

# NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, and McLeod

August/September 2022



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## We would like you to help Kilkenny

Looking to become a bigger part of our community? Needing to fulfill volunteer requirements? Have a passion you would like to share? Kilkenny Community League is looking for amazing community members join our team! We currently have a vacancy for our Baseball/Softball Director. The position would come with training from our outgoing director. Questions, always feel free to ask any of our amazing team! Are you that "techy" person? We aren't! Our website is looking for some TLC. If you love mixing tech with a touch of design, have we got a posi-



tion for you! We would need some items updated periodically, which are provided by our various directors.

Not looking for a specific position? Have some ideas you think we would love to hear? We also have Directors-at-Large positions open. This position gives you a chance to

join the board, and see if you can find your place within it!

Our board meets the 2nd Tuesday of the month. If you're interested, but not sure, let us know and we can give you more detail. You can even come to a meeting to see if it is a good fit for you! We hope to see you soon!

## Check out Evansdale's New and Improved Website!

The Evansdale Community League website has been through an upgrade!

For information relating to our community league including Hall Rental, Pickle Ball Court Bookings, Community League Memberships etc. Please visit our revised website at <https://evansdale.ca/>

### Evansdale PickleBall

Our PickleBall courts are open for 1 hour timeslots 7 days a week between 9:00am-1:00pm and 5:00pm-9:00pm. Please visit our PickleBall page for more information <https://evansdale.ca/programs-events/pickleball>



### Green Shack Program 2022

The City of Edmonton will be offering their free drop-in Green Shack Program again this year. Locations will be in Evansdale, BelleRive and Eaux Claires. Please see the advertisements for the date, time and location.

### Osteoporosis Program Physical Therapy

The Misericords Physical Therapy Department provides a 7 week virtual class on Osteoporosis taught by a Physical Therapist in a casual group setting. Class information can be found on the Misericordia page under "Programs and services" on [CovenantHealth.ca](http://CovenantHealth.ca)



## FREE DROP-IN GREEN SHACK PROGRAM

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend.

**Eaux Claires**

16003 - 95 St  
10:30 am - 1:30pm, Monday - Friday  
July 4 - August 25



The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

**Get in touch with us:**  
**Email:** [greenshack@edmonton.ca](mailto:greenshack@edmonton.ca)  
For more information, call 311 or visit:  
[edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks)



## FREE DROP-IN GREEN SHACK PROGRAM

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend.

**Belle Rive**

Poplar Park  
16410 - 82 St  
2:30pm - 5:30 pm, Monday - Friday  
July 4 - August 25



The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.

**Get in touch with us:**  
**Email:** [greenshack@edmonton.ca](mailto:greenshack@edmonton.ca)  
For more information, call 311 or visit:  
[edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks)

## McLeod AGM

The McLeod Annual General Meeting is upcoming on October 27, 2022 at McLeod Centre (14715 59 Street) at 6pm. This is a great opportunity to volunteer for a Board Position.

We have several Board positions up for election this year. If you're interested, please email [facility@mcleodcl.ca](mailto:facility@mcleodcl.ca)

If COVID throws us a curve ball, we will conduct the AGM via Zoom.

## McLeod Outdoor Soccer

Thank you to everyone who participated in the 2022 CGSA outdoor season. June was rainy which resulted in many games being rescheduled. Thanks to everyone for their flexibility and attending as many games as possible. A big thank you to the coaches and referees and making this season possible. Thank you taking the time to volunteer, mentor and inspire our community members. We couldn't have done it without you.

Thanks,  
Todd  
McLeod Soccer Director

# McLeod Community League News

## The Day the Volunteers Quit

One day, Mr. & Mrs. Extremely Busy were up early getting ready for work. Mr. Busy states, "I have several meetings today, I am going to get the oil changed on my lunch break, and I have several projects due by the end of the week". Mrs. Busy replies, "After I drop off the kids, I also have several meetings, I need to get groceries on my lunch break, a meeting with our littlest's teacher, make supper and get homework done". Mr. Busy asks, "Have we heard when Junior's soccer is starting yet?" "Well, we got an email looking for parents to volunteer to coach, but I did not reply as we are too busy. I will try to find a spare minute during my day to send an email inquiry." With that, Mr. & Mrs. Extremely Busy were off in their separate directions

to start their very busy day.

