NORTHEAST VOICE

Serving the community leagues of Evansdale, Kilkenny, and McLeod

February 2022



PARENT/CHILD DROP-IN

STAY AND PLAY!

Mondays

10:00 am to 12:00 pm

Thursdays

10:00 am to 1:00 pm

COMMUNITY HALL

MCLEOD

14715 59 STREET

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Annual General Meeting Announcement

Evansdale Community League

Catch the Evansdale Spirit

You are invited to attend the Evansdale Community League Annual General Meeting on February 24th, 2022, at 7:30pm.

The AGM is your opportunity to learn about the community, elect or join the next board of directors, and get your free membership! Please join us online on Thursday, Feb. 24, 2022, at 7:30pm.

Elections

At the AGM, all positions are up for election. If you would like to nominate someone or are considering putting your name forward, please feel free to contact any of the current board members to obtain more information.

In Person Attendance

There is no in-person attendance this year. **Virtual Attendance**

There will be registration set up for virtual attendance.

Upon registration, you will:

Receive your free membership;

Sanitize your hand;

Be provided a physically distanced seat inside the hall. Virtual meeting link will be available to the community members who choose to attend the online meeting format. Please contact the President at president@evansdale. ca for the virtual meeting link prior to the AGM

Kilkenny Grassroots Soccer Registration

If you are looking for fun, inclusive, affordable and community driven soccer you are in the right place! This outdoor season we are bringing you soccer for your kids aged 4-15 at the low season cost of \$150 or less! That's right, no age category will pay more than \$150 for the WHOLE season soccer fees. No hidden fees, no tricks and no added costs halfway through.

Grab your black shorts, your soccer socks and shin guards, and your shoes/cleats and lets get ready for an amazing season! Our registration information is coming out later this week!

**CGSA partners with KidSport and Jumpstart because cost should never be a barrier in sports

*if you have a child who is just outside these ages and looking to play message us as we review exceptions on a case by case basis.

Outdoor registration Opens On February 1st. We cannot wait to bring you an affordable, fun, community driven outdoor soccer experience this summer! Keep an eye on www.cgsa.ca for updates to our price list and playing days as we slowly switch our website to prepare for the outdoor season over the next few days!

Kilkenny In Person Payment Sessions:

Thursday February 24, 2022 6:30pm -8:00pm Saturday March 5, 2022- 11:00am -1:00pm Thursday, March 10, 2022 - 6:30pm - 8:00pm We can't wait, who else is excited!?!

For more information or to register call:

780-471-3737



9516 - 114 Avenue, Edmonton

For full Norwood information, scan

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Benefits of CSGA Soccer

Parents often ask "Why sign up for CGSA soccer?"

The most obvious benefit of CGSA soccer is exercise. The average season goes from May 1st to July 15th. Players can expect one practice and one or two games per week, each approximately one hour in duration. The CGSA community program focuses on friends playing with friends and having fun. When registering for the McLeod soccer program, players can request to play with a certain friend. We try to honour the request as best as possible. There are occasions when friend or coach requests cannot be

filled, as every team has a team player limit. Players can expect fair field time in regular season games. There are other leagues out there that organize players by skill level and age with an emphasis on winning and unfortunately not all players get an opportunity to play or play with their friends.

CGA community soccer is very affordable. In addition to registration fees, players are responsible for their own footwear, shin pads, socks, and shorts. McLeod will provide jerseys that will be returned upon season end with the exception for U5 – U7 players who keep their jerseys.

Parents will be required to purchase a community membership and sign up for one community service per child to a maximum of two per family.

Other soccer programs will have more expensive registration fees, require you to purchase jerseys, and participate in multiple volunteer/fund raising activities that may not benefit the community parents live in. We hope to see you at one of our upcoming payment sessions. For more information, please see the McLeod website at www.mcleodcommunityleague.ca or contact soccer@mcleodcommunityleague.ca.

Free Swim is Back for McLeod Members!

Free swim for McLeod Community League members is back at Clareview Rec Centre.

Bring your valid 2022 Community League Membership with you on Saturday evenings from 6:00 p.m. to 8:00 p.m. to get free access to the aquatics

Please visit https://www. edmonton.ca/activities_parks_ recreation/clareview for COVID protocols.



