SOUTHEAST VOICE

Serving the community leagues of Avonmore, Capilano, Cloverdale, Forest Terrace Heights, Fulton Place, Gold Bar, Holyrood, Idylwylde, Kenilworth, Ottewell & Strathearn.

March 2022

Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleaguenews.com

ESESA Outdoor Soccer registration is underway

Season starts May 1. Register online @ https://emsasoccerportal. com

Go to emsasoutheast.com for more information, including playing days and fees for U5 through U19.



Fulton Ravine South Park - Grand Opening



SECLA is holding the grand opening of the phase 2 Fulton Ravine South Park on April 30. Stay tuned for more info. See you at the park!

SEV Liaison Needed

We are looking for someone to take on the coordination of the SEV front page submissions. That is this page! Send an email to secretary@secla.ca if you are interested!



FOREST HEIGHTS SCHOOL PLAYGROUND SOCIETY

Save your empties!



9 a.m.-2 p.m. School Parking Lot, 10304 81 St For large pick-ups, to volunteer or with any questions, email fhsplayground@gmail.com





South East Community League Association

PO Box 38025 secla.ca

SECLA Board Contacts

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email	
Avonmore	Anita	avonmore@secla.ca	
Capilano	Monte	capilano@secla.ca	
Cloverdale	Reg	cloverdale@secla.ca	
Forest Terrace Heights	Connie M	fth@secla.ca	
Fulton Place	Miles	fultonplace@secla.ca	
Gold Bar (Secretary)	Jamie	goldbar@secla.ca	
Holyrood (Chair)	Claire	holyrood@secla.ca	
Idylwylde	Scott	idylwylde@secla.ca	
Kenilworth	Kevin	kenilworth@secla.ca	
Ottewell	Sandra	ottewell@secla.ca	
Strathearn	Marina	strathearn@secla.ca	
Secretary	Jamie	secretary@secla.ca	
Treasurer	Andrew	treasurer@secla.ca	
Vice-Chair	VACANT	holyrood@secla.ca	
Projects	VACANT	projects@secla.ca	
SECLA SEV Liaison	VACANT	SEVliaison@secla.ca	

World Poetry Day

March 21 is World Poetry Day, declared by UNESCO in 1999. Take the time to make a rhyme with your preschooler — a simple way for you to help your child fall in love with language and learn and practice its sounds and rhythms.

Help your child play with words, not just toys. Write a poem together — try a limerick ["There once was a girl named Annie, who loved cinnamon candy...."].

Kristi Talbot, an enterprising Mohawk mom, has even translated English nursery rhymes

SEESA - We're back!

The Southeast Edmonton Seniors Association (SEESA) welcomes the community to return to our vibrant centre located at 9350 82 Street, next to Hollyrood School. Go to SEESA.ca or call 780-468-1985 for more information.

Spring classes start now! Go to

SEESA.ca and search by day of class or class type. Call to register.

Handmade Quilt Raffle: Get your \$2 ticket

into Kanien'keha (Mohawk) to share her culture and heritage with children. You can go online to read her story.

Visit your local library with your child to explore the many rhyming books for little ones from old favourites like The Cat in the Hat to the new and delightful The Smeds and the Smoos. We are volunteers affiliated with child and family serving organizations in Edmonton and are committed to raising awareness of the critical importance of the early years to success in life.

now. Draw April 8.

Declutter your home, FYI session: March 21 and March 28, learn the tips and tricks to successfully let it go (at least some of it!!).

Easter Brunch: April 8 at the centre. More info to follow. SEE-SA Spring Rummage Sale: April

23 and 24. Great deals! SEESA's famous fundraiser back after a COVID absence. (Donations accepted starting Monday April 4 at noon)







SOUTHWOODS URBAN VILLAGE AT HAZELDEAN





Southwoods

- Independent Retirement Living
- · Monthly rates with meals on select suites
- 1 bedroom + den with full kitchens
- · In-suite washer/dryer, spacious balconies

Christenson Hub Open 1–5pm 9433 – 67A Avenue NW, Edmonton, AB or phone Lynne at 780-975-2509





- 2 + 3 Bedroom Family Townhomes
- Ask about Internet & cable TV incentives
- In-suite washer and dryer
- Near school, daycare and tot lot

Visit Our Rental Office, 1–5pm daily 6621 – 96 Street NW, Edmonton, AB or phone Diane 780-432-3222

Future Development

Local boutique shops and cafés will complete your urban village. Just steps from your door at the 4-way stop.

erra

The Me



Southwood



Housing FOR CALL

IMPROVING HEALTH AND CREATING COMPLETE COMMUNITIES

CDLhomes.com

Southeast Voice March 2022

Avonmore

Community League Board

President	Anita	president@avonmore.org
Vice President	Wendy	vicepresident@avonmore.org
Secretary	Karen	secretary@avonmore.org
Treasurer	Ken	treasurer@avonmore.org
Assistant Treasurer	Leigh	bookkeeper@avonmore.org
Communications	Nathan	communications@avonmore.org
Membership	Eugenio	membership@avonmore.org
Grants and Funds Raising	Scott/Lisa	grants@avonmore.org
Soccer/Sports	Boris/Cory	sports@avonmore.org
Civics	Bryan	civics@avonmore.org
Programs	Kaitlyn	programs@avonmore.org
Assistant Treasurer	Leigh	treasurer@avonmore.org
Volunteers	Bob	volunteer@avonmore.org

Active Avonmore - Avonmore Moves

In Avonmore, we are currently running a movement initiative, in support of Mental Health going until at least the end of May 2022. We know there is a definite connection between mental health and exercise!

Since the beginning of June, we've encouraged Avonmore residents to track their movement in kilometres. Some residents use a device that tracks their movement of steps, running, biking or they calculate 20 minutes of workouts which equals 1.6 kms. Community members record their movement and send their information to Shirley so we can record the numbers for the whole neighbourhood.

We have 16 people who regularly track their movement and send in their numbers. Between June 1, 2021, and February 20, 2022, Avonmore community members have moved and travelled a total of 55,997.20 kms. That is equivalent to movement from Vancouver to St John's return, Edmonton to Disneyland return, Edmonton to Disneyworld return, we went to the North Pole and were Santa's Elves!!! We travelled more than the circumference of the earth which is 40,075 Kms. We are currently travelling to Panama City, Panama and who knows where we'll go next in 2022. Join us in the fun!!! We want you to join us in tracking our move-

ment! To encourage your participation, we are enhancing our movement initiative to not only include kms from a device for walking running, biking but INCLUDE workouts: cross county/downhills skiing, snow shoeing, hockey, skating, figure skating, yoga, swimming, dance, cheerleading, soccer (games and practices), You tube workouts, Zoom exercises, etc. Anything you or your kids do that is active is eligible! Just count 20 minutes of exercise is equivalent to 1.6 kms!

We would like everyone who can log their workouts, steps or biking kms to join us! Please join us the rest of Avonmore is this fun way to improve our physical and mental health by doing these two things:

1. Send Shirley an email at active@Avonmore.org and get started recording your own movement.

2. Sending this same email address to everyone in your Avonmore contact list so they can join in.

If you have any questions, please email active@Avonmore.org. We look forward to hearing from you!

Yoga - Drop in's Welcome

Yoga is an excellent way to strengthen the muscles that will keep you upright on ice and keep you in shape generally. In person classes are at 6:00 p.m. and 7:30 p.m.

Start An Activity, Group or Club

Do you have an interest or skill you would like to share with your neighbours? Looking for a way to get some exercise and meet other people in the neighbourhood? We are looking for program and group leaders. Groups have free use of the hall and other facilities and/or use of our Zoom subscription to meet online. All it takes is one or two people with a keen interest in an area and a willingness to to promote and organise some regular gatherings more information and contact president@ avonmore.org.

on Tuesday. Shannon Shea leads the classes.

Drop ins are welcome. \$15.00 per class. For

- and it's a great way to get to know people! The League also has some funds set aside for small groups to purchase supplies, pay for speakers etc.

You are of course welcome to join our existing groups: Avonmore Book Club and Avonmore Garden Club.If you have an idea for a new activity, group or club contact president@ avonmore.org or programs@avonmore.org and we can help to get you started.

Hall Rental

The Avonmore Community Hall is available for rentals and bookings! Please visit https://www. alberta.ca/covid-19-public-health-actions.aspx for more information or contact Tanya at hallrental@avonmore.org

Message from the President

The end to provincial COVID restrictions has just been announced as I am writing this. That means we can start planning for more programs and events both indoors and outdoors. We can't do that without the involvement of the whole community.

members, program/event leaders and volunteers.

If you are willing to get involved in the community and make Avonmore an event better place to live please contact president@avonmore.org or vicepresident@avonmore.org or volunteer@avonmore.org

The League needs people to step up as board

Fundraiser with Salisbury Greenhouse

Avonmore Community League is selling gift cards from Salisbury Greenhouse as a fundraiser.

The League gets to keep 20% of the value of cards sold. To purchase a card, contact president@avonmore.org or call/text 780

222-4482. We accept cheques or e-transfers. Fundraiser continues until March 18th with cards delivered by April 5th.

Funds will be used to support the mural project, adding flowers and plants around the hall area and some garden club activities.

Community Coffee - 1st and 3rd Wednesdays

Community Coffee Mornings has started again on the 1st and 3rd Wednesdays of every month at 10:00 a.m. Everyone is welcome to attend.

Parents and Tots - Mondays at 9:30 a.m.

Hi everyone! My name is Tracy, I live in when we can to enjoy fresh air & sunshine. Avonmore & am the mom of two! I am currently running the parent & tot program at the Avonmore community hall, for the month of March & April the hall will be open at 9:30 for anyone who wishes to join! Once we have some warmer days we will meet at the park

Masks are still required as of this point; proof of vaccination is NOT required. Please feel free to join the Avonmore parent and tot group on Facebook to get more updates on events & any cancellations. Hope to see you there!!

Avonmore Community League Ice Rinks on this page. Membership in any community

We'll keep the rink operating as long as weather permits.

It will help to ensure the future of the rink and other league facilities if all users have a league membership. See details on how to purchase a membership and get skate tags elsewhere

Free Sand from the Citv

This winter has been treacherous for ice and snow on sidewalks. Every year the City and the Community Leagues partner to provide free sand for residents to put on icy sidewalks. In addition to being easier on your wallet, it is also less damaging to our new sidewalks.

league in Edmonton will be accepted. We do have community memberships available at the rink, so if you see a maintenance person you can ask them for a membership card and skate tags.

To get sand, take your own container to the hall parking lot, (7902-73 Ave) where you will see 2 green boxes at the north edge of the lot. The community hall in King Edward Park (7708-85 St) also has a box, on the north side of the building, if that is more convenient.

Avonmore Community League Membership

Welcome and thank you for your continued support and for making Avonmore a great community. Let's get active, come skate at our amazing rink! You will need proof of membership and skate tags. Please, contact membership@avonmore.org to purchase your Avonmore membership and receive your

skate tags. Already a member but need skate tags, please contact membership@avonmore. org for further details.

