

SOUTHEAST VOICE

**Serving the community leagues of
Avonmore, Capilano, Cloverdale, Forest Terrace Heights,
Fulton Place, Gold Bar, Holyrood, Idylwylde, Kenilworth,
Ottewell & Strathearn.**

March 2023

Published by Calder Publications. To advertise please call 780-434-9732 or email info@communityleagueneews.com



President's Corner

Greetings communities of Southeast Edmonton! I was introduced a couple of issues ago as the new president of the Southeast Community League Association (SECLA) and this is my first President's Corner update. The President's Corner is a new way for me to bring regular SECLA updates to the Southeast communities. I would like to take the time now to reintroduce you to SECLA and what to expect from us in the coming months.

If you are receiving the Southeast Voice, you are part of a community that is a member of SECLA. Communities are the backbone of a vibrant society, and one of SECLA's core mandates is to act as a bridge between the member communities to support and enhance our collective vibrancy.

SECLA's past efforts to bridge communities include the well loved Capilano skatepark in 2014 and the recent park expansion completed in 2022. With this successful chapter now closed, SECLA is working to redefine how it can best function as a tool toward the betterment of Southeast Edmonton.

In recent meetings, SECLA league representatives have identified that all great things start at the grassroots. To align with this, SECLA will seek to amplify and promote the many amazing events and initiatives happening in and among southeast communities as

a way to build connection between neighbours.

A SECLA Facebook page already exists and will become more active in coming months, with plans for SECLA to join other social media platforms over the same time frame. As these platforms have become an important way to connect in recent years, we hope to use these tools as a central place for promotion of community activities throughout the southeast.

As the City of Edmonton moves toward wider district planning, SECLA also hopes to be an important conduit in keeping citizens informed and a representative involved in planning the future of our communities.

Lastly, we do have vacancies on our board for the neighbourhoods of Ottewell and Strathearn, so if you are interested in joining SECLA please reach out to your local community league and/or me president@secla.ca. I also welcome you to get in touch if you have an idea or plan for a wider community initiative that you would like SECLA's support with. I will speak to you all soon!



**Marshall Hartlen
President, SECLA**

New playground coming soon

After five years of planning and fundraising, the replacement of the playground at Forest Heights School is slated to begin in July.

Do you have a connection with a construction or landscaping company that may wish to contribute in kind to this fantastic community project? Donations like these would help save money and may be eligible for a tax receipt. Contributions will be recognized on the playground signage.

-Large disposal bin for demolition/garbage

-Skid steer and operator for demolition (8-12 hours)

-Backhoe and operator

-Hauling/trucking company to remove existing sand from site (400 cubic yards)

-Hauling/trucking company to remove existing wooden playground equipment

-Concrete forming

-Concrete (15 cubic yards)

-25 cubic yards of playground sand

-30 cubic yards of 20mm +/- road crush

-Approximately 700 linear feet of security fencing and portable toilet (2 months)

Please contact Principal Carmen Geissler for more information or to discuss a contribution, at carmen.geissler@epsb.ca or 780-466-0312.

Forest Heights School would like to sincerely thank the Forest Terrace Heights Community League, our school families and residents of this community for the incredible support we have received while bringing this project to fruition!



Soccer



Register for Outdoor Soccer

Feb 1 to March 15th

Check out [emsasouth.com](https://emsasouth.com/register/register/registration-outdoor/) (<https://emsasouth.com/register/register/registration-outdoor/>) for more information on how to register and costs.



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SECLA Board Contacts

COMMUNITY LEAGUE	REPRESENTATIVE	Publication Email
Avonmore	Anita	avonmore@secla.ca
Capilano	VACANT	capilano@secla.ca
Cloverdale	Reg	cloverdale@secla.ca
Forest Terrace Heights	Connie M	fth@secla.ca
Fulton Place	Mike	fultonplace@secla.ca
Gold Bar (Secretary)	Jamie	goldbar@secla.ca
Holyrood	VACANT	holyrood@secla.ca
Idylwylde	Scott	idylwylde@secla.ca
Kenilworth	Marshall	kenilworth@secla.ca
Ottewell	VACANT	ottewell@secla.ca
Strathearn	VACANT	strathearn@secla.ca
Chair	VACANT	
Secretary	Jamie	secretary@secla.ca
Treasurer	Andrew	treasurer@secla.ca
Projects	VACANT	projects@secla.ca
SECLA SEV Liaison	VACANT	SEV liaison@secla.ca



My staff and I are at your service. The Edmonton Gold Bar constituency office is here to:

- Provide information about provincial government programs & services
- Assist you with questions or difficulties with governmental services
- Participate in local community events
- Share ideas

100-8925 82 Avenue
780.414.1015
edmonton.goldbar@assembly.ab.ca

Marlin Schmidt
MLA Edmonton-Gold Bar



Heather McPherson

Member of Parliament
Edmonton Strathcona

Contact my constituency office for assistance with:

- Employment Insurance
- Old Age Pensions
- Canada Revenue Agency
- Citizenship and Immigration
- Canada Student Loans
- Celebratory Messages

780-495-8404

heather.mcpherson@parl.gc.ca
10045 81 Avenue T6E 1W7



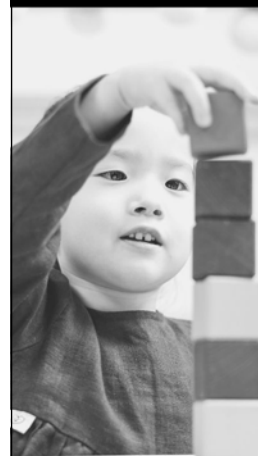
www.heathermcpherson.ndp.ca

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Do you have a child who is 4,
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Children who:

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Contact Us To Learn More!

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Soccer/Sports	Boris (replacement needed)	sports@avonmore.org
Civics	Bryan	civics@avonmore.org
Programs	** (empty) **	programs@avonmore.org
Volunteers	Bob	volunteer@avonmore.org

Avonmore Welcoming Committee - Consider Volunteering!

The welcoming committee needs volunteers! Do you walk your dog around the neighbourhood every evening? Consider taking on the easy task of being a 'newcomer scout'. If you see somebody moving in, note the address, and update the google spreadsheet. It's that easy! No middle man, and no other tasks needed of you. Now, we also need brave souls who would like to be 'greeters' and physically

deliver the welcome packages to the newcomers. If you're an enthusiastic and friendly, welcoming person consider signing up! By giving people a warm welcome, we increase the chances of our newcomer friends becoming active members of the community. We hope to assemble 6-8 greeters to make this committee happen. Email president@avonmore.org to sign up as a scout or greeter.

Programs Director Needed

We are in search of a Programs Director! Are you interested in helping with events and programs but not sure if you'd like to be the director?

You can always be part of the Programs committee, and plan an event without hav-

ing to commit to the responsibility of monthly board meetings. This goes for any of the positions, consider taking on one or two responsibilities to help this community stay vibrant and active. Reach out to president@avonmore.org if you'd like to help.

Avonmore Vision is ready for everyone!

This is our community vision, so we need you to tell us what you like and what could be changed. We will share the final version at the AGM in May. You can learn more at <https://avonmore.org/vision/> or download it from the QR code below



Community Coffee

1st and 3rd Wednesdays

Community Coffee Mornings are on the 1st and 3rd Wednesdays of every month at 10:00 a.m.. Everyone is welcome to attend. This is a great opportunity to get to

know your neighbours whether you are new to Avonmore or a long time resident. All ages welcome. There are always treats from the Hazeldean Bakery or sometimes from someone's kitchen.

Avonmore Book Club

Avonmore Book Club meets every 4 -6 weeks on Sunday evenings. New members are always welcome. Contact pastpresident@avonmore.org for details.

Avonmore Parent, Baby and Tot Playgroup

The playgroup is located at the Avonmore Community Hall, and runs every Monday from 9:00 am - 11:00 am (no playgroup on statutory holidays). The playgroup is a special community meeting place where parents and caregivers of babies and toddlers have an opportunity

to socialise and engage in unstructured play. We'd like to reach out to new moms especially, who may be looking for other new moms in the community to connect with. Join the facebook group "Avonmore Parent, Baby and Tot Group" to get real time updates.

Avonmore Garden Club

The Avonmore garden club is pleased to announce it will host a landscaping workshop in partnership with Eden Landscaping (www.landscapedmonton.ca). Eden Landscaping is a landscaping company with 25-plus years of experience in the Edmonton area, specialising in the design and installation of custom, ecologically-conscious landscapes.

For the cost of \$25 dollars participants will receive a kit including a printed-to-scale working copy of their property plot plan to use in design work, as well as an information package to help them create a first draft of their plan. An in-person workshop with Eden Landscaping will be held at the Avonmore community league hall on March 18th where participants will have limited one-on-one time with staff from Eden Landscaping

to discuss.

You do not have to redesign your entire yard to participate in this workshop. You may only have a problematic shady or dry area you want covered, or may want to create a water storm capture area for flash floods--no project is too small or too large for this workshop!

In order for Eden Landscaping to be able to accommodate everybody at the hall, we will limit the number of registrations to 30. You can register on Eventbrite. The link is: <https://www.eventbrite.com/e/eden-landscaping-design-workshop-registration-520809484187>

If you cannot find the event, you can also email gardenclub@avonmore.org and we will send you the link.

Avonmore Moves

In Avonmore, we are running a movement initiative, in support of mental health. We know there is a definite connection between mental health and exercise! Since the beginning of June 2021, we've encouraged Avonmore residents to track movement in kilometres. Some residents use a device that tracks their movement of steps, running, biking or others calculate 20 minutes of workouts which equals 1.6 kms. Community members record their movement and send their information to me so we record the numbers for the whole neighbourhood. We are participating in a Community Challenge with 5 other surrounding communities.

We have 14 people who regularly track their movement and send in their numbers. From the beginning of June 2021 to February 19, 2023 we have moved a total of 108,243.68 kms. We are heading towards our third trip

around the earth of 120,225 kms (The circumference of the earth is 40,075 kms) and reaching 200,000 KMS. We want you to join us in tracking our movement! Anything you or your kids do that is active is eligible! Just count 20 minutes of exercise as equivalent to 1.6 kms! We would like everyone who can log their workouts, steps, or biking kms to join us! Please join with the rest of Avonmore in this fun way to improve our physical and mental health by doing these two things:

1. Send me an email at active@Avonmore.org and get started recording your own movement.

2. Sending this same email address to everyone in your Avonmore contact list so they can join in.

If you have any questions, please email active@Avonmore.org. I look forward to hearing from you!

