

SOUTHEAST VOICE

*Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwylde, Kenilworth,
Ottewell & Strathearn.*

December 2020



Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com

A Kenilworth Senior's November to Remember

Kenilworth Community League has partnered with Heart to Home meals to provide KCL seniors in our community with two delicious frozen meals.

We delivered 42 meals to people with this initiative so far.

These meals are paid for by a Federal Grant

our Seniors coordinator, Loida, was successful in obtaining.

Due to COVID, we are limited in how we can engage with you, but we wanted to let you know we are thinking of you and want to help you out with a warm meal. If KCL can be of support to you please reach out to Loida.

How to Coexist with Coyotes in Your Neighbourhood

Coyotes are being observed in your neighbourhood. This is not a cause for alarm. Coyotes are commonly seen in natural areas and in residential neighbourhoods throughout the city.

You can do your part in keeping coyotes wild and decreasing coyote conflict by doing the following:

- Report any illegal dumping or excess litter and debris on public land to 311.
- Keep your property free of garbage, fallen tree fruit, pet food, pet waste and open compost.
- Pick up after your pet when off your property.
- Put garbage in a sealed bin and put it out only on your collection day.
- Supervise your pets on and off your property and prevent them from roaming free.
- Keep your pet on a leash in areas frequented by coyotes.
- Secure fences and prune overgrown vegetation on your property that could be used for coverage or be used as a potential den.
- Never feed coyotes.

If you encounter a coyote, act aggressively towards it by using these techniques:

- Make loud noises (shouting, clapping,



etc.), maintain eye contact and make yourself appear large (wave arms overhead, hold big objects, etc.).

- Throw rocks, sticks, or other objects to scare it away.
- Carry a whistle, air horn or dog spray in areas highly frequented by coyotes.

- Do not turn away or run. This may trigger a natural predator/prey instinct and encourage the coyote to chase you. If the coyote approaches, back away slowly and move towards a building or human activity.

It is only necessary to report a coyote sighting when they have attacked a person or animal, if you see someone feeding coyotes or if a coyote is immobile due to injury or sickness. To report an incident or problem coyote please call 311 (City of Edmonton). For more information call the Edmonton Coyote Hotline at 780-644-5744 or visit edmonton.ca/coyotes.

For more information on coyotes in your neighbourhood, go to <https://tinyurl.com/yy2nx2q2> or <https://tinyurl.com/t8glrva>

Greater Hardisty: Live, Learn and Play

The Greater Hardisty Community Sustainability Coalition is a grassroots citizen group from East Edmonton lending our time, talent and experience to ensure residents of this 1950's era area have a voice in its renewal, sustainability and future. As the area aged to maturity, its mix of commercial and residential properties gradually came into disrepair as vacant commercial properties emerged, and crime increased. Our volunteer members are passionate about rebuilding a new, functional, connected, and healthy community. Team members share professional expertise as pro-bono contributions to achieve our goals. We are interested bringing the business community together and diversifying housing stock. We welcome input as we move to implement of the 101 Ave corridor redevelopment.

We want to help build a better, sustainable street that is connected to our neighborhoods and used by our communities. We seek a place vibrant with commerce and social interaction, one that has the density to match. We're also collaborating on housing options and Social innovation ventures that will enhance urban wellness for all. Our vision is reflected in the City Plan as a Safe 'Vision Zero' Street that is welcoming, attractive, comfortable, and functional for all users in all seasons. Redevelopment potential includes rectifying the eight dangerous intersections along the avenue, creating an opportunity to introduce active mode infrastructure and transit orientated development, and build the elusive 'missing middle' format sorely needed in our mature neighborhood.

Continued funding for the avenue's planning and design concretely demonstrates the City Plan in action, and our team successfully lobbied City Council for this allocation by maintaining our commitment to the engagement

process, holding elected officials accountable, striving for the quality design and best practices we outlined in our feedback to the 101 Ave Corridor Study. In short, 101 Ave is an ideal location where we as community support creation of the denser urban form our city needs. We pointed to the city's own Market Housing and Affordability Study which confirmed how the area is one of 6 commercial nodes with the highest probability of sustaining urban density in the city. In consideration of our presentations, Administration suggested short term safety solutions while a motion to continue with \$2 Million of capital funding for planning and design work on 101 Avenue was approved by council. Although these temporary measures fall short of significantly advancing the vision we seek, when capital funding for the reconstruction and repaving of 101 Avenue does become available in a future budget cycle, the work now completed has a higher likelihood of proceeding in concert with complete street scape improvements designed to deliver on the extensive work and feedback already provided by the residents of Greater Hardisty.

By leveraging the worth of our #greaterhardisty community engagement -- the citizen customer base we represent -- as a value-added asset to prospective developers, we are seeking a variety of partnerships to help build out the avenue as new suburban middle density complete street corridor node. We trust by reducing barriers for developers with secure community acceptance and cooperation ahead of development we will achieve our objectives. If you believe that our #greaterhardisty collaborative approach can improve the way forward and build a great #YEG101, please contact ghcscollection@gmail.com or phone 780-951-5253.



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SECLA Board Contact List

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
Avonmore	Anita	avonmore@secla.ca
Capilano	Monte	capilano@secla.ca
Cloverdale	VACANT	cloverdale@secla.ca
Forest Terrace Heights	Connie M	fth@secla.ca
Fulton Place	Miles	fultonplace@secla.ca
Gold Bar (Secretary)	Jamie	goldbar@secla.ca
Holyrood (Chair)	Claire	holyrood@secla.ca
Idylwyld	VACANT	idylwyld@secla.ca
Kenilworth	Kevin	kenilworth@secla.ca
Ottewell	Sandra	ottewell@secla.ca
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Treasurer	Andrew	treasurer@secla.ca
Projects	Connie L	projects@secla.ca
SECLA SEV Liaison	Erika	SEVliaison@secla.ca

Snow Play

Peering through the window, you mutter, "It's snowing, again!" First word that pops to mind: "shovel." Your toddler stands beside you, watching the white flakes fall. You see bright eyes reflecting wonder. For your child, that first word is "play!"

We know children learn through play. Here in Edmonton, winter provides us with an abundant supply of a free toy for winter play.

From carefully stepping in fresh snow to leave footprints to building simple snow animals, you and your child can share happy moments outside.

Check this map to find winter destinations for you and your child in your area:

<https://tinyurl.com/yytpxexj>

For information about 14 free winter activities to try: <https://tinyurl.com/yx8sxhfk>

Look for more ideas at <https://tinyurl.com/y2fcgrrl>



Enjoy the gift of snow for you and your child!

As volunteers, we remain passionately committed to nurturing young children and supporting families. We will continue to raise awareness of the critical importance of the early years to success in life. We hope you all stay healthy and safe.

The South East Edmonton Early Childhood Community Coalition

Capital City Clean Up

Capital City Clean Up is a litter reduction and graffiti prevention program developed to help keep the city clean, safe and attractive. I'm sure you've noticed the disposable gloves and facemasks contributing to the litter in our neighbourhoods, and if you're interested, you're welcome to help clean up the mess!

You can request a free litter kit using the online form at the following link: <https://tinyurl.com/y2tdw48>

Each kit includes a safety guide, litter grabber, a pair of gloves, and a small and large garbage bag.

Due to the restrictions placed on group gatherings, we ask that people refrain from organizing litter clean-up events until restric-

tions are lifted. Instead, families and those living in the same household are encouraged to participate in this activity together, and are reminded to:

- Wear gloves
- Wash hands regularly with soap and water or hand sanitizer
- Disinfect the litter grabber or any other tool used before and after use, and store it in a safe location
- Secure and dispose of all litter and garbage bags in appropriate disposal locations
- Report needles, graffiti or other hazardous litter by calling 311

To report concerns related to litter in your neighbourhood, please visit <https://tinyurl.com/yyukaol>

Winter/Seasonal Parking Bans

The primary benefit of a winter/seasonal parking ban is clearer roads that are easier and safer to navigate. To achieve safe travel conditions as quickly as possible, we must work together. Edmontonians play a key role in supporting City staff/contractors as they deliver high-quality service more efficiently.

The City encourages Edmontonians to sign up for email alerts or check edmonton.ca if it is snowing to confirm if a parking ban has been declared.

Notices on City services:

To help City crews clear streets quickly and safely, a new two-phase citywide parking

ban will start in the winter of 2020.

Plan ahead. Make a parking plan and visit edmonton.ca/SafeTravels to:

Sign up to receive an email before each parking ban

Check the interactive map to find out if your street is included in Phase 1 or Phase 2 of the parking ban

Look for signage in your neighbourhoods to signal when you need to move your vehicle off the road

For more information about the Winter/Seasonal Parking Ban Program, please visit <https://tinyurl.com/yxde8xot>

City of Edmonton Recreation Centres and Pools

We are pleased to announce the opening of some indoor recreation amenities with modifications in place to ensure the safety of visitors and staff in compliance with Alberta Health guidance and public health orders. All visitors will be required to reserve a time slot in advance. To book a time slot, please visit <https://tinyurl.com/y3gg3mza>

Please do not visit a City of Edmonton Recreation Centre if you:

- Are feeling ill and/or experiencing any of the following symptoms: cough, fever, short-

ness of breath, runny nose or sore throat

- Have experienced any of the above symptoms in the last 10 days

- Have, within the last 14 days, returned home from travel outside of Canada or been in contact with someone who has traveled outside of Canada and tested positive for COVID-19

For additional information about what facilities are open, what safety measures are in place and the admission rates, please visit <https://tinyurl.com/y262oye7>

GRANDMOTHERS ONLINE STORE

EDMGRANDMOTHERS.ORG



Shop for quality handmade items

The Edmonton Grandmothers (The GANG) and the Sherwood Park Eastside Grannies are excited to announce the launch of their online store. Shop for hand knit wearables, toys, pet accessories, Christmas items and much more. New items are added regularly.

Go to edmgrandmothers.org to start shopping!



Shop safely

Curbside pickup
in Sherwood Park
and West
Edmonton

All items
handmade by
Grandmothers and
friends

Supporting the
Grandmothers
Campaign of the
Stephen Lewis
Foundation

THE GANG

Edmonton, Alberta

Edmgrandmothers.org

Facebook: @EdmGrans

Instagram: Edmonton
Grannies

Community League Board

President	Anita	president@avonmore.org
Vice President	Leigh	vicepresident@avonmore.org
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Treasurer	Ken	treasurer@avonmore.org
Communications	Nathan	communications@avonmore.org
Membership	Bruce	membership@avonmore.org
Grants and Funds Raising	Scott/Lisa	grants@avonmore.org
Volunteer Coordinator	Bob	volunteer@avonmore.org
Soccer/Sports	Boris	sports@avonmore.org
Civics	Bryan	civics@avonmore.org
Programs	Kaitlyn	programs@avonmore.org

Avonmore Book Club

The Book Club will continue to meet in the new year via Zoom.

Reading is one activity that is always COVID friendly.

New members are always welcome. We meet on Sunday evenings at 7:00 about once a month. Contact president@avonmore.org if you are interested in joining.

Avonmore Garden Club

Our club has been busy working on the programming for the next several months. All presentations are via Zoom. Contact gardenclub@avonmore.org to join the group and register for coming events. You are also welcome to join our online community on Facebook - look for Avonmore Garden Club under groups.

January 2021: Presentation # 3 of a continuing series of gardening talks with Sherrie Benson - Horticulturist at the U of A Devonian gardens. Specific Saturday to be determined at a later date.

February 2021: Presentation # 4 of a continuing series of gardening talks with Sherrie Benson - Horticulturist at the U of A Devonian gardens. Specific Saturday to be determined at a later date.

March 2021: Success and Failures by garden club members - A collage of pictures from various club members on success and failures in your garden. We have not done this event in a couple of years, so it's perfectly fine to submit items from previous years. Remember to take pictures and email them to: gardenclub@avonmore.org

Avonmore Community League Membership

NEW FOR ALL MEMBERS!!! We are excited to be able to offer a 30% discount on all online orders from PAPA JOHN'S PIZZA. (pick up or delivery) Purchase your membership today...order your pizza tomorrow.

