

# NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, McLeod, and Northmount

March 2021



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## Northmount, Beyond COVID



Our next AGM will be held in April. At this time, we are asking members to seriously consider volunteering for board positions. The community league can only be run with YOUR help. All programs and functions have been on hiatus because of provincial health restrictions, but when COVID restrictions change, and social gatherings and sports start to resume, we will need to have plans for programming and events in place. We desperately need help from community members for this!

This year's AGM will have the following key positions up for election, President, Treasurer, Secretary and Bingo Director. We also currently need a communications director and have many other directorships vacant due to lack of volunteers. If you would like more information on how you can be part of the community leagues plan for the future, please email Meagan at [president@northmount.ca](mailto:president@northmount.ca) or reach out to any current board members you may already know.

## Waste Free Edmonton Northeast Voice Editorial

In 2021, Edmontonians will experience one of the most visible, impactful changes to residential waste management they've seen in decades. Edmonton single-family households will move away from bagged garbage collection and receive carts for food scraps and garbage, putting Edmonton in line with other Canadian cities. More importantly, Edmontonians will finally have limits placed on the amount of waste they can put out for collection. Lifelong Edmontonians may be taken aback at the drastic changes to their door-to-door collection; other residents may celebrate the long-awaited arrival of carts. But all residents can use the spring and summer of 2021 to rethink the waste they produce and how it ended up in

their black cart.

The City of Edmonton's own data reveals that significant changes to the waste management system are necessary, with the 90% diversion target being grossly missed. We only diverted 21% of our residential waste in 2019, down from 36% in 2018. This is partly due to the fact that Edmonton's current waste management system is a reactive one that does not focus on reducing the amount of waste produced, but focuses primarily on diverting waste once it has been created. We also live in a society where unnecessary consumption and waste is normalized, and where there are many hurdles that make it challenging for citizens to reduce their waste footprint.



[continues on pg 4](#)

### Upcoming Events in the Northeast

#### March

- 9 – McLeod Sports Registration
- 13 – McLeod Sports Registration
- 17 – McLeod Sports Registration

#### April

- 20 – Northmount Virtual AGM, 7pm

#### Location Addresses:

- CentrepoinTE Church – 5940 159 Avenue
- Clareview Rec Centre – 3804 139 Avenue
- Evansdale Hall – 14811 95A Street
- G Edmund Kelly Spray Park – 15005 79 Street
- Heritage Hall – 7406 139 Avenue
- Kilkenny Hall – 14910 72 Street
- Kingsway Legion – 14339 50 Street
- Lago Lindo Hall – 17123 95 Street
- Little Mountain Cemetery – 16025 54 Street
- Londonderry EPL – in Londonderry Mall
- Londonderry Hall – 14224 74 Street
- McConachie EPL – 16607 50 Street
- McLeod Hall – 14715 59 Street
- North Edm Seniors Asscn (NESA) – 7524 139 Avenue
- Northmount Hall – 9208 140 Avenue
- Ozerna Park – 7010 158 Avenue
- Steele Heights Baptist Church – 5812 149 Avenue
- Steele Heights Hall – 5825 140 Avenue

### Evansdale Community League Ice Rink Open



Evansdale Community League ice rink is open to all. First come first serve. 10 people per sign-up sheet. Please call 780-478-2577 for booking.





# McLeod Community League News

## A Message from the McLeod Community Safety Director

### Traffic Safety

Did you know?

You cannot have your dog on your lap while operating a motor vehicle. Under the Alberta Use of Highway Rules of the Road regulation you can be ticketed for \$162.00 as the dog can affect your ability to drive safely.

View cannot be obstructed. Under Alberta Use of Highway Rules of The Road Regulation Section 80 A states a person shall not drive a vehicle on a highway if (a) the view through the windshield or windows of the vehicle is so obscured by mud, frost, steam or any other thing so as to make the driving of the vehicle hazardous or dangerous, or (b) an ornament, device or thing is placed in or on the vehicle so that it may obstruct that person's view. Please ensure your windows are cleared from frost and snow before driving. Fine for this violation is \$162.00.

Tint on front door windows and tinting of or adding tinted brows to windshields is illegal. Fines can range from \$81.00 to \$162.00 and an order may be given to remove. Failure to comply with the order will result in another fine of \$243.00. Please remove your tint. Glass shops will remove for a fee.