Evansdale Community League News

Serving: Evansdale – Belle Rive – Eaux Claires



Evansdale Community League Board & Committees

Address: 9111 - 150 Avenue, Hall Phone 457-0948

Mailing address: Box 71023 Northwood Mall Post Office, Edmonton, Alberta T5E 6J8

E-mail address: www.evansdale.ca				
Jeff Muiselaar	President	780-478-1759	president@evansdale.ca	
Shawna Walsh	Past President	780-237-2169	pastpresident@evansdale.ca	
David Dodge	Director of Sustainability	780-478-6162	sustainability@evansdale.ca	
Vacant	Soccer Director		soccer@evansdale.ca	
Arrey Tabot	Treasurer	780-604-7072	treasurer@evansdale.ca	
Sue Harris	Credits	780-473-8796	credits@evansdale.ca	
Jenilee Caterina	Secretary	780-984-3298□	secretary@evansdale.ca	
Elaine Sarac	Membership Director	780-476-7442	membership@evansdale.ca	
Shawna Walsh	Bingo Director		bingomanager@evansdale.ca	
Jeff Muiselaar	Programs/Sport Explorerz Director	780-478-1759	programs@evansdale.ca	
Jim Ragsdale	Director at large			
Yi Louise Liu	Newsletter & Social Media	780-952-0580	newsletter@evansdale.ca	
Jeff Muiselaar	Area 17 Representative	780-478-1759	pastpresident@evansdale.ca	
Shannon Moses	Belle Rive/Poplar Park Sign Volunteers		signs@evansdale.ca	
Jim Young	Evansdale Sign Volunteer		signs@evansdale.ca	
N/A	Eaux Claires Playground	780-641-6171	ecbr@evansdale.ca	
Terri	Hall Rentals	780-478-4444	hallrentals@evansdale.ca	
Cassandra Rijavec	Club Coordinator, Boys & Girls Club/Big Brothers Big Sisters	780-822-2560	Cassandra.Rijavec@bgcbigs.ca	

Evansdale Outdoor Skating Rink Hours

 $Mon-Fri \quad 6:00pm-9:00pm$ noon - 9:00pm noon - 6:00pm please bring your own skates

^{**} please call the rink at 780-478-2577 to inquire about the rink-related questions



Community League Memberships

Get your membership anytime! Membership makes you part of an amazing community of people who care about and help look after our community. Get free community swims, discounts on community programs, discounts on Edmonton City wellness programs and hall rentals, and enjoy skating in the winter!

\$25 family \$10 single \$10 seniors \$15 single parent

\$15 couple with no children

Contact Elaine Sarac at membership@ evansdale.ca or 780-476-7442 to get your Evansdale Community League membership. Please leave a voice message if you cannot reach Elaine by phone.

If you are in a rush, you can buy memberships at the Edmonton Federation of Community Leagues website: www.efcl.org

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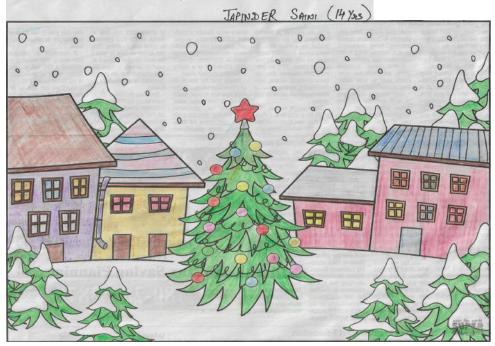
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Evansdale Holiday Coloring Contest Winner

The winner for the Evansdale Holiday Coloring Contest is Japinder Saini, 14 years old!

We will be in touch with Japinder's parents shortly to come up with a safe delivery of the prize.

Thank you all to the young talents and their parents for your participation. Please check our newsletter for the next event!

Traffic Signal At 153 Avenue & 94 Street

Please note that traffic signals at 153 avenue and 94 street will be activated by EPCOR usually 4-6 weeks after the final approval in-

spection. The approval happened on December 15, 2021. That means the traffic lights will be activated soon.

How to Keep Your New Year's Resolutions As author Daniel H. Pink writes in his book

When: The Scientific Secrets of Perfect Timing, "the first day of the year is what social scientists call a 'temporal landmark'." The temporal landmarks (like the first day of the year, first day of spring, our birthdays, etc.) help us navigate time, just as physical landmarks help us navigate space. Both help us find our way.

We share a few tips on how to keep your new year's resolution.