2020/2021 memberships are now on sale and can be purchased from Dairy Queen (76 Avenue & 75 Street), at Avonmore Commu-

nity League events and programs, online at efcl.org/membership or by contacting membership@avonmore.org

We encourage everyone who uses the skating rinks to buy a membership so that we can continue to provide this valued amenity to the community. Visit our website for more information: www.avonmore.org

Volunteers Opportunities

Please contact president@avonmore.org or vicepresident@avonmore.org if you are interested in any of the following roles or would like to know more about what is involved.

Sharing the Position of Program Director: We have one person who will take on the Program Director role if it can be shared with one or two other people. An option might be to have one director for each of the following areas: children and youth, adult and family and special events.

Editing and Designing Community Newsletter: We produce a community newsletter 3 times a year - spring, fall and winter. We need someone with design and graphics experience to take the information provided by directors and volunteers and turn it into a document that is print ready. Templates from previous newsletters are available. This person could also assist with design of posters and promotions for League activities. Thanks to Nikki Stalker

who did an amazing job of preparing the newsletter for several years.

Coordinating the Parent and Tot Program: For a number of years parents and young children have been gathering at the hall and playground 1 morning a week. We need a parent(s) willing to restart this program once the hall has reopened and/or continue the program online or outdoors as needed. Thanks to Yaara Ben-Ami who coordinated the program for the last 2 years. She and her team made it a great success.

Helping with Events, Programs and Special Projects: This can include anything from giving an hour of your time to help set up or clean up after an event to sharing your skills and experience on special projects over weeks or months. Volunteering is the best way to get to know your neighbours and your neighbourhood and to make Avonmore an even better place to live.

Message from the President

We will be well into December by the time this edition of SE Voice reaches you. This will be a very different holiday season from other years. I hope that as a community we will continue to come together safely to look out for each other and celebrate the season. Our COVID 19 Community Support numbers and emails are still active if you need help of any kind. We will be offering more online activities - watch our Facebook page and new

website. There's been a special effort to light up the neighbourhood so take a walk and check out everyone's Christmas lights and decorations; stop at the park near the hall and add a decoration to the tree and put on your skates and try out the rink.

Wishing everyone a safe and happy holiday on behalf of the board of the Avonmore Community League. All the best of the season and the coming year.

New Avonmore Website

You may have noticed a slight disruption to the website the week of November 9. That is because The Avonmore Community League is in the process of developing a new website. This website will become the hub of the League and community happenings. The web address

will remain the same but will have added functionality and ease of access will improve for all users. The new website is roughly scheduled to be ready for launch at the beginning of December, so keep your eyes open.

Meet Your Community League Board

Grants and Fundraising - Lisa Clements & Scott Bennet

Scott and Lisa moved to Avonmore 7 years ago and joined the board after being recruited by our former vice president and Avonmore resident (Still an honorary community member) Lisa Bromley. They are in their 3rd term in the Grant and Fundraising position.

Their role mainly involves applying for the annual city grants that are available to community leagues. The two large grants that provide lots of monetary support for our community are the League Operating Grant and Community League Infrastructure Program grant. Besides planning for these grants, both Lisa and Scott like to volunteer when they can for community league events and programs.

Scott and Lisa are married and recently welcomed their daughter into the Avonmore Community. They both enjoy biking, rock climbing and hiking/camping. Both feel very lucky to live in such a wonderful and active community with great access to the city.

community was given the opportunity to have enhanced street lights installed, if they had the volunteer manpower to go and collect signatures from the homeowners, and it was time to get involved. Collecting signatures was a real challenge, because a lot of people never seemed to be home, and if the house was rented we had to find the actual owner. Our eventual success with the streetlights was a terrific motivator to move on to other challenges. His current position is that of volunteer coordinator.

As volunteer coordinator, he has compiled a list of residents who have some interest in volunteering. Then, when the need for volunteers arises, he emails a description of the tasks involved to everyone on the list. People can then read the description and, if it is something that has appeal, they can pursue it. If you would like to be included on the list, please email Bob at volunteer@avonmore.org. This does not obligate you in any way; it just keeps the door open.

When not working with the community league Bob enjoys building projects and cycling. He and Bridet have done several European bike tours, most recently last fall when they rode from Frankfurt to Budapest, and found a flattish route through the Alps to get back again.

Volunteer Coordinator - Bob Raynard

Bob and his wife Bridget moved to Avonmore in 2002. He always thought getting involved with the community league was something he wanted to do sometime, but the time never seemed to be there. Then, in 2014, the

A December to Remember

Kick off the holiday season with Avonmore Community Leagues "Community Christmas Tree!" For the month of December, Avonmore park will be lit with lights as we celebrate the holiday season together. We hope to transform the outside of the hall and the area west of the Hall with decorations and lights. Community members, families, and students from Avonmore School will be encouraged to bring tree ornaments, with their names and the year written on them, and place them on our community tree. If you have artificial trees,

extra lights or outdoor decorations that you could donate or lend the community league please email programs@avonmore.org. The more decorations/funds that are donated, the more areas of the park that we can decorate! Join us in brightening up our community this winter and celebrating the holiday season with your neighbours! NOTE: We cannot decorate the real trees in the park as only City employees can do that and there are costs and some extra rules associated with that. Maybe next year!

Avonmore Scavenger Hunt

Do you know Avonmore and its history? The Avonmore Community League has put together a set of questions about Avonmore and its history. Read each of the questions below and figure out where in the community the question is referring to. Then put on your snowboots and go take a picture at the location (you do not have to be in the picture if you do not want to). If you're stuck, email or phone a senior community member, or ask one you meet on a walk (from a distance...).

Deadline for submissions of your answers along with your pictures is December 18, 2020.

We will randomly draw a name out of those entries with the correct answers and they will win Tlm Hortons gift cards. Answers will be posted in the next issue of SE Voice.

Submit your answers along with your pictures to events@avonmore.org.

1. These hallowed halls used to be the home to a pig farm, but now the squeals come from children (and some adults). Take a picture at the sign in front of this location.

2. At one time, the Avonmore community league sponsored an annual ice carnival. This was held near the old small playground, where there is a great view and access to water. Take a picture at this location, on the feature that is there now.

3. The paved walking path in Mill Creek Ravine was once the rail bed for which grandly-named railway? One of the bridges has a his-



torical marker plaque about the railway. Take a photo of the plaque (Hint: It might be just outside of the Avonmore Community Boundary)

4. If your toddlers wanted to ride a train just their size, where would you go?

5. Avonmore has a great little community garden, located on the front lawn of a resident of Avonmore. Take a picture near the garden boxes.

6. Did you know we have a wonderful little free library in our neighbourhood, created by a resident. It is also used to be the home of a large market garden. Take a picture at the location. Maybe you will find a good book to read, or drop off a book that you would like to donate to the library.

7. This building keeps our creek clean

8. Find the little park named 'Wally'.

9. Who (in Avonmore) framed Connor McDavid?

10. There are only 2 red Canada Post mailboxes left in Avonmore. Take photos with enough background to show the location of each (Hint: one is right on the very edge of Avonmore)

Avonmore Rinks and COVID 19

The rinks are open in case you haven't been by the hall lately. All the usual rules apply regarding use of rink and there are additional rules related to COVID.

These rules include a restriction on the number of people on the ice at any time. Rules are posted in several places around the rinks please read and observe. Anyone caught breaking the rules will be banned from the rink.

We encourage everyone using the rink to

buy a community league membership to help ensure that we can continue to provide this amenity to the community. Cash donations are also welcome.

We are looking for volunteers to run our own Learn to Skate Program in the January to March as the City of Edmonton is not offering their program this year,. If you are a "skater" and have some time to spare between 4 and 7 once a week please contact president@avonmore.org

Avonmore Yoga Classes Online

A new session of online yoga classes will start in early January. Classes will be on Wednesday evenings at 7:00. Classes are recorded and shared after the session - you never have to miss a class and can repeat a

session as often as you like. Instructor is Kat Boehm. Cost is \$130 for 13 classes. No drop ins or single class registrations. To register or for more information contact president@avonmore.org

Safe Places for Everyone

A committee has been formed to develop plans to make our playground and park a safer place for everyone and/or to develop more programs/places for youth in our com-

munity. If you are interested in joining or learning more about this committee contact president@avonmore.org.

Avonmore History Project - Submissions Needed

The Avonmore History group on Facebook has been very quiet the last while.

New members are joining, however, no one is posting. We need some posts - pictures, news clippings, anecdotes of events remembered etc. Now that winter is here,

take some time to dig through old photos and share with the group.

If you have material to donate or stories to tell, either add them to the Facebook group and/or contact Anita at president@avonmore.org or 780 222 4482.

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Abundant Avonmore

The Avonmore ACE Support Team is looking for Block Connectors to help our community become even more neighbourly! The role of Block Connectors is to be a point person for their block: getting to know people on the block, organizing one block social per year

(simple is best!) and generally helping to increase the neighbourly vibe in Avonmore. If this sounds interesting to you, please contact Wendy at ace@avonmore.org or 780-263-9561. We are hoping to discover 10 new Block Connectors this winter.

Avonmore Community League COVID-19 Support

NEED HELP

If you are unable to leave your home or need

- groceries or other supplies or prescription medication
- a listening ear
- some to take care of a pet
- something else

Call or text

Anita at 780 222 4482 or

E-mail assistance@avonmore.org

WILLING TO VOLUNTEER

We are creating a community-based sup-

port system composed of neighbourhood volunteers. We have some volunteers ready to offer their services to help ensure everyone feels safe. We could use more. Assistance needed includes picking up and dropping off supplies, dog walking, calling to check in or have a conversation, organizing community/block activities that respect social distancing,

If you would like to volunteer please email Bob at volunteer@avonmore.org.

Follow us on Facebook for up-to-date info: Avonmore Community League or check our website at avonmore.org

Community Swim Postponed/Discounted Passes

Owing to the limited availability of City pools, the free weekly Community swim program has been postponed to 2021. League Members still have the opportunity to use the Community League Wellness Program. This Program allows access to City recreational facilities at any time. It includes:

Annual Membership - 20% discount on Adult, Family, Child, and Youth/Senior Annual Memberships

Multi Admission Pass (new purchases only) - 15% discount on our already dis-

counted multi admission pass (5+ visits)

Continuous Monthly Membership - 20% discount off an on-going monthly membership using our convenient Pre-Authorized Debit Program.

These discounts can be acquired by presenting your valid Edmonton community league membership card at any one of the City of Edmonton's sports and fitness facilities. Community league members who purchase one of the options will be issued a photo access card to be swiped at each admission.

Online Community

Are you on Facebook? "Like" Avonmore Community League and join "Avonmore Community League Chat" to follow what's happening with the Community League and see what your neighbours are talking about. Other groups include: "Avonmore Parent & Tot", "Avonmore Garden Club" and "Avonmore Concert Series". Come join us!

Check us out on Twitter and Instagram! Follow us and share any photos or events happening in or around our community and join the conversation using #YEGAvonmore
Twitter: @Avonmore-League
Instagram: avonmore league

Sports

Indoor Soccer

The indoor soccer program starts this year on October 24. Avonmore does not have a team registered for this season

Shinny Hockey

Friday even shinny hockey is up and running again in the 2020-2021 season. Please contact Boris Vajsabel for more info at sports@avonmore.org



Ben Henderson

Councillor, Ward 8

Contact me on city issues

ben.henderson@edmonton.ca | 496-8146



Heather McPherson

Member of Parliament
Edmonton Strathcona

Contact my constituency office for assistance with:

- Employment Insurance
- Old Age Pensions
- Canada Revenue Agency
- Citizenship and Immigration
- Canada Student Loans
- Celebratory Messages

780-495-8404

heather.mcpherson@parl.gc.ca

10045 81 Avenue T6E 1W7



www.heathermcpherson.ndp.ca

Follow on [Twitter](#) [Facebook](#) [Instagram](#)



My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

100-8925 82 Avenue

780.414.1015

edmonton.goldbar@assembly.ab.ca

Marlin Schmidt
MLA Edmonton-Gold Bar

COMMUNITY LEAGUE BOARD

President	Kris	780 720-9003
Past President	Bill	780 934-1558
Vice President	Vacant	
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Hall Rental	Maria	780 984-6839
Grants/Planning	Allan	587 989-4031
Casino Coordinator	Jean	780 863-0914
Memberships	Jean	780 863-0914
City Programs	Kristin	780 238-7795
CCL Programs	Maria	780 984-6839
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Southeast Voice	Jill	780 718-7270
Webmaster	Katie	780 916-4579
Social Media	Jean	780 863-0914
Sign Rental	Patrick	780 995-8818
Building & Grounds	Carson	587-930-6977
Babysitting Registry	Becky	587 589-5848
Capilano Playschool	Bethany	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 497-0395
Soccer Programs	Curtis	780 908-3889
Ice Allocation	Lyris	780 242-8874
Hardisty Gym/Preschool Soccer	Shauna D	780 966-3205
SECLA	Monte	780 243-7547
City – NRC	Tyler	780 690-8613

Meetings are held every 3rd Wed of the month 7:00 p.m. - Sept – June

Capilano Community is on Facebook “Like Us”

Check us out on Instagram @capilanocommunity

Choose Capilano Hall for your Event

If you are planning on hosting a party, meeting, family gathering, wedding or other occasion, then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, wood flooring, and all amenities are available to make any event special. With the new COVID restrictions based on Alberta Health recommendations, we are only able to accommodate events of 25 people or less to ensure

the 6ft physical distancing requirements. Additionally, the hall will provide disinfectant for cleaning after your event but will not provide PPE or hand sanitizer. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. To book the hall or for more information, contact Marzena – 780-909-5886, Maria – 780-984-6839, or visit our website at capilanocl.ca.