Windshields that are fully tinted will be ticketed and your vehicle will be towed. Your license plate will be removed, and you will not be able to drive your vehicle until a new windshield has been installed.

Why is tint illegal you might ask? Pedestrians have a hard time telling if the driver has seen them before crossing the road. In a collision the tint can hold safety glass together, which is meant to break into small pieces. If your arm were to go through the window in a collision the tint could cause large pieces of glass to go into your arms. In addition, this makes it harder for first responders to break it if they

need to get you out of the vehicle. During poor lighting conditions or weather, it makes it difficult to be able to see out the vehicle and the mirrors.

It is not illegal to have a hitch ball on a receiver sticking out. Watch your knees folks when walking around vehicles. However, it is illegal to have a hitch ball on the bumper or on the receiver if it is blocking the license plate in anyway while not pulling a trailer. Fine for this Violation is \$162.00.

Auxiliary light bars cannot be mounted above the center height of the headlamps. It does not matter if the light bars are covered or not. Fine for this violation is \$162.00. If auxiliary light bars are turned on while driving down the highway you may be fined for additional offense of having them on.

Edmonton Police Service did a great campaign last year about Skunk in the Trunk. This was in reference to Cannabis purchases being out of the reach of occupants in a vehicle and put in the trunk. This also goes for alcohol. The trunk is the safest place to put your purchases.

While you are reading this, go check the registration on your vehicle or vehicles. Ensure it is valid and with you, or in your vehicle. In addition, look at your operator's license and ensure it is on your person and it is valid. And lastly, check your insurance and make sure your insurance card is valid and is in your vehicle or on your person. The fines for not having valid registration are \$324.00, plus the cost of your vehicle being towed. The fines for not being able to produce valid insurance, registration or your driver's license is \$243.00. Only insurance can be in an electronic copy on your cell phone. Your Registration and Driver's license must be produced in its original form roadside if you get asked on a traffic stop.

### Home Safety

#### Window Blind or Curtain Cords

- Cut the Cords short or tie them out of reach.

- Avoid putting cribs, beds, playpens or highchairs near window blinds or curtain rods.

- Change out corded window blinds with cordless ones.

#### Fall Prevention for babies

- Do not leave your baby unattended on the change table.

- Always place car seat, carriers and rockers on the floor.

- Bolt safety gates to the walls at the top and bottom of any staircases.

#### Footwear

When was the last time you turned your shoes or boots over to exam the tread? Just like tires on a car, your footwear needs to have adequate traction on snow and ice. If the tread is low on your footwear it is time to get new ones.

#### Furnace

- Check your furnace filter monthly and replace when it starts to get dirty.

- Check your intake and exhaust vents weekly for ice buildup. Remove any ice buildup.

#### Commercial Vehicle Safety

Did you know?

Tie-downs and chains, that are required by law for your cargo securement, must have a readable working load limit on the straps and the chains must have a tag or be stamped.

Any dunnage, shovels, brooms or other cargo cannot be secured by dunnage straps. Loose rocks, dirt, snow or ice must be removed from your truck, trailer or equipment you are hauling. Fine for this violation is \$810.00.

Any links of your safety chains that are worn 20 percent will place your trailer out of service.

Break-away cable must be secured to the tow vehicle. I have seen many that are at-

tached to the safety chains from the trailer.

One violation on logbooks that I see frequently is the driver signing the daily log before finishing his shift. Do not sign until end of shift.

#### Crime Prevention

Do not leave anything in view in your vehicle that has any value. This includes loose change, purses, wallets, tools, garage door openers, sunglasses, CDs.

Lock your tailgate or box covers if lockable.

Check and ensure your locks on your vehicles and home are locked every night before going to bed.

Do not leave bags of bottles visible in your yards.

Buy a doorbell camera. There are options available including getting a security system that has monitoring or if you do not want to pay for that option you can purchase one with an app where you do the monitoring yourself. Any video footage that can assist police in identifying the suspects involved in criminal activity can be beneficial.

If you are expecting an amazon package and you are not going to be home for an extended period of time, ask a friend or neighbor to hold onto it till you arrive back home.