Avonmore Community League Membership

Welcome and thank you for your continued support towards making Avonmore a great community!

Annual membership term: September 1 to August 31.

We welcome new residents in Avonmore Community* by celebrating with a FREE MEMBERSHIP in your first year, please contact membership@avonmore.org for more details!

Through the purchase of your community league membership, you will gain exclusive access to several community league perks, deals, and discounts at multiple local businesses. For coffee lovers, the Candid Coffee Roasters (located at 6752 75 St NW) is offering a 10% in-store discount on ALL their

beverages. Enjoy Canadian Maple? Well... Biggle (located at 8526 109 St NW) is offering 15% off on all their maple products online or instore by applying the promo code (VIPCODE).

Looking to purchase a membership? You can, by emailing membership@avonmore.org or by buying directly from Dairy Queen at 7460 76 Ave NW, or online via the QR Code:

*We welcome all residents but if you reside outside of Avonmore Community League, please visit your community leagues' website for membership information and contact.



Hall Rental

The Avonmore Community Hall is available for rentals and bookings! For more information contact Tanya at hallrental@avonmore.org

Avonmore Community League Merchandise

We have Avonmore merchandise available for purchase by emailing the Membership Director at membership@avonmore.org. Should you need to keep your beverage warm or chilled, the 10 oz. Insulated Mug will satisfy your needs. Or want to add colour to your wardrobe and/or stay warm? Our colourful Toques have you covered. Community league members received a discount as each item is \$15.00; otherwise, without a membership, each item is \$20.00.

Shinny Ice Hockey

Fall/Winter sessions are Friday's 10:45pm @ Kenilworth arena. We will play from October to March 2023. Shinny hockey is a group of players getting together to play hockey. Players of all genders and ages are welcome to participate. Our youngest player is 14 and our oldest player is 65+, and the range of abilities are beginners to ex-NHL. Yes you read that correctly, in the past we have had NHL players playing with us and our 14 year old is good and capable enough to play with adults. We choose different teams each session while still keeping the teams balanced. There are 3 main rules we follow: Have Fun, Play to the ability of your opponent, & Avoid stick work. Full equipment is recommended, but you can wear whatever you are comfortable with. We have several players who have extra sets of equipment if you need to borrow items. We play for 1.5 hours with a \$20 drop in fee, or a cost for all sessions which come to around \$17 per session. Space is limited, if you are interested and would like to attend or would like more information please contact Boris at sports@avonmore.org.

Crochet Club

Come join us for the new Avonmore Crochet Club. This will be a recurring event on the 1st Thursday of every month at the Avonmore Community Hall starting Mar 2, 2023. The event will run from 6-9pm and there will be limited supplies so please sign up early by contacting Adele at grants@avonmore.org

Soccer

Register for Outdoor Soccer Feb 1 to March 15th
Check out [emsasouth.com \(https://emsasouth.com/register/register/registration-](https://emsasouth.com/register/register/registration-)

outdoor/) for more information on how to register and costs. Need a soccer director for the 2023 season or there will be no soccer in Avonmore this season.

Community Swim

Free to Avonmore Community League Members with a valid membership card! Phone 311 or check www.edmonton.ca for updates on closures before you go. Commonwealth Community Recreation Centre 11000 Stadium Road; Saturdays, 3:00 - 5:00 pm
Bonnie Doon Leisure Centre 8648 81 Street; Sundays, 4:15 - 5:45 pm
Eastglen Leisure Centre 11410 68 Street ; Saturdays 3:00 - 5:00pm
Visit www.edmonton.ca for more info.

Online Community

Are you on Facebook? "Like" Avonmore Community League, join "Avonmore Community League Chat" to follow what's happening with the Community League and see what your neighbours are talking about. Other groups include: "Avonmore Parent & Tot", "Avonmore Garden Club" and "Avonmore Concert Series". Come join us! Check Twitter and Instagram! Share photos or events happening around our community Join the conversation using #YEGAvonmore
Twitter: @AvonmoreLeague
Instagram: avonmoreleague

Community Music Classes

Children ages 1-5
Classes are free and are always held on a Monday at 10:00am at the Avonmore Community Hall.
Come join us for a fun 1/2 hour of music and dance from our wonderful music teacher Dawn Bissett.
Save these music class dates: January 16th, February 13th, April 17th, May 8th.

Avonmore Community Sponsors

Enrich Yourself at Hazeldean's Newest Accessible & Inclusive Yoga Studio

Grand Opening OPEN HOUSE April 1 & 2 10am - 4pm

Grand Opening SPECIAL 10 Class Punch Card \$150

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BIGGLE

candid COFFEE ROASTERS

Thanks to our amazing sponsors who support our community! Considering ways to support your community? Please contact membership@avonmore.org.

Avonmore Community Playschool

Avonmore Community Playschool Open House was March 9th from 5:30-6:30pm

We welcomed families of children ages 3-5 to come visit us, meet with the teachers, and explore our fun and inviting space. If you were unable to make this date, don't fret, we welcome you to email us at playschool@avonmore.org to set up a personal tour of the playschool or to talk with our teachers to ask any questions. You may also check out our video on the Avonmore.org website and you can also find our new registration form here as well.

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Casino Coordinator	Jean	780 863-0914
Memberships	Jean	memberships@capilanocl.ca
		780 863-0914
City Programs	Kristin	780 238-7795
CCL Programs	Maria	780 984-6839
Social Director	Heather	780 466-1380
Neighborhood Watch	Jeff	780 469-0026
Southeast Voice	Jill S.	780 718-7270
Webmaster	Katie	webmaster@capilanocl.ca
Social Media	Serena	serenasvidal@gmail.com
Sign Rental	Karen	780-977-5252
Building & Grounds	Carson	587-930-6977
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Babysitting Registry	Becky	587 589-5848
Capilano Playschool	Maureen	780 802-9307
Tennis	Daniel	780 245-1285
Soccer Programs	Shelley	780 497-0395
Soccer Programs	Curtis	780 908-3889
Ice Allocation	Sam	rink@capilanocl.ca
Hardisty Gym/Preschool Soccer	Shauna D	780 966-3205
SECLA	Jill H.	jkhest@gmail.com
City – NRC	Tyler	780 690-8613

Meetings are held every 3rd Wed of the month 7:00 p.m. - Sept – June
Capilano Community is on Facebook "Like Us"
Check us out on Instagram @capilanocommunity

Choose Capilano Hall for your Event

If you're planning on hosting a party, meeting, family gathering, wedding or other occasion then you should check out our hall. Capilano hall offers a perfect location with a one-of-a-kind view of the river valley. The hall has a large balcony, kitchen, new flooring and a fresh new coat of paint and all amenities are available to make any event special. Hall capacity is 80. Third party/ liability insurance is required for ALL hall rentals.

Single weekend daily rates for Friday, Saturday and Sunday are \$225/members and \$300/non-members. The entire weekend rates are \$325/members and \$450/non-members. You must reside in the Capilano boundaries and have a current community league membership to get the member rates.

To book the hall or for more information contact Marzena – 780-909-5886 or visit our website at capilanocl.ca.

Total Body Fitness

This is a strength and cardio focused workout, everything can be adapted and modified, so every fitness level is welcome!

Tuesday class at 6:45 p.m.

Thursday class at 6:45 p.m.

Next session runs March 7 – April 25 (no classes April 6, 11, or 13)

\$77 one day a week (7 classes) on Tuesdays
\$66 one day a week (6 classes) on Thursdays

Drop-in rate is \$13

For more information or to register email lisashortenfitness@gmail.com or visit @lisashortenfitness on Facebook or Instagram.

Capilano Community Memberships

Community league memberships are no longer available through Servus Credit Union or through SEESA.

*We will continue to have direct sales through community member Jean (780 863 0914), at All care Pharmacy, and through efcl.org. Thank you. *

Current memberships valid September 1, 2022 to August 31, 2023.

Family \$20.00

Senior couple \$10.00

Single \$10.00

Need a Capilano Community Membership? Contact Jean at 780-863-0914 or member-

ships@capilanocl.ca.

As well, memberships are available at: --"All Care Pharmacy" located at 5016 - 106 Ave. Contact the pharmacy at 780-244-2737 for store hours (Cash only). Thanks to "All Care Pharmacy" for supporting our community!

--Edmonton Federation of Community Leagues (online only). Note: EFCL adds a \$5.00 admin fee and only a family membership is available online.

Your community league membership also offers several perks, deals, and discounts from various local businesses and organizations. Go to efcl.org for more information.

Treasurer Needed!

If you have a passion for numbers and have always wanted to volunteer in your community, here's your chance! Capilano Community League is seeking a new Treasurer commencing immediately.

** No bookkeeping required **

Responsibilities include:

--Attends monthly Board meetings (3rd Wednesday of month from Sept to June)

--Presents reports to the board on the financial state of the community league.

--Acts as signing officer, with another of-

ficer, for cheques and other documents.

--Issues cheques for all invoices.

--Make deposits.

--Arranges for annual audit of books.

--Prepares budgets and financial statements.

--Oversees the bookkeeper

--Completes security clearance check.

You will receive training and on-going support.

If you are interested or have questions, please contact Kris 780 720 9003 e-mail k_cramer@telus.net

Capilano Seniors' Afternoon Program

Did you know that Capilano Community League is working with the SCONA Seniors program?

We bring this program to Capilano Community Hall one afternoon a month.

Come for an afternoon of chat, games, and fun!

We are trying to bring in guest speakers as well in the future.

Next date: Tuesday March 21st

Time: Doors open 12:30 to 2:30 p.m.

(If you are taking DATS, book pick up time for 2 p.m.)

Location: Capilano Community Hall 10810-

54 St NW (Edm., T6A 2H9)

Cost: Only \$10.00 (Coffee/lunch/dessert/prizes provided)

Upcoming dates for 2023: April 18th, May 16th

(Subject to change but SCONA Seniors will inform us and watch our web and social media, Capilano Community Facebook Page, and our webpage at (capilanocl.ca) for last minute updates.)