Capilano Community Memberships

Capilano Community Memberships are available for the 2020/2021 season.

Family \$20.00

Senior couple \$10.00

Single \$10.00

Need a Capilano Community Membership? Contact Jean at 780-863-0914.

As well, memberships are available at:

--“All Care Pharmacy” located at 5016 - 106 Ave. Contact the pharmacy at 780-244-2737 for store hours (Cash only).

Thanks to “All Care Pharmacy” for supporting our community!

--Servus Credit Union, Capilano Mall #110, 5615 – 101 Avenue (Cash only). Note: \$5.00 fee attached to the purchase.

--SEESA (South East Edmonton Seniors Association), 9350 – 82 Street. Available at front desk during business hours (Cash only). Note: Currently closed due to COVID.

--Edmonton Federation of Community Leagues (online only). Note: EFCL adds a \$5.00 admin fee.

Your community league membership also offers a number of perks, deals and discounts from various local businesses and organizations.

Go to efcl.org for more information.

Movement Journey Classes

Experience Movement Journey classes at Capilano Community Hall!

Does moving confidently, effortlessly and moving happy appeal to you? These classes are designed for you to experience movement that does not deplete but encourages and energizes you to be resilient, adapt-

able and youthful. Come and explore ways to optimize your movement potential.

Visit www.movementjourney.ca for additional information on class schedule, pricing and CoVid protocols OR email Pearl at: pearl@movementjourney.ca for any inquiries.

Okinawan Karate at Capilano

Put some kick into your fall. Okinawan Karate is back every Wednesday night at Capilano. Quality instruction at affordable rates; family rates are available. All classes are taught by an internationally certified fifth degree black belt instructor with over 40 years training experience and 34 years teaching experience.

6-7 p.m. Youth and Family (ages 7+).

7-8 p.m. Adults (ages 13+)

8-9 p.m. Ryukyu Kobudo (ages 13+)

The science is clear: studying martial arts helps build confidence, improves fitness levels and manage stress - and it is great for your brain, too! Stay active, stay connected, stay safe! COVID-19 protocols are in place for every class (if necessary, classes can be taught online). We encourage students to bring masks. For more information, visit www.kaizendojo.ca.

Capilano Hockey Camps – Postponed to 2021

Due to COVID measures we are postponing the start of the hockey camps. The league will be offering 2 hockey camps starting in January (weather permitting).

Whether you are just learning how to put your skates on or already play on a hockey team these camps will help increase your skill level while still having fun! Coach Ian Barteaux will use his experience as both a hockey player and teacher to help kids of all levels improve their skating, stopping, puck handling and much more.

A community league membership is required for registration. COVID measures will be in place and the classes will be capped at 15 participants. All participants must come dressed with skate guards as dressing rooms will not be available. The program will take

place at our outdoor rink, should the weather dip to below -18° C with the windchill, classes will be cancelled and refunded.

Cost: \$90 per child

Date: Sundays, January 10 – February 14, 2021 (weather permitting)

Times:

Novice: 1:00 - 1:50 p.m.

Advanced: 2:00 - 2:50 p.m.

Location: Capilano Community Outdoor Rink (10810-54 St., NW)

Mandatory Equipment: Full cage helmet, skates, shin guards, neck guards. Knee and elbow pads are recommended.

Register on the Capilano Community League website: <https://capilanocl.ca/>

Please contact laura.mercier@me.com or 780-982-9876 if you have any questions.

311 No Longer takes Odour Concerns/Complaints

If you smell odours from the Gold Bar Wastewater Treatment Plant while at home or recreating, the most effective and efficient option is to **contact Alberta Environment's 24-Hour Hotline at 1-800-222-6514.**

In addition, you can report it to EPCOR's power, water and drainage line at 780-412-4500.



Help us make our Community Park more winter friendly

We are looking for residents to help with clearing snow off the path that crosses our park from the playground to the corner by the sign. Do you have a little time and a snowblower you love to use? If enough people are interested, we could make a week to week

schedule. Also, if you have any innovative and low-cost ideas to improve our community park through the winter, please share. If you are interested in helping with the snow clearing, or have ideas for our winter park, please contact Jill at 780-718-7270.

Capilano Community Outdoor Rink

Judging by the snowfall this month, winter is officially here and so is our 2020 Rink Season! We hope to have the rink open for the first week of December if the weather permits, so keep your eyes on our webpage for any updates to official opening dates and our skate schedule.

We will be accepting team bookings again this year as well as group bookings. For more information on times and availability please contact Lyris at 780-242-8874 or lyrisah@gmail.com

Before you join us for a skate, we ask that you go to <https://capilanocl.ca/skating-rink> and see Capilano Community Rink's COVID-19 guidelines, and the ways you can help keep our rink a safe and fun place for everyone this winter.

In particular, the Rink Shack and Washroom facilities will be running at smaller capacities, so we ask that you plan ahead before you visit.

We are so excited to have another fantastic season with our community! See you on the ice!

CAPILANO COMMUNITY'S 12 DAYS OF CHRISTMAS HOLIDAY PICTURE SEARCH

Explore Capilano Community and find the holiday posters that are around the neighbourhood.
Posters will be on display from
December 12- 27th.

This picture search is based on the holiday song
"A PARTIDGE IN A PEAR TREE"

Enjoy a brisk walk and look out for posters that say the following:

- 12-Drummers Drumming
- 11-Pipers Piping
- 10-Lords-a-leaping
- 9- Ladies Dancing
- 8- Maids-a-Milking
- 7-Swans-a-Swimming
- 6- Geese-a-Laying
- 5-Golden Rings
- 4-Calling Birds
- 3-French Hens
- 2 Turtle Doves
- 1- A Partridge in a Pear Tree



**YOU CAN SING THE SONG AS YOU FIND THE POSTERS!
DO NOT FORGET THAT CAPILANO COMMUNITY RUNS ACROSS
THE EAST SIDE OF 58TH STREET AS WELL.
THERE WILL BE SOME POSTERS IN THAT AREA OF CAPILANO TOO
HAVE FUN AND STAY SAFE!**



Thank you to the community
members that have posted the posters!



SHARE THE BRIGHT -LIGHTS OF CAPILANO-

**ON DECEMBER 1ST, WE WILL BE ACCEPTING
PICTURES OF HOLIDAY LIGHT DISPLAYS!**

Are you a big fan of holiday decorating! Are your neighbours channeling the Griswolds? We want to see!
Share your holiday decoration photos.
(Please ask you neighbour's permission first. 😊)

We will share your photos on the Capilano Community League's social media outlets and website. We will also be putting our "Bright Lights" up for a vote for Capilano's People's Choice award! More info to come.

Please send pictures to Jean at jeanlostyhalko@gmail.com.
Deadline for submissions is December 18.

Thanking you in advance for sharing in our virtual
Bright Lights of Capilano!



Capilano Community is using Nextdoor!

Nextdoor is the neighborhood hub for connections and the exchange of helpful information, goods, and services.

To connect with your neighbors, you will need to create an account on Nextdoor. You

do not need an invitation to join Nextdoor. Visit www.nextdoor.com and follow the instructions to create an account. You can download the Nextdoor app on your iPhone, Android, or iPad.

Total Body Fitness

Please join us at Capilano Community for a great fitness program!

Your strength and cardio class is now being offered either outdoors to -15 degrees, indoors (if allowed, distanced and safe) or via Zoom - we are pretty flexible these days! This is a strength and cardio focused workout, everything can be adapted and modified, and so every fitness level is welcome!

Days/Times: Tuesdays and Thursdays at 6:45 p.m. and 8 p.m., 10 spots per class, and they sell out quick!

Dates: 8-week session runs Jan 5/7- Feb 23/25 (no class Feb 11).

Costs: \$88 Tuesdays (\$80 for CCL members), \$77 Thursdays (\$70 for CCL members) \$165 (\$150 CCL members) Two days a week (15 classes)

Sorry no drop ins or 5 passes available currently due to COVID.

For more information or to register email lisashortenfitness@gmail.com or call 780-221-9857 or visit @lisashortenfitness on Facebook or Instagram

Capilano Playschool – Spots Available!

Do you have a child who will be 3 or 4 this Spring? Playschool is a great way for your child to socialize with other kids in the community and enjoy a Learn through Play program

with our great teacher Ms. Jo! We have spots available. For more information, or to register, please contact Bethany at 780-802-9307 or capilanoplayschool@hotmail.com.



Interested in Volunteering?

We are looking for volunteers for our
Casino on March 24 & 25, 2021.

If you are interested in helping out please
contact Marzena 780-909-5886 to sign up.



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6718 101 Avenue NW
(Across the street from the Capilano library)

587.498.2395
info@littlebluefibrestudio.com

Board Member Contact Sheet

Position	Name & E-mail
President	Name: Darryl Email: president@cloverdalecommunity.com
Past-President	Name: Reg Email: pastpresident@cloverdalecommunity.com
Vice-President	Name: Michelle R. Email: vicepresident@cloverdalecommunity.com
Secretary	Name: Braden Email: secretary@cloverdalecommunity.com
Treasurer	Name: Lindsay Email: treasurer@cloverdalecommunity.com
Civics Director	Name: David Email: civicsdirector@cloverdalecommunity.com
Folk Festival Liaison Director	Name: Vacant Email: folkfest@cloverdalecommunity.com
Communications Director	Name: Vacant Email: communications@cloverdalecommunity.com
Social Director	Name: Bob Email: socialdirector@cloverdalecommunity.com
Program Director	Name: Michelle K. Email: programdirector@cloverdalecommunity.com
Membership	Name: Marilyn Email: membership@cloverdalecommunity.com
Committee Leads	
Casino	Name: Bev Email: casino@cloverdalecommunity.com
Coordinators	
Edmonton Ski Club Liaison	Name: Lisa & Clay Email: skiclub_chair@cloverdalecommunity.com
Flood Mitigation	Name: Eric Email: floodmitigation_chair@cloverdalecommunity.com
Community Garden (CCGC) Chair	Name: Margaret & Germaine Email: communitygarden_chair@cloverdalecommunity.com
Seniors	Name: Vacant Email: seniors@cloverdalecommunity.com
LRT Citizens Committee	Name: Vacant Email: lrtcommittee_cochair@cloverdalecommunity.com
Gallagher Park Master Plan	Name: Vacant Email: lrtcommittee_cochair@cloverdalecommunity.com
Abundant Community - Neighbourhood Connectors	Name: Marilyn Email: neighbourhoodconnector@cloverdalecommunity.com
	Hall Manager
Hall Rentals	Name: Janet E-mail: rentals@cloverdalecommunity.com

Say Thanks and You're Welcome



It's an understatement to say 2020 has been a strange and challenging year. It's been a challenge for individuals and families to balance physical distancing, balancing work and family under stressful circumstances and staying in content with family and friends. It's been a challenge for the Cloverdale Community League to find volunteers and provide programs and activities that are safe and still engaging.