Through the purchase of your community league membership, you will gain exclusive access to several community league perks, deals, and discounts at multiple local businesses.



In addition, we are thrilled to welcome two local businesses offering exclusive membership discounts to YOU! The Love Shaving Club is offering a 20% discount for ALL online purchases and FREE local shipping. And for coffee lovers, the Candid Coffee Roasters is offering an in-store 10% discount on ALL beverages. We

welcome new residents by celebrating with a FREE first-year membership, please contact membership@avonmore.org for more details. Also, memberships can be purchased by emailing membership@avonmore.org or buying directly from Dairy Queen on 75th Street, or online via this QR Code.

Avonmore Community League Merchandise

We have Avonmore merchandise available for purchase by emailing the Membership Director at membership@avonmore.org. Should you need to keep your beverage warm, the 10 oz. Insulated Mug will satisfy your needs.

Or want to add colour to your wardrobe and/ or stay warm? Our colourful Toques have you covered. Community league members received a discount as each item is \$15.00; otherwise, without a membership, each item is \$20.00.

Avonmore Vision

Thank you for your continued interest in our Avonmore Vision project. We are still collating our survey results and formalising a vision. If

Soccer & Winter Shinny

Soccer registration has started! If you are interested in registering or looking for further information, please visit https://emsasoutheast.com/coachref/outdoor-season-information/ for full details.

We are looking for 1 more co-director to work with Cory, all inquiries please contact sports@avonmore.org.

Shinny ice hockey is still on! These sessions run on Friday evenings at Kenilworth Arena.

Avonmore Playschool

It's that time of year again: Spring is approaching quickly and here at the play school we are enjoying as much time as we can in the snowy outside, while looking forward to all the fun things we can do when the snow is ready to melt. We are also getting excited for our open houses in March, as we can welcome families back into our space for a meet and greet with our teachers and ask questions. If you are unable to attend the open houses feel free to you are interested in helping us write it up, or with any other aspect of this project, please contact Bryan at civics@avonmore.org



There is a cost to attend, for more information please email Boris at sports@avonmore.org.

check out our open house video on the Avonmore Community website or our videos on the playschool's own Facebook page. If families would prefer to meet at a time different then the scheduled open houses, please email playschool@avonmore.org and our teachers will try their best to accommodate you.

Save the Date: Avonmore Community Playschool Open Houses Friday March 18th 1-2 pm

Help your toddler learn language

Language is how we communicate with each other. Reading is important to help your child learn language. Telling stories builds speaking and listening skills.

A child is never too young to enjoy books. You can start reading to them right after they're born. Your child will more likely have a life-long love for reading if they look and play with them from an early age. There are many ways for your toddler to have fun with books. • Read books with simple, brightly co-

loured pictures. • Read books that your child can play

ht after with. Young children enjoy books such as lift-the-flap, pop-up, finger plays, and if they books that make sounds.

• Let your child choose the book and turn

the pages they want to look at. Read or talk about the pages they choose.

• Name things, people, and actions in the pictures. Give your child time to talk about the pictures.

• Tell the story in a way your child will understand. You don't have to read it exactly as it's written. For very young children, talk with single words or short sentences





Community Swim

Free to Avonmore Community League Members with a valid membership card! Phone 311 or check www.edmonton.ca for updates on closures before you go.

Commonwealth Community Recreation Centre 11000 Stadium Road; Saturdays, 3:00

Online Community

Are you on Facebook? "Like" Avonmore Community League and join "Avonmore Community League Chat" to follow what's happening with the Community League and see what your neighbours are talking about. Other groups include: "Avonmore Parent & Tot", "Avonmore Garden Club" and "Avonmore p.m. - 5:00 p.m. Bonnie Doon Leisure Centre 8648 81 Street; Sundays, 4:15 p.m. - 5:45 p.m. Eastglen Leisure Centre 11410 68 Street; Saturdays 3:00 - 5:00pm Visit www.edmonton.ca for more info.

Concert Series". Come join us! Check us out on Twitter and Instagram! Follow us and share any photos or events happening in or around our community and join the conversation using #YEGAvonmore Twitter: @AvonmoreLeague

Instagram: avonmoreleague



Capilano

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COMMUN		🖾 CAPILANO
LEAGUE B	oard	COMMUNITY LEAGUE
President	Kris	780 720-9003
Past President	Bill	780 934-1558
Vice President	Shelley	780 497-0395
Treasurer	Kyle	treasurer@capilanocl.ca
Secretary	Laura	780 982-9876
Hall Rental	Marzena	780 909-5886
Grants/Planning	Allan	587 989-4031
Casino Coordinator	Jean	780 863-0914
Memberships	Jean	memberships@capilanocl.ca
		780 863-0914
City Programs	Kristin	780 238-7795
CCL Programs	Maria	780 984-6839
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Southeast Voice	Jill	780 718-7270
Webmaster	Katie	webmaster@capilanocl.ca
Social Media	Jean	780 863-0914
Sign Rental	VACANT	
Building & Grounds	Carson	587-930-6977
Civics Director	Monte	780 243-7547
Babysitting Registry	Becky	587 589-5848
Capilano Playschool	Bethany	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 497-0395
Soccer Programs	Curtis	780 908-3889
Ice Allocation	Lyris	780 242-8874
Hardisty Gym	Shauna D	780 966-3205
SECLA	Monte	780 243-7547
City – NRC	Tyler	780 690-8613
		month 7:00 p.m Sept – June
Capilano Community is		
Check us out on Instagra		
Capilano Community is	using the Nextdo	oor app!

Community Sign Coordinator Needed!

Capilano Community League requires a Community Sign Coordinator to manage the messages on our changeable signs. If you are interested in helping our community get the word out about events and programs, or giving an opportunity to residents to send a loved one a special message, then this is the role for you! On average, the signs are changed about twice a month, which takes about five hours. If interested, please contact Kris at 780-720-9003.

Total Body Fitness

This is a strength and cardio focused workout, everything can be adapted and modified, so every fitness level is welcome!

Tuesday classes at 6:45 p.m. and 8 p.m.

Thursday class at 6:45 p.m.

Current session runs March 8/10 – April 26/28. \$88 (80 for CCL members) one day a week

(8 classes) \$176 (160 CCL members) two days a week (16 classes)

Drop-in rate is \$13

For more information or to register email lisashortenfitness@gmail.com or visit @ lisashortenfitness on Facebook or Instagram.

Capilano Preschool (non-parented) Soccer Registration Gymfit)

Have fun learning to play soccer. Instructed classes are 45 minutes long and specifically developed for 3-5-year-olds. Soccer is held every Tuesday OR Thursday for 6 weeks at Fulton Community Rink.

Start: Tuesday May 3 or Thursday May 5, 2022

End: Tuesday June 7 or Thursday June 9, 2022

Cost: \$80/child (cash or cheque payable to

Group A: Tuesdays 5:30-6:15 p.m.; Group B: Tuesdays 6:15-7 p.m. Group C: Thursdays 5:30-6:15 p.m.; Group D: Thursdays 6:15-7 p.m. **REGISTRATION:** Registration online at Cap-

ilano Community League website (www.capilanocl.ca). Look for an online registration form under Preschool Soccer. Registration is limited and first come first serve.

Choose Capilano Hall for your Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new flooring and a fresh new coat of paint and all amenities are available to make any event special. Hall

capacity is 80. Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/ non-members. The entire weekend rates are \$325/ members and \$450/non-members. Covid-19 health measures are adapted as necessary. To book the hall or for more information contact Marzena - 780-909-5886 or visit our website at capilanocl.ca.

Capilano Community Memberships

Memberships for September 1, 2021 to August 31, 2022, are available.

Family \$20.00 Senior couple \$10.00

Single \$10.00

Need a Capilano Community Membership? Contact Jean at 780-863-0914 or memberships@capilanocl.ca.

As well, memberships are available at:

--"All Care Pharmacy" located at 5016 - 106 Ave. Contact the pharmacy at 780-244-2737 for store hours (Cash only). Thanks to "All Care Pharmacy" for supporting our community!

--SEESA (Southeast Edmonton Seniors Association), 9350 - 82 Street. Available at the front desk during business hours (Cash only).

--Servus Credit Union, Capilano Mall #110, 5615 - 101 Avenue (Cash only). Note: Only Family Memberships available and EFCL \$5.00 admin fee attached to the purchase.

--Edmonton Federation of Community Leagues (online only). Note: EFCL adds a \$5.00 admin fee and only a family membership is available online. Your community league membership also offers several perks, deals, and discounts from various local businesses and organizations. Go to efcl.org for more information.

Capilano Playschool – March 22 Open House

like to invite you to come check out our classroom and meet our teacher! On March 22 from 5-7 p.m., we will be having an APPOINTMENT BASED open house. We offer a choice of our Healthy Apple (health and wellness) or Christian program. We run morning classes two or three days per week. All classes are for 3- and 4-year-olds and include a "Learn Through Play" philosophy that facilitates children learning letters, numbers, socialization and

Mark vour calendars! Capilano Playschool would self-regulation skills through physical activity, art and crafts, field trips, stories, music and more. We are located in Hardisty School (10534-62 street). There are currently a few spaces available for children to start playschool immediately as well.

For more information about the open house, or to register your 3 or 4-year-old check out www.capilanoplayschool.com, find us on Facebook or call 780-802-9307.

Capilano Seniors' Afternoon Program

establish a Capilano seniors' program at Capilano Community Hall.

We are bringing in the SCONA Seniors Centre to facilitate our program. After many attempts, we hope to be up and running again on Tuesday March 15 - doors open 12:45 to

The Capilano Community League is trying to 2:30 p.m. Please call 780-433-5377, to register. Cost is only \$5 (Coffee and snack/lunch provided).

Please watch our Facebook page and our webpage at (capilanocl.ca) for last minute updates. Upcoming potential dates are Tuesday April 12 and Tuesday May 17.

Thursday Strong

If you are looking for a class that focuses on getting your whole body stronger, then this is your class - no cardio. We will mainly use dumbbells, bands, and kettlebells, with a longer mobility focused warm up. Live classes are currently being offered in person or virtually (at the same time).

Thursday class at 8 p.m.

Current session runs March 10 – April 28. \$88 (80 for CCL members) for 8 weeks. For more information or to register email lisashortenfitness@gmail.com or visit @ lisashortenfitness on Facebook or Instagram.

FREE swim for Capilano community members on Sundays

Bring your current, valid Capilano Community League membership card to swim for FREE during the following times:

--Hardisty Leisure Centre from 1:15 to 2:45 p.m. on Sundays (January 2 – June 26, 2022) NOTE: Hardisty will be closed for maintenance March 14 to April 22, 2022.

The indoor community swim program runs from the second weekend in September un-



til the end of June. Check the facility website or call ahead (311) as the pools occasionally close for holidays, etc.



