Safety Director

July's Alberta Traffic Safety Calendar focus is Impaired Driving. The information listed below is taken word for word and directly from the Alberta Government Transportation Website. To view or would like more information go to <http://www.transportation.alberta.ca/impaireddriving.htm>

Implemented April 9, 2018

For drivers with blood alcohol of .08 or over, who are impaired by alcohol, drugs or their combination, or who fail or refuse to provide a breath or blood sample

Impaired Driving affects us all. With so many options out there is no excuse to get behind the wheel while impaired.

Bicycle Thefts:

Bicycle Thefts are on the rise and I want to give you some tips to help ensure your bicycle is not stolen.

Ensure your bicycle is locked to a bike rack or in a secure building such as a locked garage or shed. Do not leave it in plain sight unsecured.

Ensure the frame and any easy quick release wheels are secured with a cable lock to the bike rack.

Register your bike on Bike Index or Project 529 Garage. You will need the make and model of the bicycle along with a photo to upload and the serial number. If your bicycle is stolen make sure you attend your closest police detachment and fill out a statement. Having a photo and serial number is crucial to help police get your bicycle back to you if its recovered.

Boating Safety

Ensure you have your boating license.

Your Pleasure Craft Operator Card (PCOC) is like a driver's license and once you have your PCOC it's yours for life. The PCOC is mandatory for anyone operating a pleasure craft with any type of motor, and the operator should be sure to have their original PCOC card "on board". Violation Ticket can be issued if you do not have it on your person. Photo on

your smartphone or photocopy is not sufficient.

Always check the local weather conditions before departure- TV, radio or weather apps on your smartphone can give you up to date and time of current weather conditions. If you notice darkening clouds, strong winds, or sudden drops in temperature, get off the water immediately and take cover on the nearest shoreline.

Ensure you and everyone on board is wearing a life jacket or personal flotation device. Ensure they fit properly. A large majority of drowning victims from boating accidents were found not to be wearing a life jacket or personal flotation devices.

Practice safe boating by not mixing alcohol, marijuana or illegal drugs before or when you are on the boat. Just like driving under the influence, boating under the influence of alcohol, marijuana or illegal drugs is an offense under the Criminal Code of Canada. If you are planning to consume alcohol or marijuana on your boat, you must be anchored and have permanent sleeping, kitchen and toilet facilities on board.

If you're going to be in and around the water, proper boating safety means knowing how to swim. If you are not a strong swimmer I encourage you to take swimming lessons before going out in or on the water.

Ensure your boat is running properly before heading out into the water. You can purchase what are called ears. They consist of two flat opposing rubber cups, one with a hose connection, on both sides of a long U-shaped bracket that allows them to seal against both sides of the lower drive unit over the normally-submerged water intakes. The two cups on the U-bracket look like earmuffs, and thus the term. You hook a water hose to them. If you have never used them there are great video's on YouTube that shows you what to do. If still not sure do not attempt



and have a local marine shop ensure your boat is operating properly.

Very important and many people forget. Make sure your boat plug is in!!!

Make sure you have the safety equipment on your boat as required by law. Check Transport Canada Website to check what you need to have on your boat. Violation Tickets can be issued if you do not have proper safety equipment on board

Lastly be courteous at boat launches. Safely and as quickly as possible get your boat in the water and remove your vehicle and trailer so the next person can load or unload. If you see someone that is struggling lend a hand. Some people are new to boating and may need a few pointers.

Fire Prevention

Fire Bans come and go in the province. Before you light one check <https://albertafirebans.ca/> to determine if there is a ban or restriction in your area. Lighting a fire when there is a ban or restriction can lead to Violation Tickets being issued and you could be billed for the cost of the fire service to respond and put out the fire or any damage your fire has caused.