Although the outlook for 2021 may still present us with

challenges, please take the time this season to get outdoors to enjoy our community and river valley. Say hello to your neighbours. Say thank you to clerks and service personal you encounter.

Send your best wishes to all the front-line workers who are working hard to keep us safe in challenging times. Look for opportunities for random acts of kindness. Kindness and Thanks can help us all get through this together. Above all – Stay safe. Stay well.

Board Vacancies

The CCL board currently has two vacancies. The board is looking for interested volunteers to fill the role of Communications Director and Edmonton Folk Music Festival (EFMF) Liaison Director. Both positions are voting members of the CCL board of directors. The terms are for two years, until the CCL AGM in 2022 and are renewable. The Communications Director works with a team to promote

the CCL and inform CCL members via electronic media including the website, Facebook Page and print media including the Cloverdale Chronicle, published quarterly and the Southeast Voice, published monthly.

The EFMF Liaison Director chairs the committee that deals with the EFMF and the City of Edmonton about issues related to the EFMF's impact on the Clover-

dale neighbourhood, issues the parking passes for the EFMF and the Accidental Beach (as necessary). The EFMF committee provides an annual evaluation and recommendations to the City of Edmonton and the EFMF for improvements to mitigate the impact of the EFMF on Cloverdale. Contact Reg at pastpresident@cloverdalecommunity.com for more information.

The benefits! ACE works with citizens to...

- Enable relationship building to advance connection and belonging
- Shape community life according to residents' vision for their neighbourhood
- Build neighbourhood identity and pride through shared ownership and responsibility
- Facilitate local recreation opportunities
- Foster an environment of care for one another
- Reduce social isolation
- Increase safety on the block and in the neighbourhood

- Build the capacity of the neighbourhood to engage with neighbourhood leadership and the City of Edmonton

For more information contact Marilyn, the Cloverdale Neighbourhood Connector at neighbourhoodconnector@cloverdalecommunity.com.

Abundant Community

The Cloverdale community is part of the city-wide Abundant Community Edmonton (ACE) initiative. "Get Neighbouring" is a way to care for and build the social networks in our neighbourhood. Abundant Community Edmonton (ACE)

is a neighbourhood engagement and organization approach – a way to build a culture of connection one neighbourly conversation at a time.



We are looking for board members. Can you help?

SEESA South East Edmonton
Seniors Association
Activity Centre
See what's happening!

We are seeking people who have a background, depth of experience and knowledge in areas as governance, human resources management, capacity building, risk management and financial management.

It is not necessary to be a SEESA member to fill a Board position.



Located in an elementary school in Holyrood (9350 82 St) SEESA is a non-profit & federally registered charitable organization. We provide a welcoming and inclusive environment for persons 55+ to participate in exercise, art, music and educational classes that enrich body, mind and spirit. It is a seniors' 'village' of 1,600 members and growing.

SEESA welcomes all serious applicants. Please send your letter of interest and resume to jarcher@board.seesa.ca



Our Mission

To empower and enhance the quality of life of people in our community as they age.



SEESA will re-open January 18th.
Online classes are ongoing.

9350 82 Street NW
Ph 780.468.1985

Outdoor Rink

All bunch of enthusiastic, dedicated volunteers have been hard at work, late at night, getting the outdoor rink next to the Cloverdale Community League hall, in shape for a safe and fun winter season. In addition to rink flooding, we're installing new energy efficient LED lights and making a few improvements to the rink shack. Thanks to the night owls for getting the

rink really for the entire community. As with everything this year, our focus is on a safe and fun winter experience. COVID-19 safety protocols will be in force at the rink along with the regular common sense safety protocols about playing on the ice. Stay tuned for more announcements from the CCL about a safe outdoor skating season.

Programs and Hall Rentals

Due to the ongoing COVI-19 situation, the Cloverdale Community League board decided to suspend all programs and hall rentals for the remainder of 2020. The board regularly monitors provincial and municipal COVID-19 safety protocols. We

look forward to reopening in a safe and secure manner when it is safe and practical to do so, subject to COVID-19 protocols in effect at the time. We appreciate your support and understanding. Stay safe. Stay well. Take care of yourselves and other.

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Membership Renewal

Cloverdale Community League renewals moved online in 2021. An initial emailing was done to current CCL members early in September. In case we missed you, please contact Marilyn, our membership director at membership@cloverdalecommunity.com to renew your membership. The family rate is \$25 + GST. The individual membership rate is \$12 + GST. Check out the Cloverdale Community League website (cloverdalecommunity.com) to renew online.

- Benefits of Membership**
Membership has benefits:
- A voice in neighbourhood decision making

- Participation in Cloverdale community activities
 - Discounts at various Edmonton businesses
 - Reduced rates to City of Edmonton recreation facilities
 - Access to outdoor community league skating rinks
 - Discounts at various sports and equipment suppliers
 - Discounts at the University of Alberta bookstore
- Check out details at the Edmonton Community League website (efcl.org/member-benefits/)

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Board Member Contact Sheet

President/website	Curtis	President@forestterrace.org
Vice-president	Kathleen	VP@forestterrace.org
Secretary	Allison	Secretary@forestterrace.org
Treasurer	Amber	Treasurer@forestterrace.org
Hall Rentals	Tina	Hall@forestterrace.org
Maintenance	Simon	Maintenance@forestterrace.org
Programs	Sarah	Programs@forestterrace.org
Rinks	Scott	Rink@forestterrace.org
SECLA Rep	Connie	SECLA@forestterrace.org
Soccer	Anj	Soccer@forestterrace.org
Babysitting	Anna	Babysitting@forestterrace.org
Casino	Anna	Casino@forestterrace.org
Grants	Jane	Grants@forestterrace.org
Memberships	Sonya	Memberships@forestterrace.org
Signs	Anj	Signs@forestterrace.org
Newsletter	Kerry	Newsletter@forestterrace.org
Events	Molly	Events@forestterrace.org
Civics	Yvonne	Civics@forestterrace.org
Marketing	Joanne	Marketing@forestterrace.org
ACE	CoraLee	ACE@forestterrace.org
Nbrhood Watch	Madison	Madison@forestterrace.org
Garden	Amber/ Francois	garden@forestterrace.org

It's almost skating time...

The league is pleased to announce that the Forest Heights and Terrace Heights rinks will both open this season. Our trained staff and volunteers will flood the rinks as soon as temperatures are consistently below zero, and are working with the Edmonton Federation of Community Leagues and Alberta Health Services

to ensure the facilities are safe during the pandemic. Watch for announcements on the Forest Terrace Heights Community Facebook page, on Instagram or at the rink.

Things may look a little different this year, so please bear with us as we do our best to safely serve the community.

COVID-19 update

The hall is open for rentals to groups of no more than 15. Renters and their guests must abide by all municipal and provincial pandemic restrictions, as well as sanitization protocols. For amenities and rates, visit forestterrace.org. Contact hall@forestterrace.org with questions.

The Heights Garden update

The intrepid leaders of The Heights Community Garden are moving on so the garden committee needs a new chair or co-chairs.

Francois is stepping down immediately and Amber says she'll hang on until there's

someone to replace the two of them. The committee meets once a month from February to October.

Email garden@forestterrace.org for more information or to join the committee.

Nordic Walking now on

To promote ongoing, COVID-friendly physical activity over the winter, we're reintroducing Nordic walking in December, on Monday nights at 7 p.m. outside the hall. Equipment is very limited, so please email sonya@forestterrace.org or call/text 780-720-7034 if you would like to take part. A membership in any community league is required, but it is otherwise free. Forest Terrace Heights memberships, which are pay-what-you-can this year, will be available at the start of every class. Also known as urban poling, this exercise burns 20 to 46 per cent more calories than



regular walking. The poles also make it easier on your hips and knees and sculpt your arms and shoulders while you whittle your waist. Visit forestterrace.org or follow Forest Terrace Heights Community on Facebook for updates on other fitness programs at the hall.

Get ready for a Gingerbread house contest

Gather your family, summon your creativity and build a gingerbread house or even a gingerbread estate or small town!

We will deliver a starter house kit right to your doorstep. Use just the materials provided or feel free to add your own embellishments. There is no limit to size and the only requirement is that the materials must be edible... we have even seen some incredible meat and cheese versions!

Any 2020/21 Forest Terrace Heights community league member is eligible to participate, with a limit of one kit per household. (This year, memberships are pay-what-you-can, with all proceeds going to children's literacy in our community, so please reach out to memberships@forestterrace.org to get yours if you haven't already.)

To get your kit, email events@forestterrace.org by Dec. 14 with your Forest Terrace



Heights community league membership number and delivery address. Please indicate if you need a gluten-free kit as we'll have some available. The first 10 households to register will be guaranteed a gingerbread mansion!

Submit a photo or photos of your creation by Jan. 2, 2021, to qualify for prizes. And most importantly, have fun!

Pitch in for a new playground

The Forest Heights School parent society is raising money to replace the playground, which has reached the end of its lifespan. Its wooden structures no longer meet safety standards and the sand surface makes it inaccessible to students with mobility issues. The society says a new playground will be an important infrastructure upgrade and will increase the quality of life for all community members.

There are two ongoing fundraisers, where the playground fund receives a percentage of your online purchases from a variety of retailers, including Amazon, Walmart, Indigo and Home Depot.

To start contributing, go to flipgive.com, click on Teams and enter "Forest Heights" under Find a Team. The Flipgive code is P992BF. Or go to fundscrip.com, click on Support a Team and enter the code FK2QV2.

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Pay-by-donation memberships support children's literacy

Have you picked up your 2020/2021 community league membership yet? This year, the league is offering memberships on a pay-what-you-can basis and all proceeds will be directed to the recently launched literacy program for children in our community



Each month, the Dolly Parton Imagination Library Program provides a free, hand-selected, age-appropriate, high-quality book to children from birth to age five. The books are personalized with each child's name and mailed directly to their home.

So far, we have the funding to sponsor 45

children in Forest Terrace Heights for a full year! We are working to secure enough for all the children in the community for years to come.

For more information, to register your child or to sponsor/donate to this program, please email allison@forestterrace.org.

To get your 2020-21 membership, contact memberships@forestterrace.org or call Sonya at 780-463-1613. You can also get one at Mother Hubbard Food Stuff (7923 106 Ave NW) or Grower Direct (7231 101 Ave NW). It's possible to get a membership online from efcl.org, but you'll pay the full price of \$30 for a family, \$15 for an individual and \$10 for a senior.

A membership will get you discounts at several local businesses, city recreation centres and fitness programs at the hall, reduced rates for hall rental, access to The Heights community garden and free outdoor skating. For a full list of perks, visit forestterrace.org.

Nominate-a-Neighbour Bouquet Winner

This is Deniss at Capilano Grower Direct preparing a gorgeous bouquet for Bob, who was nominated by his neighbour Helen for our monthly free bouquet.

Bob is the handyman we would all love to have living next door. From fixing damage from the snowplows to removing a tree stump that grew into the fence, Bob has offered Helen and other neighbours a helping hand many times over the years.

Has a neighbour reached out to you or made a difference on your block? If so, email Sonya at memberships@forestterrace.org or leave

her a voicemail at 780-463-1613 and put in their name for our monthly

N o m i n a t e - a - N e i g h b o u r B o u q u e t . Please include your contact information so Sonya can ask what makes your neighbour special.



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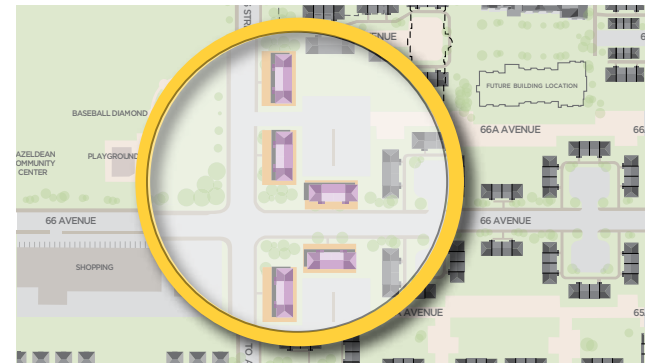

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Fulton Place

6115 Fulton Road
(780) 466-8140
fultonplace.org

BOARD

Mike
President
president@fultonplace.org
7808867794
Miles
Vice President League Affairs
vpleagueaffairs@fultonplace.org
7809515253
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Vice President Civic Affairs
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Ruth
Babysitting Registry
babysitter@fultonplace.org
Sherry
Director
sherry@fultonplace.org
Fulton Place Garden
fpcgcontact@gmail.com

MEMBERSHIPS

Memberships are available for sale on our website, at Servus at Capilano Mall and now at All Care Pharmacy at 5016 106 Ave NW. Family is \$25, Adult is \$15, Senior is \$5.