On the other side of the community, Mrs. Whiny was also getting ready to start her day. Over a cup of coffee and cereal she thinks to herself: "We were one of the first people at registration, I paid my fees, I should have heard something by now. I know they were looking for volunteers, but I don't know anything about softball, they must have found someone by now? I am going to email at lunch, this is getting ridiculous". Mrs. Whiny continued on with her day. Lastly, Mr. & Mrs. Overwhelmed are pondering the upcoming day. Mr. Overwhelmed has a good job in an office with regular hours. However, he finds his job quite draining and when he comes home in the evenings he really looks forward to

relaxing. Mrs. Overwhelmed has very young children, two are now old enough for soccer. She is looking forward to the upcoming soccer season where she can have a break for at least an hour a day! She will send an email at the end of the day to find out when the season will be starting.

In the middle of the community, the President is also starting his day. He is in the middle of packing up his house, preparing to move. He has been working many hours of overtime, his elderly mother is sick and has been spending most weekends tending to her house and needs. The President has a family with children in activities. He has not been able to watch their events; his VOLUNTEER DUTIES attending community league meetings, area meet-

ings, president meetings are in regular conflict. The President is really passionate about growing a strong community where everyone can feel safe in a friendly, neighbourly area. Today, though his mom has a doctor's appointment, his child has an important event, he will be working late, and there is a presidents meeting. He has had enough, something needs to give: The President quits.

On the edge of the community lives the Soccer Director. She has slept in and is scrambling to get her children out the door to school. She was up until the very early morning hours completing her school assignments. The Soccer Director is also very committed to the community. She believes her efforts can help enrich the lives of many children. Today her neck is stiff as she

was hunched over books until 3 am. After she takes her kids to school, she will have just enough time to get a coffee on her way to work. She works full-time, her husband works out of town and all the parenting and household responsibilities fall to her. Her only time for herself is after the kids are in bed, which she needs for studying and laundry. Today the Soccer Director has a performance review at work, an exam at the end of the week, she is out of laundry soap, her husband's time away has been extended, no one has responded to her emails regarding coaching and has received 3 emails wondering why their team hasn't started practicing yet. She takes a deep breath and quits.

The President and Soccer Director have quit. The reset

of the community board can't cover such major roles. They also have jobs, families, and other responsibilities. Given the ever-increasing volunteerism demands, they decide to quit.

Suddenly, 100 children from the community who were registered in Scouts, Beavers, Brownies, and dance have nowhere to gather. The President always came to open the community league building for them. 20 ladies, including Mrs. Extremely Busy can no attend Yoga on Tuesday evenings. Mr. Overwhelmed can no longer go for evening stakes at the community rink. Mrs. Overwhelmed is no longer able to walk her kids to the community preschool. The lives of hundreds of children and their families were affected the DAY the VOLUNTEERS QUIT.

## McLeod Community Safety Director

New Drivers is August's focus under the Alberta Traffic Safety Calendar. New drivers are still learning the rules of the road and making rookie mistakes behind the wheel. Smartphones and other passengers can be as equally distracting to new drivers. When teenagers are driving in the car with their friends, they still want to be included in the passenger conversations and social media excitement. Parents and or Guardians have the conversation with our young drivers about these added distractions. Get them to drive you around, praise them for what they are doing well and explain how they can get even better. Just because they have passed a road test does not mean you can't assist them in being even better drivers.

For the rest of us which are not New Drivers we are not perfect either. Please stay off your phone and that includes at red lights. You can still be issued a Violation Ticket even though you are stopped.

### Seat belts

Still seeing a lot of people that includes drivers and passengers not wearing their seat belt or not wearing them properly. Please buckle up. It is for your safety. Having the

shoulder strap of your seat belt under your arm is not wearing it properly and you can receive a Violation Ticket for that. Fines for not wearing your seat belt or improperly wearing your seat belt is \$162.00 under the Alberta Vehicle Equipment Regulations.

### Neighbourhoods

Whether you live in McLeod or any other community please do not speed in residential neighbourhoods. No one likes watching a vehicle zoom by on their street while they are out working or enjoying time in their yard. Slow down and be sure to watch for any children that might be out and about.

### McLeod Park

I received a complaint from one of our residents advising someone is littering in McLeod Park leaving cans that are cut leaving sharp edges in the fields around McLeod Park. If you see any of these cans please be careful and dispose of them in a waste bin to avoid anyone being cut. Be warned to the person or persons doing this you could be charged with Littering or Mischief.

### School Zones

Wow where did the summer go. Schools will be starting up at the end of August and beginning of September.

Please be extra cautious when travelling through these areas. Don't speed, watch for children that may dart out around school buses or other vehicles and please don't park illegally. I will provide some information on some of the most common parking offences. You are required to park at least 5 meters from the near side of the crosswalk, yield and stop signs and from an adjoining intersection. You must park at least 1.5 meters from any driveway. You cannot park on or across any sidewalk or boulevard. You must park right wheels to curb unless a traffic control device (sign) says otherwise.