If you spot an impaired driver call 911 immediately. If safe and possible, follow the vehicle at a safe distance until police dispatch advises you otherwise. You will not get a violation ticket for being on your cell phone for calling this in. Signs of an impaired driver include driving slowly or the speed goes up and down constantly, swerving back and forth in their lane, changes lanes frequently, passing without sufficient clearance, overshooting or stopping far back from stop signs, not having lights or using signal lights, hitting curbs or going in and out of ditches.

And finally, document and report any suspicious activity in our community. If it is



Due to the ongoing COVID-19 pandemic, our office is closed to the public. Please call or email us and we can assist you remotely.

**Chris Nielsen**  
MLA for Edmonton-Decore

My office is here to help address your questions and concerns with Government of Alberta programs and services, including Alberta Works, AISH and WCB.

Unit 203, 8119-160 Avenue NW  
edmonton.decore@assembly.ab.ca  
780-414-1328

a suspicious vehicle make sure and document license plate, make and model, any distinguishable features that stand out (body damage, stickers, aftermarket accessories such as rims, spoilers, exhaust tips, tint, headache racks), color and last direction of travel.

If it is a suspicious person, document approx. height, weight, age, clothing, headgear, sunglasses, shoe color, race and last direction of travel. Use your cell phone to take photos or video if safe to do so.

And just as important, once you have documented or observed the suspicious activity, is to call police right away. Extended time delays can reduce the chance of police being able to locate the person or vehicle. Call 780-423-4567.

If it is a crime happening right now such as break and enter, theft from person or vehicle or any other serious crime, call 911.

Lastly, please remember Motorists, you must reduce speed to 60 km/h or the posted speed, whichever is lower, when passing emergency vehicles or tow trucks that are stopped with their lights flashing. This law applies to the lane(s) immediately next to the stopped vehicles. The fine for speeding in these areas is doubled. Please help ensure your first responders and tow truck operators go home at the end of their shift.

Thanks to all of you that are following the COVID Restrictions. Just remember, every day is one day closer till things go back to normal. Stay Safe.

continued from pg1

For example, many corporations create products swaddled in layers of unrecyclable, uncompostable, single-use plastic packaging or designed with planned obsolescence in mind, while municipalities and citizens bear the responsibility of disposing of them.

We need to do better. The City of Edmonton needs a proactive approach to waste management that prioritizes waste reduction instead of waste diversion. This includes creating systems and policies that ensure that low-waste living becomes the default, not the exception. More needs to be done so that waste free lifestyles aren't just a luxury only accessible to those with the time and resources to achieve it. We are eagerly awaiting the release of the City's Waste Reduction Roadmap this spring, which will hopefully lay out a plan for creating that broader scale change. In the interim, the cart rollout is an important step by the City that provides an opportunity for us to change the way we think about and manage waste in Edmonton.

Waste Free Edmonton is a volunteer-run organization committed to educating and supporting citizens in their personal waste reduction journeys. We know there are many ways for residents to adapt to the changes coming to Edmonton's waste management system and reduce their waste footprint, including composting at home, exchanging goods and tools with neighbours, and purchasing products with little or no packaging. We also advocate for broader-scale policy and systems change, such as a single-use plastic bylaw and extend-



ed producer responsibility legislation, so that citizens don't have to bear this burden alone. But we invite everyone to join us in pushing for broader change. When you wheel your cart out to the curb this spring, consider the big and small ways you can help: dictate a letter to your councillor in your head, support businesses that provide low or zero waste options, or get involved in one of our waste reduction campaigns.

To prepare for the cart rollout, visit [edmonton.ca/waste](http://edmonton.ca/waste) for more information and [wastefree.ca/take-action](http://wastefree.ca/take-action) to learn how you can help reduce waste in Edmonton. Waste Free Edmonton can be found at @wastefreeyeg on social media.

Written by: Andrew Waddell (Waste Free Edmonton, Communications Manager) & Melissa Gorrie (Waste Free Edmonton, Co-Founder and President)

## McLeod Soccer Update

Preparations are underway for the 2021 outdoor CGSA season. Our in-person registration dates are March 9, 13 and 17 but are subject to change based on government regulations. Please see the McLeod and CGSA websites for additional information. If you miss our last registration date, you can still register by emailing [info@cgsa.ca](mailto:info@cgsa.ca).

We will most likely be short coaches, so

please consider coaching. Coaching younger age groups is about making new friends, having fun and snacks.