Joshua Semchuk
Communications
Fulton Place Community League

Hello! Our Fulton Place Community League email accounts are not continuously monitored by our volunteers so please be patient while we find the answers you need.

Rink Attendants Wanted



Throughout the outdoor ice season our community league rink is monitored by fantastic volunteers that work hard to keep the rink open as a community resource. We are looking ahead to our 2020-2021 rink season, and if you are interested in volunteering as a rink attendant this year, please get in touch with Shawn Coffill at rink@fultonplace.org. Please indicate preferred shift times.

HALL RENTAL

Fulton Place Community League Hall is now available for rent under COVID-19 guidelines. Capacity is 50 currently. We have available:

Tables, chairs, stage.

Well-equipped kitchen & bar. Caterers with COVID-19 food-handling experience required.

Roomy entry-way & cloakroom

Available on weekends, weekdays and some evenings - also available on an hourly basis

For availability, pricing, and viewing please email sherry-lynn@fultonplace.org or call 780.466.8140. We will return your message within 48 hours.

RED CROSS BABYSITTING AND FIRST AID COURSE

Sponsored by Fulton Place Community League

Saturday February 27, 2021

9:00 am – 4:30 pm

Fulton Place Community Hall: 6115 Fulton Road, Edmonton

Do you want to babysit?

Do you stay home alone?

Newly Revised Course Includes Greater Emphasis on First Aid Skills!

- Responsibilities of a babysitter
- How to care for babies and toddlers
- Dealing with discipline problems
- Fire safety and Poison Prevention
- Basic First Aid, Choking First Aid and CPR
- Proper use of EpiPen and Inhaler
- Home safety tips and accident prevention
- What to do - and who to call - in an emergency

All the safety and first-aid that a babysitter or someone staying home alone needs to know, presented in a fun, hands-on workshop!

Registrants receive Red Cross Babysitters Manual.

FOR: Girls and Boys ages 11 and up (by end of February 2021)

COST: \$75.00 including GST.

Note: Current Fulton Place Community League Members qualify for \$20.00 subsidy.

BRING: Lunch, pencil, large floppy doll/teddy (must lay flat), water bottle and indoor shoes.

RED CROSS CERTIFICATE CARD ISSUED UPON SUCCESSFUL COMPLETION
Be confident. Be prepared. Be safe.

For more information email babysitter@fultonplace.org Subject to change due to COVID

On Line Programs for Parenting

To register for all programs and/or workshops please contact Jessica Mantel at 780-667-4383 or fcscdodie@shaw.ca

• Infants Can Talk with Their Hands



Infants are able to use basic sign language skills well before they are able to vocalize their needs and wants through speech. Using both sign language and speech will not only ease your frustration, but also the frustration of your child. In this 4 week program, participants and their infants will learn a few basic sign language skills through the use of fun songs, stories, and handouts, all while promoting their infant's whole brain development.

Tuesdays from 9:45 – 10:30am
Zoom Meeting (ID# given at registration)
November 24 – December 15, 2020

• (A little) Messy Play is Fun Play

In this 4 week program participants will be encouraged to explore various types of messy play. A copy of any of the recipes used during the program will be available so that messy play can be created again and again.

Thursdays from 9:45 – 10:30am
Zoom Meeting (ID# given at registration)
November 26 – December 17, 2020

• Winter Fun for Everyone!

In this 4 week program, children will be able to join along in some songs, stories, movement, and crafts that are seasonally appropriate and fun to explore.

Wednesdays from 9:45 – 10:30am
Zoom Meeting (ID# given at registration)
November 25 – December 16, 2020

• Rhymes That Bind

Registration ends December 14, 2020.

In partnership with the Centre for Family Literacy, we are excited to introduce Rhymes That Bind, an oral language development program that promotes positive parenting. Parents learn to enjoy rhymes, finger plays, songs and simple movement games with their infants and toddlers in a supportive peer group. Join us to find out how Zoom Zoom Zooming to the Moon can help build your child to build a rich vocabulary!

Tuesdays from 10:30 – 11:15am
Zoom Meeting (ID# given at registration)
January 12 – March 16, 2021

Fulton Afterschool Care spaces available

Fulton Afterschool Association has a few spaces available for children in grades 1 – 6.
Please call 780-465-4383 ext. 30 or 31 to register.



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Gold Bar Executive

Name	Position	Email
*President	Adam Rompfer	adamrompfer@yahoo.ca
*Vice President	Jamie Melnyk	jamie21_twitcher@hotmail.com
*Secretary	Cody Charlene	codycharlene86@gmail.com
*Treasurer	Nicole Kraychy	nicolegoldbar@live.com
Bingo Director - Fort Road	Jessica Negrey	negrey@shaw.ca
Bingo Director - Parkway	Charlene Lazenby	charnelazenby@gmail.com
Bingo Worker Director	Lorie Smith	loriesmih@gmail.com
Casino Director	Isabella Pierce	bella.edm@shaw.ca
Communications Director	Lisa Shorten	brian.lisa.shorten@gmail.com
Community Liaison	Rhae Hansen	gbcl.liaison@gmail.com
Director At Large	Pat Chmilar	p.chmilar@icloud.com
Social Director	Ronda Lisowski	magicianronda@gmail.com
Financial Director	Andrew Mason	andrewroycemason@gmail.com
Green Shack Director	Joelle Zimmerman	Joelle_zimmerman@gmail.com
Hall Manager	Liisa Armstrong	goldbarhallrentals@gmail.com
Membership Director	Amy Cooper	Amycooper88@outlook.com
Programming Director	Sharon Harker	gbhallfun@gmail.com
Sign Director	Lindsay Kocil	lindsaykocil@me.com

Christmas Decoration Draw

Ever notice the creative Christmas decorations on a evening walk?

Nominate your neighbors for a \$20 gift card to one of the following (Kind Ice Cream, Blues Java, Be-a-Bella, or the Portuguese bakery) there are 20 gift cards in total, this is a random draw.

This is not meant to be who can spend the most money on lawn décor, it can be simple or a little window display.

On the Gold Bar website or the Facebook page there will be a form for you to put in their address. (nominees must live in gold bar).

Draw happens on Dec 19.

Congratulations!!!!!!

Membership Contest!

**October's winner is
Lisa Gagnier**

Winner receives a \$ 20 gift card to Blues Java/all care pharmacy.We will be having a winner once a month (2020/2021). Buy your membership now!!!!!!

Past winners:

July's winner -Desiree Blank

AUGUST'S winner – Patrick Meads

Septmeber's winner – gerald and Linda purpur

***Remember to be entered all you have to do is buy your membership at Blues Java or All Care pharmacy, online or by calling Amy 780 668-6836.

COMMUNITY MEMBERSHIPS AVAILABLE NOW!

You can NOW buy your memberships at BLUES JAVA COFFEE SHOP (5010-106Ave)- CASH ONLY, ALL CARE PHARMACY (5016-106Ave) come check out these wonderful businesses and pick up your community membership. On the second Tuesday of every month, show you membership card at Blues Java Caféo receive a FREE hot Beverage (coffee, tea, and hot chocolate) between the hours of 7- 11am. Please Remember Your Card. You can purchase memberships at any of the

above places or Call Amy Cooper 780- 668-6836. Adults/Family \$20 and seniors \$5. Everyone who buys a membership gets entered our contest!!

You will win a \$20 gift card to BLUES JAVA!!!Reasons to buy a membership: Needed for Registration for sports, Community swim, perks at Blues Java (first Tuesday of the month, you get a hot beverage) Join in free community events ,and is needed at your local community skating rink.

Bingos

If you would like to volunteer to work any of our community bingos, please contact Lorie Smith @ 780-447-1110.

These events generate revenue for our community.

Upcoming Dates at Parkway:

Thursday, Dec 31 evening/late night

Saturday, Jan 16 afternoon only

Sunday, Jan 24, evening/late night

Fort Road Bingos:

Sunday, Dec. 20 afternoon/evening

Thursday, Feb 11 afternoon/evening

Family Amazing Race

December 13 1-4pm

Grab your family and your snow pants and come join us for the Gold Bar Amazing Race. Start at the hall to get your first task and travel around Gold Bar completing challenges. At the end you will end up with a snack and activity

to finish at your home. Everything is outside and there is no contact between family cohorts or volunteers. This is a free event but we have limited snacks at the end.

Check out Facebook or email Lisa brian.lisa.shorten@gmail.com

Yoga at the Hall

Instructor: Nancy Conlin

Our mantra: We accept change

By the time this advertisement reaches your

mailbox we won't know if we're having yoga classes and we'll be okay with that. Email gbhallfun@gmail.com for an update.

Mom and Me Fitness

Depending on government covid guidelines we will either be in person or on zoom or outdoors (if the weather is nice)

This class is a mix of cardio and strength with a special focus on pelvic floor health. Kids and babies are welcome to come play, be in the stroller or be worn, the kids must be able to stay in your taped square on the floor. Bring a yoga mat, water, and anything your kids need. People without kids are also welcome to join.

This class runs Mondays from 930-1030am

at Gold Bar Community Hall. 8 people maximum

This session runs from Nov 2- Dec 14 although you're welcome to join anytime. Next session starts Jan 4

Contact Lisa to register or with any questions.

Mondays \$70. Sorry no drops in (thanks covid)

Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

2020 is almost done

Get outside and have some fun. The Goldbar rink is clean and free. As per Dr Denna, we closed down the amenities. Wear your mask.

Keep your distance. The ice is back, enjoy the season. Covid isn't in a rush to go away. Get to Goldbar and skate your cares away

Sunday Strong

We will either be in person (following covid guidelines), zoom or outdoors if it's nice, depending on what future restrictions are like

If you are looking for a class that focuses on getting your whole body stronger this is your class.

We will primarily be using dumbbells, bands and kettlebells. All ages and all fitness levels are welcome. Social distancing and cleaning will be practiced.

Sundays 7-8pm. And 815-915pm (if enough people to run classes) This session runs Nov1 – Dec 13, next session starts Jan 3. 12 qeeople maximum

Contact Lisa to register or with any questions.

Sundays \$70. Sorry no drops in (thanks covid)

Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

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Holyrood Community League Contacts

President - Larissa	president@holyroodcommunity.org
Vice President - VACANT	vicepresident@holyroodcommunity.org
Treasurer - Claire	treasurer@holyroodcommunity.org
Secretary - Julie	secretary@holyroodcommunity.org
Programs - Kelly	programs@holyroodcommunity.org
Sports & Fitness - VACANT	sports@holyroodcommunity.org
Memberships - Jessica	memberships@holyroodcommunity.org
Facilities & Grounds - Sarah	facilities@holyroodcommunity.org
Communications - Megan	communications@holyroodcommunity.org
Social - Jeremiah	social@holyroodcommunity.org
Civics - Dave	civics@holyroodcommunity.org
Holyrood Development Committee - Jaime	hdc@holyroodcommunity.org
Community Garden - Jaime	garden@holyroodcommunity.org
Rink - Randall	rink@holyroodcommunity.org
Soccer - Jared	soccer@holyroodcommunity.org
Playschool - Jessica	playschool@holyroodcommunity.org
Playgroup - Jessica	playgroup@holyroodcommunity.org
Casino - Alison	casino@holyroodcommunity.org

 holyroodcommunity.org
  @HolyroodCL
  Holyrood Community League

Purchase memberships through efcl.org/membership
Complimentary Memberships are available for newcomers to Holyrood! Contact our Membership Director at memberships@holyroodcommunity.org.

THANK YOU VOLUNTEERS

A HUGE thank you to all of the volunteers who helped with this year’s casino, as well as the volunteers that came forward this year to help with events, and who continue to come forward with offers to help with other community league endeavours. The amazing things that happen in our community wouldn’t be possible without YOU!