If you are having a fire let the fire burn down before you plan on putting it out. Spread the embers or ashes around in the fire pit and then add water or loose dirt and stir. Water is preferred. Any wood still burning add more water

or loose dirt until you can no longer see smoke or steam. Don't bury your fire or leave it believing it will go out on its own. Embers will smolder and can re-emerge as a wild-fire especially if a wind picks up. To ensure your fire is out check and see if you feel any more heat from a safe distance. Don't stick your hands in or too close to the wood or ashes.

If you are a smoker please do not throw your cigarette out the window of your vehicle. Put it out in an ashtray and dispose of when it is out.

Construction Zones

Please do not speed in construction zones. When workers present the fine amount doubles. Please help ensure you and the workers stay safe. Even if construction workers are not present the posted lower speed limit will still be in effect if there are safety hazards in that construction zone.

Traffic Stop Do's and Don't's

-Pull over immediately to the right side of the road if you see blue and red lights flashing and or hear a siren. That is the law. If you continue to drive to where you want to pull over you could be issued a Violation Ticket for Fail to Stop for an officer or in some cases criminal charges.

-Remain in the vehicle and stay calm. Please do not get out. This puts yourself and the officer at risk.

-Get ready to produce your

driver's license, valid proof of registration and insurance. Proof of insurance can now be on your cell phone. Registration and Driver's license still must be produced.

-After retrieving your documents try to keep your hands where the officer can see them. Putting your hands on the steering wheel is recommended.

-You may ask the officer questions but now is not to time to argue with the officer. If you disagree with the officer or a violation ticket you may have received, the ticket will have a court date on it for you to be able to dispute

-If you are stopped for speeding the officer does not have to show you his radar or laser instrument.

-If something seems suspicious about the officer or the vehicle they are driving you can call 911 once you have

stopped.

I wanted to close with talking about our men and women that put on a police or law enforcement uniform everyday. They leave their family and loved ones to come to us when we need them even during this COVID pandemic. They put their lives on the line everyday for us. Just because there is a few bad ones doesn't mean the rest of them are. They too are upset with what happened down south. They work hard to try and keep our community safe. Most of the good work they do year-round is not put on the news or social media like the negative incidents. Already people have forgotten all the birthday parades they have been doing during COVID to brighten all ages from children to seniors special day, as one example that I think is great.

Stay Safe Everyone

Chris Nielsen
MLA for Edmonton-Decore

Our office will be booking in person meeting by **appointment only** starting on **June 1st, 2020**. Please call or email us to set up an appointment.

Unit 203, 8119-160 Avenue NW
edmonton.decore@assembly.ab.ca
780-414-1328



Northmount Community League News

Northmount Board of Directors as of June 18, 2019

POSITION	NAME	Contact
President	Meagan Plamondon	780-270-1212
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Vp-operations@northmount.ca		
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Vp-programs@northmount.ca		
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treasurer@northmount.ca		
Secretary	Margaret Warwick	780 914-5119
secretary@northmount.ca		
Area 17 Council Rep.	Karen Plamondon	
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Bingo Director	VACANT	bingo@northmount.ca
Casino Director	Sid Plamondon	casino@northmount.ca
Children's Program Director	VACANT	
Civics Director	VACANT	
Communications Director	Michele Crocker	newsletter@northmount.ca
Facilities Director	VACANT	
Family Programs Director	VACANT	
Memberships	Robin Wheatley	780-473-8634
memberships@northmount.ca		
Past-President	Terry Kitching	780-478-4147
Seniors Programs Director	VACANT	
Soccer Director	Joanne Cheetham	780-477-6010
soccer@northmount.ca		
Sports Explorers	Karen Plamondon	

At this time our AGM has been postponed to September 15th. Please take the summer to think about how you can help in your community, we would love to have you join us, when it is again safe to do so. With that in mind, below you will find the job descriptions of various board positions that are currently up for election. Read through them to see if something suits your interests!

WE WANT YOU!!

Northmount Community League is looking for dedicated and enthusiastic volunteers to fill various board, committee and volunteer positions. If you or someone you know is interested, please attend our meeting or contact a current board member for more details! Northmount Community League can only keep the doors open

by relying on dedicated volunteers. That is why we need your help!