Choose your resolution you are passionate

If you are choosing a resolution just because it's popular, you are very likely to set yourself up for failure. If your friends are training to compete in a triathlon event, but you are not into fitness, there is no point to follow their training plan. The same logic applies here - don't choose a resolution that you don't care about.

Choosing a meaningful goal means you will be more likely to follow through on your plans. If that means taking up crochet while your friends train for a triathlon, so be it!

Having a SMART (specific, measurable, achievable, realistic and timely) plan makes it easier to help your new year's resolution stick. Planning can help you stay on track with your goals; it can also help you deal with setbacks better.

Start small

It is ok to start with smaller and more achiev-



able steps. For example, instead of starting off with a 5-times-weekly exercise regime, start by signing up for two group exercise classes per week. Maybe even choose a class that piques your interest - if you love music and movement, sign up for a Zumba class; if you prefer low impact, try an aquatic fitness class instead.

As you achieve smaller benchmarks, you'll build your foundation and confidence. That will keep your motivated to stick to your resolution.

Announce it

When you are ready, announce your resolution to the people in your trusted circle who will support and motivate you when you need it. Also by sharing it with family and friends, you are holding yourself accountable.

Follow through

Don't get discouraged by setbacks which are bound to happen on any self-improvement journey. When it happens, give yourself a break. Get back to your plan as soon as you can, and focus on moving forward.

www.communityleaguenews.com



Visit Our Website and Facebook Page

Get the latest information, our most recent newsletter, contact information and lots of other great stuff! Also get involved, join us on Facebook!

Website: www.evansdale.ca

Facebook Page: www.facebook.com/evansdalecommunityleague

New beginnings and new opportunities in Ward 72

Edmonton Catholic Schools Trustee Sandra Palazzo

The start of a new year gives us a renewed sense of optimism, and the confidence to look forward to celebrating the successes of our students throughout the coming months with joy.

ECSD was pleased to welcome students back to in-person learning after the extended Christmas break. Our Division and staff continue to do everything feasible to maintain safe and healthy learning and work environments in the face of a constantly changing landscape during the ongoing public health crisis. We applaud the Division's updated Back-To-School Plan, which includes the enhancement of ventilation systems. To further support high school students whose learning was disrupted by the extended break, the Government of Alberta announced that the January diploma exams have been cancelled. A decision regarding the April and June diploma exams will be made by Alberta Education later in 2022.

The Board continues to communicate and meet regularly with government to raise awareness of the needs of our students, staff and Division. Some of this year's advocacy priorities relate to the needed supports for student learning and investment in learning environments including restored funding for pre-kindergarten and 4th and 5th year high school students; continued or increased funding for pandemic recovery and specialized services; faster access for students to access mental health and crisis care; and continued review and rigorous revision of the new curriculum, and opportunities for students to access post-secondary pathways. We also continue to advocate for the funding of new schools and modulars, major modernizations of older schools, and for new and upgraded outdoor play spaces and playgrounds.

Edmonton Catholic Schools is looking ahead to the 2022-23 school year and preparing for www.communityleaguenews.com



the upcoming academic year. Each school will be hosting virtual open house sessions to inform students and families about their school and the programs they offer. The session will assist students in making appropriate educational decisions based on personal goals. Please check www.ecsd.net to locate schools of interest and the dates for open house sessions. Additionally, our schools will be accepting registrations online again this year. If you are new to Edmonton Catholic Schools, please visit register.ecsd. net to find your school and follow the steps to register.

We recognize that everyone plays an important role towards maintaining the safety of our schools while striving to achieve and exceed the expected level of educational success. We are proud for the faith, resilience, patience and support of all our students, families, administration

I welcome the opportunity to engage with our school communities as I am committed to making decisions that are in the best interests of all our students and ensuring the well-being of our Division is at the forefront of all that we do!

Sponsored by Sandra Palazzo



Evansdale Hall Rental Information

Hall capacity follows Gathering Restrictions from Stage 2 of Alberta's Relaunch Strategy published by Government of Alberta

\$50/hr meeting

\$350/day Mon-Thur, \$350 damage deposit \$450/day Fri/Sat/Sun, \$400 damage deposit All weekend \$650, \$600 damage deposit Dishes \$100

BBQ \$75

\$25/hr meeting \$35/hr function \$125/day, \$100 damage

Weekend \$350, \$300 damage deposit

References may be requested. Discounts available for community members of one year

Contact Terri at 780-478-4444 or hallrentals@evansdale.ca.