HOLYROOD COMMUNITY LEAGUE BOARD

Are you looking to share your skills? Do you have an idea for an activity or program (that is Covid compliant)? Reach out to our amazing Programs Coordinator, Kelly! The board is excited to support members of our community on any ideas they may have for programs or classes we can run to make our community better. Email programs@holyroodcommunity.org

ICE ICE BABY

The rink will open this year...sometime soon! Stay tuned to social media and the website for the official opening, and updates about ice conditions. The rink shack will be closed this year, and for now the ice will be community skating only. As the Covid-19 regulations change, we may look at an ice booking system and different processes later in the year.

GINGERBREAD HOUSE DECORATING

Do You Love Gingerbread? Candy? Holidays? Get creative with your fellow Holyroodians and show us your best candy gingerbread house! Email Kelly at programs@holyroodcommunity.org if you want to participate, and we will give you a gingerbread house kit. Decorate it, take some photos and send your best photo to communications@holyroodcommunity.org. We will pick 3 winners and display their houses on our social media pages.

LIGHT UP HOLYROOD!

How do you decorate? Show us your Holyrood Holiday Spirit by sending us photos of your holiday decorations! Send photos to communications@holyroodcommunity.org from Dec 1 - Dec 31. We will display your photos on our social media pages to show our festive spirit. The Holyrood Community League board will pick one lucky submission for a Juniper gift card.



ILLUMINATE HISTORY



Fort Edmonton Foundation is raising funds to support the expansion of Fort Edmonton Park's historical midway!



Buy a bulb for yourself or a loved one
 Donate a bulb in memory of someone special
 Gift a bulb to celebrate an occasion
\$50 each. Charitable tax receipt and commemorative certificate with the name of your choice will be mailed.



Donate Online: www.lightthemidway.ca
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Credit Card by Phone: (780) 496-6977
Mail Cheque: Fort Edmonton Foundation
 PO Box 67112 Meadowlark RPO
 Edmonton T5R 5Y3

Charitable registration # 10739 4058 RR0001



GINGERBREAD HOUSE DECORATING

Get a free gingerbread house kit by emailing programs@holyroodcommunity.org

Decorate your house & send in your photos to communications@holyroodcommunity.org.

LIGHT UP HOLYROOD!

Show us your Holyrood Holiday Spirit by sending us photos of your holiday decorations. The Holyrood Community League board will pick one lucky submission to win a Juniper gift card!

CONTEST RUNS DEC 1-31

email - communications@holyroodcommunity.org



HCL LIGHTS UP THE PARK!

BRIGHTEN UP YOUR DECEMBER BY COMING TO CHECK OUT THE RINK LIGHTS AFTER DEC 5TH!

Free SEESA Memberships for Southeast Seniors!

Are you a senior living in southeast Edmonton who currently does not have a membership with South East Edmonton Seniors Association (SEESA)? Would you like one? SEESA members have generously donated 100+ annual memberships to give other seniors in the southeast the opportunity to join SEESA at no cost.

You will immediately become a SEESA member for one full year, which means full access to all SEESA classes, clubs and special events. Come join in the fun...we look forward to welcoming you! Call us at (780) 468-1985 or send an email to info@seesa.ca and we'll get you signed up and ready to roll.

SEESA also provides a Friendly Caller program for seniors experiencing loneliness or just feeling out of sorts from dealing with frustrations stemming from COVID and winter isolation. If you're looking for someone with whom to chat please feel free to call us

at (780) 468-1985 and chose extension #225. Leave a message with your name and phone number. We will be returning calls throughout Christmas and New Years. This is NOT a crisis call line. If you think you are in a crisis situation and need more help than a friendly caller could give, please call 211.

Located in an older elementary school in Holyrood (9350 82 Street) SEESA is a non-profit organization that provides a welcoming and inclusive environment for persons 55+ to participate in exercise, art, music and educational classes that enrich body, mind and spirit. Website: <https://www.seesa.ca>

On behalf of the SEESA Board of Directors, members and staff, we sincerely hope you will accept our invitation to join in the fun!

*Thank you...JudyLynn Archer,
Acting President, SEESA*

Welcome, new patients!

Edmonton Comprehensive Care & Family Medicine is accepting new family medicine patients! Walk-ins welcome.

Our medical clinic is also accepting patients for:

- cancer follow-up care &
- oral medicine (TMJ concerns)

Come and see our friendly doctors and staff at:
6925 Gateway Blvd NW
Inside the Canadian Cancer Care Building

Call us today to book!

780-306-5656

ECCFM.CA






SCAN ME

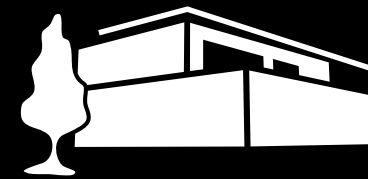



EDMONTON

Idylwylde Community League Board

President	David	president@idylwylde.org
Past-President	Kate	pastpresident@idylwylde.org
Vice President	(Vacant)	vp@idylwylde.org
Treasurer	Pat	treasurer@idylwylde.org
Secretary	Corrina	secretary@idylwylde.org
Casino	Bridget	casino@idylwylde.org
Civics	Lee	civics@idylwylde.org
Programming	Sheri	programs@idylwylde.org
Membership	Michelle	membership@idylwylde.org
Garden	Lauren	garden@idylwylde.org
Facilities	Stuart	facilities@idylwylde.org
Social	(Vacant)	social@idylwylde.org
Publicity	Rachel	publicity@idylwylde.org
Grants	Kamila	grants@idylwylde.org
SECLA	Scott	
General Inquiries	780-466-7383	league@idylwylde.org

 Idylwylde.org
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  Idylwylde Community League
 New, or know of someone new to Idylwylde? Contact our Membership chair Michelle to receive your community league membership. Welcome to the community, we're glad you are here!



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Hello Neighbour!

Winter (and snow!) is here to stay, and we are still being energized by stories of kindness between neighbours during all of this. The Bonnie Doon Playschool re-opened in our hall, and we are figuring out how to offer programs and gatherings in a way that meets the requirements of the local and provincial governments.

In the meantime, we're wondering how you are doing? We'd like to know...

Do you need any help? If you need help with errands or are finding this time hard and just want to talk, please reach out to the league. You can call/text Kate at 780-430-

1531. Calling 2-1-1 is also great for learning about resources to help with things like food, finances, and stress.

Do you have any great ideas for community activities to do at a social distance? If you have a cool project you'd like to lead—apply for a mini grant! The league can offer up to \$100 for supplies and will help to promote it. Just send a paragraph on what you want to do, and why it will benefit the community to league@idylwylde.org.

Please keep sharing your ideas and stories with us, we love to hear from you. Best wishes for a safe and healthy spring,

Free Memberships

With the uncertainty of COVID times and family finances, the Community League Board has decided to make our memberships free for all of our community members that live in Idylwylde!

Donations are always accepted from anyone who can give and associate memberships (if you don't live in Idylwylde) will still cost the regular amount.

Please contact our membership chair with proof of residency in Idylwylde to get your membership today!



Monthly Community Meetings

Our meetings have gone digital! Contact our President if you would like an invite to our next meeting.

Cheery Tomato Community Garden



Now the harvest is over, it's time to start planning our community garden for next year. Our community garden is a great way to get out and stay connected in a safe way.

Contact us and we'll let you know how you can be involved with our amazing little community garden. There's always room for more gardeners to join!

Fitness classes cancelled

Due to the current ban on indoor group fitness classes our Monday evening Fitness In-

fusion class is cancelled until further notice. Check our facebook page for more information.

Social Volunteers Needed

WANTED: Volunteers with a creative flair for parties, shindigs, and general community get-togethers. Monthly commitment is one 2-3 hour meeting, as well as answering occasional emails. Time spent on planning and

coordinating will be up to you, but the main responsibilities are organizing things like community league day, and our winter family fun day! If this sounds like something you would be interested in, get in touch with us today!

Kenilworth Community League Board

President	Irene	president@kenilworthcommunity.com
Vice President	Jon	vicepresident@kenilworthcommunity.com
Treasurer	Colleen	treasurer@kenilworthcommunity.com
Secretary	Maren	secretary@kenilworthcommunity.com
Adult/Seniors Programs	Loida	please email President for direct information
Bingo	Julia	please email President for direct information
Casino	Bonnie	please email President for direct information
Buildings/Grounds	Reg	please email President for direct information
Children's Programs	Jo	please email President for direct information
Grant Coordinator	Aly	please email President for direct information
Membership	Rebecca	membership@kenilworthcommunity.com
Play School	Krista	ps@kenilworthcommunity.com
Publicity	Jason	publicity@kenilworthcommunity.com
Rentals	Liz and Al	rentals@kenilworthcommunity.com
SECLA	Kevin	please email President for direct information
Soccer (indoor)	Vacant	please email President for direct information
Soccer (outdoor)	Vacant	please email President for direct information
Social	John	please email President for direct information

General inquiries & Publicity Requests (SEV & Website): publicity@kenilworthcommunity.com
Hall Rental requests: rentals@kenilworthcommunity.com
Keep Current on our website, www.kenilworthcommunity.com and on Facebook!

Kenilworth Playschool

For more information or to register, please contact Irene at:
president@kenilworthcommunity.com

Adult Badminton

Adult badminton on Tuesdays and Thursdays 7:30 pm to 9:30 pm at Kenilworth School, 7005-89 Ave, October to May, with no play in December. New members can sign up at the school. Cost is \$30 for the full year.

This is a social badminton club rather than an intensely competitive club.

There are three courts at the school, so a maximum of twelve players can be play-

ing doubles at one time. We have a rotation system of play, so players do not pick and choose their team mates or opponents.

The club is not equipped to train beginners, but you don't need a lot of experience at the game to become a member, our club has members with a variety of skill levels.

To contact the Kenilworth Badminton Club: send email to: kenilworthbadmintonclub@protonmail.com

VOLUNTEER OPPORTUNITIES

Many hands make for light work and we could use some hands.

We have the following volunteer positions available:

Building and Grounds Director: do you enjoy being the maestro of the orchestra. Coordinating projects, keeping track of due dates, liaising with different people to get a job done. This volunteer position has your name on it.

Building and Grounds: are you a craftsman that can share their talent with our community league building? Perhaps you enjoy painting. Perhaps you can help with electrical projects. Or maybe you are just handy and have some time to spare. The hall could use your volunteer help.

Grant Writer: It is always great to have a volunteer that has their ear to where the money is and can create a grant to help us benefit. If you enjoy writing and have some volunteer time to

put grants together, we could use your help.

Neighbourhood Watch: There are many postings on FaceBook and Next Door that speak to thefts, break-ins, and concerns in our community. If you have some volunteer time and can support our community in becoming better informed about safety, etc., this position is for you.

Please contact Irene, President, for more information on the above positions. president@kenilworthcommunity.com

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary community league membership. This is a great way to meet community residents and contribute to your community.

A Kenilworth Senior's November to Remember

Kenilworth Community League has partnered with Heart to Home meals to provide KCL seniors in our community with two delicious frozen meals. We delivered 42 meals to people with this initiative so far.

These meals are paid for by a Federal Grant our Seniors coordinator, Loida, was success-

ful in obtaining.

Due to COVID, we are limited in how we can engage with you, but we wanted to let you know we are thinking of you and want to help you out with a warm meal. If KCL can be of support to you please reach out to Loida.

Thank You Loida

The Ice Rinks are Coming Soon

We have started working on the ice rink last week. We hope to have the rinks up and ready soon if the weather cooperates.

Rink attendants must be over 18, pass a security clearance, and acquire basic CPR/First Aid that the league will pay for.

Duties include maintaining the cleanliness of the rink room, welcoming and assisting

visitors, and making the rink a fun place to be in the winter!

Shifts are 4-9 weekdays and 11-4 or 4-9 weekends. This a contract position in that the attendant is considered an independent contractor.

For details, please contact: iceman@kenilworthcommunity.com

Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com

KCL Hall Rental Rates: (Seating 160)

Members Non-Members

Weekend (Fri.pm – Sun.pm)

\$450.00 \$550.00

Day Rate

\$300.00 \$385.00

Damage Deposit

\$250/day rate \$550/day rate

\$450/weekend \$550/weekend

*Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email is preferred, rentals@kenilworthcommunity.com. If email is unavailable, leave a message for Al @ 780-469-1711.

Have a New Neighbor? Are You New to Kenilworth?