Board Members meet every third Tuesday of the month, except for July and August.

Each position will require a different level of commitment depending on tasks required.

If you want to get involved but do not want to hold a board position, Chair and Committee positions are available and can be created as needed to run specific programs.

Don't see a position or role you are interested in? Contact Meagan to discuss what you want to see at Northmount

Every Year Northmount Community League needs to fill various Board Positions, at this years AGM the following positions are up for nomination. Currently we only have

13 board positions filled by 9 people from just 6 different families. This is a very small group and many of these volunteers have been on the board for a decade or more. We really need more community engagement to keep the league running, we need new directors and volunteers. Are you willing to help? Please see the volunteer job descriptions below for more information and reach out to Meagan at president@northmount.ca if you have any questions.

Vice-President Programs
The Vice-President Programs will:

assume any duties from the President as required
may have signing authority
is a member of the Executive Committee

In the absence of the Vice President Programs, the Board or the President may

AGM Notice! - POSTPONED

appoint another officer to discharge these duties; and

Responsible for overseeing and supporting community-based programs, functions, and sport programs

Bingo Director

The Bingo Director will:

be responsible for the organization, timing and completion of the assigned bingo dates

keep an updated record of and maintain status of volunteer membership lists and other records pertaining to Bingos

ensure compliance with the Gaming regulations
applies for licenses and permits to run Bingos

help recruit volunteer workers

review and prepare policy and procedures with respect to Bingos

report monthly to the Board of Directors; and
attend Bingo Association general meetings.

Facilities Director

The Facilities Director will:

be responsible for the supervision of hall rentals, ensuring League access takes priority

be responsible for the development and maintenance of the community center, rinks, parking lot, and other League facilities

prepare an annual budget for the facilities and submit it to the Treasurer

review and prepare policy and procedures with respect to the facilities

supervise any persons and/or contractor hired for work for the facility or the grounds; and

report monthly to the Board of Directors.

Communications Director

The Communications Director will:

be responsible for the publication of the League's newsletter

oversee the delivery of the newsletter

be responsible to oversee the maintenance of the League Internet web site and social media

arrange for publicity for

League events

prepare an annual budget for communications and submit it to the Treasurer

review and prepare policy and procedures with respect to publicity; and

report monthly to the Board of Directors.

Soccer/Hockey/Softball/Baseball Director

The Director will:

be responsible for the organization, timing and completion of the required registrations

keep an updated record of and maintain status of volunteer membership lists and other records pertaining to the sport

ensure compliance with the Gaming regulations

help recruit volunteer workers for the sport teams

maintain and organize sport equipment
review and prepare policy and procedures with respect to the Sport

report monthly to the Board of Directors; and

attend required sport Association general meetings.

Civics Director

The Civics Director will:

be responsible for the organization and communication between the league and the city re: citizen engagement and feedback for city development notices, etc.

review and prepare policy and procedures with respect to the civics director

report monthly to the Board of Directors.

Seniors Director

The Seniors Director will:

be responsible for the organization, timing and completion of Senior programming
keep an updated record of senior programs

ensure compliance with the Gaming regulations

help recruit volunteers and engage with the community

review and prepare policy and procedures with respect to Senior Director; and

report monthly to the Board of Directors.

Adult Programs Director

The Adult Programs Director will:



be responsible for the organization, timing and completion of Adult programming
keep an updated record of Adult programs

ensure compliance with the Gaming regulations

help recruit volunteers and engage with the community

review and prepare policy and procedures with respect to Adult Director; and

report monthly to the Board of Directors.

Children's Program Director

The Children's Program Director will:

be responsible for the organization, timing and completion of Children's programming

keep an updated record of children's programs

ensure compliance with the Gaming regulations

help recruit volunteers and engage with the community

review and prepare policy and procedures with respect to Children's Director; and

report monthly to the Board of Directors.