STAY TUNED FOR MORE DETAILS

Capilano Ball Hockey (non-parented) Registration

Kids will learn to stick handle, pass, shoot, protect the ball, keep their heads up, and read the plays. Along with the basic rules, your child will learn offense and defensive strategies and tactics. Hockey skills will be improved through fun, game-based teaching methods. Each class is a mixture of learning skills and playing ball hockey. Kids will improve their playing and become more proficient and skilled hockey players. Equipment needed: shin guards; helmets/full cage; hockey stick. Hockey gloves are recommended.

Dates: Saturday April 30 – June 11, 2022 (no class Victoria Day weekend)

Group 1: 4–6-year-olds **Time:** 9 – 10 a.m.

Capilano Babysitting Registry

Need a babysitter? Contact the Capilano Babysitting Registry to be connected to sitters in your area!

Are you a babysitter looking to meet some new families? Contact us as well! babysittingregistry@capilanocl.ca

Cost: \$80/child (cash or cheque payable to

Where: Capilano Community League Rink

REGISTRATION: Registration online at Cap-

ilano Community League website (www.cap-

ilanocl.ca). Look for an online form under Ball

Group 2: 7–12-year-olds

Time: 10 – 11 a.m.

(10810-54 Street)

Gymfit)

Hockey.

Kaizen Dojo Update for Capilano Community Hall

Due to unforeseen circumstances/ challenges, Kaizen Dojo's karate and kobudo classes will not be operating at Capilano Community Hall until further notice. We expect to be back up and running at the hall in Summer 2022. We appreciate your patience and your interest in the dojo.



THE CAPILANO GUD BOX

Get Fresh Seasonal Produce while supporting the Capilano Community Rink

Pick up is Friday's at the hall. Please check out the website for order cut off's and more details. Contact Maria at 780-984-6839 for more information or if you need assistance with drop off. \$30/BOX

HTTPS://THEGUDBOX.CA/PRODUCTS/THE-CAPILANO-GUD-BOX

On Line Programs for Parenting

To register for all programs and/or workshops please contact Jessica Mantel at 780-667-4383

• Infants Can Talk with Their Hands



Infants are able to use basic sign language skills well before they are able to vocalize their needs and wants through speech. Using both sign language and speech will not only ease your frustration, but also the frustration of your child. In this 4 week program, participants and their infants will learn a few basic sign language skills through the use of fun songs, stories, and handouts, all while promoting their infant's whole brain development.

Tuesdays from 9:30 – 10:00am Zoom Meeting (ID# given at registration) April 5 - 26 & May 28 - June 21

• (A little) Messy Play is Fun Play

In this 4 week program participants will be encouraged to explore various types of messy play. A copy of any of the recipes used during the program will be available so that messy play can be created again and again.

Thursdays from 9:45 – 10:30am Zoom Meeting (ID# given at registration) March 17 - April 7 & April 28 - May 19

Springtime Fun for Everyone!

In this 4 week program, children will be able to join along in some songs, stories, movement, and crafts that are seasonally appropriate and fun to explore. Wednesdays from 9:45 – 10:30am Zoom Meeting (ID# given at registration) March 16 - April 6 & April 27 - May 18

Rhymes that Bind

This is an oral language program that promotes positive parenting. Parents learn rhymes, finger plays, songs and simple movement games with their infants and toddlers in a supportive group. Join us to find out how Zoom Zooming to the Moon helps build a rich vocabulary for the child! *Tuesdays from 10:30 – 11:15am Zoom Meeting (ID# given at registration) April 5 – June 14*

Family Book Club

The program allows participants to develop and strengthen their literacy, numeracy and language skills through interactive story sharing. The families have the opportunity to share stories and discover activities and games they can do together. Each family receives a Family Book Club Kit with everything they need to bring their story to life! *Tuesdays from* 1 – 1:45pm *Zoom Meeting (ID# given at registration) April* 5 – June 14

Cloverdale

Cloverdale Community League Board of Directors

Position	Name & E-mail
President	Name: Dave Email: <u>president@cloverdalecommunity.com</u>
Past-President	Name: Reg Email: <u>pastpresident@cloverdalecommunity.com</u>
Vice-President	Name: Michelle Email: vicepresident@cloverdalecommunity.com
Secretary	Name: Braden Email: <u>secretary@cloverdalecommunity.com</u>
Treasurer	Name: Alan Email: <u>treasurer@cloverdalecommunity.com</u>
Civics Director	Name: Carly Email: <u>civicsdirector@cloverdalecommunity.com</u>
Folk Festival Liaison Director	Name: Jayne Email: <u>folkfest@cloverdalecommunity.com</u>
Communications Director	Name: Alexa Email: <u>communications@cloverdalecommunity.com</u>
Social Director	Name: Leigh Email: <u>socialdirector@cloverdalecommunity.com</u>
Program Director	Name: Jennifer Email: <u>programmedirector@cloverdalecommunity.com</u>
Membership	Name: Marilyn Email: <u>membership@cloverdalecommunity.com</u>
Committee	Leads
Casino Coordinators	Name: Braden Email: casino@cloverdalecommunity.com
Edmonton Ski Club Liaison	Name: Lisa & Clay Email: skiclub_chair@cloverdalecommunity.com
Flood Mitigation	Name: Eric Email: floodmitigation_chair@cloverdalecommunity.com
Community Garden (CCGC) Chair	Name: VACANT Email: <u>communitygarden_chair@cloverdalecommunity.com</u>
Seniors	Name: VACANT Email: <u>seniors@cloverdalecommunity.com</u>
LRT Citizens Committee	Name: Graham Email: Irtcommittee cochair@cloverdalecommunity.com
Gallagher Park Concept Plan	Name: Kirsten Email: <u>Irtcommittee_cochair@cloverdalecommunity.com</u>
Abundant Community - Neighbourhood Connectors	Name: Marilyn Email: <u>neighbourhoodconnector@cloverdalecommunity.com</u>
Hall Rentals	N/A E-mail: rentals@cloverdalecommunity.com

New March/April Yoga Schedule a Announced



A new schedule is available for Hatha Yoga at Cloverdale Hall. The classes will be held on Fridays from 9:30–10:30am, beginning March 4th to April 8th, 2022. The class is a gentle yoga practice that focuses on stretching, relaxing, and strengthening. You can preregister for \$72 for six classes for Cloverdale Community League Members, or \$90 for nonmembers. If you would prefer drop-in classes, the cost is \$15 per class. You can register by contacting the instructor, Colleen, directly: cl.diben@gmail.com. All yoga participants are required to be fully vaccinated for the safety of the class.

Community Garden Seeks Your Help!

The Cloverdale Community Garden had a stellar year in 2021. In addition to bountiful individual harvest, it contributed a significant amount of fresh vegetables to the Edmonton Food Bank. The common area, dedicated to address food security in Edmonton, is one of the things that sets it apart from other community gardens. Each work team — from composting to weed control — helped keep the garden in top condition.

As the garden starts to prepare for the 2022 season, it needs your help! Two long-term volunteers, Margaret and Peter, moved from Cloverdale last year and now the garden is looking for volunteers to fill their shoes:

Garden Coordinator: serves as the liaison between the Community Garden members and the

Cloverdale Community League; is the prima-

Proposed Rezoning

There is a proposed rezoning of 9503 98 Avenue NW. The rezoning would change the property from a Neigbourhood Convenience Commercial Zone (CNC) to a Low-Rise Apartment Zone (RA7). This rezoning would allow for the development of an approximately 4-storey residential building with some opportunity for

ry contact with Sustainable Food Edmonton (SFE)

and provides communications and coordination within the community garden group. The role is

seasonal (April to October) and amounts to only a few hours per month.

Operations Coordinator: handles the 'onsite' operations for the community garden. This includes liaison with the Bennett Centre, scheduling maintenance of the water system and equipment, coordinates the work-bees and garden work teams. This role is also seasonal (April to October).

Both positions could be shared with another volunteer. Please consider helping the community garden flourish. Please submit your Expression of Interest to Reg at pastpresident@cloverdalecommunity.com

commercial properties on the ground level (limited to specific commercial activities such as child care services, general retail stores, or specialty food services). More information can be found by searching "LDA21-0566" on the City's website.



Progressive Academy mountainadventure school 780-455-8344

Forest Terrace Heights

10150 - 80th Street forestterrace.org

Briefs from the board

HALL RENTALS: The community league hall at 10150 80 St. offers one of the lowest rental rates of any hall in the city. All the rental details are at forestterrace.org/hall-rental. Please contact Connie at hall@forestterrace. org to book or with any questions.

BOARD RECRUITMENT: Our current newsletter and programs directors are stepping down as of the annual general meeting in June. If you're interested in either role, please email the board president, Jeffrey, at president@ forestterrace.org. We're always looking for new members to join us in building a better community for everyone. All positions and current members are listed at forestterrace. org/board-of-directors.

NEXT BOARD MEETING: Everyone in the community is welcome to attend our monthly board meetings, held on the first Wednesday of every month except July and August. Our next meeting is April 6 at 7 p.m. on Google Meet. Email secretary@forestterrace.org to request the meeting link.

MEMBERSHIPS: To get a current membership in the community league and take ad-

March puzzle contest Register for our new contest now and pick up your puzzle on March 26. Choose from 500- or 1,000-piece puzzles, either regular or mystery - where we don't provide a photo to follow.

Tackle the puzzle alone or as a household. The winner in each category is the first to finish their puzzle and email a picture to events@forestterrace.org. The prizes are not yet settled, but our last winners received \$25 gift cards to local restaurants.

To enter, you must live in Forest Heights or Terrace Heights. Register via the events page at forestterrace.org/upcoming-events. For more information, email events@forestterrace.org.

Community garden ramping up

The Heights Community Garden is getting set for the 2022 growing season!

If you're interested in planting with us this year, email garden@forestterrace.org to be put on the waitlist for a garden plot.

We're also looking for new members to join the garden committee, to help run the community garden and plan activities throughout the season. We meet once a month on Tuesday evenings from February to October online or at the garden. If you're interested, email garden@forestterrace.org.

Casino volunteers needed

Our big fundraising casino is coming up in May and we're on the hunt for a few good volunteers.

Location: Pure Casino Edmonton on Argyll Rd Dates: Victoria Day, Monday, May 23, and Tuesday, May 24

Volunteer Sign-up: volunteersignup.org/



(9350 82 St) or any Servus Credit Union (\$5

A family membership is \$30; individual

memberships are \$15; and seniors pay \$10.

For a full list of membership benefits, visit for-

NEIGHBOURHOOD SAFETY: Got a concern

or question about safety or security in our

neighbourhood? Contact our Neighbourhood

Watch representative Madison at madison@

KNOW YOUR NEIGHBOURS: Have you heard

about Abundant Community Edmonton? It's a grassroots initiative with a goal to increase

our sense of belonging and inclusion, and cre-

ate a more healthy and livable city, one block

at a time. To find out more, search "abundant

community" on edmonton.ca or reach out to our local ACE rep at ACE@forestterrace.org.