We would like the opportunity to welcome all newcomers into the neighborhood. **If you know of any recent arrivals, or if you are one yourself, please call Rebecca @ 780-982-5885. We will deliver a free Community**

League membership along with information about all the activities this league offers.

Don't have your 2020/2021 membership yet? Need one RIGHT NOW? Go to www.efcl.org and purchase one online!

Bingos

Bingos are back on!!

Please contact Julia at 780 476-2992 if you can volunteer.

Our revenue from Bingos is more important than ever right now.

December 27

January 29

February 20

March 2

March 14

Evening/Late

Evening/Late

Afternoon

Evening/Late

Afternoon

Time to redefine your exercise plan? We got your back!

Strength



Function



Mobility



First Class FREE

BACK ON TRACK

Specialized Fitness and Wellness Solutions

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- Musculoskeletal Screenings
- Supportive Online Community
- And More!

Medical exercise programs may be covered by your health insurer

587-988-8075
Back-On-Track.ca

Ottewell

Executive Board

Executive:

President – Corinne

Vice President – Colleen

Secretary – Sandra L.

Treasurer – Eric

Board Members:

Bingo Director – Kyla/Tyler

Casino – Colleen

Hall Manager – Tim

Grants – Open

Big Bin – Andrew

Building Projects – Lukas

History of Ottewell Committee –

We need more members!

Indoor & Outdoor Soccer Director – Cory

Summer Playground Director – Colleen

Social Team – Many OC Members

Playschool Rep – Jason

Rink Chair – Tom

Membership Director – Lindsay

Communications – Diana

Website – Tim

EFCL Rep – Corinne

SECLA Rep – Sandra

All positions are volunteer. Please send all inquiries via email to ottewell2212@gmail.com or call 780-469-0093 to leave a message.

Someone will return your call

Ottewell Community League

5920 93A Avenue NW

Edmonton AB T6B 0X2

Ottewell Playschool

The Ottewell Community League Playschool is looking forward to resuming classes in January. There are still spots available! We're accepting registrations for 2021. For registration inquiries, please contact Tyler, Director, at playschoolocl@gmail.com or (780) 271-6846.

Something Exciting is Happening in Ottewell

Follow us on our Facebook page to see what it is! Keep up-to-date on all the events by subscribing to email updates at Ottewell.org or by following us on Facebook at facebook.com/OttewellEvents.



Wishing you and your family peace, health, happiness, and prosperity in the coming year.

Merry Christmas from

The Ottewell Community Executive Team

Donating to the Christmas Bureau of Edmonton

This year, the Ottewell Community League encourages you to donate to the Christmas Bureau of Edmonton. By donating to the Christmas Bureau, you are helping local families, seniors and individuals in need. Out of every dollar you donate, \$.83 cents goes directly into assisting Christmas Bureau of Edmonton clients. This means that you can be confident in



knowing your donation is making an impact in your community. You can donate online at <https://tinyurl.com/y5nquyig>. You can also donate by phone by calling 780-421-9627, in person at one of their many donation locations, or by mailing a cheque to: Christmas Bureau of Edmonton 1-12122 68 Street NW Edmonton AB T5B 1R1

FREE Community League Memberships

Ottewell Community League is pleased to offer free memberships for 2020-21. You can get yours by emailing oclmembership@gmail.com for sign-up info, calling 780-469-0093, or clicking on the link on our Facebook page. You will be added to our membership list, and we will drop off your membership card in your mailbox.

Already purchased a membership this year? You will be given a free membership for 2021/2022.

Your community league membership comes with some perks, including 5% off at Anvil Coffee House and 10% off at Ottewell

Eye Care. Visit our website ottewell.org for more community league perks.

We understand that this year has been like no other, and even though there may not be as many in person community events, we want you to know that we are still active and looking for fun ways to connect everyone in the community! If you are interested in supporting your community league financially, donations will continue to be gratefully received.

PLEASE NOTE: If you choose to sign up for a membership through the Edmonton Federation of Community Leagues, there will be a small administrative fee.

Cross-Country Ski Tracks in the Heart of Ottewell

For many years, Ottewell residents have been setting informal cross-country ski tracks around the perimeter of Braemar field. These tracks have been designed by your neighbors who are looking to enjoy the park space in our front and back yards.

Please have fun using the tracks and leave them in good condition for the next family to enjoy!

The ski tracks:

make a nice loop to ski are a great way to get outside in the winter and get some exercise

Are convenient. Just walk out your front door with your skis and enjoy a stress-relieving, energy-giving ski in your own neighborhood.

"Our family loves the fact that we can literally cross the street and go for a ski in the park. Sometimes someone else has been out before us to set track or we set it. We can ski the loop

OCL Board Meetings

Ottewell has been hosting virtual meetings to connect with directors, the board, and volunteer members. Our next virtual meeting will be on Tuesday, January 19, at 6:30. If you would like to attend, please email ottewell2212@gmail.com. You will be sent a meeting invitation via ZOOM.

Calling All Creatives

Ottewell Community League is looking for a few members to assist us with the revitalization of the OCL website - ottewell.org.

The website renewal group will determine the best layout and types of content to serve our members. Meetings will take place via ZOOM, starting in January. Plan for relaunch of the OCL webpage in Spring of 2021!

Are you in? If you would like to be a part of this team or to provide input, please email oclwebpage@gmail.com. You will be sent a ZOOM meeting invitation.

Snow Angel Program



Hello, Ottewell community! We would like to thank those who have put their name forward to become snow angels for seniors and those needing assistance. Because of generous and caring people like you, we are able to help others. You give your time and energy, and that is greatly appreciated.

If you know of a neighbour or senior in need of assistance, please forward their information to ottewellsocial@gmail.com. We will connect with them to provide the assistance they need, even if it is just a listening ear. With the holidays around the corner and COVID continuing to rise, we want to make sure everyone is supported.

The Ottewell community has so many great people. Let's support each other as much as we can.

as many times as we want depending on whether we just want a little ski or a bigger workout. It's so convenient to not have to load everything in the van and drive somewhere, and I always feel happier and more energetic after a ski. Skiing in the park will be a great activity this Covid winter for mental and physical health."

To learn more about the health benefits of cross-country skiing, visit <https://tinyurl.com/y2o4ffaz>

Ottewell Rink

The OCL rinks will look different this year. Due to the COVID -19 outbreak, the rink shack will not be open. We will have benches outside to use, and our patio area will be accessible. There will be a porta-potty on site. Hand sanitizer will be provided.

Ottewell will be opening the Pond Rink at the end of November, with the potential to open the Hockey Rink later in the season. Pond ice lights will be on from 5pm to 9pm, 7 days a week. Please note that there will be no attendant or staff member on-site.

Skate at your own risk.

Wear your helmet.

Share the space. We all want to enjoy the pond rink.

Play safe, and if you don't feel well, stay home.

Please use the garbage cans provided. Keep our rink area clean!

Capacity: MAX 50 people.

As per AHS guidelines:



Physically distance when multiple cohorts are sharing the ice;

Wash or sanitize your hands before and after each skate;

Refrain from spitting and clearing nasal passages;

Refrain from sharing equipment or water bottles;

Refrain from touching your eyes, nose, mouth, and face; and,

Stay home if you are experiencing COVID-19 symptoms.

Connect Your Business to the Ottewell Community

The Ottewell Community League wants to promote local Ottewell businesses. Please consider offering discounts to OCL members when they present their current community league membership to encourage local shopping and support.

Thank you to Red Swan Pizza for offering a 5% discount to OCL members. Show your OCL membership card at Red Swan Pizza, 4964 98 Ave NW, to receive your discount.

Ottewell Community League members can

also get:

a 15% discount at Pop Kids Marketplace + Shy Mama Designs-www.shoppopkids.com

a 10% discount on photography at Lightwork Consulting (www.lightworkconsulting.net).

a 10% discount on piano lessons with Diane Robitelle - dianecrobi@aol.com.

Do you have a business that could benefit from local support? Let us know, and we will post your info on our website and Facebook pages, and in the SEV edition.

Online Auction to Support Ottewell United Church

Season's Greetings, neighbours!

You may be wondering about the big bins in our parking lot. They are being used for storage, as all of our cupboards have to be emptied so renovations can occur to repair the damage done as a result of a flood in the basement of our church building. It is a massive undertaking, and we are grateful for the expertise needed to ensure the safety of our church folk and the onsite workers.

As you can imagine, all of this work has come at a cost both financially and spatially. That is why we would like to take this opportunity to announce our intention to host an online auction in mid-February.

We invite you to browse the catalogue

when it becomes available and would be grateful for donations from individuals and businesses in and around the community.

Please contact Joan at jgtabak@telus.net or Becky at rlcharette57@gmail.com for details on how you can contribute. A phone message can be left by calling the church office at 780-469-5559.

Despite all of the construction, our church is still gathering for Sunday worship at 10:00 am, following all Covid-19 protocols. Our services, although not live-streamed, are recorded and can be viewed by searching Ottewell United Church on YouTube. Until we can meet again, stay safe, stay healthy! Blessings all.

Ottewell 120th Scouting

Thank you for supporting our Fall bottle drive and contributing to our outdoor adventures!

Free trial

memberships are available until the end of 2020 for girls and boys age 5-26. Register at scouts.ca



Girl Guide Cookies

Mint chocolate Girl Guide cookies are back! When you buy a box

of cookies, you're supporting girls build skills, make new friends and help their communities. If you would like to be connected to one of our local community units selling cookies, please email Darcie our Helen Burns District Commissioner at any-edmhelenburnsdc@girlguides.ca to be connected to a group with cookies available. The support is appreciated!



Girl Guides of Canada
Guides du Canada

Christmas Celebrations Around the World

For a lot of kids in Canada, Christmas is a big holiday. There's no school, families put up trees and decorations, they eat lots of food, sing songs... and of course there's Santa and all the presents!

In different parts of the world though, Christmas often gets celebrated a bit differently.

Here are a few to mention:

SWEDEN - Candles on your Head

Christmas kicks off early in Sweden with Saint Lucia's Day on December 13. While Lucia is a Christian saint, the celebration is closely tied to the winter solstice – the shortest day of the year – and is seen as a celebration of light – and they go for light in a big way in this Swedish festival. Most towns and villages have a procession where kids dress up in white robes, with the girls carrying candles – often the electric ones until the kids are 12 – and the boys carrying wands with stars on the ends and pointy wizard-type hats. One girl is selected to be "Lucia" and this girl leads the procession wearing a crown of candles – usually real, lit-on-fire candles!

JAPAN - Romance and Fried Chicken

Christmas isn't an official holiday in Japan, but many people and businesses put up lights and trees. Young children get presents and the family will sit down for a meal of fried chicken instead of turkey. Christmas Eve is considered a very romantic time – like Valentine's Day in Canada. Couples will exchange gifts and go out for fancy dinners. Restaurants are usually booked months in advance for Christmas Eve.

AUSTRIA - Santa on the Beach

In Australia, December 25th is in their summer, so Christmas Day is a time to hit the beach.



There you might see surfers dressed up like Santa and Christmas trees set up on the sand. Christmas dinner is often made on the barbecue, and it's said that when visiting Australia, Santa gives his reindeer a rest and gets kangaroos to pull his sleigh!

VENEZUELA - Strap on those Roller Blades Venezuela is a religious country where most of the people are Catholic, so Christmas-time involves a lot of going to church. In the capital city of Caracas, there's a tradition of closing the streets to cars on Christmas morning and people roller skate to church services.

SPAIN - The Christmas Log

Having a Yule log or a nice fire in the fireplace is a common tradition in lots of places, but in the part of Spain known as Catalonia, there's a different twist on that – the Christmas Log. This piece of wood is decorated with a face and a hat and wrapped in a blanket. Children pretend to feed it for most of December. Then on Christmas Eve, kids whack the log with a stick while singing a song. They remove the blanket to discover hidden candy and presents that the log is supposed to have "pooped" out! That's why the log is called Caga Tió (say "KA-ga tee-OH") – in Spanish that means Poo Log!

Suzuki Charter School

A public school committed to academic, musical and leadership excellence

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2021-2022 REGISTRATION

Go to our website www.suzukischool.ca

Kindergarten-Grade 8

Academic Challenge, French, Music, Leadership,

Options, Extracurricular, Small Class Sizes

Everyone Welcome!