Please call 780 433-5377 to register if you are interested in attending any of the Tuesday afternoons. See you soon!

Capilano Preschool (non-parented) Soccer Registration

This thriving program has been a staple for families in the Greater Hardisty Area for 18 years! Instructors, using a play-based model of learning, lead kiddos through 45 minutes of skills and games. And our coaches get what it means to play preschool soccer as most of them started their sporting careers in this very program! Soccer is held every Tuesday OR Thursday for 6 weeks at Fulton Community Rink.

Start: Tuesday May 2 or Thursday May 4, 2023

End: Tuesday June 6 or Thursday June 8, 2023

Cost: \$85/child (cash or cheque payable to Gymfit)

Group A: Tuesdays 5:30-6:15 p.m.; Group B: Tuesdays 6:15-7 p.m.

Group C: Thursdays 5:30-6:15 p.m.; Group D: Thursdays 6:15-7 p.m.

REGISTRATION: Registration online at Capilano Community League website (www.capilanocl.ca). Look for an online registration form under Preschool Soccer. Registration is limited and first come first serve.

FREE swim for Capilano community members on Sundays

Bring your current, valid Capilano Community League membership card to swim for FREE during the following times:

--Hardisty Leisure Centre from 1:15 to 2:45 p.m. on Sundays

The indoor community swim program runs from the second weekend in September until the end of June. Check the facility website or call ahead (311) as the pools occasionally close for holidays, etc.

Capilano Ball Hockey (non-parented) Registration

Kids will learn to stick handle, pass, shoot, protect the ball, keep their heads up, and read the plays. Along with the basic rules, your child will learn offense and defensive strategies and tactics. Hockey skills will be improved through fun, game-based teaching methods. Each class is a mixture of learning skills and playing ball hockey. Kids will improve their playing and become more proficient and skilled hockey players. Equipment needed: shin guards; helmets/full cage; hockey stick. Hockey gloves are recommended.

Dates: Saturday April 29 – June 10, 2023
Group 1: 4–6-year-olds
Time: 9 – 10 a.m.
Group 2: 7–12-year-olds
Time: 10 – 11 a.m.
Cost: \$85/child (cash or cheque payable to Gymfit)
Where: Capilano Community League Rink (10810-54 Street)
REGISTRATION: Registration online at Capilano Community League website (www.capilano.cl.ca). Look for an online form under Ball Hockey.

Yoga at Capilano Hall

Day: Wednesday mornings
Time: 10:00 -11:00 a.m.
Cost: \$10 per class when attending weekly sessions, \$12.00 drop in.
First class is free for new participants.
Join in at any time and purchase the number of sessions you would like to attend. Sessions can be used as a pass system until June.
Payments can be cash, cheque or etransfer

to email below.
Hatha style yoga. All levels welcome, slower paced classes with focus on building strength and stability as well as relaxation and stress release.
Please bring a yoga mat and come check it out.
For more information contact: Nancy_conlin@hotmail.com

Capilano Community League Sign Rental

Contact Karen at: 780-977-5252
Do you have a message for the community, a birthday, anniversary, graduation, or special event that you would like advertised? Advertise it on our changeable sign located at the intersection of 65 Street and 108 Avenue.
Sign rental fees: Community League Members - \$10 (\$15 for non-members).
Small business/commercial advertising -

\$25. Guaranteed 3 days.
Please note: small business announcements/advertising also accepted at our discretion. Some restrictions apply and we reserve the right of refusal. Community announcements take precedence over small commercial business announcements.
Please call as far in advance as possible to avoid disappointment!

MARK YOUR CALENDARS!!
Capilano's
**Community Wide Garage Sale
& Big Bin are back!**

2023
JUN

**Community Wide Garage Sale
Saturday June 3, 2023**
.....
**Big Bin Event
Saturday June 10, 2023**

WE ARE BRINGIN BACK SOME FUN IDEAS

Thursday Strong

If you are looking for a class that focuses on getting your whole body stronger, then this is your class - no cardio. We will mainly use dumbbells, bands, and kettlebells, with a longer mobility focused warm up.
Tuesday class at 8 p.m.
Thursday class at 8 p.m.

Next session runs March 7 – April 25
\$77 one day a week (7 classes) on Tuesdays
\$66 one day a week (6 classes) on Thursdays
For more information or to register email lisashortenfitness@gmail.com or visit @lisashortenfitness on Facebook or Instagram.

Capilano Playschool

Capilano Playschool continues to accept registrations for the 2022 – 2023 school year. We offer a choice of our Healthy Apple (health and wellness) or Christian program. We run morning classes two or three days per week. All classes are for 3- and 4-year-olds and include a “Learn Through Play” philosophy that facilitates children learning letters, numbers, socialization and self-regulation skills



through physical activity, art and crafts, field trips, stories, music and more. We are located in Hardisty School (10534-62 street).
For more information on our parent cooperative playschool, or to get a registration package, please contact Maureen at 780-802-9307 or capilanoplayschool@hotmail.com; check out our website www.capilano-playschool.com, or find us on Facebook.

Karate at Capilano Hall!

Time to break out of your routine – get off your couch and get on our floor. Okinawan Goju ryu Karate and Ryukyu Kobudo are at Capilano Hall on Wednesday nights.
Get yourself, your kids, or the whole family active. We have family rates available. Karate is a great activity that helps calm and focus the mind, strengthen, and stretch the body, and helps you manage stress better. Plus

learn some great karate moves.
Why break the bank when you can train locally, support your local community, and receive quality instruction in a Karate Alberta-affiliated dojo, where you will receive top instruction from an internationally ranked instructor. All for a fraction of the cost. Find us on - facebook.com/RyukyuKaratedoKobudo or text/ call 780-619-3136.

Capilano Babysitting Registry

Babysitters needed! The Capilano Babysitting registry is looking to add babysitters to our registry. Please email babysittingregis-

try@capilano.cl.ca for more details. Parents looking for a sitter can also email this address to get connected to a sitter in our area.

Calling all soccer players!

Outdoor soccer registration begins February 1 and runs until March 15. Program details and fees available at https://emsasouth.com

Volunteers Needed!!
Capilano's next Casino is coming up on
**SUNDAY AUGUST 27
&
MONDAY AUGUST 28, 2023**
If you are interested in volunteering please contact
Marzena @ 780-909-5886 or
Jean @ 780-863-0914

2022 Board of Directors Contact List

Position	Name & E-mail
President	Name: Dave Email: president@cloverdalecommunity.com
Past-President	Name: Reg Email: pastpresident@cloverdalecommunity.com
Vice-President	Name: VACANT Email: vicepresident@cloverdalecommunity.com
Secretary	Name: Braden Email: secretary@cloverdalecommunity.com
Treasurer	Name: Leigh Email: treasurer@cloverdalecommunity.com
Civics Director	Name: Carly Email: civicsdirector@cloverdalecommunity.com
Folk Festival Liaison Director	Name: Jayne Email: folkfest@cloverdalecommunity.com
Communications Director	Name: Alexa Email: communications@cloverdalecommunity.com
Social Director	Name: VACANT Email: socialdirector@cloverdalecommunity.com
Program Director	Name: Jennifer Email: programmedirector@cloverdalecommunity.com
Membership	Name: Marilyn Email: membership@cloverdalecommunity.com
Committee Leads	
Casino Coordinators	Name: Braden Email: casino@cloverdalecommunity.com
Edmonton Ski Club Liaison	Name: Kevin Email: skiclub_chair@cloverdalecommunity.com
Flood Mitigation	Name: Eric Email: floodmitigation_chair@cloverdalecommunity.com
Community Garden (CCGC) Chair	Name: Jeanette Email: communitygarden_chair@cloverdalecommunity.com
Seniors	Name: VACANT Email: seniors@cloverdalecommunity.com
LRT Citizens Committee	Name: Graham Email: lrtcommittee_cochair@cloverdalecommunity.com

Have Your Say on Community Sandboxes

This winter, the City of Edmonton is reviewing the Community Sandbox Program. This program provides free dry sand to communities, such as Cloverdale, to help make sidewalks safer, less slippery and more accessible during the winter.

The City is seeking feedback from residents, stakeholders and community partners on possible future changes to the Commu-

nity Sandbox Program. Let's talk about how we can help make this program better and more accessible for everyone, so we can all do our part to keep sidewalks clear and safe for ourselves and our communities. Before March 10th, visit edmonton.ca/CommunitySandboxes or contact 311 for details about upcoming online and in person sessions, surveys and more.

Book Your Event at the Cloverdale Hall

The Cloverdale Community League Hall offers a year-round destination to celebrate family milestones or to build corporate bonds. The Hall offers a Main Hall and/or Lounge space to rent,

and includes a kitchen, bar, BBQ, and large deck — perfectly situated at the base of Gallagher Hill. For more information about renting the hall, visit the Cloverdale Community League website.

Your Neighbours Need You! CCL Board Seeks Leadership Help!

Volunteers are the backbone of our community. Now, your Cloverdale Community League is in need of two community members to take on President or Vice President roles. These two roles are a critical piece of keeping our amazing community the way it is — from helping make important decisions about Folk Fest, to helping lead our incred-

ible board. While the responsibilities of these two roles require dedication and time, there is a board of well-equipped, friendly, and very helpful community members prepared to support whoever steps in. We need you! If you're interested or have some questions about either roles, please reach out to info@cloverdalecommunity.com

Rink Renos Begin this Spring

The CCL is very excited to announce that the rink will finally undergo its renovation this Spring! After unforeseen delays pushed the renovation away from the summer of 2022, the demolition and construction of the new rink is slated to begin in Spring, which will make for an excellent shinny season later this year! We cannot wait to see the shiny new rink, and appreciate the community's patience and understanding. We'll have more information as construction begins in the coming months. We look forward to many more great skating seasons to come!



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Soccer registration on now

Registration for U4 to U19 outdoor soccer is on now until March 15 via Mill Woods Soccer Association at emsasouth.com. Forest Terrace Heights families will need a community league membership to register, which

you can buy on our website, forestterrace.org.

We're also looking for a new Soccer Director to join our board. Please contact Jeffrey at president@forestterrace.org to discuss.