We had great participation in our first Book

and Puzzle Swap on Feb. 19, with 56 swap-

pers. Thanks to Molly for organizing and to

volunteers Connie, Kerry, Grace, Jerry, Cor-

Most of the leftover books were delivered to

14 Little Free Libraries in and around Forest

and Terrace Heights. It was a great way to

start a new project to map all the book-shar-

ing boxes in our community. Please send the

addresses of any little libraries near you to

events@forestterrace.org and we'll add them

to the map and post it to forestterrace.org.

rie, Lilly, London and Rae for pitching in.

Help map our Little

Free Libraries

estterrace.org/membership.

surcharge).

forestterrace.org.

TWKWY

Contact: annak@forestterrace.org, landline 780-485-6099

As a thank you, volunteers will receive dinner at the event and a complimentary community league membership to keep or gift to someone else.



Since November 2020, the Forest Terrace Heights Community League proudly runs The Heights Imagination Library in partnership with the Dollywood Foundation of Canada. The program puts books into the hands and hearts of children across the world and encourages families to spend time enjoying books together. Through this partnership, we offer FREE, hand-selected, age-appropriate, high-quality book each month to children in our community from birth to age five. The books are personalized with each child's name and mailed directly to their home.

All children who reside in the **Forest Heights or Terrace Heights** community under the age of five are eligible to participate as long as funding remains available.

To register a child please contact Allison at allison@forestterrace.org.



WANT TO HELP SPONSOR THE PROGRAM!?

We'd love to chat with you about opportunities and options. Please contact Allison at allison@forestterrace.org.

Free weekly swims for members

Members of Forest Terrace Heights community league are eligible for free weekly swims at Hardisty, Commonwealth and Eastglen pools: -Sundays, 1:15-2:45 p.m. at Hardisty Leisure Centre, 10535 65 St NW

-Saturdays, 3-5 p.m. at Commonwealth Community Recreation Centre, 11000 Stadium Road, or Eastglen Leisure Centre, 11410 68 St NW



Urban poling on Thursdavs



Come and join our weekly Urban Poling group, Thursdays at 5:30 p.m.

The group meets outside the community hall and usually walks from two to 3.5 kilometres. A membership in any community league is required, but it is otherwise free and poles are supplied. Email Sonya@forestterrace.org for more information or look for us on Meetup. com.

Southeast Voice March 2022

Fulton Place

Fulton Place Community League Volunteer Board

Mike President president@fultonplace.org 7808867794 Miles **Vice President Civic Affairs** vpleagueaffairs@fultonplace.org 7809515253 Gavin **Vice President League Affairs** vpcivicaffairs@fultonplace.org 7805041896 Jeff Treasurer treasurer@fultonplace.org RaeAnne Secretary secretary@fultonplace.org Lisa **Program Director** programmer@fultonplace.org Akira **Facilities** info@fultonplace.org Joshua **Communications** communications@fultonplace.org Sherry-Lynn Hall Rental hall@fultonplace.org Ice Rink Shawn rink@fultonplace.org Babysitter Registry and Course info@fultonplace.org Miles **Seniors Liaison** info@fultonplace.org Esther **Director/Community Garden** info@fultonplace.org Michelle **Director/Walking Group Coordinator** info@fultonplace.org

Hall Rental

The Fulton Place hall is available for rent, following current Covid restrictions. The hall is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members. Rental rates can be found on our website (www.fultonplace.org) under the 'Rent Our Hall' section. To book the hall please contact sherry-lynn@fultonplace.org.

Babysitters in Fulton Place

Are you in need of a babysitter? We have a Babysitter Registry with young community league members who are certified through the Red Cross program. Please email info@fultonplace.org with permission for us to share you contact with those on the list to contact you and arrange for babysitting services.

Skating Party a Success



The Fulton Place Community League had it's annual skating party at the rink on Feb 12th, and it was a great success! There was a kids game area that was popular, horse drawn wagon rides, food and hot drinks, fires, and of course skating. We were fortunate that the



weather cooperated for us, thanks to the organizers for putting on another great event! Attendance was fantastic, we figure 250-300 people came through the event, and it was wonderful to see so many kids out having a blast. These photos are of our event.

community and neighbourhoods is an asset.

Board membership perks include free hall

rental each year, some funding for continuing

education, and eligibility to attend our volun-

Send us an email to mike@fultonplace.org,

we're looking forward to hearing from you!

teer appreciation events.

Fulton Place Community League Hall Programs



The Academy of European Swordsmanship runs weekly martial arts classes at Fulton Place Community League Hall, every Tuesday evening from 7 to 9:30 pm. The Academy of European Swordsmanship teaches Western Martial Arts, also known as Historical European Martial Arts (HEMA), to ages 13 and up. The ladies and gentlemen of our club are always eager to have new participants, learning the use of longsword, sidesword, unarmed combat, and knife defense, to mention a few of the weapons we study. Everyone is welcome!

We can be contacted by calling 780-966-6022. Or just drop in any Tuesday and see if it's for you! No obligation.

We're Looking for a Volunteer Board Treasurer Do you have a bit of a finance background No extensive experience necessary. A love of

Do you have a bit of a finance background and can help us with our monthly bookkeeping, reporting to the board about our finances, and liaise with our annual auditors? And do you live in the Fulton Place community? We're looking for someone like you to help

us a few hours a month, including a monthly meeting, with our board treasurer position.

Community League Membership

A membership is your ticket to community participation and involvement, whether you are an individual or a family, new on the block or a long-time resident.

Members enjoy benefits such as:

FREE use of garbage bins during Trash Bash event

FREE outdoor skating in winter

FREE community swim program access on Sundays

SPECIAL PRICING at local community businesses (Red Pepper Pizza)

SPECIAL PRICING passes for City rec centres SPECIAL PRICING hall rental rates

VOTING rights at general meetings and a voice at board meetings

Memberships can be purchased at Servus, All Care Pharmacy, or through the EFCL website. More details regarding membership benefits, and where to buy, on our website (www. fultonplace.org).

Community Swim

Community Swim will be Sundays only, 1:15 p.m. to 2:45 p.m. FREE for Fulton Place Community League members. The 2022 community swim season starts January 2, 2022 and ends June 26, 2022. Community swims do not take place on Statutory Holidays or days the facilities close early such as Easter Sunday. As well, Hardisty pool has a maintenance shutdown from March 14-April 22, and there will be no Community Swim during that time.

Immediate Possession! Top Floor



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Gold Bar Executive

Name	Position	Email	
*President	Adam Rompfer	adamrompfer@yahoo.ca	
*Vice President	Jamie Melnyk	jamie21_twitcher@hotmail.com	
*Secretary	Cody Charlene	codycharlene86@gmail.com	
*Treasurer	Nicole Kraychy	nicolegoldbar@live.com	
Bingo Director - Fort Road	Jessica Negrey	negrey@shaw.ca	
Bingo Director - Parkway	Charlene Lazenby	charlenelazenby@gmail.com	
Bingo Worker Director	Lorie Smith	loriesmih@gmail.com	
Casino Director	Isabella Pierce	bella.edm@shaw.ca	
Communications Director	Lisa Shorten	brian.lisa.shorten@gmail.com	
Community Liaison	Rhae Hansen	gbcl.liaison@gmail.com	
Director At Large	Pat Chmilar	p.chmilar@icloud.com	
Social Director	Ronda Lisowski	magicianronda@gmail.com	
Financial Director	Andrew Mason	andrewroycemason@gmail.com	
Green Shack Program Director	VACANT		
Hall Manager	Liisa Armstrong	goldbarhallrentals@gmail.com	
Membership Director	Amy Cooper	Amycooper88@outlook.com	
Programming Director	VACANT		
Sign Director	Alison Boese	akcurtis23@yahoo.ca	



Keeping you informed

The Suncor Edmonton Refinery would like to notify local residents of maintenance activity that will be occurring at the refinery starting end of March and continuing until the last half of May. During this time, there is the potential for additional flaring and steam from the refinery as process units are shut down and re-started again. There is also the potential for increased noise due to maintenance activities. Alberta Environment and regional stakeholders have been informed.

Please note that during this planned outage, there will be additional traffic along Petroleum Way resulting from an increase in workers on site.

Suncor Energy will work diligently during the shutdown and start up activity to minimize any impact on the community and our neighbours. You can visit Suncor's Facebook or Twitter pages for more information. If you have concerns, please call 780-410-5642.

The Strathcona Industrial Association (SIA) 24 hour telephone message board called UPDATEline provides information for the public regarding unusual or non-routine activities at heavy industry operations in east Edmonton and Strathcona County.

For more information, call 1-866-653-9959 or follow @SIA_Alberta on twitter.

suncor.com/livingourpurpose

Goldbar Community Memberships Available Now

You can NOW buy your memberships at OUR MONTHLY CONTEST. THE WINNER BLUES JAVA COFFEE SHOP- CASH ONLY (5010-106Ave), ALL CARE PHARMACY (5016-106Ave) come check out these wonderful business and pick up your community membership- CASH/CHEQUE ONLY. ALL MEMBERSHIPS ARE ENTERED INTO

GETS \$20 GIFT CARD TO ALL CARE.

You can purchase memberships at any of the above places or Call Amy Cooper 780 668 6836

Adults/Family \$20 and seniors \$5. CASH or CHEQUE (Goldbar community league)

Membership Contest!

Winner receives a \$ 20 gift card to All Care Pharmacy. We will be having a winner once a month. Buy your membership now!

***Remember to be entered all you must do is buy your membership at All Care pharmacy, online or by calling Amy 780 668-6836.

BINGO

If you are interested in helping out with the Gold Bar Bingos, please contact Lorie @ 780-447-1110.

These bingos help generate funds for use in the community

Mom and Me Fitness

This class is a mix of cardio and strength with a special focus on pelvic floor health. Kids and babies are welcome to come play, be in the stroller or be worn. Bring a yoga mat, water, and anything your kids need. People without kids are also welcome to join.

Parkway Bingo Hall

Sunday March 13- afternoon event only Saturday, April 2-afternoon only Fort Road Bingo Tuesday, March 15-afternoon/evening

Macrh 7-April 25 – No class April 18 Mondays from 930-1030am Contact Lisa to register or with any guestions. Mondays \$70 Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

Casino Volunteers

Gold Bar Community League is seeking volunteers for their upcoming Casino being held Thursday, May19 and Friday May 20, 2022. Our casino will be held at Pure Casino Edmonton, 7055 Argyll Rd NW. This is our first Casino in three years, and we are excited!

This is a great way to get involved with your community league and meet some of your neighbors at the same time.

If you've never worked a Casino – no worries - there is "on the job training".

TO SIGN UP please go to https://signup.com/ go/ymnPHZC

Please click on the date, click on the position then look to see if spots are still available.

If you click on the job title, a full description for the position is listed.

Please do not alter any positions that are already filled.

Priority for positions will be given to Gold Bar Community League members.

If you have any questions or need assistance, please feel free to contact the Casino Director at 780-466-3895 or email bella.edm@shaw. ca. In your email please put GBCL Casino 2022 in the Subject line.

Free snow shovelling service for Gold Bar residents!

Are you a senior or other person with limited mobility?

Gold Bar Community League has partnered with the 70th Gold Bar Scout Group to offer free snow clearing services for Gold Bar residents who are in need of support with clearing snow from their walks and driveways.