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**conditions may apply



McLeod News

Board Positions Available

Are you looking for a · Casino Director new volunteer opportunity? Do you want to get more involved in your community? McLeod Community League would love to welcome new members to our board!

There are various positions available, includ-

Blake

Edmonton Griesbach

Constituency Office

BlakeDesjarlais.ndp.ca

@DesjarlaisBlake

780-495-3261

Suite 102

- Vice President
- Treasurer
- Service Director
- Volunteer Director
- · Youth Director

- Bingo Coordinator
- Civics Director
- Area Council #17 Representative
- Casselman Community Representative
- McLeod Community Representative

If any of these positions pique your interest. or if you want to lend a hand in another capacity, please reach out to our McLeod President, Fadi, at president@mcleodcommunityleague.ca.

McLeod Soccer Update

Preparations are underway for the 2022 outdoor CGSA season. Our inperson payment dates are February 17, February 26 and March 5, but are subject to change based on government regulations. Please see the McLeod and CGSA websites for additional information. If you miss our last registration date, you can still register by emailing info@cgsa.ca.

We will most likely be short coaches. so please consider coaching. Coaching younger age groups is about making new friends, having fun and snacks.

Feel free to contact me at soccer@ mcleodcommunityleague.ca or contact CGSA at info@cqsa.ca if you have any questions or concerns.

Todd, McLeod Soccer Director



Kilkenny Community League Memberships

Memberships are sold in person during the spring (March) and fall (September) sports registration dates (please bring proof of address [utility bill or driver's license]). However, memberships are sold year-round through the Edmonton Federation of Community Leagues (EFCL) website. Membership types and rates are listed there.

Benefits of membership include:

Free community league swim at:

Londonderry Fitness & Leisure Centre, located at 14528-66 Street NW, every Sunday from 4:15 pm – 5:45 pm.

Grand Trunk Fitness & Leisure Centre, located at 13025-112 Street NW, every Sunday from 4:15 pm – 5:45 pm and Fridays 7:15 pm – 9:15

10% discounted Annual, Multi Admission, or Continuous Monthly passes to ANY City of Edmonton Recreation Centre.

Free outdoor skating at ANY Community League rink (ensure you have current skate tags).

Free indoor skating at Londonderry Fitness & Leisure Centre, located at 14528-66 Street NW. every Sunday from 4:00 pm - 5:00 pm.

Kilkenny Outdoor Rink

Hours of Operation - Monday to Friday-5Pm to 9 pm.

Saturday and Sunday 12pm-5pm.

Depending on weather- Closed during adverse weather conditions (storms, temperatures above +5 C or a combined temperature and wind chill factor below -20 C.

Proper Skate Tags must be displayed Membership and Skate tags available for sale at

Thank you

Casino Volunteer - Thank you to all the volunteer that assisted with our

AGM- Thank you to all that attended the On-

Soccer- Thank you to all our coaches. The

Director and Amanda.

Kilkenny Executive -For all their assistance in the pass 1 year. It been an unusual time for

Spring Sport Registration

Please check our website for when dates are available. Later in December early January.

Casino on Nov 1 and 2.

line AGM meeting on Nov 4th

CGSA committee for all their work. Our Soccer

Kilkenny Hall Rentals



Times	Auditorium	Meeting Room	Both
Weekdays / Weeknights	\$200	\$100	N/A
Fridays (after 5 pm)	\$400	\$100	\$500
Saturdays	\$550	\$100	\$650
Sundays	\$400	\$100	\$500
Two Day Wedding & Gift Opening (Sat – Sun)	\$750	\$100	\$850
Full Weekend (Fri @ 5pm - Sun @ 6pm)	N/A	N/A	\$1000
Hourly Rate (4 hour min.)	\$50	\$25	N/A

The Kilkenny Hall is available for rental!! It is the perfect space for your special event, meetings, weddings and any other social event.

Please go to http://www.kilkennv. ab.ca/facilities/view to have a look and click on "Book Facility" to ... you guessed it... book the facility! The website will also show you when the hall is available. Feel free to call 780-478-2481 to leave a message for bookings as well.

Discounts available for those who hold a consecutive membership for a minimum two years with Kilkenny Community League.





www.communityleaguenews.com 4 Northeast Voice February 2022