Casino volunteers needed

Volunteers are needed for the Friends of Forest Heights School casino on Friday, March 24 and Saturday, March 25 at the Pure Casino on Argyll Road. No experience is necessary; meals are included. Sign up at volunteersignup.org/F79WC.

Funds received from the casino allow families to pay little or no fees for school activities such as field trips, school-wide performances and daily organizers. Please contact Ruth at ruthfortier@gmail.com if you have any questions.

We dropped, shopped & swapped

"A chance to let go knowing that someone else will benefit."

That's how our events director, Molly Book, describes clothing swaps like the one she organized last weekend at the Forest Terrace Heights community league hall. Upwards of 200 people passed through the doors to donate clothing or shop from the more than 1,000 items collected. Everything was free and there was no limit on items.

"They give us the chance to pass along our treasures," Molly adds, "to meet neighbours, to share resources, and to relieve some financial pressure."

And were there treasures! One volunteer brought eight bags she had collected from friends, and on Sunday morning, someone dropped off two giant bags of girls clothes. There were many beautiful designer pieces, some items that still had tags on and a couple of hand-knit sweaters.

Stylist Jennifer Clark, who co-hosted the swap, had no trouble picking out pieces to create more than a dozen looks that were shared on social media and no doubt drew in more swappers. They were parked outside waiting an hour before the swap even opened on Saturday.

"The theme throughout the day was joy," Molly says, "joy that there was no limit, joy in the treasures found, and appreciation in the



care taken to organize and make it easy for people to find what they wanted."

Thirteen volunteers put in more than 60 hours to set up tables and racks, sort donations, keep things organized, pack up and deliver the leftovers and tidy up the hall at the end.

Out of the 100+ bags and boxes that came in, we ended up with 10 to donate to Blenderz Garment Recyclers. Molly says she chose them because of their multi-layered approach to clothing reuse. They have a thrift shop where you can pay by the pound, and they offer sewing and clothing repair classes as well as workshops to weave rag rugs using scraps of clothing that is no longer wearable or repairable.

Save the dates!

April 15: Kids improv workshops

Led by theatre director and actor Katie Hudson, kids will learn improvisation basics including saying yes, supporting fellow improvisers and listening. Through short-form improv exercises, they will discover more about character, physicality and building an improv scene. It's all about using your imagi-

nation to create scenes on the spot! Register on eventbrite.ca.

April 21-22: Book and puzzle swap

Last year's book and puzzle swap was a big hit so we're doing it again. Plus, you've probably finished all the puzzles and books you picked up last year, right? Start getting them organized to donate and swap for new ones in April.

Tuesday parent & baby drop-in

You and the little ones need to get out of the house, am I right? Come hang out with other tired parents and endlessly energetic babes at our Tuesday drop-in.

Where: Forest Terrace Heights community hall, 10150 80 St NW

When: Tuesdays, 12:45 to 2:15 p.m.

Who: Parents and babies up to age 3 (but older siblings are welcome)

Cost: Free

Important: This is not childcare. A parent must be in attendance and is responsible for their children at all times.

Questions: Contact sarah@forestterrace.org.

Monday yoga or meditation

We're running another round of our double bill on Monday nights at the hall, with Lyndsey Bajer's yoga class followed by meditation with Tina. Sign up for one or both.

- Lyndsey says her class is meant to refresh and recharge the mind and body: It's about getting inspired and experiencing more peace." Yoga class runs Mondays until April 3 from 7 to 8 p.m. \$12 per class or \$15 non-members. Register/information on eventbrite.ca.

- Tina says her classes are for those who are new to meditation or who wish to deepen their practice in a supportive environment. You will explore the power of the chakras to live a more balanced life.

Meditation: Mondays until April 3 at 8:15 p.m. \$10 per class or \$14 non-members. Register/information on eventbrite.ca.

For discounted prices, buy your membership at forestterrace.org.

A few more little things...

MEMBERSHIPS:

Memberships are available forestterrace.org/membership. \$30/year family, \$15/year individual, \$10/year senior. New to the neighbourhood?, or have never had a membership, your first one is free. Contact Connie at memberships@forestterrace.org or 780-463-1613.

FREE SWIMS:

Members: free swims Saturdays 3-5 p.m. Commonwealth Community Recreation Centre, Eastglen Leisure Centre, Sundays 1:15-2:45 pm at Hardisty Leisure Centre.

HIT THE RINK:

The rink at the hall is accessible 24/7 and the lights are on from 4 to 9 p.m. every day. If it's too cold or too warm, the rink may be closed.

HALL RENTALS:

The Forest Terrace Heights hall at 10150 80 St NW offers one of the lowest rental rates of any community league in the city. Book it for a birthday, a funeral, a big dinner party or game night, a class. Find details/photos forestterrace.org/hall-rental. Email Connie at hall@forestterrace.org to book or with any questions.

NEIGHBOURHOOD SAFETY:

Got a concern or question about safety or security in our neighbourhood? Contact our Neighbourhood Watch representative Madison at madison@forestterrace.org.

NEXT BOARD MEETING: Wed, April 5, 7 to 9 p.m.



Help spread the news

The board member who manages our social media accounts is changing roles so we're looking for a new recruit, someone with an interest in creating engaging posts for Facebook, Instagram and Twitter.

As a board member, this volunteers would also attend our meetings on the first Wednesday of every month at 7 p.m., at the hall or online.

Interested? Please contact Jeffrey at president@forestterrace.org or join us at the next meeting April 5 to see what we're like (spoiler alert: we're awesome).





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Board of Directors

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Gavin

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Esther

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Michelle

Director/Walking Group Coordinator
michelle@fultonplace.org

Shawn

Director
shawn@fultonplace.org

Skating Party a Success

The Fulton Place Community League had its annual skating party at the rink on Feb 20th, and it was a great success! There was a kids game area that was popular, snowshoes, food and hot drinks, fires, and of course skating.



We were fortunate that the weather cooperated for us. Attendance was fantastic, we figure 250-300 people came through the event, and it was wonderful to see so many kids out having a blast.

FPCL Membership Benefits

Enjoy membership benefits from local businesses in the area with your Fulton Place Community League membership. You can find a current list of our membership benefits on our website (www.fultonplace.org), under the 'Become a Member' dropdown.

Community Events

Do you want to plan an event for our community, and need some support? Maybe you want to try some type of one off or recurring community event, and need some people to help plan, or you need some financial support, or the use of the hall. We can help! Email mike@fultonplace.org with your thoughts or inquiries.

Hall Rental

The Fulton Place hall is available for rent, and is a great place to hold family, social or business functions. The rental rate is competitive, with discounts for Fulton Place community league members. Rental rates can be found on our website (www.fultonplace.org) under the 'Rent Our Hall' section. To book the hall please contact hall@fultonplace.org

Community Book Swap

Join us on March 19th, from 10am to 2pm, at Fulton Place Community Hall for a day of adventure, romance, crime, comedy, and history! Bring all unwanted books (in good condition, please) and swap for as many new-to-you books as you'd like. Kids' Corner will include a variety of children's books, as well as hourly readings of books available for kids to take home with them. Light refreshments will be available, courtesy of Fulton Place Community League. For questions please contact Jessica at jessicaemdavies@gmail.com or 780-803-8169.

Facilities Help Needed

Do you have a passion for our community, and want to help out the league? We want your help! We are in search of a Facilities Director, to provide minor maintenance at the hall on an ongoing basis, and work with contractors as needed. This is a volunteer position, with a time requirement of 2-3 hours/month typically. If you are interested in helping us out, please email mike@fultonplace.org

Community Swim

Community Swim will be on Sundays, 1:15 p.m. to 2:45 p.m., at the Hardisty Fitness and Leisure Centre, and is FREE for Fulton Place Community League members.

We are excited to add ACT Aquatic and Recreation Centre on Saturdays from 2:00 p.m. to 4:00 p.m. FREE for Fulton Place Community League members.

The 2022-2023 community swim season runs until June 18, 2023. Community swims do not take place on Statutory Holidays or days the facilities close early such as Easter Sunday.

Skating Rink

Our rinks are open Mondays through Sundays for members of our community. Please visit <https://www.fultonplace.org/rink> for hours of operation.

Volunteer Appreciation

We were so pleased to be able to thank our volunteers in February with a volunteer appreciation event at the hall, for the first time in three years. It was a pleasure to gather so many of our volunteers together and celebrate them, and what they have meant to our community.

We also added the names of some of our long term community volunteers, Doreen and Eldon Wyman, to our community volunteer award, and were able to honor them and their long time volunteerism in our community. Thanks to all our volunteers!

Load up on legumes for lunch

Have you thought of packing legumes in your lunch?

Legumes are plant-based proteins. Some of the common legumes include chickpeas, kidney beans, black beans, black-eyed peas, cannellini beans, and split peas.

Legumes are a good example because they are easy to find and easy to pack, and they often cost less than meat, too.

Meal ideas:

- Turn a side salad into a meal by adding canned beans.
- Use black beans as a topper on your chicken pizza.
- Add beans or lentils to a meat sauce.
- Try a white bean dip or hummus with raw vegetables.
- Switch from hamburgers to plant-based burgers by substituting cooked lentils for ground beef.

Or try making a chickpea salad.