### Back to School

Parents/Guardians please go over with your children to not walk out into the roadway. Explain to them to only use marked crosswalks and cross when it is safe to so.

Use the three P's. Point, Pause and Proceed

Point the direction they are going, pause and look to ensure traffic in both directions has stopped and then proceed.

Also very important Parents/Guardians speak to your children about stranger danger and have a code word that only you and them know in case someone else has to pick them up.

Parents/Guardians i also ask you to keep your eyes open for suspicious persons or vehicles around schools. If you spot a suspicious person or vehicle please call Edmonton Police at 780-423-4567 immediately. In addition inform school staff.

### Button Batteries

Advise parents to do the following:

Keep batteries locked up, out of reach and out of sight of children

Check that battery compartments of household products are secure and not easily opened

Buy household products with secure battery compartments that cannot be easily opened by children

Use screws provided and tape to seal battery compartments

Supervise children when they use products containing button batteries

Ensure children do not play with button batteries or remove them from household products

Look for loose batteries on floors, tables, and counters. Dispose of batteries so that children cannot find them.

Store or dispose of batteries in a secure place so that children cannot gain access to them

Cover the ends of the battery with tape before storing and disposing.

Ensure button batteries are not left out, even if they are dead

Instruct parents of older children to:

Take care when changing button batteries in a product so that they do not get mixed in with any pills, medicine or food

Not let their child hold batteries in their mouth

Store button batteries away from food and medicine

Make parent aware of 20 - 25 mm lithium batteries because they can cause the most serious injury. These batteries are identified by their imprint codes, CR2032, CR2025, or CR2016. They should look for these codes on the face of the battery.

Encourage clients to visit MyHealth. Alberta.ca to learn more about Button Batteries, the signs and symptoms of button battery ingestion, as well as treatment.

### Passing Emergency Vehicles

New Legislation has been passed in regards to passing emergency vehicles. Under the new legislation, all lanes of traffic travelling on the same side as a stopped emergency or tow vehicle must slow down to 60 kilometres per hour or the speed limit if lower. The fine for speeding in these areas is doubled. In addition there is a one year pilot project which now allows tow trucks to have flashing blue lights. Please slow down and help ensure your first responders and tow truck operators go home at the end of their shift!!!





Upcoming Events at Edmonton Public Libraries

At EPL Londonderry:  
Weekly:  
**Settlement Practitioner (Adult)**  
\*\*\*Check in with the LON branch for ongoing schedule updates.  
Mondays/Tuesdays 9:00 AM – 5:00 PM  
Fridays 9:00 AM – 5:00 PM  
We offer Settlement Services to help you with common questions about moving to Canada and settling into a new home.  
**Sing Sign Laugh and Learn (Baby & Toddler)**  
Mondays 10:15 AM – 11:00 AM, 2:15 PM – 3:00 PM  
You and your child from birth to age three are invited to join us for songs, rhymes and signs  
Tuesdays 10:15 AM – 11:00 AM  
Wednesdays 10:15 AM – 11:00 AM  
You and your child from birth to age three are invited to join us for songs, rhymes and signs.

Tech Time (All/Adult/Senior)  
Fridays 2:00 PM – 3:00 PM  
Need some one-on-one tech help? Bring your device (or use one of ours) and come prepared with a tech-related question or challenge you would like to explore with a savvy staff member.  
**LACE Conversation Circle (Adult)**  
\*\*\*Off for summer. Will resume in the fall.  
Thursdays 10:00 AM – 12:00 PM  
Drop in and join others who also want to practice their English.  
Preschool Problem Solvers (Preschooler)  
\*\*\*Starting Sept 1  
Thurs. 4:00 PM – 4:30 PM  
Preschool Problem Solvers introduces shapes, numbers, colours and classroom behaviour to children aged four to five.  
**STEAM Lab (9-12)**  
\*\*\*Starting Sept 20  
Tuesdays 4:00 PM – 5:00 PM

From robot battles to hovercrafts to building your own games, discover all things Science, Technology, Engineering, Art and Math.  
Youth Talk (Teen)  
\*\*\* Starting Sept 23  
Fridays 3:30 PM – 5:00 PM  
Practice your communication skills and gain familiarity with Canadian society and culture in this conversation-based program designed for newcomer youth.  
**One-Time Events:**  
Summer Starts at EPL: Summer-ween (6-12)  
Tues 8/16/2022 2:00 PM – 2:45 PM  
Dress up in your favourite costume and help us celebrate “Summer-ween!”  
Summer Starts at EPL: Parachute Party (Preschooler)  
Wed 8/17/2022 2:00 PM – 2:30 PM  
Learn about rhythm and listening skills as we break out the parachute and balls and have a blast!  
Summer Starts at EPL:

Storming the Castle (6-12)  
Thurs 8/18/2022 2:00 PM – 3:00 PM  
Explore medieval times as we build high walls, towers, moats, and catapults (of course!) to knock them down!  
Summer Starts at EPL: Wind, Water, & Light (Preschooler-8)  
Tues 8/23/2022 2:00 PM – 2:45 PM  
Explore medieval times as we build high walls, towers, moats, and catapults (of course!) to knock them down!  
Summer Starts at EPL: Amusement Park Tycoon (9-12)  
Wed 8/24/2022 2:00 PM – 3:00 PM  
Come to the library and we'll design and play midway games, and even make a paper roller coaster!  
**Book Clubs of EPL**  
Wed 8/24/2022 7:00 PM – 8:00 PM  
Come join us for lively discussions on all types of fiction and non-fiction.

Summer Starts at EPL: Travelling Troubadour (6-12)  
Thurs 8/25/2022 2:00 PM – 2:45 PM  
Train your inner troubadour through feats of song-writing, instrument-smithing and entertainment!  
Summer Starts at EPL: Summer Starts at EPL: Closing Carnival (All)  
Sat 8/27/2022 10:00 AM – 6:00 PM  
Join us at the library for some good old-fashioned fun and excitement as we bid farewell to our summer activities here at EPL.  
**At EPL McConachie**  
Weekly:  
Family Story Time (Baby, Toddler, Preschooler)  
Mondays 2:30 PM – 3:00 PM  
Enjoy stories, songs, and rhymes suitable for the whole family.  
Baby Laptime (Baby & Toddler)  
Wednesdays 10:30 AM – 11:00 AM

Enjoy delightful stories, songs, books, rhymes, finger plays and more, especially for babies.  
**One-Time Events:**  
Summer Starts at EPL: Marble Run Challenge (9-12)  
Sat 8/20/2022 11:00 AM – 11:45 AM  
Use anything and everything to build the greatest marble run the world has ever seen!  
**Summer Starts at EPL: Root Robots (6-12)**  
Fri 8/26/2022 11:00 AM – 11:45 AM  
Learn coding skills with this fun little robot which draws, plays music, lights up, and can even drive on metal-backed whiteboards!  
**Summer Starts at EPL: Summer Starts at EPL: Closing Carnival (All)**  
Sat 8/27/2022 10:00 AM – 6:00 PM  
Join us at the library for some good old-fashioned fun and excitement as we bid farewell to our summer activities here at EPL.

Get in touch  
dance@mcleodcommunityleague.ca  
780 893 5151

### Registration

McLeod Community League Hall  
14715 - 59 Street NW

August 4, 2022 6 - 8:30 PM	August 25, 2022 6 - 8:30 PM
August 30, 2022 6 - 8:30 PM	September 7, 2022 6 - 8:30 PM

### Fees

Adults - \$250.00/Class  
Kids/Teens - \$325.00/Class  
Mini Movers - \$225.00

\$50 off each additional class. Fees are for September to June. Membership and community service required.

**KIDS & TEENS**  
Ballroom • Hip-Hop • Jazz • Mini Movers • Modern • Tap • Lyrical Dance

**ADULTS**  
Hip-Hop • Jazz • Tap

## Welcome Back – A Celebration of New School Beginnings in 2022-2023

### Edmonton Catholic Schools Trustee Sandra Palazzo

Hoping everyone had an enjoyable and rejuvenating summer. As we begin a new school year, we wish to welcome all new and returning staff, students, and families to Edmonton Catholic Schools. We are thankful for each of you and for your commitment to being strong ambassadors of our Division.

We are grateful for the enthusiasm and effort displayed by all our students, staff, and families in upholding our vision of excellence in Catholic Education and look forward to experiencing all the joy that the new school year will bring.

As we embark on another successful year of learning and working together, I welcome the opportunity to

engage with our school communities as I am committed to making decisions that are in the best interests of our Division and ensuring the well-being of our

students is at the forefront of all that we do!

Best wishes for a safe, enjoyable and exciting 2022-2023 school year!