For more information

780.468.2598

www.suzukischool.ca

Christmas Scavenger Hunt

Merry Christmas from the Ottewell Community League! Celebrate the season with us by participating in the Christmas Scavenger Hunt. Here's how it works:

1. Clip the scavenger hunt list from the Southeast Voice or print the PDF, found at <https://tinyurl.com/yxomngjg>.

2. Head out with your family and friends, in car or on foot, to find all of these items in your neighbourhood. Check out the beauti-

fully decorated yards and the sparkling lights and feel the spirit of Christmas.

3. Check off all the items you find.

4. Submit your list to ottewell2212@gmail.com or drop it off in the mailbox at the Ottewell Community Hall by January 7, 2021 for a chance to win a family take-out food package, value \$100, that supports local businesses.



Head out with your family and friends, in car or on foot, to find all of these items in our neighbourhood. Check out the beautifully decorated yards and the sparkling lights, and feel the spirit of Christmas.

Submit your completed list to ottewell2212@gmail.com or drop it off in the mailbox at the Ottewell Community Hall by January 7, 2021 for a chance to win a prize!

NAME: _____ PHONE: _____

- | | |
|---|--|
| <input type="checkbox"/> Outdoor Christmas Tree | <input type="checkbox"/> Indoor Christmas Tree |
| <input type="checkbox"/> Snowman | <input type="checkbox"/> Inflatable Santa |
| <input type="checkbox"/> Rudolph | <input type="checkbox"/> Nativity Scene |
| <input type="checkbox"/> Christmas Lights | <input type="checkbox"/> Wreath |
| <input type="checkbox"/> Star | <input type="checkbox"/> Stocking |
| <input type="checkbox"/> Gift | <input type="checkbox"/> Reindeer |
| <input type="checkbox"/> Christmas Ornament | <input type="checkbox"/> Grinch |
| <input type="checkbox"/> Candy Cane | <input type="checkbox"/> Candle |
| <input type="checkbox"/> Gingerbread Man | <input type="checkbox"/> "Merry Christmas" Sign |
| <input type="checkbox"/> Christmas Sweater | <input type="checkbox"/> Sled |
| <input type="checkbox"/> Snowflake | <input type="checkbox"/> Christmas Lights Timed to Music |

Ottewell and Area New Moms' Group

Being a new mom is challenging, especially during these times. If you're looking to connect with other new moms in the area in a supportive and non-judgmental setting, join the Ottewell and Area New Moms Group. We'll meet online

every second Wednesday from 11-12 am to share and discuss challenges, successes, and issues impacting ourselves and our families. Sign up by emailing aceottewell@gmail.com as soon as possible; spots are limited.

Abundant Community Edmonton - Ottewell

Now more than ever, we need to maintain our connections to our neighbourhood and community.

The Abundant Community Edmonton program features Block Connectors throughout Ottewell, your block's point person, party person, and listener.

If you're in need of support, assistance, or connection during this time, please reach out to ACE Ottewell at ACEOttewell@gmail.com



to reach a Block Connector near you. For more information, visit ottewell.org

Strathearn

Buy your 2020/21 Strathearn Community League Membership today!

Only \$20/family \$10/individual valid through Aug 31, 2021

Available for purchase at:

- Ralph's Convenience Store, 9508 87 St
- Massage Therapy Supply Outlet, 9206 95 Ave
- Strathearn Heights Apartments, 8768 96 Ave
- Juniper Café and Bistro, 9514 87 St
- online at strathearncl.org/membership-1

If you've just moved into Strathearn, your first year membership is on us! To claim just drop us an email at membership@strathearncl.org

Benefits of Membership

- Access to City recreation facilities at reduced rates
- Neighbourhood parties, events, classes, news & info
- Free skating on any outdoor Community League rink
- Free access to borrow from the Edmonton Tool Library
- A voice in shaping your community!

What is a Community League?

At its simplest, it is a group of your neighbours who volunteer to organize recreational, educational and sport programming, host community parties and events, develop amenities such as community gardens and community halls, and who advocate for the services they need to make their community thrive. Community Leagues are about bringing neighbours together, establishing friendships, and enjoying facilities, programs and events that are close to home.

By becoming a Strathearn Community League member, you actively help to build a healthier, safer and more vibrant community. The best way to create the place you want to live is to get active and get engaged! Please take the time to learn more about SCL and get involved, find out more on our website:

strathearncl.org

Grannies Tackle Tech

A group of Edmonton-area grandmothers raise awareness and funds for grandmothers in Africa who are raising their orphaned grandchildren due to the AIDS pandemic. Due to COVID-19 they have moved their one day craft sale online. Visit edmgrandmothers.org for a wonderful selection of Christmas, birthday and «gift to yourself» handmade items! Over 200 unique items with new, original, one-of-a-kind items being added almost daily...advent calen-

dars, baby clothes, kitchen decor, quilted wall hangings, wraps, scarves, hats, mittens, tote-bags and more!

Shop safely and securely knowing you are supporting a great cause. Curbside pickup is available in West Edmonton and Sherwood Park. All profits from online sales go to the Grandmothers to Grandmothers Campaign, Stephen Lewis Foundation stephenlewisfoundation.org.

The Family Center Healthy Families in Healthy Communities

Whether you are embarking on one of life's adventures (like getting married) or going through a challenging, traumatic situation, the Family Center. we can help. It is a safe space for everyone. People of all ages, cultures, ethnicities, experiences, gender expressions, gender identities, religions, and sexual orientations are welcome to access our services.

Their services include:

- Classes for couples, parents, individuals and organizations
- Counselling
- Interpretation and translation in over 60 lan-

guages

- Mental health therapists, coaches, and family support workers in several Edmonton schools
- Child, Youth & Family Support Services with Child and Family Services
- All in for Youth
- NET (Neighbourhood Empowerment Team)
- Employee and family assistance program (
- The Rainbow Pages resource guide of the supports available to LGBTQ+ youth and the youth-serving community in Edmonton

For more information go to www.familycentre.org or call 780 900 6129

Urban Pole Walking

Position	Name	Email
President	Chris	president@strathearncl.org
Vice President	Leah	vicepresident@strathearncl.org
Treasurer	Jason	treasurer@strathearncl.org
Secretary	James	secretary@strathearncl.org
Membership Director	Annette	membership@strathearncl.org
Building & Grounds Director	Rob	grounds@strathearncl.org
Rink Director	Brent	rink@strathearncl.org
Social Director	Jen	events@strathearncl.org
Communications Directors	Pam & Evan	communications@strathearncl.org
Programs Director	Erin	programs@strathearncl.org
Members at Large	Kim & Robert	n/a
Hall Rental Coordinator	Darrah	hall@strathearncl.org
Soccer Director	David	rec@strathearncl.org
A.V. Club/Youth Director	Andrew	avclub@strathearncl.org

Urban Pole Walking

Interested in getting outdoors for some exercise? Have you considered Urban Pole Walking (aka Nordic Walking)? The Strathearn Community League is in search of a volunteer to lead a walking program in our neighbourhood. Want to start but don't know how? You're in luck! Training for Urban Pole Walking is available at no charge to any community league member interested in volunteering to lead a group, through the EFCL Community League Walking Program.

Pole Walking is a fun, low impact way to exercise and socialize while maintaining physical distance during this pandemic. Urban Pole walking can be enjoyed throughout the year and it burns 20% to 40% more calo-



ries than regular walking and is a complete workout for the whole body!

If you would like to be an Urban Pole Walking Leader with SCL, please contact Annette at membership@strathearncl.org for more information!

Rock'n Roll Bookclub

It was a banner year for Rock 'n Roll Bookclub. A couple new members, online discussions, fireside conversations - what a ride! Members read good, bad and in-between books including - Highlight: A Visit From the Goon Squad (Jennifer Egan), Lowlight:

Roll Me Up and Smoke Me When I Die (Willie Nelson). Join us next year, Rock 'n Roll Bookclub will meet again Jan. 7th, 2021. For details - book title, meeting location, etc. contact avclub@strathearncl.org or check the SCL website for details in the New Year.

Brain Freeze

Do you live in Strathearn? Would you like to talk about a topic near and dear to your heart?

We are planning to try out a weekly lecture series each Saturday starting in January, where Strathearners can meet their neighbours (virtually or in-person outside the hall, TBD) and hear from someone with in-depth knowledge on an interesting topic.

It can be anything: local birds, coal mining, trade deficit, acoustic science, film studies,



palmistry, etc. We are open to all kinds of ideas and would also be happy to make this available in French if there are participants who can do so. The plan is to have a roughly 20 minute talk and then a period of about 15-20 minutes for questions or discussion.

If you would like to volunteer as a speaker or nominate an expert, email events@strathearncl.org to let us know. Please watch our website and social media for event updates in the new year!

ACUA - Alberta Council for the Ukrainian Arts

ACUA's annual Christmas Market is taking place on Saturday December 5th, 2020 from 10am-4pm.

This popular event is taking place in-person at our location in Strathearn, with the addition of Curbside Pickup for food items. And

we're accepting orders right now!

For Curbside Pickup order online (acuarts.ca) before midnight on November 27th, 2020 and pick up your order December 5th, 2020 between 11:00 a.m. and 1:00 p.m. Pick up will be in the back alley behind 9534-87 St.

Art Abundance in Strathearn

Meraki Artists Collective (Formerly Studio-Theo)

We are a collective of female artists working in various disciplines (mosaic, silversmithing, and painting). In this space you will come across a gallery, working artist spaces, The Tiny Shop Upstairs, and a number of other gems.

If you're intrigued to explore this magical space, come on upstairs! We are located above Juniper Bistro on the corner of 95 Ave-87 St. We are open Tuesday to Friday 10am-3pm and sometimes fling the doors open on weekends.

We are Theo Harasymiw, Carrie Carbol-

Ritcey, and Jane Berry. Our newest artist Jane is having her debut show at Dandi-Lines Gallery, up until December 20 with full details at: <https://www.eventbrite.ca/e/jane-berry-art-exhibition-tickets-128175198469>



CAVA - Centre d'arts visuels de l'Alberta

CAVA is pleased to present a Miniatures Sale! From November 13 to December 19, find hundreds of unique works at affordable prices and handmade by the artists and artisans of Alberta.

This year, CAVA is fortunate to be able to

welcome over 15 diverse artists that have created small, affordable works that are usually priced at less than \$100. The Miniatures exhibition features mountains and birds, even abstract works! Come and visit us at 9103-95 Avenue.

Centre d'arts visuels de l'Alberta

VENTE DES MINIATURES!

Respirez le grand art de nos artistes en format miniature du 13 nov - 19 déc
Take in the amazing art of our artists in miniature format from Nov 13 - Dec 19

galeriecava.com
9103 95 ave Edmonton, AB
780.461.3427

M - J : 11 - 17
V : 12 - 8
Sa : 11 - 16

Rink Watch

Rink building is now underway next to the Community Hall, and soon we will be ready to welcome skaters with some new Covid restrictions in place. If you would like to volunteer to help with rink clearing and ice

maintenance, please contact our Rink Director at rink@strathearncl.org. For skate times and updates, follow us on Facebook (@StrathearnCL), Twitter (@StrathearnCL) & Instagram (strathearn_community).

Play Elevates Talents and Abilities!

Email
contact@onesteplearning.org
Web
www.onesteplearning.org
Phone
780-717-4055, 780-953-4944

Give the gift of caring to a rural children's daycare in Africa this holiday season and in the new year.

An Edmonton charitable foundation is creating learning opportunities for rural children in Ghana. Support early childhood education one town at a time. Thank you for your time and generosity.

Send tax deductible cash or in-kind donations to:
Taxreceipt@onesteplearning.org

For in-kind and cash donations list, visit website:
www.onesteplearning.org

Edmonton Office Address
15219-44 Street NW,
Edmonton, AB, T5Y 3C4
Canada

Ghana Daycare Location
1 First Light Entumbil, C/R,
Ghana, West Africa.
Digital GPS: CJ0059-2254



Merry Christmas

*Wishing everyone
a Merry Christmas,
a Happy & Healthy 2021*

**Call The Dunham
Team Today
780-466-0418
(Office)**

***Greg
Dunham***

**780-964-1469
(cell)**

gdunham@telus.net

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