Service is first come first serve and only available to residents in Gold Bar neighborhood. Scouts will only clear fresh snow falls

Sunday Strong

If you are looking for a class that focuses on getting your whole body stronger this is your class. We will primarily be using dumbbells, bands, and kettlebells, with a longer mobility focused warm up, and a 20 min foam rolling and stretching finish. March 6- April 24- No class April 17

and will aim to have the clearing done within 48 hours. Covid friendly - no close contact needed!

To arrange for snow clearing the preferred contact is an email to goldbarsnowclearing@ gmail.com or if no access to email please call 780-695-9252 and leave a message.

Once in contact we'll ask you a few questions and arrange for a Scout to visit your location.

Sundays 6:45-7:55 (note this is a 70min class)

Contact Lisa to register or with any questions.

Sundays \$77.

Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

Our Programming

We promote independence and self-reliance with our daily routines, practices, and interactions with the children. We treat the children with respect and allow them to participate in daily decisions that affect them. We want your child to



have the opportunity to explore the world around

them at their own pace and natural rhythm.

Fees

We offer full time and part time programs. The fees are flexible depending on your child's age and the number of days care is needed.

Accepting ages 12 months - 5 years. Our Out of School Care program offers transportation to and from schools in our community.

Our Educators

Our team is carefully chosen, highly qualified, and are dedicated to your child and their family. As educators, we are committed to providing nurturing care that





Parent Communication We are committed to working with families to build strong and positive relationships. Playcare Daycare uses Sandbox software to simplify parent engagement. It is an

easy-to-use app that allows educators to track and share activities throughout the day, along with photos and daily reports.





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www.edmontonplaycare.com

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Holyrood

Holvrood Community League Contacts

Hotyroou Com	numily League Contacts
President - Larissa	president@holyroodcommunity.org
Vice President - VACANT	vicepresident@holyroodcommunity.org
Treasurer - Claire	treasurer@holyroodcommunity.org
Secretary - Julie	secretary@holyroodcommunity.org
Programs - Kelly	programs@holyroodcommunity.org
Sports & Fitness - VACANT	sports@holyroodcommunity.org
Memberships - Nor'Ali	memberships@holyroodcommunity.org
Facilities & Grounds - VACANT	facilities@holyroodcommunity.org
Communications - Megan	communications@holyroodcommunity.org
Events - Jeremiah	social@holyroodcommunity.org
Civics - Carlos	civics@holyroodcommunity.org
Holyrood Development Committee - Jaime	hdc@holyroodcommunity.org
Community Garden - Geordan	garden@holyroodcommunity.org
Soccer - Andrew & Geordan	soccer@holyroodcommunity.org
Playschool - Laurence	playschool@holyroodcommunity.org
Playgroup - VACANT	playgroup@holyroodcommunity.org
Casino - VACANT	casino@holyroodcommunity.org

wholyroodcommunity.org W@HolyroodCL NH Holyrood Community League



MEMBERSHIP PERKS

Did you know there's more than just supporting your community when you buy a league membership? Free Community Swims, discounts for programming at other leagues, as well as deals with select businesses. League members enjoy a 10% discount on adult continuing education course registration through Metro Continuing Education. Call Metro at 780-428-1111 with your membership card ready, to apply for the discount. You can also

COMMUNITY SWIM RETURNS!

We apologize for the misprint of the Sunday locations in last month's SEV and on social media. The location for community swimming on Sundays is Hardisty Pool.

Your community league membership gets you FREE entry to the following pools at the

get 25% OFF at Papa John's for the duration of 2022, enter promo code 25PAULA at the start of your online order (via our app or website, papajohns.ca) and receive 25% off your entire order!

Purchase memberships through efcl.org/ membership/ Complimentary Memberships are available for newcomers to Holyrood! Contact our Membership Director at memberships@holyroodcommunity.org

posted times.

Commonwealth Community Recreation Centre (11000 Stadium Road) or Eastglen (11410 68 St NW) - Saturdays - 3:00pm-5:00pm Hardisty Leisure Centre (10535 65 St NW) -Sundays - 1:15pm-2:45pm

CAREGIVER CONNECTIONS PLAYGROUP

Holyrood Community League is excited to announce the return of our Thursday Morning Community Caregiver Connection Playgroup. We are excited to restart this group and finally continue with this casual gathering of caregivers and kids ages 0-5 for fun, learning, community and support.

This group will start meeting again on March 10 from 9am -11am on Thursday Mornings at Holyrood Community Church (Formerly First

Church of God) 9224 82 St NW, Edmonton, AB. All are welcome.

Please send Kelly an email at programs@ holyroodcommunity.org, if you have any questions.

The position of playgroup coordinator is open for any interested caregivers. Contact Programs at programs@holyroodcommunity. org if you are interested in supporting the community in this way.



Holyrood Community League is partnering with our friends at Strathearn Community League to host creative & fun workshops this spring at Strathearn Community League Hall, 9511 90 Street.

Rainbow March 26 12:30-2:45pm Cost: \$45 for parent & child

Our first workshops will be led by Barb of Little House of Macrame.

All materials are provided. No experience is necessary, both classes are for beginners.

Register for the workshop: littlehouseofmacrame.com/pages/workshops

Questions? Email: christine@holyroodcommunity.org

HOLYROOD Strathea



Macrame Planter April 9 1-3pm Cost: \$50 per person

Connect to your community with www.communityleaguenews.com

Southeast Voice March 2022

BOARD MEMBERS NEEDED

We have some vacancies on our board that we need to fill. Are you looking for a fun opportunity to help out in your community? We're a great bunch who love to make Holyrood a great place to live! Email Larissa at president@holyroodcommunity.org for more information.

-Treasurer This position MUST be filled

MACRAME WITH BARB

Join us for fun sessions where you will learn to macrame, a journey led by Barb from Little House of Macrame! Crafts workshops are a fun way to bring together friends and family. Gather yours for a unique experience, make new friends, boost mental wellness, improve morale and increase creativity.

We want to keep this intimate for a better learning experience and to keep everyone

for the board to meet! -Vice President -Communications -Fitness & Sports Director -Rink Shack Helper -Garden Committee Members -Holyrood School Representative -Playgroup Coordinator

safe. We will only have between 8 and 12 spots available, so register early (5% of the sales go towards the Edmonton Humane Society).

There are no prerequisites, all levels are welcome, and all materials needed are included in the workshop's fee. How amazing is that?? https://littlehouseofmacrame.com/pages/ workshops





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PRO TIPS FOR BEING A

COOL NEIGHBOUR



 Introduce yourself! If you can't name your neighbours, you've got some work to do. Knowing who you live next to is a great way to build a strong community.



 Find out your neighbour's favourite beverage. That way, you can stock up at Sherbrooke before inviting them over.



Knowing your four-legged neighbours by name is a great neighbour flex. You can even bring them an owner-approved treat-it's the leashed you could do!



neighbour out in their yard doing spring cleaning, head over and offer to lend a hand. You may even get to share a tasty beverage with a new friend.

Roll up your sleeves! If you see your

 Host a backyard fire. A family-friendly backyard fire is a great way to connect with your neighbours no matter the time of year. BYOWeiner.





We are beyond excited to be the newest Cool Neighbour in your community!

OTTEWELL 9271-50 STREET

SHERBROOKE WINE, SPIRITS & OODLES OF BEER

Idylwylde

8631 - 81 Street NW (780) 466 - 7383 idylwylde.org

Idylwylde Community League Board

President	David	president@idylwylde.org
Past-President	Kate	pastpresident@idylwylde.org
Vice President	Matthew	vp@idylwylde.org
Treasurer	Pat	treasurer@idylwylde.org
Secretary	Corrina	secretary@idylwylde.org
Casino	Bridget	casino@idylwylde.org
Civics	Lee	civics@idylwylde.org
Programming	Sheri	programs@idylwylde.org
Membership	Michelle	membership@idylwylde.org
Garden	Lauren	garden@idylwylde.org
Facilities	Stuart	facilities@idylwylde.org
Social	Yulia	social@idylwylde.org
Publicity	Rachel	publicity@idylwylde.org
Grants	Kamila	grants@idylwylde.org
SECLA	Scott	
General Inquiries	780-466-7383	league@idylwylde.org

Idylwylde.org 2 @IdylwyldeCL 6 Idylwylde Community League

Community League Swim

Show your community league membership card for a free swim. To get a free community league membership contact membership@ idylwylde.org. **Bonnie Doon Leisure Centre**

8648 81 Street NW Starting January 2, 2022 Sundays, 4:15 p.m. - 5:45 p.m. **Commonwealth Community Recreation Centre** 11000 Stadium Road Starting January 8, 2022 Saturdays, 3:00 p.m. - 5:00 p.m.

Free Memberships

With the uncertainty of COVID times and family finances, the Community League Board has decided to make our memberships free for all of our community members that live in Idylwylde! Donations are always accepted from anyone

who can give and associate memberships (if you don't live in Idylwylde) will still cost the regular amount. Please contact our membership chair with proof of residency in Idylwylde to get your membership today!

Welcoming back customers for April 2022. Reserve your spot today!

You can ask for the full package or choose from the following a la carte services: Power Rake, Aeration, Garden Bed/Hedge Blow out, First Mow & Trim

> Fertilization & Weed Control • Gutter Clean /Repairs Parking Lot Sweeping • Tree & Brush Trims • Concrete Pavers

- Power Wash, Homes & Decks Fence Repair /Replacement
 - All Small jobs
 Debris /Junk Removal
 Litter clean Ups
 - Over Seeding & Sod Replacement Appliance Pick ups
 - Drywall Repairs/Replacement Minor Electrical /Plumbing



Join our Special Events Team

Do you enjoy organizing and promoting events? Do you want to be involved in the community? Why not combine the two into one exciting volunteer opportunity by joining our Idylwylde Special Events Team?! We are looking for creative and enthusiastic people to be part of the collaborative team of other volunteers and Community League board members to plan, promote and run special events, such as our upcoming Community League Day. If you are interested, email us at social@idylwylde.org.

Cheery Tomato Community Garden Contact us and we'll let you know how you

Now that spring is on it's way, it's time to start planning our community garden for this year. Our community garden is a great way to get out and stay connected in a safe way.

Fitness Classes Spring into Fitness

Mondays from January 10 to March 28, 7:00 p.m.

A fitness class involving a number of modalities including Pilates, Yoga, strength, stretching and movement to get your heart rate elevated. All levels are welcome. A friendly non judgemental atmosphere to meet your neighbours and challenge yourself. Bring runners, yoga mat, water bottle and light weights. The weights are not absolutely necessary but definitely an added bonus. If you have any questions call Kelly at 780-983-5403.

Gentle Hatha Yoga

gardeners to join!

Tuesdays from January 11 to March 29, 6:30 p.m

can be involved with our amazing little community garden. There's always room for more

This evening flow class is suitable for anyone from beginners to the more experienced yogi. It will help release any tension and rebalance the body and the mind after a long day. It will start with a breathing practice or guided meditation, continue with a Hatha stretch sequence or flow, and will end with either some vin and restorative postures as well as breath work.