Feel free to contact me at [soccer@mcleod-communityleague.ca](mailto:soccer@mcleod-communityleague.ca) or contact CGSA at [info@cgsa.ca](mailto:info@cgsa.ca) if you have any questions or concerns.

Todd

McLeod Soccer Director

## Benefits of signing up for CGSA Soccer in your McLeod Community

Parents often ask, "Why sign up for CGSA soccer?"


The most obvious benefit of CGSA soccer is exercise. The average season goes from May 1st to July 31st. Players can expect one practice and one or two games per week, each approximately one hour in duration. The CGSA community program focuses on friends playing with friends and having fun. When registering for the McLeod soccer program, players can request to play with a certain friend. We try to honour the request as best as possible. There are occasions when friend or coach requests cannot be filled, as every team has a team player limit. Players can expect fair field time in regular season games. There are other leagues out there that organize players by skill level and age with an emphasis on winning and unfortunately not all players get an opportunity to play or play with their friends.

CGA community soccer is very affordable. In addition to registration fees, players are re-



sponsible for their own footwear, shin pads, socks, and shorts. McLeod will provide jerseys that will be returned upon season end with the exception for U4 – U7 players who keep their jerseys. Parents will be required to purchase a community membership and sign up for one community service per child to a maximum of two per family. Other soccer programs will have more expensive registration fees, require you to purchase jerseys, and participate in multiple volunteer/fundraising activities that may not benefit the community parents live in.

We hope to see you at one of our upcoming registration sessions starting in February 2016. For more information, please see the McLeod website at [www.mcleodcommunityleague.ca](http://www.mcleodcommunityleague.ca).




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**New beginnings and new opportunities in Ward 72**

**Edmonton Catholic Schools Trustee  
Sandra Palazzo**

February marks the beginning of the Lenten season in the Catholic liturgical calendar. It is a time for us to prepare our hearts and minds through prayer, service, and fasting to receive the great gift of God's mercy and love that is found in the death and resurrection of Christ.

For the sixth consecutive year, Edmonton Catholic Schools (ECS) was selected as one of Alberta's Top Employers! This acknowledgement is a testament to the Division's commitment to offering an exceptional workplace environment for our employees. We recognize that our dedicated staff is essential to our mission to provide a Catholic education that inspires students to learn and that prepares them to live fully and to serve God in one another.

The Board of Trustees approved a change to the Division's 2021-2022 regular and year-round school calendars to include a Fall break. The change was in response to results received last year from a survey which was conducted to engage parents/guardians with respect to implementing a new November Fall break beginning in the 2021-2022 school year. An overwhelming majority of our families supported a break as a welcomed opportunity to recharge and schedule more family time. The break will immediately follow Remembrance Day, from November 12-15. This break aligns with many of the province's other school boards. The Division will evaluate the value of the new break before it is permanently added to the school calendars.

I am excited to announce two new programs that are being introduced in the 2021/22 school year in Ward 72. St. Cecilia will be offering the Accelerated Math and Science program designed for students who are academically capable of completing grades seven, eight and nine Mathematics and/or Science in two years rather than the traditional three years. The program provides students with the opportunity to pursue Common Math 10 and Science 10 in their grade 9 junior high school year. St.



Cecilia will also be offering the Jean Forest All-Girls Leadership Academy – a program that empowers young women to achieve academically and grow spiritually by developing their gifts, talents and leadership skills. Students can now register for these programs and can contact the school for more information.

As the only Catholic High School in north Edmonton, do not miss Archbishop O'Leary's Virtual Open House on March 4 from 6:30 to 8:00. Check O'Leary's website for more information.

In closing, I want to take the opportunity to share my appreciation for the outstanding dedication of our staff, students and families for being incredible stewards and ambassadors of our Division during these extraordinary times. I welcome the opportunity to engage with our school communities as I am committed to making decisions that are in the best interests of our students and ensuring the well-being of our Division is at the forefront of all that we do. Wishing everyone all the best in 2021!

Sponsored by Sandra Palazzo

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2021 property assessments are in the mail



More than 400,000 property assessment notices are in the mail for Edmonton property owners.

Once property owners have their assessment notices in hand, they can follow three steps to check the accuracy of the notice.