Article Sponsored by Sandra Palazzo





## McLEOD COMMUNITY LEAGUE

*Come join the fun and meet your neighbors!*

*McLeod Community League is a member of the Edmonton Federation of Community Leagues, and is made of community volunteers who work together to provide a healthy and safe community by organizing recreation, sports and social activities. We are part of an Edmonton tradition that goes back almost 100 years!*

Website: [www.mcleodcl.ca](http://www.mcleodcl.ca)

Facebook: [Facebook.com/McleodCL](https://www.facebook.com/McleodCL)

### The Way We Organize

We represent and serve people living in the area north of 137 Ave. and south of 167 Ave., east of 66 St. and west of Manning Freeway. It includes the neighbourhoods of McLeod, Casselman, Miller, McLeod Park/Matt Berry, and Hollick Kenyon.

### The Way We Sports

Community Volunteers coach thousands of children on our teams for indoor soccer, outdoor soccer, baseball, softball and hockey. We sponsor tons of free activities: Outdoor and indoor swim times at city pools. Green Shacks at our four playgrounds, outdoor basketball, drop-in programs and two outdoor ice rinks.

### The Way We Communicate

Northeast Voice, a community newspaper delivered by Canada Post, ten times a year, to every mailbox.

### The Way We Sell Memberships

A McLeod membership card can be purchased online from [efcl.org](http://efcl.org). The membership entitles you to participate in the community league wellness program providing discounted admission fees at city recreational facilities.

### The Way We Move

Bikeable and walkable area mapping project and multi-use trails. Advocating for lighted crosswalks across the Manning Freeway to the LRT station and across 59A at NE Edmonton Christian School.

### The Way We Program

- ★ Dance
- ★ Yoga
- ★ Meditation
- ★ Seniors Club / Baby & Children
- ★ Soccer

### The Way We Remember

- Little Mountain Cemetery Tours
- No Stone Left Alone
- Local history articles in the Northeast Voice

### The Way We Green

- Front Yards in Bloom
- Winterscapes
- Clean Sweep program
- Blue Box Recycling

### The Way We Donate

We have collected clothes and organized a Clothing Drive for people in need in the community. We have collected donations for the Edmonton food Bank, Canadian Legion and Youth empowerment and support Services.

### The Way We Cooperate

Board members join with surrounding community leagues to achieve area goals by serving on Area 17 Council, Northeast Zone sports and Edmonton Federation of Community Leagues committees. We have a strong working relationship with councillor to advocate for programs and facilities.

### The Way We Rent the Hall

The McLeod Hall, located at 14715-59 St, is available for rental for events, meetings, weddings and other functions. The maximum capacity is 240 people. There is a curtain elevated stage. Please check hall availability on our website and for a booking contact [hallrent@mcleodcommunityleague.ca](mailto:hallrent@mcleodcommunityleague.ca)

### The Way We Socialize

- ★ Halloween party
- ★ Christmas Celebration
- ★ Family day event
- ★ Volunteer Appreciation dinner
- ★ Community League Day party
- ★ Annual Summer Party



## Kilkenny News

### Fall Soccer Registration with CGSA

Thursday Sept 1- 6:30 to 8pm  
Thur. Sept 8-6:30 to 8pm  
Sun. Sept 11-11am to 1 pm

Community Day is coming this fall Saturday September 17. 11 am to 3pm  
Mark it on your calendar

### Kilkenny Hall Rentals



Times	Auditorium	Meeting Room	Both
Weekdays / Weeknights	\$200	\$100	N/A
Fridays (after 5 pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sundays	\$400	\$100	\$500
Two Day Wedding & Gift Opening (Sat – Sun)	\$750	\$100	\$850
Full Weekend (Fri @ 5pm – Sun @ 6pm)	N/A	N/A	\$1000
Hourly Rate (4 hour min.)	\$50	\$25	N/A

The Kilkenny Hall is available for rental!! It is the perfect space for your special event, meetings, weddings and any other social event.

Please go to <http://www.kilkenny.ab.ca/facilities/> to have a look and click on “Book Facility” to...you guessed it... book the facility!

The website will also show you when the hall is available. Feel free to call 780-478-2481 to leave a message for bookings as well.

Discounts available for those who hold a consecutive membership for a minimum two years with Kilkenny Community League.



## River Safety

City of Edmonton Park Rangers, Edmonton Fire Rescue Services, Edmonton Police Service (EPS), City of Fort Saskatchewan and RCMP are anticipating another busy summer of recreation on the North Saskatchewan River and are reminding people to be safe on the water.

“We saw a notable increase in usage on the North Saskatchewan River last year compared to 2020,” said Zain Haji with the City of Edmonton’s Animal Care and Park Rangers. “During our river safety

checks with Edmonton Police Service, almost half of the people using the river were not in compliance with boating regulations and were putting themselves at risk.”