Monthly Community Meetings

Our meetings have gone digital! Contact our President if you would like an invite to our next meeting. We typically meet the second Thursday of the month at 7 p.m.



- 780-466-5290 Dr. Jeannette Furtak, DPM #302 Capilano Centre 9945 - 50 Street
- * Nails, callous, heel pain, toe problems
- * Foot orthotics
- * Diabetic foot care
- * Appointments Mon Fri

www.greenwayspodiatric.ca





Do you need help around the home?

The Seniors Home Supports Program gives seniors referrals to screened businesses which offer:

SNOW REMOVAL YARD HELP HOME REPAIR HOUSEKEEPING MOVING HELP PERSONAL SERVICES

CONTACT US TO LEARN MORE

Home Supports Coordinator: 780-468-1985 South East Edmonton Seniors Association

ARE YOU SATISFIED WITH THE CURRENT RETURN ON YOUR SAVINGS, RRSP, LIRA, OR TFSA? **IF NOT - ASK US ABOUT INVESTING IN MORTGAGES**

We have been in Business for over 18 yrs specializing in Mortgage Investments using your TFSA, RRSP / RRIF, LIRA / LIF or Cash to fund mortgages earning a high rate of return.

(Typically: 6-12%)

> Invest with your Registered funds or Cash > Secured by Alberta Real Estate > Get started with as little as \$50,000

CALL US TODAY: 780-467-6393 & ASK FOR JENN HUYNH TO SCHEDULE AN APPOINTMENT







IS YOUR EXERCISE EQUIPME COLLECTING DUST?! TRY OUR IN-HOME **KINESIOLOGY SERVICES!**

AT SKIP THE GYM WE OFFER...

IN-HOME PERSONAL TRAINING

- MOBILITY WORK & MYOFASCIAL RELEASE
- INJURY REHABILITATION
- PRE-SURGERY STRENGTHENING PROGRAMS
- POST-SURGERY RECOVERY PROGRAMS

PHONE: 780 217 7420 EMAIL: INFO@SKIPTHEGYM.CO WEB: SKIPTHEGYM.CO INSTA: @SKIPTHEGYM.YEG

You belong here

Connect to your community with www.communityleaguenews.com



Kenilworth

Kenilworth Community League Board

President	Irene	president@kenilworthcommunity.com
Vice President	Jon	vicepresident@kenilworthcommunity.com
Treasurer	Don	treasurer@kenilworthcommunity.com
Secretary	Maren	secretary@kenilworthcommunity.com
Adult/Seniors Programs	Loida	loida@loidahomes.ca
Bingo	Julia	please email President for direct information
Casino	Bonnie	please email President for direct information
Neighborhood Watch	Luann	
Buildings/Grounds	Open	grounds@kenilworthcommunity.com
Children's Programs	Open	childrensprograms@kenilworthcommunity.com
Membership	Rebecca	membership@kenilworthcommunity.com
Publicity	Rebecca	publicity@kenilworthcommunity.com
SouthEast Voice	Jason	sev@kenilworthcommunity.com
Rentals	Liz and Al	rentals@kenilworthcommunity.com
SECLA	Kevin	please email President for direct information
Social	John	please email President for direct information
	-	

CONTACT US!

General inquiries & Publicity Requests

Website and Social Media: publicity@kenilworthcommunity.com

SouthEast Voice: sev@kenilworthcommunity.com

Hall Rental requests: rentals@kenilworthcommunity.com

Keep Current on our website, www.kenilworthcommunity.com, Facebook and Nextdoor!

\$300.00

Damage Deposit

\$450/weekend

*Third party

\$385.00

\$550/weekend

quired for ALL hall rentals. Please ask

the Rental Manager for more details.

To book the hall, email is preferred, rentals@

kenilworthcommunity.com. If email is unavail-

able, leave a message for Al @ 780-469-1711.

our ice rink. If you wish to donate please reach

insurance is now re-

\$250/day rate \$550/day rate

Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website www.kenilworthcommunity.com KCL Hall Rental Rates: (Seating 160)

Members Non-Members Weekend (Fri.pm – Sun.pm) \$450.00 \$550.00 Day Rate

Skating Rink

Rink Hours and Shifts Operating hours: Monday to Friday 4-9 p.m. Weekends 11 am – 9 pm

Rates: rental \$50/hour for all junior hockey and special events, junior hockey must be under 14 years. **Temperature range (actual not including wind chill)**: rink will be open 0 to -22 degrees Celsius

It takes a great community to make this happen and your donation is always welcome for

Memberships

Memberships are a great way to stay connected with your neighbors, community news and events.

They are also valid for discounts at city rec centers and pools.

Email Rebecca at: membership@kenilworth-

Kenilworth Crib Club

The KCL Crib Club is very successful this year. We have several new members, and also some younger members which have joined and that is great. The Club runs from mid September to the end of April. We take out to Irene at president@kenilworthcommunity.com or you can donate online with CanadaHelps. You will receive a donation receipt right away and the funds are deposited into our KCL account. So easy. Thank you for your generous support.

https://www.canadahelps.org/en/charities/ kenilworth-community-league/campaign/kclice-rink-2021-2022/

community.com to arrange for your membership renewal or purchase.

\$20 family \$15 senior/single

Please do not let finances be a barrier to you joining our community league. Email Rebecca to discuss your options!

on members at the beginning of September only but contact us if you wish to be put on a list of players that want to join the Club next September.

For more please call Liz: 780-465-5188

VOLUNTEER OPPORTUNITIES

Many hands make for light work and we could use some hands.

We have the following volunteer position available:

Grant Writer: It is always great to have a volunteer that has their ear to where the money is and can create a grant to help us benefit. If you enjoy writing and have some volunteer time to put grants together, we could use your help.

Buildings and Grounds:

Many hands make for light work.

KCL is seeking community members who are interested in supporting our KCL Building and Grounds Volunteer Director. If you have an hour or two a month to give to the KCL, we could use your volunteer help.

Some examples of volunteer tasks: Are you an organizer? This job is perfect for

you. Arrange for annual inspections at the hall (fire extinguishers, fire panel, smoke detectors, etc.) and for a KCL volunteer to attend the inspection date. Arrange for contractors and for a KCL volunteer to attend the hall

Community Free Swim

Free swim with proof of Kenilworth Community Membership

Bonnie Doon Leisure Centre 8648 81 St NW Saturday: 5:00 pm - 7:00 pm End Date: June 25, 2022

Commonwealth Community Recreation Centre or Eastglen

11000 Stadium Road (Commonwealth) or e

Senior's Programs

There are programs available for lower income seniors. Special Needs Assistance for Seniors considers specific items that fall into one of the following three categories:

- · appliances/furniture
- · health supports
- personal supports

For example, if you earn less than \$38,546 combined couple income,

Scrapbooking At Kenilworth Hall

We are happy to tell you that our scrapbooking evening will continue at Kenilworth Hall with events in 2022

Anyone who is a scrapbooker is welcome to come and spend the evening with a lovely bunch of scrapbookers. There is no vender, so please bring whatever you need. There is room to spread out and have a large table all to yourself or if you prefer digital scrapbooking there is Wi-Fi in the hall for those who want to bring their lap top computers. We are all responsible for setting up and taking down any tables and chairs we use (we help each when the contractor is present.

Are you a person that likes to do odd jobs? This might be the job for you. Volunteer your time for general maintenance tasks around building (changing out coat hooks, hanging items, light paint touch ups, etc.).

Or maybe you walk yourself and maybe your dog daily and swing by the hall? You can walk around the exterior of the hall to check the grounds. Report any safety concerns.

Or maybe you have a bit more time than just to walk around the hall. You can pull exterior garbage weekly or clean up any exterior debris on our sidewalks.

Want to volunteer but not sure what you can do? Give us a call and we can talk further.

Connect with Rebecca, membership volunteer: membership@kenilworthcommunity. com

We offer a yearly Executive Incentive of \$225 to be used for programs or sports and a complimentary Community League Membership. This is a great way to meet community residents and contribute to your community.

11410 68 St NW (Eastglen) Sunday: 1:00 pm - 3:00 pm End Date: August 28, 2022 *Eastglen has graciously invited Commonwealth Community League swim members the option of attending either at Commonwealth or Eastglen during the regularly scheduled Community Swim times.

**Community swims do not take place on Statutory Holidays or days the facilities close early.

you qualify for snow shoveling services, housekeeping and/or yard maintenance: maximum \$1,226 in a benefit year.

> Assistance is provided for light housekeeping, grass cutting, and snow removal only. For all the information:

https://www.alberta.ca/seniorsspecial-needs-assistance.aspx

other). These group sessions are a great way to get those photos organized, tell your family history, or show off your vacation photos. Coming once a month will help keep you motivated in getting your photos in order.

When: The last Monday of April, May, and June in 2022.

Time: 6:30-10:00 pm Where: Kenilworth Hall 7104 87 Ave

Cost: \$0 Free

Hope to meet some new faces.

For more information: Linda Burns 780-951-5339 Imiburns@gmail.com



SEEKING FOLKS WITH HELPING HEARTS, A BUT OF TIME, AND SKILLS TO SHARE

The Kenilworth Community League is compiling a volunteer data base. We have some folks in the community who sometimes need a helping hand, a walk shovelled, a small job fixed, some help with organization, online tasks, a ride, emergency child care, a meal or a few meals to get them by when they are overwhelmed or ill, or maybe just some company for a tea. The community league itself is also constantly seeking help for fun events, dog park lock up, hall maintenance and security, etc...

Community is really about taking care of each other. We all lead busy lives but we all have special gifts to share.

If you think you can offer an hour or two, or more a month to helping a neighbor, please

consider adding your name to our volunteer data base.

Please email the following to: membership@

kenilworthcommunity.com or call Rebecca at 780 982-5885

We will need: -your name

-tasks or jobs you are willing to do

-gifts or talents you have to share

-include your email, phone number, and best way to contact you

Thanks in advance if you are able to share some of these things with others.

If you are in need of some support, please contact us and let us know if your need is

-immediate or long tere -what you need help with

-if you have anything you can exchange for help (time, talents of your own, etc...)

Include your email, phone number, and best way to contact you

Let's continue to grow a strong community of amazing friends and neighbours

Kenilworth Badminton Club

Kenilworth's Badminton Club has been given the green light to go ahead.

The season officially starts on Tuesday, March 1st. We do not supply badminton racquets! Please email

If there are any new members you are welcome to try out your first session for free. Drop-ins for \$5.00 per session for those who do not wish to commit to the whole season, but still want to make the occasional appearance and play some badminton.

Please remember that the Club plays from 7:30pm to 9:30pm on Tuesdays and Thurs-

Upcoming Events

More information closer to each event Adult BBQ May 7 Annual General Meeting May 9 Big Bin June 11 KCL Golf Tournament August 27 KCL Membership Event September 18

days except for the following evenings: March 3, March 29, March 21, April 19 and May 24th.