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Gold Bar Executive

Name	Position	Email
*President	Adam Rompfer	adamrompfer@yahoo.ca
*Vice President	Jamie Melnyk	jamie21_twitcher@hotmail.com
*Secretary	Kacie Whiffen	goldbarsecretary1@gmail.com
*Treasurer	Nicole Kraychy	nicolegoldbar@live.com
Bingo Director - Fort Road	Kerry	bravoisis@hotmail.com
Bingo Director - Parkway	Charlene Lazenby	charnelazenby@gmail.com
Bingo Worker Director	Lorie Smith	loriesmih@gmail.com
Casino Director	Isabella Pierce	bella.edm@shaw.ca
Communications Director	Lisa Shorten	brian.lisa.shorten@gmail.com
Community Liaison	Rhae Hansen	gbcl.liaison@gmail.com
Director At Large	Pat Chmilar	p.chmilar@icloud.com
Social Director	Ronda Lisowski	magicianronda@gmail.com
Financial Director	Andrew Mason	andrewroycemason@gmail.com
Green Shack Program Director	Jess Strashok	jessgrace88@gmail.com
Hall Manager	Liisa Armstrong	goldbarhallrentals@gmail.com
Membership Director	Amy Cooper	Amycooper88@outlook.com
Programming Director	Dominique Kott	dQ.kott@gmail.com.
Sign Director	Alison Boese	akcurtis23@yahoo.ca

Mom and Me Fitness

This class is a mix of cardio and strength with a special focus on pelvic floor health. Kids and babies are welcome to come play, be in the stroller or be worn. Bring a yoga mat, water, and anything your kids need. People without kids are also welcome to join. This session March 6- April 24 (no class

April 10)
Mondays from 930-1030am
Contact Lisa to register or with any questions.
Mondays \$70 or \$12 drop in
Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

Yoga at Gold Bar Community Hall

Hatha style yoga
Monday's 11:00 am - 12:15 pm
Wednesday's 7:30 pm - 8:45 pm
\$10.00 per class with attending weekly sessions.
\$12.00 drop in
1st class is free for new participant's.
Join in at anytime and purchase the number of sessions you would like to attend. Monthly well-

ness prize draw for 5 sessions purchased at \$50
Payments can be cash, cheque or etransfer to email below.
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For more information contact: Nancy_conlin@hotmail.com



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Goldbar Community Memberships Available Now!

You can NOW buy your memberships at ALL CARE PHARMACY (5016-106Ave) and at SEESA (9350-82St) come check out these wonderful business and pick up your community membership.

Check your local pool for community swim times.

Please Remember Your Card.

WE NEED YOUR HELP!! PLEASE VOLUNTEER TO SELL TO A ROUTE NEAR YOU ! If

you're interested in helping your community by selling memberships, we have short and long routes available.

With your membership you have FREE access to the Edmonton Tool Library, and the Community Swim at Hardisty Pool from 1:15-2:45 Sundays.

You can purchase memberships at any of the above places or Call Amy Cooper 780-668-6836. Adults/Family \$20 and seniors \$5.

Membership Contest!

Winner receives a \$ 20 gift card to All Care Pharmacy. We will be having a winner once a month. Buy your membership now!

***Remember to be entered all you must do is buy your membership at All Care pharmacy, online or by calling Amy 780 668-6836.

BINGOS

If anyone is interested in working these events, please call Lorie@ 780-447-1110. Funds raised are used for community events.

Our next bingo dates are as follows:

Fort Road Hall
Sat March 25, afternoon/evening
Parkway Bingo Hall:
Tues March 28, evening/late night

Sunday Strong

If you are looking for a class that focuses on getting your whole body stronger this is your class. We will primarily be using dumbbells, bands, and kettlebells, with a longer mobility focused warm up, and a 20 min foam rolling and stretching finish.

This Session Runs March 5- April 30 (No

class April 9)
Sundays 6:45-7:55 (note this is a 70min class)
Contact Lisa to register or with any questions.
Sundays \$88
Facebook.com/lisashortenfitness or email lisashortenfitness@gmail.com

Family Futures

Family Futures Resource Network will be running a free 'Music and Motion' Drop-In Program for children ages 3-6 years and their caregivers every Tuesday afternoon starting January 17th until March 21st from 2:00-4:00pm at the Gold Bar Community Hall. This free drop-in program offers children the opportunity to move freely and express themselves through play and music. Come join in the fun and support your child's development with activities such as dancing, musical instruments and parachute time. For more information on this and other programs



and services Family Futures offers, please call 780-413-4521 or visit www.familyfutures.ca.

The Hall is open for rentals!

Contact goldbarhallrentals@gmail.com or leave a message at 780-249-0366 and our Hall Manager Liisa will contact you! Rates, rental

info and availability calendar also available on the Gold Bar website www.goldbarcl.com. Gold Bar community membership discounts apply.

Gold Bar Annual General Meeting

April 3, 2023 held at the hall 7:00 all are welcome to come learn what we are doing in our community

Hold the Date

May 13 2023
5-8 PM spring fling family dance
Goldbar Hall
Music Meal and Glitter tattoos

Help out our the Gold Bar Scouts!




Gold Bar Scouts will be having a bottle drive on Saturday April 15. Save your bottles and / or Canadian Tire money.

The Gold Bar Scouts will also be having

a Compost Sale on Saturday May 6. In an effort to reduce waste, please bring reusable containers. We will have some pails/ buckets available for purchase.

Holyrood Community League Contacts

President - Larissa	president@holyroodcommunity.org
Vice President - Megan	vicepresident@holyroodcommunity.org
Treasurer - Vonn	treasurer@holyroodcommunity.org
Secretary - Julie	secretary@holyroodcommunity.org
Programs - Kelly	programs@holyroodcommunity.org
Sports & Fitness - Paul	sports@holyroodcommunity.org
Memberships - Nor'Ali	memberships@holyroodcommunity.org
Facilities & Grounds - Vacant	facilities@holyroodcommunity.org
Communications - Jana	communications@holyroodcommunity.org
Events - Elisa	social@holyroodcommunity.org
Civics - Carlos	civics@holyroodcommunity.org
Holyrood Development Committee - Vacant	hdc@holyroodcommunity.org
Community Garden - Geordan	garden@holyroodcommunity.org
Soccer - Richard	soccer@holyroodcommunity.org
Playschool - Laurence	playschool@holyroodcommunity.org
Playgroup - Vacant	playgroup@holyroodcommunity.org
Casino - Vacant	casino@holyroodcommunity.org
Engagement - Christine	christine@holyroodcommunity.org

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Complimentary Memberships are available for newcomers to Holyrood!
 Contact our Membership Director at memberships@holyroodcommunity.org.

YOGA WITH BARB

Prioritise wellness and mindful movement this year with Barb! Check out the details below and contact programs@holyroodcommunity.org or barbayogaguide@gmail.com if you have questions. Punch passes or drop-in are available. NOTE: The \$30 punch card can be used at both locations.

Gentle Movement Yoga at Trinity Lutheran

Move and stretch through gentle and accessible yoga poses while also learning calming techniques to live with more ease and joy.

When: Mondays 10:00 to 11:15 am until April 3, 2023 (except February 20th)

Cost: \$30 punch card for 3 class or drop-in at \$13/class

Where: Trinity Lutheran Church (10014 81 Ave NW)

Yoga in Holyrood at St. Luke's

Yoga is about increasing ease, stability and joy. Experience how yoga can be beneficial without being hard. Plus learn cool calming techniques.

When: Thursday Evenings 7:00 to 8:15 pm until March 30, 2023

Cost: \$30 punch card for 3 class or drop-in at \$13/class

Where: St. Luke's Anglican Church (8424 95 Ave NW)



HOLYROOD COMMUNITY LEAGUE BOARD

It's been another fun winter of skating and shinny on our rink, and we would like to send out a big thank you to all the volunteers that made our ice possible this year!

We have some sad news to share - our amazing President, Larissa, will be stepping down from the board at this year's AGM (upcoming in April, stay tuned to our social media for more information on that). Larissa has led our board through some of the most stressful and wildly crazy times over the past 5 years, from a complete board turn-over, to the pandemic, to helping our playschool prepare to incorporate on their own. Through

it all she has kept a cool head and has run a tight ship, keeping our board together and our attitudes positive. We will miss Larissa so much! Thank you Larissa for your tireless hard work and your commitment to our community.

That means that we're looking for a new president! I've included a job description below for those interested in the position. We are hoping to begin onboarding as soon as possible, so if you think this position is a good fit for you, and you would like to lead our great volunteer board, please reach out to President@holyroodcommunity.org

Leadership Opportunity - President



Would you like to make a significant contribution to your neighbourhood? Do you want to build board leadership skills? Are you keen to work with a team of like-minded individuals who care about our fabulous Holyrood community? Can you commit to an hour-long meeting online, once a month?

If so, you might be the next President of the Holyrood Community League!

Current president Larissa will not be seeking re-election at our April 25th AGM. She's been president for over five years, and she is looking forward to spending more time with her family. She will provide support for the new president and make sure you are comfortable and confident in your new role.

The HCL Board is a high-functioning, well-organized, fun group of volunteers who are keen to welcome and support a new leader. If you think you might have the time, interest and skills to be a community league presi-

dent, please consider this opportunity!

Some of the responsibilities of the President role include:

- Providing leadership to the board by:
 - focusing the board's activities on the league's mission
 - ensuring good governance
 - leading in strategic/annual planning
 - leading in policy development and review
 - encouraging board members to participate in meetings, activities and initiatives
 - Recruit and orient new board directors and coordinators.
 - Submit a brief report for monthly board meetings.
 - Approve the budget and other financial matters.
 - Develop, approve, monitor and review league policies.
- Contact Larissa at: president@holyroodcommunity.org

More on Board Positions on Page 15

HOLYROOD COMMUNITY PLAYGROUP

Join the Holyrood Community League Playgroup for weekly drop-in play for caregivers of preschool aged kids. Get outside, get your kiddos together and chat with a fellow neighbour through this informal play-

group! Although this meeting takes place in a church, this is not a religious group.

When: Thursday mornings, 9:00am - 11:00am

Holyrood Community Church 9224 82 Street

PLAYSCHOOL NOW ACCEPTING REGISTRATIONS

The Holyrood Cooperative Playschool is accepting registrations for 2023-2024!

Located in the Strathearn Community league building, our school runs Monday, Wednesday and Friday AM for children 3-5 years old. Join us for a great year of learning through play and outdoor fun. Visit www.holyroodplayschool.ca or email playschoolholyrood@gmail.com for more information!

OTHER OPEN BOARD POSITIONS

We have a few other key positions we are looking to fill prior to, or at, this year's AGM. Come join our fun and friendly team in making Holyrood a fantastic place to live! Commitments include attending 8 of the 10 monthly meetings, which are an hour long, in addition to a small monthly time commitment, which is dependent on the role and could be anywhere from 1-4 hours a week. If you are interested in any of the following positions, please email president@holyroodcommunity.org

CASINO COORDINATOR

This role is vital to our board as this year is a casino year. The casinos are the lifeblood of a non-profit organisation and constitute the majority of their operating budget. Our casino dates are September 21 & 22, 2023. We will be doing a call out for volunteers for the casino later on this year, but we absolutely need a casino coordinator to get us ready for this very important event.