Family Program Director

The Family Program's Director will:

be responsible for the organization, timing and completion of Family programming

keep an updated record of family programs

ensure compliance with the Gaming regulations

help recruit volunteers and engage with the community

review and prepare policy and procedures with respect to Family Program Director; and

report monthly to the Board of Directors.

Past-President

The Past President will:

assume all ad hoc duties at the discretion of the Board
is a supportive role to the board

provide mentorship to the current president

was previously a president of the board.

Follow us on Social Media

Do you want to keep up to date on happenings in Northmount? Join our Facebook page at <https://www.facebook.com/groups/NorthmountCom->

munityLeague/ Join in the conversations, RSVP to Events we are hosting, and connect with fellow community members. We'd love to see you there!



President's Message

Hello everyone,
As the Province continues to re-evaluate different restrictions that are in place due to COVID-19, it becomes hard to plan far into the future, while still giving enough notice to residents about possible upcoming programing and events. Originally, the Community Hall was set to reopen as part of Phase 3 of the re-

launch plan, but last minute it was included in Phase 2. This has not given the board and the executive much time to decide plans for the hall before this issue of the Newsletter went to print. As the executive members continue to watch for announcements and follow recommendations, any programing that may start during the summer will be

announced on our Facebook Group. Rentals will continue to be on hold until all recommendations are put into place. I hope you are still able to enjoy the summer months ahead.
Be well, stay safe and wash your hands!
Meagan Plamondon (she/her)
president@northmount.ca

Text4Hope expands to support additional Albertans

Free text messaging program available to those with cancer, addictions
Text4Hope is expanding to reach more Albertans who may be struggling during difficult times.
Text4Hope-Addiction Support and Text4Hope-Cancer Care are designed to help Albertans dealing with psychological issues related to addiction and cancer issues. The expanded services are funded by the Mental Health Foundation.
Text "Open2Change" to 393939 to subscribe to the addiction program.
Text "CancerCare" to 393939 to subscribe to the

cancer program.
Text4Hope originally launched in March to help those looking for support during the COVID-19 pandemic. More than 45,000 Albertans have subscribed to this service, and others can still join by texting COVID-19HOPE to 393939.
Subscribers can sign up for any or all of these free services. They will receive daily text messages of support and encouragement for three months. All three Text4Hope programs are designed to help people ease their stress and anxiety.
The original Text4Hope program is funded by AHS,

the Mental Health Foundation, Calgary Health Trust, University Hospital Foundation, Royal Alexandra Hospital Foundation, Alberta Cancer Foundation and Alberta Children's Hospital Foundation.
Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million adults and children living in Alberta. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.
Source: albertahealthservices.ca

Beaumaris Lake Open Space Rehabilitation

I am pleased to inform you that construction is scheduled to begin this month. We have awarded the construction contract and the contractor is preparing to mobilize to site this month.
We will also be conducting tree clearing activities in the East Park area. The removal of the trees is required to rehabilitate the East Park as per the current design, which will address improved sightlines, and recommendations contained in the projects Crime Prevention Through Environmental Design (CPTED) report.
Tree removal will follow the requirements of the City of Edmonton Policy C456B Corporate Tree Management Policy and the Migratory Bird Act.
Construction work around the Lake will be phased and the details of the phasing



plan is available in the project webpage edmonton.ca/BeaumarisLakeRehabilitation. The plan is to keep the majority of the park open for public use during construction. Temporary access routes will be identified.
For residents around the Lake, please watch your mail-

box for construction bulletins that will provide more information along with contact details for any concerns regarding landscaping and access.
Samuel Malayang, P.Eng
Program Manager
For any questions, please email beaumarislakerehabilitation@edmonton.ca.



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Nicole Goehring
MLA for Edmonton-Castle Downs · Culture Critic
Her Majesty's Loyal Opposition Liaison to the Canadian Armed Forces

June is PTSD awareness month.

PTSD can affect anyone. If you're struggling, call 8-1-1 to access support and services.

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