When on the river, users need to bring all relevant safety gear including a personal floatation device for each person, a throw bag and whistle or sounding device.

“With the Canada Day long weekend approaching, we are reminding people to stay safe on the river,” said Constable Derek Jones with the EPS Marine Unit. “We want you to enjoy yourself and be around for future adventures on the water, so

please wear a lifejacket and have the basic boating safety gear if you are going to be floating down the river.”

In the summer of 2020, Edmonton Fire Rescue Services responded to 104 water rescue events. Last summer, that number increased to 138 including animal rescues. To date in 2022, there have been 42 water rescues.

“The North Saskatchewan River is unpredictable and flow rates are likely to change rapidly and without notice,” said Bruce McWhinnie, Chief of Special Operations with Edmonton Fire Rescue Services.

“This presents a variety of dangers for those in or near the river, including dogs. It’s important to wear lifejackets, have a safety plan before you head out and take into account possible weather changes, water currents, water temperature and water depth.”

Devon RCMP conducted 51 vessel inspections last year on the North Saskatchewan River near Devon and found:

- 10 per cent of boaters were missing a floatation device,
- 14 per cent were missing a buoyant heaving line and
- 12 per cent were missing a

sounding device such as a whistle.

“The float from Devon into Edmonton is extremely popular,” said Chris Mosley, Detachment Commander for Devon RCMP. “That being said, it’s extremely important that people know roughly how long it might take to get to their final destination and plan accordingly. Float times vary from day to day depending on water flow, wind and other factors.”

Marine units from several agencies in and around Edmonton will be on the river this summer educating boaters on river safety and enforcing bylaws.

[www.communityleagueneews.com](http://www.communityleagueneews.com)



Evansdale Community League Board & Committees			
Address: 9111 - 150 Avenue, Hall Phone 457-0948			
Mailing address: Box 71023 Northwood Mall Post Office, Edmonton, Alberta T5E 6J8			
E-mail address: <a href="http://www.evansdale.ca">www.evansdale.ca</a>			
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Shawna Walsh	Past President	780-237-2169	<a href="mailto:pastpresident@evansdale.ca">pastpresident@evansdale.ca</a>
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Jeff Muiselaar	Programs/Sport Explorerz Director	780-478-1759	<a href="mailto:programs@evansdale.ca">programs@evansdale.ca</a>
Jim Ragsdale	Director at large		
Cora Gagne	Newsletter & Social Media		<a href="mailto:newsletter@evansdale.ca">newsletter@evansdale.ca</a>
Jeff Muiselaar	Area 17 Representative	780-478-1759	<a href="mailto:pastpresident@evansdale.ca">pastpresident@evansdale.ca</a>
Shannon Moses	Belle Rive/Poplar Park Sign Volunteers		<a href="mailto:signs@evansdale.ca">signs@evansdale.ca</a>
Jim Young	Evansdale Sign Volunteer		<a href="mailto:signs@evansdale.ca">signs@evansdale.ca</a>
N/A	Eaux Claires Playground	780-641-6171	<a href="mailto:ecbr@evansdale.ca">ecbr@evansdale.ca</a>
Terri	Hall Rentals	780-478-4444	<a href="mailto:hallrentals@evansdale.ca">hallrentals@evansdale.ca</a>
Cassandra Rijavec	Club Coordinator, Boys & Girls Club/Big Brothers Big Sisters	780-822-2560	<a href="mailto:Cassandra.Rijavec@bgcbigs.ca">Cassandra.Rijavec@bgcbigs.ca</a>

### Community League Memberships

Get your membership anytime! Membership makes you part of an amazing community of people who care about and help look after our community. Get free community swims, discounts on community programs, discounts on Edmonton City wellness programs and hall rentals, and enjoy skating in the winter!

\$25 family  
\$10 single  
\$10 seniors

\$15 single parent  
\$15 couple with no children  
Contact Elaine Sarac at [membership@evansdale.ca](mailto:membership@evansdale.ca) or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine by phone.  
If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: [www.efcl.org](http://www.efcl.org)

### Proposed External Planning

Applications submitted to City of Edmonton (Informational only)There are currently two planning applications that have been proposed to the City of Edmonton from external sources for areas within our community. For information about these Proposed Planning Applications please visit the link below.Eaux Claires Planning Applications ([https://www.edmonton.ca/residential\\_neighbourhoods/](https://www.edmonton.ca/residential_neighbourhoods/neighbourhoods/eaux-claires-planning-applications)

neighbourhoods/eaux-claires-planning-applications)- 9305 160 Ave NW (Fields near Eaux Claire Playground)- 9403 157 Ave NW (Open fields south of the Eaux Claires bus terminal and east of No Frills)

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\*Some conditions and restrictions apply.