Responsibilities include:

Maintains financial records.

On behalf of the board and with board approval:

applies for gaming licence

applies for grants and permits

Prepares written reports on gaming events

Works with Volunteer and/or Membership directors and recruits volunteer workers

Liaises with AGLC

receives all casino paperwork

receives the casino licence to operate

brings all paperwork on the first day to the casino

Hires the independent casino advisors, signs their contracts and returns it to them (we already have an independent casino advisor that works with us, so liaising with them will fall to the casino coordinator).

Schedules volunteers to five (5) specific casino positions - total of 48 spots over the two days.

Notifies volunteers of their position and the times of their shift by e-mail.

At the end of the casino, fill in the application for the next casino event.

Receives notification by mail from AGLC of new casino quarter

FACILITIES DIRECTOR

The Facilities Director oversees the physical operation of the Holyrood Community Hall and Rink Building. The league is currently moving to a model of paid facility management, so the

Facility Director will have a significantly different role from past years. The volunteer Director will act as the board's liaison with our paid facility management contractor, who will be responsible for ongoing maintenance, repairs and upgrades to our buildings.

Because of the reduction in duties, the Facility Director will also oversee maintenance and upgrades to the league's outdoor assets, including our skating rink, parking lot and the grounds immediately surrounding our buildings (our "licensed area").

Estimated time commitment: 1-2 hours per week, plus approximately 2-4 hours per month to prepare for and attend monthly board meetings.

PLAYGROUP COORDINATOR

Holyrood Drop in Playgroup is still in need of a volunteer playgroup coordinator to help once per week to keep our playgroup running! This is a great opportunity to get involved and meet other caregivers of young children in the community. This position liaises with the programs director and is not required to attend board meetings. Please contact programs@holyroodcommunity.org if you are interested or would like more information. Estimated time commitment: 3 hours a week, onsite at the playgroup.

HOLYROOD DEVELOPMENT COMMITTEE CHAIR

This position reports to the civics director and is not required to attend board meetings, although there is a requirement to work with the civics director to create a monthly report with updates for the board. The HDC Chair will be joining our development committee, which is a very dedicated group that reviews the development proposals for upcoming developments in Holyrood. Some public speaking experience is required, as this individual may be asked to speak with reporters, the public, and in worst case scenarios, present to City Hall during a city council meeting.

Responsibilities include:

Monitors land use, transportation issues and other civic concerns

Reports to the civics director on matters relating to the neighbourhood

Coordinates submissions and inquiries to government and other organisations

Work with with the Civics Director to prepare monthly reports and an annual report

Orientation of new committee members

Podiatric foot care!

780-466-5290

Dr. Jeannette Furtak, DPM

#302 Capilano Centre

9945 - 50 Street

*** Nails, callous, heel pain, toe problems**

*** Foot orthotics**

*** Diabetic foot care**

*** Appointments Mon - Fri**

www.greenwayspodiatric.ca

Suncor connections

Keeping you informed

The Suncor Edmonton Refinery would like to notify local residents of planned maintenance starting at the refinery in April and continuing until late May. During this time, there is the potential for additional flaring and steam from the refinery as process units are shut down and re-started. There is also the potential for increased noise and traffic along Petroleum Way.

Alberta Environment and Protected Areas and regional stakeholders have been informed.

Suncor will work diligently to minimize any impact on the community and our neighbours. If you have concerns, please call **780-410-5642**.

The Strathcona Industrial Association (SIA) 24-hour telephone message board, UPDATEline, provides information for the public regarding unusual or non-routine activities at heavy industry operations in east Edmonton and Strathcona County.

For more information, call **1-866-653-9959** or follow **@SIA_Alberta** on Twitter.



Estate Income Tax Preparation & Planning

Estate Tax Returns frequently have optional returns and credits which may result in substantial tax savings.

With numerous years of experience specializing in Estate and Personal Income Tax returns, Lorn Stanners, CPA, CMA, can guide you through the process and lend his expertise in the following areas: Business Succession Planning, Trust and Estate Taxation, Estate Plans, Deceased Taxpayers Tax Filings, Post Mortem Tax and Estate Planning.



Contact Information:

Lorn Stanners, CPA, CMA

Email: lorn@yateswhitaker.ca

Phone: 780.413.7211

#300, 10328 81 Ave NW Edmonton, AB T6E 1X2 P 780.413.7211 F 780.413.7226 yateswhitaker.ca

Principal Residence Exemption

Bill called me after receiving a panicked call from his mother, Joan. She had her tax return done by local tax preparers and owed \$35,000 on the sale of her cottage. Could I help her?

Joan sent me the unfiled tax return. I saw the cottage hadn't been claimed as a principal residence (PR). They, like many people didn't know that a cottage, mobile home, trailer or a houseboat may qualify as a PR and you may have more than one residence in a tax year.

I learned that she and her late husband had owned their house for 25 years and the cottage for 15 years. The house had only

increased in value by \$40,000, whereas the cottage had increased by \$150,000. I asked Joan if they had made any major improvements and were any things included in the sale, besides the cottage. She provided me with the details of the cottage improvements, contents, garden tractors, etc. included in the sale. These were also added to the cost base. She also provided me with the house details. Principal residence worksheets were prepared for both properties. By claiming the PR exemption for the cottage for 14 years and using the "Plus 1" rule, it was tax exempt. Had Joan also

sold the house, the taxes would have been \$5,000 on the portion which wasn't exempt. Joan ended up with a tax refund.

Some advisor sites may have misinformation on PR's, including with two properties having to claim the property where you spend the most time and U.S. tax rules, etc. If you own more than one property, which may be a PR, ensure you have an experienced CPA prepare your return to keep the jingle in your jeans.

Lorn Stanners, CPA Lorn@Yateswhitaker.ca

Idylwylde Community League Board

President	David	president@idylwylde.org
Past-President	Kate	pastpresident@idylwylde.org
Vice President	Matthew	vp@idylwylde.org
Treasurer	Pat	treasurer@idylwylde.org
Secretary	Mick	secretary@idylwylde.org
Casino	Michelle	casino@idylwylde.org
Civics	Lee	civics@idylwylde.org
Programming	Corrina	programs@idylwylde.org
Membership	Fran	membership@idylwylde.org
Garden	Kristen	garden@idylwylde.org
Facilities	Vacant	facilities@idylwylde.org
Social	Yulia	social@idylwylde.org
Publicity	Rachel	publicity@idylwylde.org
Grants	Kamila	grants@idylwylde.org
SECLA	Scott	seclarep@idylwylde.org
Hall Rentals	Chris	rental@idylwylde.org
General Inquiries	780-466-7383	league@idylwylde.org

Idylwylde.org @IdylwyldeCL Idylwylde Community League

eNewsletter

Stay up to date with what's going on in the community by signing up for our email newsletter. Visit our website at www.idylwylde.org and enter your email in the 'Subscribe to our newsletter' box.

Free Memberships

The Community League Board has decided to make our memberships free for all of our community members that live in Idylwylde!

Donations are always accepted from anyone who can give and associate member-

ships (if you don't live in Idylwylde) will still cost the regular amount.

Please contact our membership chair with proof of residency in Idylwylde to get your membership today!

Garden Conversations

Sunday, March 19
11 a.m. - 1 p.m.

Is this the year you've decided to grow more of your own food? Join Kirsten Bartel, a long-time kitchen gardener, to discuss how to start herbs, greens, and other edible plants from seed, and transition them outside for

the growing season. Topics will include but are not limited to: the importance of hardening-off; growing in small spaces; container vs. in-ground gardening; how to check soil fertility; and why vegetable gardens shouldn't be hidden away. There will also be a seed giveaway/exchange.

Facility Chair Vacant

The Idylwylde Community League is looking for a new Facility chair. The major duties of this position are looking after the Community League Hall. Tasks include completing regular and seasonal maintenance to helping coordinate larger projects such as re-finishing the roof. Training and support will be provided.

Volunteering on the Board of Idylwylde

Community League gives you the opportunity to meet other people in our neighbourhood, whether you're a longtime resident or a relatively new resident. Volunteering can give you a sense of belonging to a wider community, a sense of empowerment by being able to have your voice heard, and a sense of well being by being able to contribute back to society.

Monthly Community Meetings

Contact our President if you would like an invite to our next meeting. Our meetings have changed to the second Wednesday of the month at 7 p.m. at the Community League hall. Hope to see you there!

Community League Swim

Show your community league membership card for a free swim. To get a free community league membership contact membership@idylwylde.org

Bonnie Doon Leisure Centre
8648 81 Street NW
Starting Sunday, January 8, 2023
Sundays, 4:15 p.m. - 5:45 p.m.

Commonwealth Community Recreation Centre

11000 Stadium Road
Starting Saturday, January 7, 2023
Saturdays, 3:00 p.m. - 5:00 p.m.
Eastglen Leisure Centre
11410 68 Street
Starting Saturday, January 7, 2023
Saturdays, 3:00 p.m. - 5:00 p.m.

Open Mic Pub Night

Do you have any music or spoken word poetry you want to perform? Come and share those talents at our next Pub night on March 24 at 7 p.m. at the Idylwylde Community League Hall. Everyone is welcome to perform, no act will be turned away.

Contact seclarep@idylwylde.org for more information if you are interested in performing.

If you're not a performer, still come join your neighbours at the pub night. Drinks and snacks will be available for purchase, and there are plenty of new friends to be made.



Edmonton Tool Library

We now have access to the Edmonton tool library.

To set up your account:

- Visit the Edmonton Tool Library
- Complete the membership forms & review the borrowing policy
- Present a valid membership card for your the Idylwylde Community League

-Start borrowing tools for free!
Regular opening hours are:
Wednesdays 6:00 - 8:00 pm
Saturdays 11:00 am - 1:00 pm (11:00 am - 3:00 pm April to October)
Bellevue Community Hall (North Entrance)
7308 112 Avenue

Fitness Classes

Free with Community League membership (please contact membership@idylwylde.org for your membership)

Nia Dance Fitness for the Mind, Body and Soul

Dates: Monday, January 16 - Monday, March 13, 2023

Time: 7:00 p.m. to 8:00 p.m.