Review the details on your assessment notice

Check what makes up your property's assessed value

Compare to similar properties in your neighbourhood

"As a property owner, when you receive your 2021 assessment in the mail, we encourage you to review the details and compare your assessed value to similar properties in your neighbourhood," said Cate Watt, Assessment and Taxation Branch Manager. "We took some extra time this year to ensure fairness and accuracy in the face of the COVID-19 pandemic, but we still would like property owners to review their assessment and contact us if they have any questions, as the best time to

address any concerns is now. We cannot change property tax bills, but we can adjust assessments, which will affect the amount of property tax you will pay this year."

Assessments reflect the City's estimate of the property's market value — the amount that a property would have sold for in the open market — as of July 1, 2020. It's a step in determining residents' fair share of municipal property taxes and provincial education taxes for the current year.

If you have questions after reviewing your notice, or have not received it by the end of February, please contact the City for one-on-one support by calling 311, or visit [edmonton.ca/assessment](http://edmonton.ca/assessment) for more resources, including property-specific information, to better understand your assessment.

Property tax bills will be mailed to property owners in May.

For more information: [edmonton.ca/assessment](http://edmonton.ca/assessment)

Explore the Mediterranean Diet for healthy living

Bring a taste of the world into your diet this winter. The Mediterranean Diet is a style of eating that includes foods often eaten in the countries around the Mediterranean Sea.

Some of these countries are Spain, Italy, Greece, Turkey, Israel, Egypt and Morocco.

This style of eating includes lots of vegetables, fruits, beans, peas, lentils, fish, nuts and olive oil — all foods that we can get in Alberta.

Here are a few tips on how to incorporate the Mediterranean Diet into your lifestyle:

- Eat five or more servings of vegetables each day, and three or more servings of fruit each day.
- Of that, ensure two servings are raw or salad.
- Choose brightly coloured vegetables. Some examples are beets, carrots, eggplant, kale, okra, spinach, squash and tomatoes.
- Choose brightly coloured

fruits. Some examples are oranges, strawberries, melons and peaches.

- Prepare vegetables with small amounts of olive oil, and no salt or sugar.
- Fresh, frozen or canned vegetables and fruit are good choices. Frozen and canned are often as nutritious as fresh.
- Eat five-six servings of whole grains each day.
- Use herbs, spices, garlic and onion as flavourings instead of salt.
- Enjoy fish or seafood instead of meat three or more times a week.
- Eat at least one serving of fish high in omega-3 fats: salmon, sardines, herring, mackerel and trout.
- Choose fresh, frozen or no added salt canned fish or seafood.
- Choose lean poultry, meat and eggs
- Choose poultry such as chicken and turkey more often than red meat (Beef, pork, lamb or goat).



Further enhancements to transit safety and security

In response to a recent increase in social disorder in Edmonton, such as harassment, discrimination, and crime, particularly at some transit facilities due to lower ridership levels, the City and community partners are deploying an integrated and multi-pronged approach to enhance safety and security for riders and staff at transit facilities. Starting Saturday, February 27 at 5:30 a.m., additional safety measures will be deployed.

Enhanced safety measures will include 10 additional security guards being deployed to transit facilities based on intelligence-led data. Security guards will provide extra oversight and support for ETS riders and staff, and monitor City assets. These security guards are in addition to those already deployed at 19 LRT stations and transit centres. Security guards have direct access to the ETS Control Centre that can dispatch Transit Peace Officers, or the Edmon-

ton Police Service (EPS), if needed. Furthermore, staff will provide additional video surveillance via CCTV security cameras on transit to proactively monitor facilities. These enhanced measures will be in place for two months, and be actively monitored and evaluated to ensure resources are being deployed to key locations to prevent and address issues when they arise.

In addition to these enhanced measures, the EPS Crime Suppression Branch, along with their Community Engagement teams, and the City's Transit Peace Officers, will continue proactive patrols on transit to provide education, build awareness about support services, liaise with support services, and conduct enforcement as needed. Transit riders also have a number of security features available to them, such as blue emergency phones in LRT stations and transit centres, push buttons on LRT cars, and the newly re-

leased Transit Watch text message service (text or call 780.442.4900) that provides a discreet way for Edmontonians to contact the ETS Control Centre. ETS also has over 3,800 surveillance cameras on transit property.