Kenilworth Junior High gymnasium is located at 7005-89 Avenue. Please note that 71 Street between 89 and 90 Avenues (just north of the gymnasium parking lot) is still closed for sewer repairs.

You will have to find an alternate way to get to the school through the Kenilworth neighborhood.

To sign up email: kenilworthbadmintonclub@protonmail.com

KCL Youth Group

KCL Youth are looking for adult and youth volunteers.

To get involved or to get more information contact:

youth@kenilworthcommunity.com

Ask Charles

I want to learn what I can about the real estate industry in Alberta, but it's hard to keep track of all the organizations and their acronyms. The regulator, the provincial association. the local real estate board; what do they do, and who's looking out for me?

This is understandable. The real estate industry has so many players and acronyms that even some industry veterans get them confused at times.

It may make things simpler by thinking about the organizations in two main groups: the regulator and trade associations.

In Alberta, the Real Estate Council of Alberta (RECA) is the regulator of real estate professionals. RECA sets the industry practice standards and is responsible for enforcing them, and all real estate professionals must be licensed by RECA.

RECA's mandate is to protect consumers. In the unlikely circumstance that your real estate professional breaks the rules that are in place, RECA can investigate the situation and can issue discipline. That discipline can include licence suspension or cancellation, and fines of up to \$25,000 per offence. RECA also provides services to real estate professionals that



enable them to provide competent, ethical service to consumers. Among other things, these services include a practice advisor, information bulletins, and ongoing education.

The other organizations within the real estate industry that you've probably encountered are trade associations. Membership in a real estate industry trade association is voluntary.

In Canada, the primary trade association for residential real estate professionals is the Canadian Real Estate Association (CREA). There are also provincial trade associations that operate under CREA, and there are local real estate Boards, which operate under the provincial associations as well as under CREA.

To make things easier, it may be helpful to think of all of these associations as the same organization, but at different levels (national, provincial, and local). When your real estate professional mentions their 'board,' they mean their local real estate board, which is the local level of the national and provincial associations. By being a member of their local board, they are also members of their provincial association and of CREA, the national association.

Broadly speaking, the real estate trade associations work on behalf of their members and their members' commercial interests. The trade associations own certain trademarks that only their members can use, such as the word REALTOR®, and at the local board level, they operate the local real estate board listing database. Trade associations typically have dovernment relations or lobbying departments, they provide advocacy for their members, and while they have rules their members need to follow, their rules aren't found in legislation, and they're not industry-wide requirements or practice standards.

I hope this information helps, but if at any time you feel overwhelmed by acronyms or unsure about any aspect of the real estate industry, contact RECA or let your real estate professional know. Licensed real estate professionals are there to help you understand vour transaction and the industry.

You've got questions. He's got answers.

Charles Stevenson is the Registrar at the Real Estate Council of Alberta. Charles knows that buying and selling a home can be confusing, but it doesn't have to be.

"Ask Charles" is a question and answer column for consumers about buying and selling property in Alberta.

If you have a new question for Charles, please email askcharles@reca.ca.

Ask Charles

I saw on the news that fraudsters are being charged with unlicensed real estate trading. Why do you need a licence to buy or sell property?

First things first. You don't need a licence to buy or sell property; consumers are always free to buy or sell their own property. When you need a licence, though, is when you're helping someone else buy or sell property.

The individuals you've seen in the news are people who are not licensed as real estate professionals, who say they will help consumers buy and sell property, but instead, they are actually participating in various fraud schemes. That's why they're in the news.

Still, unlicensed trading in real estate remains a serious issue and not just because of the fraud that sometimes results. Under the Real Estate Act of Alberta, anyone trading in real estate, dealing in mortgages, performing real estate appraisals, or providing property management services requires a licence from the Real Estate Council of Alberta (RECA). It's the law.

Buying a home is one of the largest financial commitments most people will ever make. Why would you want to trust that transaction with someone who doesn't have education, experience, and a regulatory body behind them?

When you hire a licensed real estate professional, you can trust they've completed pre-licensing education, their background has been reviewed, they carry errors and omissions insurance, they're required to complete ongoing education, and you can feel confident that a regulatory body will hold them accountable for their actions. All real estate licensees are required to carry errors and omissions insurance, and there's a Consumer Protection Fund available in the very rare event a consumer suffers a financial loss as a result of fraud, breach of trust, or a failure to disburse or account for money held in trust by an industry member.

Think about it, you don't want people driving on the road who don't have a driver's licence, right? If someone has a driver's licence, it means they passed a competency test, and there's an unwritten agreement that they'll follow the rules of the road. If they don't, they can be fined or even lose their licence. The same thing applies to licensed real estate professionals. If they violate the rules, RECA has the authority to discipline them, which can include licence suspension or cancellation.

When someone doesn't have a real estate licence, and represents a consumer in a real estate deal, the consumer has no assurances that the person has knowledge or training, and there's nowhere to go – other than Court - if something goes wrong.

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Ottewell

Executive:

President -Colleen Vice President - Michelle Secretary – Becca. Treasurer – Eric Past President - Corinne Board Members: **Big Bin - Andrew Bingo Director - Tyler** Building Projects - Lukas Casino - Open Farmers Market Manager - Corinne Grants - Chelsea Membership Director - Sandra **Playschool Director - Jason Rink Director - Tom** SECLA Rep - Sandra SEV Liaison - Meena Social Media (FB/ Insta) Hallie Soccer Director (In/Outdoor) - Cory Summer Playground Director - Open Rink Director – Tom Website - Taylor

OCL Board Meetings

Ottewell has been hosting virtual meetings to connect with board, directors and volunteer members. Our next virtual meeting will be on **Tuesday, March 15**, at 6:30 pm. If you would like to attend please email ottewellsecretary@gmail.com. You will be sent a meeting invitation via ZOOM. Come join this great group of volunteers, find out what is happening in your Community.

OCL Media



Keep updated:

Follow us @ottewellcommunityleague on instagram, Ottewell Community League on Facebook, or subscribe to email updates at Ottewell.ca

Online Auction Requires Bids!

Ottewell United Church (OUC) is organizing an On-line Auction to take place from March 21 to April 3, 2022. We would appreciate your consideration in making a generous contribution to help make it a success! It could be anything new or in excellent condition, a service, something hand-made or store-bought, a collection of items or a solitary piece.

We invite you to be creative! Maybe something we haven't even thought about.

In the meantime, check out the items that are up for bid and further details on the auction by searching charityauction.bid/ ottewellchurch.

Please contact Joan at 780-919-0242 or Becky at 780-235-1957 with your donation or if you need more information. Thank You!

Ottewell Community Celebrates 60 Years



It is time to plan the CELEBRATION!

Calling on all those planners and social butterflies can give you a couple hours a month for about 4 months?

We are looking for volunteers to participate in the planning committee for our 60th birthday celebration. Meetings to begin in May, discussion on dates to host this event are for September 2022 during our membership Fair. Please email ottewell2212@gmail.com or cal 780.465 7755 to sign on to this special event

780.465.7755 to sign on to this special event committee.

We Need YOU!

Ottewell Community is looking for a new volunteer to take on Soccer Director or co-Director.

Contact Corey@cwispinski@hotmail.com for details.

Have you Seen our NEW WEBSITE??

Check out Ottewell.ca for market hours, hall rentals, and local Ottewell based shops and businesses. Subscribe to keep up to date with news sent directly to your inbox! things OTTEWELL !! No experience nec ing provided. Comm month that you can

Are you interested in photography, telling stories, or connecting people to programs and events they love?? We're looking to bring more hands on deck to build up our website to be all

Ottewell Rink

As the winter of 2021/2022 winds down I'd like to thank all of the volunteers at Ottewell rink for a great season. The unique freeze thaw cycle this year made for many challenges but the ice is still in good shape as we near the end of February. If you'd like to get out and skate or play hockey we plan on keeping the ice rinks open for as long as mother nature will allow.

The Pond Rink and the Hockey Rink are both open and lights for both rinks will be on from 5pm to 9pm, 7 days a week. Please note that there will be no attendant or staff member onsite.

-Skate at your own risk.

-Wear your helmet.

-Share the space. We all want to enjoy the pond rink.

-Play safe, and if you don't feel well, stay home.

Please use the garbage cans provided. Keep o-ur rink area clean!

As per AHS guidelines:

-Physically distance when multiple cohorts

OCL is Relaunching our Babysitter's Registry!



Please note that OCL is just an information intermediary and we do not screen babysitters or families.

To sign up, visit the google forms! For babysitters: https://forms. gle/22a6V9MyqW4bRony9 For parents: https://forms.gle/uS55cy1DB-4FnNAB58



/EBSITE??

No experience necessary, wordpress training provided. Commitment is 2-4 hours/per month that you can do from home with your computer.

We're also looking for content creators, training provided.

Visit ottewell.ca/home/volunteer for more details!

are sharing the ice;

-Wash or sanitize your hands before and after each skate;

-Refrain from spitting and clearing nasal passages;

-Refrain from sharing equipment or water bottles;

-Refrain from touching your eyes, nose, mouth, and face; and,

-Stay home if you are experiencing COVID-19 symptoms.

Ottewell Community Artisan Farmers Market!



Located in the Heart of Ottewell Community 5920 93A Avenue

COME on in. We're OPEN

We are here year round to bring you quality items from our local vendors.

You can find us inside the community hall from 4pm to 7pm Thursdays! Until May and then we move outside in the parking lot and rink area!

We have a concession weekly for take out foods, Fresh Veggies, BC Fruits, Microgreens, Baked Breads, Baked Sweet Treats, Vegan Foods, Polish Foods, Jamaican Foods, Mexican Salsa & Chips, Meadery as well as Columbia Coffee not to forget our local artisans with there treasures to share.

Any many more coming weekly...

PLEASE NOTE: The market has adjusted our hours to 4pm - 7pm

Ottewell Community League is the Sponsor of the Market! When you shop and support these vendors you are supporting your community league.

OCL Playschool



Our longstanding, community-run playschool is taking registrations for the 2022/23year. We are currently running Monday, Wednesday and Friday mornings at \$120 for 2 days and \$180 for 3 days.

Spaces are limited.

We have a great ratio of experienced teachers to kids. If you have any questions please call Jason at 780.993.5518 or

go to our website at www.ottewell.ca/community/oclplayschool

PLANNING SOME RENOVATIONS?

Don't forget if you are a community member you have access to

The Tool Library !!

Ottewell Community League has opted to become a supporter of The Edmonton Tool Library which means all members of the community league can now claim an individual annual membership which will allow you to borrow up to eight items from the large inventory of hand, power, and yard tools for a week at a time.

To claim your membership please visit our location at the Bellevue Community Hall (7308 112 Avenue NW Edmonton) and bring photo identification and your ottewell community league membership card. To make the process faster you can complete a tool library membership application and review the release of liability waiver and borrowing policy. If you are not yet a member of your community league you can join online through the Edmonton Federation Of Community Leagues

HELLO SPRING MARKET



APRIL 9 - 10am - 3pm VENDORS WANTED !! \$40 per tableApply Early space is limited!