Location: Idylwylde Community Hall

Nia® is a dance-based mindful fitness class that will strengthen and tone your body, improve your flexibility and mobility, and leave you feeling energized and emotionally balanced. Typically done barefoot, Nia® is non-impact and adaptable to individual needs and abilities; it can be modified to do it seated.

Kirsten Bartel, a certified Nia® instructor, has been teaching in the Edmonton area for over 11 years, and is spreading the message that 'movement is medicine' through inclusive, light-hearted fitness classes where every body is welcome. Wear comfortable clothing, and bring a yoga mat and a water bottle...and a sense of play. More information about Nia® can be found at www.nianow.com or www.fleurishmovement.com.

Please direct questions to Kirsten at fleurishmovement@gmail.com.

Gentle Hatha Yoga

Dates: Tuesday, January 17 - Tuesday,

March 21, 2023

Time: 6:30 pm to 7:30 pm

Location: Idylwylde Community Hall

This class introduces foundational yoga postures, teaches you how to breathe and helps you feel more comfortable with your body and in the yoga practice. Although this class moves at a slower pace than the other yoga styles, expect to be challenged both mentally and physically. Hatha Yoga allows you to step onto your mat and melt away the stress and tensions of daily living. Feel at ease with this very easy to follow Yoga class, where you will stretch and strengthen the body gradually. This 60-minute class is perfect for people who want to try yoga for the first time or for those who are looking for a softer approach to their practice.

Family Yoga

Dates: Sunday, March 12 & Sunday, April 16

Time: 10:00 am - 11:00 am

Location: Idylwylde Community Hall

Come stretch, laugh, breathe, relax, be silly, connect and have fun with your family and community! Bring the whole family because yoga is better together! Class is focused on kids ages 3-12 but all ages are welcome. Please bring water, at least one yoga mat per family and dress in comfortable clothing.

Community League Board

President	Irene	president@kenilworthcommunity.com
Vice President	Jon	vicepresident@kenilworthcommunity.com
Treasurer	Don	treasurer@kenilworthcommunity.com
Secretary	Maren	secretary@kenilworthcommunity.com
Adult/Seniors Programs	Loida	loida@loidahomes.ca
Bingo	Julia	please email President for direct information
Casino	Bonnie	please email President for direct information
Neighborhood Watch	Luann	
Buildings/Grounds	Open	grounds@kenilworthcommunity.com
Children's Programs	Open	childrensprogramms@kenilworthcommunity.com
Membership	Rebecca	membership@kenilworthcommunity.com
Publicity	Rebecca	publicity@kenilworthcommunity.com
Rentals	Liz and Al	rentals@kenilworthcommunity.com
SECLA	Kevin	please email President for direct information
Social	John	please email President for direct information

CONTACT US!

General inquiries & Publicity Requests (SEV & Website): publicity@kenilworthcommunity.com
Hall Rental requests: rentals@kenilworthcommunity.com
Keep Current on our website, www.kenilworthcommunity.com, on our Facebook and Instagram!

Hall Rental Rates

Kenilworth Community League has a beautiful facility. We hope you will consider Kenilworth Hall for your special events. Photos are available on our website, www.kenilworthcommunity.com.

KCL Hall Rental Rates: (Seating 160)
Members Non-Members
Weekend (Fri.pm – Sun.pm)
\$450.00 \$550.00
Day Rate

	\$300.00	\$385.00
Damage Deposit		
\$250/day rate	\$550/day rate	
\$450/weekend	\$550/weekend	

****Third party insurance is now required for ALL hall rentals. Please ask the Rental Manager for more details. To book the hall, email rentals@kenilworthcommunity.com. If email is unavailable, leave a message for Al @ 780-469-1711.**

Southeast YEG Men's Shed Presentation

Edmonton: Two Cities, Two Towns, Two Villages by Shirley Lowe

Thursday, March 23rd, 7:00-9:00 pm.

Located at Kenilworth Community League Hall 7104-87 Avenue NW

Topic: A historic overview of the six municipalities that became part of Edmonton between 1892 and

1964 considers why these areas grew outside of Edmonton and how they became part of the city.

Bio: Shirley Lowe is a local historian who was Edmonton's Historian Laureate from 2012 to 2014.

She has co-authored two local histories, edited a third, and produced papers on the "Value of Heritage Preservation" and "Edmonton's Urban Neighborhood Evolution".

This presentation is open to anyone wanting to know more about History of Edmonton.

Everyone is welcome, no registration is required.

KCL Youth - March and April

Monday March 6, 7:00-8:30 pm Paint Night @ Kenilworth Hall

Monday March 20, 7:00-8:30 pm Bowling at Bonnie Doon

(meet at Kenilworth Hall @ 6:30 pm to walk or meet at bowling lane at 7)

Monday April 3, 7:00-8:30 pm Spread seeds of kindness project @ Kenilworth Hall

Monday April 17, 7:00-8:30 pm Pizza & door deliver seeds of kindness project @ Ke-

nilworth Hall

ALL GET TOGETHERS AND EVENTS ARE FREE FOR KENILWORTH YOUTH AND YOUTH FROM SURROUNDING NEIGHBORHOODS!

(Parents & other family members are welcome to join. Youth under 13 must have a parent or older

sibling present at all times). FOR MORE INFORMATION PLEASE EMAIL: YOUTH@KENILWORTHCOMMUNITY.COM

Kenilworth is Seeking a Rink Manager

Rink Manager is a volunteer position with Kenilworth Community League.

Position would start next skating season, but anyone interested, could work with Ian, our present rink manager, now to get idea of position.

Duties include:

- Liaison between Ice Contractor and KCL
- Interview rink attendants and select suitable applicants.
- Create and manage rink attendant schedules.
- Orientation of rink attendants.
- Maintain regular contact and provide support to rink attendants.
- Liaison with Treasurer related to hiring of

rink attendants and payroll.

· Set up equipment for skating season such as benches and mats.

- Facilitate ice rentals.
- Attend KCL meetings or send report.
- Provide updates to KCL News and to Publicity to ensure social media platforms up to date.

Our present rink manager would provide guidance and assistance.

Once rink is set up for skating season, the commitment is maybe an hour per week.

For questions or to apply for the position, contact Ian at:

iceman@kenilworthcommunity.com

March Break and Summer Camps

REGISTRATION IS OPEN!

<https://freeplayforkids.com/camps>

JOIN WEEK-LONG CAMPS FOR KIDS TO PLAY, BELONG, AND GROW.

Free Play Camps are here! We will be offering a March Break camp and

7 weeks of Summer camps. Every week in the Summer, starting July 3, we will offer two camps in two

different community halls in Edmonton. Perfect for active kids ages 8-12 years old.

Register your child now and reserve your spot for the first choice of location.

Once announced, if the locations don't

work for your family, we will give you a full refund - no problem.

Monday to Friday from 8:30 AM-4:30 PM, always in the same location. Kids

will try multiple sports as well as a great mix of arts and crafts, outside time, field trips, and fun. Camp at Kenilworth Hall is on July 24-28.

All the sites will have indoor and outdoor spaces to use, so we are weather-proof

- no cancellations due to weather.

More information is available at <https://freeplayforkids.com/camps>

Kenilworth Scrapbooking/Cardmaking Sale

Kenilworth Community Hall 7104-87 Avenue

Saturday, March 11, 2023 at 9:30 to 1:00 p.m.

Great bargains for you for your next projects!

For info email Liz: kenilworthscrapbooking@gmail.com

Kenilworth Community Memberships

Are you a member? 2022-2023 memberships are on sale and valid until August 31, 2023. Please reach out to Rebecca S. at membership@kenilworthcommunity.com for more information!

2022-2023 Membership Fees

Family-\$20

Single Adult-\$10

Senior-\$5

2022-2023 Membership Purchase Options

1) Online- Renew online to instantaneously have a renewed membership.

Online Renewal Link: <https://efcl.org/membership-purchase/>



2) Anvil Coffee- Purchase a membership at Anvil Coffee House (6148 90 Ave NW).

3) Mailbox Drop- We will request your contact information and arrange a day to swap a new membership card and payment using your mailbox.

Kenilworth Senior's Lunch and Fun

Wednesday, March 8 at 12 noon

\$10 per person

If you wish to attend, please call 780 433-5377.

Upcoming Events

Save the date. More information closer to each event

Community Garage Sale May 6

Adult Steak & Shrimp BBQ May 13

Big Bin June 10

Golf Tournament & Steak Supper August 26

Membership Event September 17

Ottewell

Executive:

President – Corinne
Vice President – Tom
Secretary – Becca
Treasurer – Open
Board Members:
Big Bin – Andrew
Bingo Director – Tyler
Building Projects – Lukas
Farmers Market Manager - Corinne
Grants – Chelsea
Membership Director - Sandra
Playschool Director - Jason
SECLA Rep - Open
SEV Liaison – Bri
Social Media (FB/ Instagram) - Hallie
Soccer Director (In/Outdoor) - Cory/Carley
Rink Director – Tom
Website – Dillan, Sharon

Monthly Ottewell Community League Meeting ONLINE

Have an exciting idea? Curious about what the City of Edmonton is doing in our community? Get involved and find out more at 6:30 PM, March 21st on ZOOM. All are welcome. Contact ottewell2212@gmail.com to get the meeting link.

Casino Volunteers Needed

Tuesday, March 28th and Wednesday, March 29th

Casinos are a major fundraiser for our Community. These monies assist us with upgrades to our community building along with providing programs to keep our community vibrant and active.

Please consider giving your time, check out our website for volunteer shifts available, or email ottewell2212@gmail.com with any inquiries.

St. Patrick's Day Party

Join the party! March 18th 7:00 PM at Ottewell Hall. Tickets are \$20 including one free drink, door prizes, snacks and live music. To reserve tickets email ottewell2212@gmail.com.

Outdoor Soccer

Registration opens from Feb 1 till March 15th. <https://emsasouth.com/register/register-registration-outdoor/>

CONGRATULATIONS to Ottewell's U13 Indoor Girls soccer team as they have made it to the Provincials March 17-19. Good luck!

OCL Media

Find us on social media.