The City of Edmonton, in collaboration with community partners, is committed to enhancing safety and security on transit, particularly for women and girls, under the Edmonton Safe City initiative. All Edmontonians, including staff and contractors, have a right to be safe in our city and on transit. We will not tolerate any form of racism or violence and we encourage Edmontonians to contact authorities if they see something suspicious or inappropriate. We are taking action by implementing these additional safety measures. This builds on our commitment to the Edmonton Safe City initiative, to make our public spaces safer for everyone.

TAPROOT EDMONTON

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- Eggs and egg whites have protein and can be used in place of red meat at meals. Limit these foods:
- High-fat milk products such as cream or butter.
- Processed meat such as sausage, bacon, ham, salami, deli meats and pate. These are higher in saturated fat and salt.
- Higher fat fresh meats such as marbled steak, roast, ribs, pork belly, duck or

- chicken wings.
  - Foods with added sugar (consume less than two times per week), such as pop, iced tea, fruit drinks sweetened with sugar, baked goods, puddings and custard.
  - High-fat snack foods such as French fries, potato chips, buttered popcorn and cheese puffs.
- Article provided by Alberta Health Services



As a Safe City, ETS and partners are committed to ending gender based violence against women and girls in all their diversity in public spaces. ETS is also continuing its community collaboration with diverse groups this year in order to develop community-based action plans that will further enhance safety and security on transit.





# Kilkenny Community League News

## Paying for New Sidewalks

There has been lots of neighbourhood renewal in Ward 3, and I couldn't be more excited! It is now the case that alleys will be replaced, in addition to sidewalks, and roads. As for sidewalks, it has always been the formula that residents are responsible for 50% of the cost, and that can be quite pricy. I have tried to change the formula, but it isn't as easy as one might think (although I am still trying). If the city now assumed the full cost of sidewalks, then neighbourhoods that were reconstructed in 2019 and years prior would rightfully request refunds. This would create a large burden on the City and require our coveted 0% tax rate for 2021 to likely



change making future zeros unlikely. There is more that we can do. I have seen the sidewalk formula applied in a way that I believe is unfair. If you have been requested to pay for sidewalks behind your house, or for sidewalks that you are not required to shovel, then there could be a case to adjust how much you have to pay. Please contact my office if you feel that the amount you have to pay is unfair, and I will advocate for you to the City. I will also continue to see if we can change the 50% formula, as I know you have been paying taxes for a long time. Jon Dziadyk is your Ward 3 City Councillor  
Jon.Dziadyk@Edmonton.ca 780-496-8128

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## Diagnosis, treatment of a common eye disease

Glaucoma is a leading cause of blindness in Canada. It is the name for a group of eye diseases that damage the optic nerve. This nerve carries information from the eye to the brain. When the nerve is damaged, you can lose your vision.

Glaucoma is one of the most common causes of legal blindness in the world. At first, people with glaucoma lose side (peripheral) vision. But if the disease isn't treated, vision loss may get worse. This can lead to total blindness over time.

### What causes glaucoma?

The exact cause isn't known. Experts think that increased pressure in the eye (intraocular pressure) may cause the nerve damage in many cases. But some people who have glaucoma have normal eye pressure.

Some people get glaucoma after an eye injury or after eye surgery. Some medicines

(corticosteroids) that are used to treat other diseases may also cause glaucoma.

### How is glaucoma diagnosed?

Glaucoma can be diagnosed:

When you go to your family doctor because of an eye problem. Your doctor will ask you questions about your symptoms and do a physical examination. If your doctor thinks you have glaucoma, you will then need to see an eye doctor for eye examinations and tests.

### How is it treated?

Glaucoma can't be cured. But there are things you can do to help stop more damage to the optic nerve. To help keep your vision from getting worse, you'll probably need to use medicine (most likely eye drops) every day. You may also need laser treatment or surgery. You'll also need regular checkups with your eye doctor.

## Do you have a special content you would like to see??

Do you or someone you have content that you would like in the North East Voice?

We would like to hear from you!!

Feel free to send in a picture and the ap-

propriate information and we will include it in the next newsletter!! Please send it to Lindsay, Kilkenny Publicity Director at publicity@kilkenny.ab.ca.

## Kilkenny Community League Memberships

Memberships are sold in person during the spring (March) and fall (September) sports registration dates (please bring proof of address [utility bill or drivers license]). However memberships are sold year round through the Edmonton Federation of Community Leagues (EFCL) website. Membership types and rates are listed there.