## FREE DROP-IN GREEN SHACK PROGRAM

Each day of the week you will get active and experience a variety of crafts, games, sports, and free play!

This program is targeted for **children aged 6-12**, but all children accompanied by an adult are welcome to attend.

**Evansdale**

9123 – 150 Ave  
10:30 am - 5:30pm, Monday - Friday  
July 4 – August 25

*The City of Edmonton would like to acknowledge that our programs respectfully take place on Treaty 6 Territory, and Metis Nation Region 4.*

**Get in touch with us:**  
**Email:** [greenshack@edmonton.ca](mailto:greenshack@edmonton.ca)  
For more information, call 311or visit:  
[edmonton.ca/Greenshacks](http://edmonton.ca/Greenshacks)

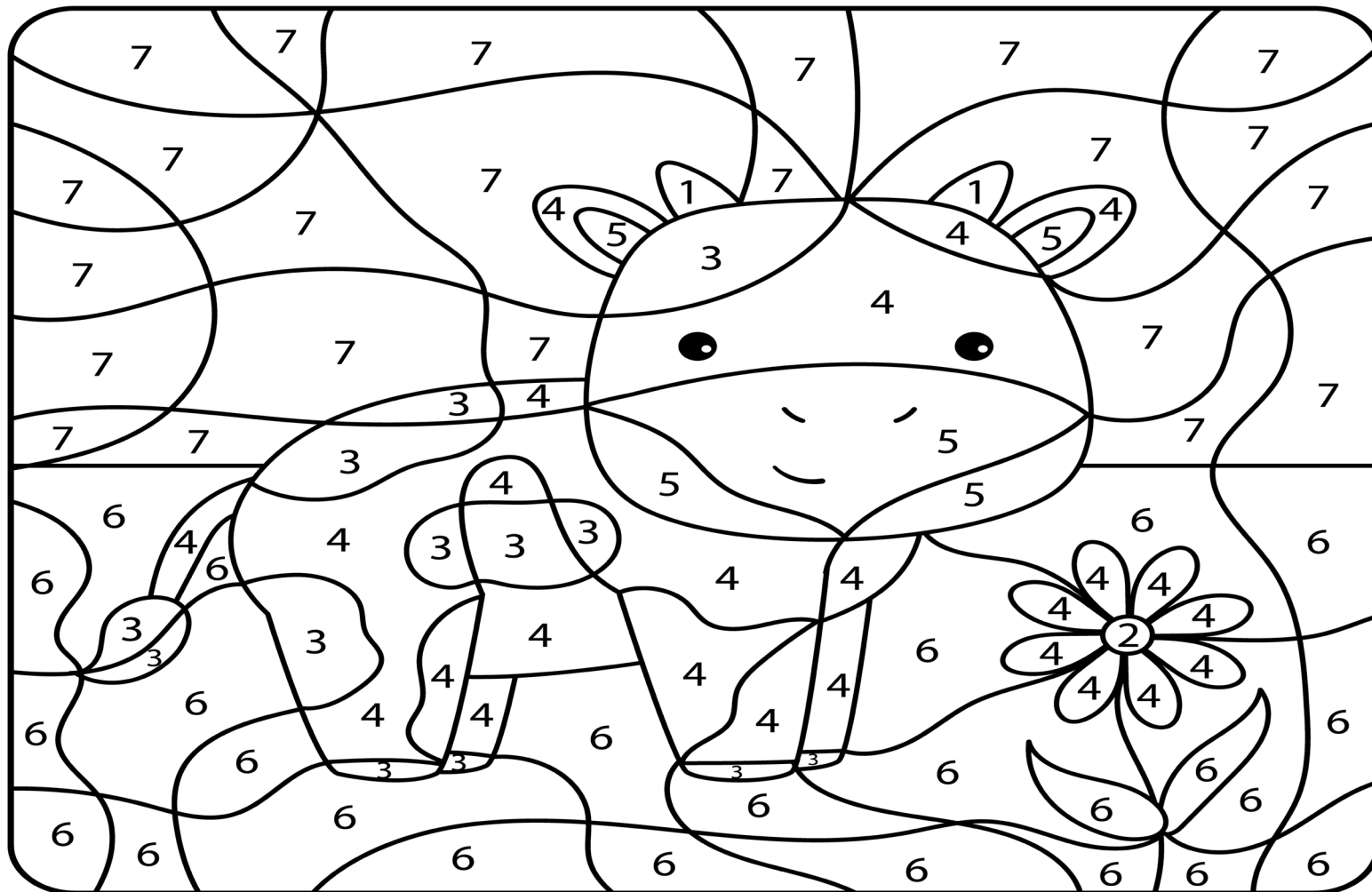
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# FUN ZONE