You will be notified via email upon acceptance to participate in our HELLO SPRING MARKET. We would like to ensure the market hosts a variety of vendors and may eliminate duplications.

Upon acceptance payment must be submitted. Vendor form - https://docs.google.com/ forms/d/1EkfwiEjtWN3hkDMywkzZAX9vXuwd QGX5SWcxxpBKr6g/edit

Hey Ottewell -Pickleball ANYONE?

What is pickleball?

Fun, social and friendly.

The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players.

If you play pickleball or would like to try it out for the first time you may be interested to know that our hockey rink at Ottewell has five pickleball courts painted on the it's concrete surface. In addition to painting the courts, our community league has also purchased nets and other equipment that is available for use by community league members.

In order to hit the ground running in the spring, we are looking for community members to help out with managing equipment and programming activities such as leagues/clinics/tournaments etc.

If you're interested in getting involved or have any questions about pickleball at Ottewell, please contact oclrink2021@gmail.com



website or at any Edmonton Servus Credit Union branch.

The Edmonton Tool Library Society is a notfor-profit organization based in Edmonton, Alberta, Canada. Note: reduced winter hours go into effect as of November 1, 2020. http:// www.edmontontoollibrary.ca/

We are currently piloting a curbside service. For more information, visit our website or email us at EdmontonToolLibrary@Gmail.com. We're open every second Wednesday and Saturdaycheck our website for specific dates.

Reminder: No Dogs at the Park or Rink Area



Neighbors, this a friendly FUR-reminder, that our beloved four-legged friends are not allowed in the park, as per the City's dog bylaw. This includes the playground and rink areas. Thank you for your cooperation and respect for our Park.

Abundant Community Edmonton - Ottewell

Now more than ever, we need to maintain our connections to our neighborhood and community. The Abundant Community Edmonton program features Block Connectors throughout Ottewell, your block's point person, party person, and listener.

If you're in need of support, assistance, or connection during this time, please reach out to ACE Ottewell at ACEOttewell@gmail.com to reach a Block Connector near you. For more information, visit ottewell.ca



our website and on our Facebook page. Email -oclmemberships@gmail.com

Let us know, and we will post your info on

SPECIAL EVENTS Planned for this Spring and Summer at Ottewell Community Artisan Farmers Markets!

We will have every Thursday at the Farmers Market themed events, entertainers as well as Food Trucks....

Starting May 5 until September 29.

-Meat Street Pies

-Drift Food Truck -Winston Flsh and Chips

-Fox Burger

-El Santo Mexican Food

Follow us on our

Facebook page -Ottewellcommunityfarmersmarket

Instagram -oclfarmersmarket

Website -ottewell.ca

To find out what is happening at your community market!





2022 Registration is open for all girls, boys and adult membership! Start now and get 3 extra months!! Register at https://www.120scouts.org or Call Scouter Glen for more info 780-235-6379 <u>Programs:</u> Beavers – Ages 5-7 Cubs Scouts – Ages 8-10 Scouts – Ages 11-14 Venturer Scouts – Ages 15-17

Rovers - Ages 18-26

Need Seeds for the Garden?

www.scoutseeds.ca

Ottewell 120th Scouts group is also selling seed packages as part of a Scouts Canada Fundraising initiative.

Funds raised will also go towards supporting Ottewell 120th's participation in the upcoming Washington Jamboree and World Jamboree in South Korea.

Prices included delivery of seeds via Canada Post direct to your home.

If interested please visit <u>Scoutseeds.ca</u>. Kindly select <u>Ottewell 120th United Church</u> upon check out to support our Troop. Scouts seeds are available for order until March 31st, 2022.

Thank you again for all your support!

Interested in Scouting? Girl or Boy, ages 5-26? Please visit the Scouts Canada website at myscouts.ca to learn more. We offer programming in the community every Monday night.





Proceeds support the Fort Edmonton Foundation's fundraising for capital projects and initiatives at Fort Edmonton Park. Ticket sales end on Mar. 17 at 11:59 p.m. AGLC #593026. See website for complete rules.



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Your Health is my focus. Specializing in those apprehensive about needles.

> Treating muscle pains & strains, anxiety, depression, PTSD, migraines, headaches & more. Or for a moment to balance & re-energize.

Visit AcupunctureByDale.com or 780.718.9015 or DaleLeichtRAc@gmail.com.

8503-87 Ave. N.W. Edmonton, AB. Dale Leicht M.Sc. R.Ac (AB & BC).

For All Your Real Estate Needs...



Not intended to solicit properties already under contract.



BOOK NOW

Strathearn

Strathearncl.org

Strathearn Community League Board

Position	Name	Email
President	Chris	president@strathearncl.org
Vice President	Rob	vicepresident@strathearncl.org
Treasurer	Tessa	treasurer@strathearncl.org
Secretary	Glynnis	secretary@strathearncl.org
Membership Director	vacant	membership@strathearncl.org
Building & Grounds Director	Marina	grounds@strathearncl.org
Rink Director	vacant	rink@strathearncl.org
Social Director	Anne	events@strathearncl.org
Communications Directors	Pam & Evan	communications@strathearncl.org
Programs Director	Erin	programs@strathearncl.org
Members at Large	Kim & Robert	n/a
Hall Rental Coordinator	Darrah	hall@strathearncl.org
Soccer Director	David	rec@strathearncl.org
A.V. Club	Andrew	avclub@strathearncl.org

SCL Leadership

Interested in joining our team and filling one of our vacancies?? Please reach out to president@strathearncl.org!

The Community League Swim program is back!

An excellent perk of your Strathearn Community League membership has now resumed (effective January 2022). Simply show your 2021-22 SCL membership card to gain access to both the family-friendly pool and large fitness centre at the lovely downtown Commonwealth Recreation Centre, every Sunday between 1-3pm (with the exception of Easter Sunday, April 17th).

As an added bonus, from now until the end of August, you can also check out the saltwater pool at Eastglen Leisure Centre (11410 68 Street) and enjoy community swim time at this additional facility during the same timeframe of Sundays between 1-3pm!

To find out how to obtain a membership card, please visit strathearncl.org/membership-1

Drop in for weeknight workouts at the Hall!

Winter session fitness classes are now in full swing, and if you weren't able to register for an entire session you can still drop in as space permits! Roll out your mat on Tuesday evenings from 8-9pm for Yoga, then on Wednesdays from 7-8pm you will be called to the Barre, and get your groove on Thursdays from 6:30-7:30pm for Zumba! See SCL website for further details and drop-in fees, and please note that proof of vaccination is required.

Southeast Voice



Rainbow

March 26

12:30-2:45pm

Cost \$45 for

parent & child

Macrame Planter

April 9

1-3pm

Cost: \$50 per

person

Spring Workshops

Holyrood Community League is partnering

with our friends at Strathearn Community

Our first workshops will be led by

Barb of Little House of Macrame.

christine@holyroodcommunity.org

Register for the workshop:

Questions? Email:

9511 90 Street.

League to host creative & fun workshops this

spring at Strathearn Community League Hall,

All materials are provided. No experience is

littlehouseofmacrame.com/pages/workshops

necessary, both classes are for beginners.

Strathearn-based Business Profile

For this month's profile we spoke with Mike Fournier, the Strathearner behind Walden Woodworks, whose home-based business is located right here in our neighbourhood.

Walden Woodworks specializes in contemporary custom furniture, can you tell us more about this process?

The custom furniture process starts with a design meeting to ascertain what a client has in mind, design elements that tie in with their living space, what the piece's functionally is to be, how it looks visually, and of course their budget. Some designs happen right away, others are a process that evolves over several meetings. I find it rewarding to have clients involved in this process, and this leads to the creation of furniture unique to them.

How did a 5-year apprenticeship at the Cotswold Studio in Edmonton inform your approach to this work?

My informal working apprenticeship gave me access to all aspects of the custom furniture business, from design meetings to supplier relationships, marketing, workshop setup/maintenance, scheduling, pricing and quoting, and of course the actual woodworking skill set needed to complete jobs.

You have a knack for salvaging and repurposing some amazing materials, and utilizing shop waste as much as possible too - why is this important to you?

After years of residential home construction to cabinetmaking and millwork, I became disgusted by the amount of material that goes into the landfill because it just isn't cost effective for big shops to deal with. The same goes for older homes being torn down, it's cheaper to put it all in a bin than remove select pieces that are high quality materials. A change of mindset can give wood destined for the landfill a second life, and I find this recovery very rewarding.

What are some of the unique design techniques that Walden Woodworks can offer?

One of my key design elements is to not artificially colour wood. There is usually a wood species that has the desired colour tone and grain texture, naturally, from a huge pallet provided by nature. Proper grain selection is also a key aspect of my design process. I spend a lot of time going through wood piles to select or highlight the natural grain of wood



and don't just grab the next board off the pile. Hacking a bunch of random boards together results in a that has no harmony with itself or it's place in the home.

Some neighbours may have seen your beautiful designs featured at past Strathearn Artwalks, how was that experience for you?

We've participated in three Artwalks to date, and they have been wonderful experiences and by far the best organized and promoted events we've been a part of. The majority of items I sell at the Artwalk are made from found/salvaged wood and shop off-cuts, and event-goers' response to this practice has been overwhelming. Moving away from buying disposable commercial goods, to pieces that are reborn and locally-made is very satisfying.

What do you love about having your home base here in Strathearn?

Working from our home based shop has been great. I've had to make some compromises in regards to having a smaller space, but downsizing can be a good thing.. less is more! Our immediate neighbours have been very accepting of our business, and fixing the odd sticky door compensates for the low hum the shop emits. We have grown to appreciate what we have here in Strathearn and plan to stay in our little house through retirement.

Anything else you'd like to share with your Strathearn neighbours?

I've managed to transition out of the "disposables" side of woodworking, the things I make are meant to be used and hopefully be useful. Check out the website at https:// waldenwoodworks.com for more information.

Strathearn Outdoor Rink is open for use!

Due to the current realities of operating and maintaining the rink this year, it will be open and operating differently compared to previous years and as follows:

- No set hours, rink is open at all times. You are free to use as desired and conditions allow.

- Indoor skate change will not be open.

- Ice maintenance and clearing is being done as volunteers are able. There is no schedule and the ice surface is as is.

While volunteers are working to try and maintain and operate the rink this year there are several things contributing to the League deciding to operate the rink in this way. First, there is no Rink Director to organize and coordinate rink creation, maintenance, and clearing. There is a group of hardworking volunteers doing their best to work on the rink but it is difficult to coordinate without a Director to organize. Second, the unpredictable and varied weather has made the ice surface difficult to maintain.

With this being said, if you are interested in volunteering to help maintain the rink or taking on the role of the Rink Director, please get in touch with us. Please enjoy the rink and follow the rules posted at the rink. Happy Skating!

Call The Dunham Team Today 780-466-0418 (Office)

Greg Dunham

780-964-1469 (cell)

gdunham@telus.net

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Ritchie Half Duplex: 3 Bedrooms, 4 Bathrooms, finished basement, double garage, walking distance to all necessities.



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