Benefits of membership include:

Free community league swim at:

Londonderry Fitness & Leisure Centre, located at 14528-66 Street NW, every Sunday from 4:15 pm – 5:45 pm.

Grand Trunk Fitness & Leisure Centre, located at 13025-112 Street NW, every Sunday from 4:15 pm – 5:45 pm and Fridays 7:15 pm

– 9:15 pm.

10% discounted Annual, Multi Admission, or Continuous Monthly passes to ANY City of Edmonton Recreation Centre.

Free outdoor skating at ANY Community League rink (ensure you have current skate tags).

Free indoor skating at Londonderry Fitness & Leisure Centre, located at 14528-66 Street NW, every Sunday from 4:00 pm – 5:00 pm.

Voting rights at the Kilkenny Annual General Meeting (AGM) held in November.

Please come out and support your community!

If you have any other questions, please email Membership@Kilkenny.ab.ca

## Kilkenny Community League General Meetings

Become a part of your community and get involved! Board meetings are held the second Tuesday every month (excluding July & August) from 7:00pm – 9:00pm in the Meeting Room of Kilkenny Hall.

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To receive the 12-year Parts Limited Warranty, online registration must be completed within 60 days of installation. Online registration is not required in California or Quebec.

\*\*conditions may apply



# Northmount Community League News

## Northmount Board of Directors as of September 15, 2020

POSITION	NAME	Contact
President	Meagan Plamondon	president@northmount.ca
Vice President Operations	James Crocker	Vp-operations@northmount.ca
Vice President Programs	Robin Wheatley	Vp-programs@northmount.ca
Treasurer	VACANT	
Acting Treasurer	Margaret Warwick	treasurer@northmount.ca
Secretary	Margaret Warwick	secretary@northmount.ca
Area 17 Council Rep.	Karen Plamondon	
Adult Programs Director	Robin Wheatley	
Bingo Director	VACANT	
Acting Bingo Coordinator	James Crocker	bingo@northmount.ca
Casino Director	Sid Plamondon	casino@northmount.ca
Children's Program Director	VACANT	
Civics Director	Kim Manzo	
Communications Director	VACANT	
Communications Chair	Michele Crocker	newsletter@northmount.ca
Facilities Director	Sid Plamondon	facilities@northmount.ca
Family Programs Director	VACANT	
Memberships	Robin Wheatley	memberships@northmount.ca
Past-President	Terry Kitching	
Seniors Programs Director	VACANT	
Soccer Director	VACANT	
Sports Explorers	Karen Plamondon	

## President's Message

Hello everyone, I hope everyone is keeping safe and connected in a socially distance way.

With things always changing, some programming will continue to be on hold to do our part as we keep the cases of Covid-19 down.

Correction from last issue: Yoga and Hapki-do will continue to be on hold while we wait for further direction from the Province. When it is time to start again, spots will be available on a limited capacity to ensure everyone's safety. At this time, we are not taking new registrations, but students currently registered will continue

to have their spot held for them. If you would like to be added to the waitlist once registration opens up again, please email president@northmount.ca

All future board meetings will continue to be held virtually and this will stay in place until at least April 2021. If you are wanting to attend a board meeting please email president@northmount.ca by 5 PM the Thursday before the meeting to be added to the virtual invite list.

All the best and be well!

Meagan Plamondon (she/her)

## AGM Notice

April 20, 2021 - 7 PM Virtual Meeting Only

If you would like to attend the AGM, please email president@northmount.ca before April 15th to have the meeting invite sent to you.

We are extremely short on volunteers and we need people to step in to help out. We are nearly

at a position where the next option is to turn the keys over to city and programming and events will not continue until a new board takes over.

If you want to join, please contact Meagan to inquire about open positions. She can be reached at president@northmount.ca

## Follow us on Social Media

Do you want to keep up to date on happenings in Northmount? Join our Facebook page at <https://www.facebook.com/groups/NorthmountCommunityLeague/> Join in the conversations, RSVP to Events we are hosting, and connect with fellow community members. We'd love to see you there!



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PRESENTS

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**Mail Cheque to:** PO Box 67112 Meadowlark RPO, Edmonton, T5R 5Y3