**Colour  
By  
Numbers**

- 1 - Gray**
- 2 - Yellow**
- 3 - Dark brown**
- 4 - White**
- 5 - Pink**
- 6 - Green**
- 7 - Light blue**

**Find the ten differences between the two pictures.**







# Back to school safety



Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

## Motorists

- Distracted driving carries a \$300 fine and 3 demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

## Around school buses

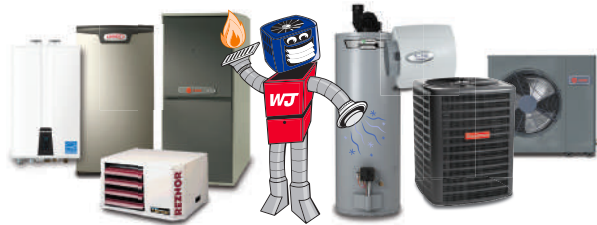
- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

## Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines;
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.



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# Blake Desjarlais

**Member of Parliament  
Edmonton Griesbach**

## Constituency Office

10212 - 127th Avenue NW,  
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## Remember sun and water safety this summer

Warmer weather means the opportunity to get outside and have fun. Cooling off in Alberta's lakes, splash parks or indoor and outdoor pools is a great way to spend time with family and friends, but it is important to stay safe.

### Heat Health

People can be affected by heat in several ways, from mild to life-threatening.

- Heat exhaustion is a loss of water and salt in the body. Symptoms include: dizziness or fainting, weakness; nausea, vomiting and diarrhea; heavy sweating, muscle cramps; thirst and less urine production; headache; rapid breathing and heart beat. Heat exhaustion can lead to heat stroke.

- Heat stroke is a medical emergency. Symptoms include: high body temperature (above 40°C); lack of sweat; disorientation; loss of consciousness. Seek immediate medical attention.

The most effective way to stay healthy in the heat is to avoid going outdoors between 11 a.m. and 4 p.m., typically the hottest hours of the day. If you don't have air conditioning, go into the coolest, safest place you can find, perhaps a basement. If that's not an option, find a cool location such as a shopping centre or movie theatre where you can stay for a while.

Check in on people in your life who are at-risk – people who live alone or those who are socially isolated – and ensure they are not in the heat. Cool them off and give them fluids.

Protect yourself from the sun's UV rays:

- Wear a wide-brimmed hat and sunglasses (with a UVA/UVB CSA certified seal). If possible, wear long pants and long-sleeved shirts that cover skin.

- Apply a sunscreen with a sun protection factor (SPF) 30 or higher, at least 20 minutes before going outside. Be sure the SPF 30 screens out both UVA and UVB rays and reapply frequently.

- Drink lots of water and other non-alcoholic, non-caffeinated beverages to stay hydrated.

- Seek cool areas away

from direct sun. Find shade or stay inside air-conditioned spaces. Sometimes a cool bath or shower can help. Limit outdoor physical activity during the hottest part of the day, or wait until it is cooler.

These guidelines are particularly important for individuals who are at greater risk of suffering from a heat-related illness, such as young children, older adults and those with chronic medical conditions.

### Recreational Water

There is always potential risk when swimming, especially in unmonitored bodies of water. Here are a few ways you can prevent water-related injuries:

- Wear a life jacket and make sure it fits.

- Before and during water activities, avoid alcohol or cannabis and any other substances that may cause impaired judgement.

- Swim with someone you trust. Children should be accompanied by an adult or responsible person.

- Be aware of fast-moving water.

- Be aware of exhaust from boats and generators.

- Remember that lakes, rivers and streams may contain disease-causing micro-organisms.

- There are considerable safety risks with swimming in unmonitored, open bodies of water. Swimming or playing in lakes, streams or rivers can result in drowning, injuries, swimmer's itch, rashes or diarrhea.

- Swim only at designated beaches that are monitored for biological, chemical and physical hazards. Look for posted signs at designated beach areas.

- Avoid swallowing river, stream or lake water.

- Do not swim in water that looks stagnant, muddy or smells unpleasant.

- Do not use irrigation canals for recreational purposes.

- Prevent broken skin from directly contacting recreational water.

- If possible, wash your hands and rinse your body off after swimming or wading in lakes, streams or rivers.