Instagram: @ottewellcommunityleague

Facebook: Ottewell Community League

Monthly Newsletter: Subscribe at Ottewell.ca

Register for Ottewell Playschool Today!

OCLP has operated within the community for over 50 years. Our program runs Monday, Wednesday mornings with an optional Thursday morning, from September to June. The program offers play time, stories, crafts, songs, field trips, visitors, and so much more. Please go to our website <https://www.ottewell.ca/community/oclplayschool/> for more information or talk to our director Jason at 780-993-5118 or email him at jjm-clean@hotmail.com

OCL Farmers Market



Come to the hall Thursday, March 16th from 4:00 - 7:00 PM local farmers, artisans, pop-up shops and community connectors at Ottewell Community Hall assist you with your shopping needs. Support these vibrant entrepreneurs shop local.

Follow us on social media to find out what is happening at your community market.

Starting April 6th, we will be back every Thursday.

Facebook page -Ottewellcommunityfarmer-smarket

Instagram -oclfarmersmarket

Website -ottewell.ca

OCL Babysitter's Registry



Sign-up for babysitters: <https://forms.gle/22a6V9MyqW4bRony9>

Sign-up for parents: <https://forms.gle/uS55cy1DB4FnNAB58>

Free Swim Times with OCL Membership

OCL members have access to the Community Swim Program from September - August 2023.

Saturdays from 3:00 - 5:00 PM at Commonwealth Community Recreation Centre and Eastglen Leisure Centre

Sundays from 1:15 - 2:45 PM at Hardisty Leisure Centre

Interested in Marketing and Website Design?

Join our amazing team of volunteers all while building skills for your resume.

Love creating content for social media accounts? If you are interested in photography, telling stories, or connecting people to programs and events they love email

ottewell2212@gmail.com to find out more. No website experience necessary. Word-Press training provided. Commitment is 2-4 hours/per month that you can do from home with your computer. Visit ottewell.ca/home/volunteer for more details!

PLANNING SOME RENOVATIONS?

Don't forget if you are a community member you have access to the Tool Library!

Ottewell Community League has opted to become a supporter of The Edmonton Tool Library which means all members of the community league can now claim an individual annual membership which will allow you to borrow up to eight items from the large inventory of hand, power, and yard tools for a week at a time.

To claim your membership please visit our location at the Bellevue Community Hall (7308 112 Avenue NW Edmonton) and bring photo identification and your Ottewell community league membership card. To make the process faster you can complete a tool library member-

ship application and review the release of liability waiver and borrowing policy. If you are not yet a member of your community league you can join online, check out our website for the easy process to obtain your membership.

The Edmonton Tool Library Society is a not-for-profit organization based in Edmonton, Alberta, Canada. Note: reduced winter hours go into effect as of November 1, 2020. <http://www.edmontontoollibrary.ca/>

We are currently piloting a curbside service. For more information, visit our website or email us at EdmontonToolLibrary@gmail.com. We're open every second Wednesday and Saturday-check our website for specific dates.

8-week Yoga Series at Ottewell Community Hall

Tuesdays 7:30 - 8:30 PM

Feb 21- April 11, 2023

Offering a series of practices for all levels of practitioner, from beginner to advanced. I am a seasoned and enthusiastic yoga guide and I would love to share this practice with you, our community members!

Yoga can strengthen the body, increase mobility, calm the nervous system and facilitate creating a greater connection to yourself. Join us Tuesday evenings at Ottewell Com-

munity Hall from 7:30 - 8:30 PM.

Classes run weekly from Feb 21 to April 11, 2023 and are open to all levels.

Dress comfortably, bring your yoga mat, water and any props you like to use, and let's move!

Drop Ins - \$20 (when space permits)

Email willalee@hotmail.com or follow/message @wanderingmapleyoga on Instagram to register or for more information.

Zumba is Back at Ottewell

Zumba class with Ken every Monday night from March 6 - April 24th from 7:00 - 8:00 PM.

This 8-week package is \$80 for Ottewell members and \$90 for non-members. All fitness levels are welcome! Bring your dance workout shoes, water bottle, and comfortable workout clothes!

Zumba is perfect for Everybody and every body!

Each Zumba® class is designed to bring people together to sweat it on.

We take the "work" out of a workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise.

Super effective? Check. Super fun? Check and check.

Sign up by emailing Ken at kenneth.mckenny21@gmail.com.

Abundant Community Program

Abundant Community Edmonton (ACE) is a grassroots initiative fostering neighbour to neighbour relationships. Community members in this program actively create vibrant, caring and supportive blocks, buildings and cul-de-sacs where people look out for one another,

share gifts, skills, experiences and resources to play together, and collectively create an abundant neighbourhood.

Contact ACEOttewell@gmail.com to reach a Block Connector near you or visit ottewell.ca to find out more.

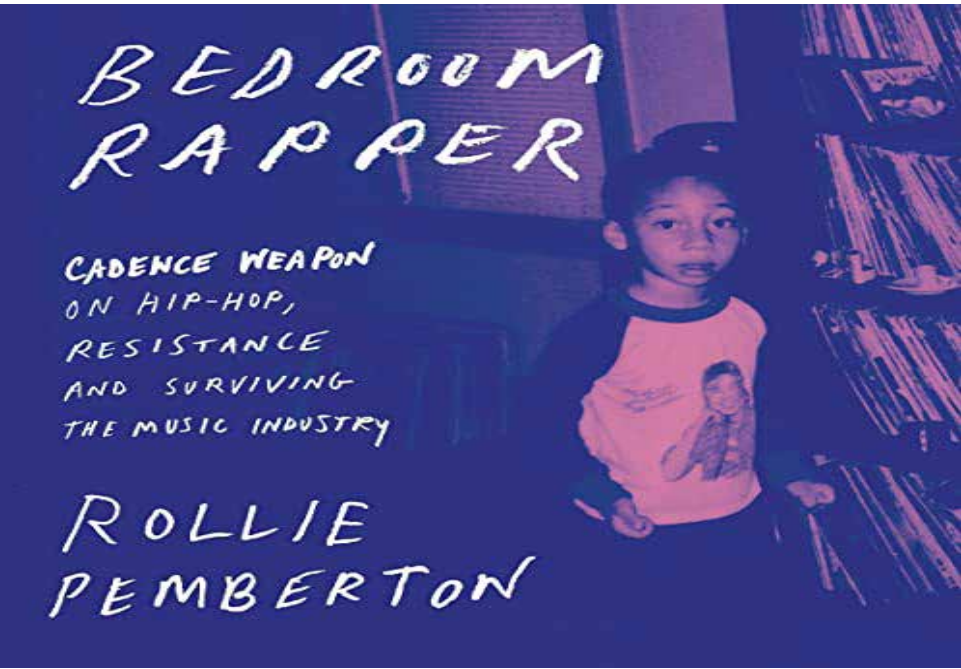
SCL Leadership

Position	Name	Email
President	Chris	president@strathearncl.org
Vice President	Vacant	vicepresident@strathearncl.org
Treasurer	Robert	treasurer@strathearncl.org
Secretary	Glynnis	secretary@strathearncl.org
Membership	Jen	membership@strathearncl.org
Buildings & Grounds	Vacant	grounds@strathearncl.org
Rink	Vacant	rink@strathearncl.org
Social Director	Adam	events@strathearncl.org
Communications Directors	Pam & Evan	communications@strathearncl.org
Programs Director	Tessa	programs@strathearncl.org
Youth Director	Marina	youth@strathearncl.org
Members at Large	Jingjie & Anastasia	n/a
Hall Rental Coordinator	Darrah	hall@strathearncl.org
Soccer Director	David	rec@strathearncl.org

Please contact president@strathearncl.org if interested in filling any of our current vacancies!

New Titles For The Next Rock & Roll Bookclub

Dig into the following reads and then join us at the Hall on Monday, May 1st at 8pm to discuss:
High School by Tegan & Sara Quin
Bedroom Rapper by Rollie Pemberton
Absolutely on Music: Conversations with Seiji Ozawa by Haruki Murakami
Everyone 18+ is welcome!



Rent The Hall For Your Special Event This Summer!

Family reunion? Birthday party? Wedding shower? Small concert? Strathearn Community Hall is the perfect venue for your next event of up to 75 guests (seated) or 120 (standing).

Email hall@strathearncl.org for more information and to book. Did you know we offer deep discounts for SCL members? strathearncl.org/new-community-hall

Outdoor Soccer Registration Now Open!

Spring 2023 season outdoor community soccer program information and fees are now posted at <https://emsasouth.com/register/register/registration-outdoor> and registration

is open from February 1 through March 15th! Strathearn falls under the EMSA Southeast Area. See you on the pitch!

SKATE WHILE YOU STILL CAN!

Thanks to the hard work of local volunteers and until the impending spring thaw, the Outdoor Rink is open for business (weather/ice condition-permitting) daily from dawn until

lights out at 10pm. Sticks and pucks are allowed at any time. We are always looking for more folks to help maintain the rink. Please contact communications@strathearncl.org

DESPERATELY SEEKING CASINO VOLUNTEERS!



Strathearn Community League has a Casino, booked for April 21-22, 2023 (a coveted Friday/Saturday timeslot!) at the Grand Villa downtown. WITH YOUR HELP, THIS SHOULD

BE THE FINAL BOOST WE NEED TO FINISH PAYING OFF OUR COMMUNITY HALL! Sign up today at <https://signup.com/go/aEghqJe>



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Properties



SOLD

Idylwyld: Facing an island park, modern renovation top to bottom, 3 bedrooms upstairs with the possibility of 2 down, newer oversized double garage, fully fenced yard with numerous perennials, stunning move-in-ready home.



University Condo: Impressive 1200 sq ft 3rd floor unit, 2 bedrooms, 2 bathrooms, insuite laundry, underground parking w/ storage, concrete & steel construction, pet friendly complex.



SOLD

9937 79 St
15.27m X 39.0 lot Zoned RF4
DEVELOPMENT OPPORTUNITY

Forest Heights: Continue to rent up and down or redevelop with multiple options.



SOLD

Athlone: Bi-level 2+2 bedrooms, 3 bathrooms including ensuite, double attached garage, fully fenced south yard.

Time to list is now!
Spring market is here!
Call Greg Dunham Today!